

# POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI

B4SPORT

**Event:** PolskaMan Triathlon Wolsztyn  
**Organiser:** ROBUSTUS Sp. z o.o. Sp. k.  
**Date:** 2021-08-15  
**Place:** Wolsztyn  
**Distance:** 226 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Classification: OPEN

Split point: 78,8 km

| Place | Participant            | Number | Club                                      | Category | Swimming |     | T1       | Cycling     |             |             | T2 | Race | Total |
|-------|------------------------|--------|-------------------------------------------|----------|----------|-----|----------|-------------|-------------|-------------|----|------|-------|
|       |                        |        |                                           |          | 3.8km    | Poz |          | S17<br>15km | S17<br>45km | S17<br>75km |    |      |       |
| 1     | IWAŃSKI Bartłomiej     | 27     |                                           | M18      | 00:57:15 | 3   | 00:03:28 | 00:22:26    | 01:07:23    | 01:52:52    |    |      |       |
| 2     | MROCZKOWSKI Karol      | 60     | ALOHA TRIATHLON TEAM                      | M30      | 00:57:07 | 2   | 00:03:28 | 00:23:18    | 01:09:50    | 01:56:34    |    |      |       |
| 3     | LEWANDOWSKI Maciej     | 49     | ALOHA TRIATHLON TEAM                      | M30      | 01:01:25 | 6   | 00:03:25 | 00:22:32    | 01:07:44    | 01:52:35    |    |      |       |
| 4     | BRAULINSKI Michał      | 10     | POWER OF SCIENCE PERFORMANCE LAB          | M18      | 01:07:05 | 14  | 00:04:42 | 00:20:49    | 01:02:59    | 01:46:13    |    |      |       |
| 5     | JAKUBCZAK Andrzej      | 28     | VANHOOF BIKE MANUFAKTUR                   | M40      | 00:53:15 | 1   | 00:04:19 | 00:24:52    | 01:14:56    | 02:04:12    |    |      |       |
| 6     | BOROWIAK Rafał         | 611    |                                           | M30      | 01:01:07 | 5   | 00:03:15 | 00:22:53    | 01:10:34    | 01:58:18    |    |      |       |
| 7     | MODRZYK Arkadiusz      | 59     | CENTRUM MEDYCYN Y SPORTOWEJ OLIMP /TRIAMO | M30      | 01:03:47 | 10  | 00:03:43 | 00:24:06    | 01:11:31    | 01:58:56    |    |      |       |
| 8     | GRYSZKIEWCZ Paweł      | 23     | JF DUET GOLENIÓW                          | M30      | 01:12:00 | 25  | 00:03:05 | 00:23:23    | 01:09:45    | 01:56:49    |    |      |       |
| 9     | HOŃKA Michał           | 26     | MB-PROJEKT RACING TEAM                    | M40      | 01:07:42 | 15  | 00:03:18 | 00:25:24    | 01:14:51    | 02:04:19    |    |      |       |
| 10    | FIKS Grzegorz          | 17     | FIX CATERING DIETETYCZNY                  | M30      | 01:01:39 | 8   | 00:03:30 | 00:26:21    | 01:19:23    | 02:10:13    |    |      |       |
| 11    | ŚWIDERSKI Paweł        | 83     | ZDUN TRIATHLON TEAM                       | M40      | 01:01:56 | 9   | 00:04:48 | 00:26:01    | 01:17:46    | 02:08:45    |    |      |       |
| 12    | SMITH Matthew          | 79     |                                           | M40      | 01:05:04 | 11  | 00:02:55 | 00:26:12    | 01:17:52    | 02:09:13    |    |      |       |
| 13    | BARAN Tomasz           | 605    |                                           | M30      | 01:14:58 | 33  | 00:04:34 | 00:23:28    | 01:10:58    | 01:58:54    |    |      |       |
| 14    | WOWTONIUK Mariusz      | 91     | TIM MAŁEGO                                | M40      | 00:59:17 | 4   | 00:04:07 | 00:26:38    | 01:20:27    | 02:15:15    |    |      |       |
| 15    | KOLASA Konrad          | 42     | UPRANE.PL                                 | M40      | 01:14:44 | 30  | 00:06:01 | 00:23:40    | 01:11:46    | 01:59:59    |    |      |       |
| 16    | LIPUTA Grzesiek        | 50     | ALOHA TRIATHLON TEAM                      | M30      | 01:10:22 | 22  | 00:04:53 | 00:25:05    | 01:15:26    | 02:06:00    |    |      |       |
| 17    | JĘCZMIONKA Szymon      | 33     | TRI GRUPA                                 | M30      | 01:08:58 | 18  | 00:05:00 | 00:25:31    | 01:16:57    | 02:08:01    |    |      |       |
| 18    | NOSEK Dalibor          | 62     | TRIATLON TEAM TRNAVA                      | M40      | 01:10:44 | 23  | 00:03:26 | 00:26:06    | 01:17:05    | 02:08:13    |    |      |       |
| 19    | TRÍSKA Jaroslav        | 86     | VSK HUMANITA PRAHA                        | M40      | 01:08:13 | 17  | 00:05:11 | 00:26:26    | 01:17:55    | 02:09:00    |    |      |       |
| 20    | ŚWITALA Krzysztof      | 84     | NIAGARA RAKONIEWICE                       | M40      | 01:05:22 | 12  | 00:05:26 | 00:26:28    | 01:19:36    | 02:12:17    |    |      |       |
|       | BIELICKI Bartosz       | 6      | RUNNING TEAM MILICZ                       | M40      | 01:15:09 | 34  | 00:03:10 | 00:24:33    | 01:14:57    | 02:05:55    |    |      |       |
| 22    | PRYGA Grzegorz         | 69     |                                           | M30      | 01:01:33 | 7   | 00:06:22 | 00:27:17    | 01:22:09    | 02:16:29    |    |      |       |
| 23    | VALENTIN Guille-Devers | 87     | USF TRIATHLON                             | M18      | 01:12:18 | 26  | 00:05:47 | 00:24:56    | 01:15:55    | 02:07:04    |    |      |       |
| 24    | GOLANOWSKI Krzysztof   | 21     | GO2TRI                                    | M40      | 01:11:41 | 24  | 00:05:52 | 00:25:12    | 01:17:25    | 02:10:04    |    |      |       |
| 25    | CZAPRACKI Dominik      | 15     |                                           | M40      | 01:15:27 | 36  | 00:03:31 | 00:25:25    | 01:17:08    | 02:09:13    |    |      |       |
| 26    | BUDZANOWSKI Michał     | 12     |                                           | M30      | 01:07:49 | 16  | 00:07:22 | 00:28:10    | 01:22:34    | 02:17:44    |    |      |       |
| 27    | LUBOWICKI Łukasz       | 51     | 40-LATEK TYCHY                            | M40      | 01:14:49 | 31  | 00:04:55 | 00:26:59    | 01:20:15    | 02:13:29    |    |      |       |
| 28    | KOŚCIAŃSKI Łukasz      | 47     | ZDUN TRIATHLON TEAM                       | M30      | 01:10:11 | 21  | 00:07:08 | 00:27:01    | 01:21:16    | 02:17:40    |    |      |       |
| 29    | NEMCIK Marek           | 1      | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN    | M40      | 01:14:50 | 32  | 00:04:41 | 00:27:57    | 01:21:03    | 02:15:51    |    |      |       |

|    |                       |    |                                        |      | Swimming |    |          |          | Cycling  |          | Race                                                                                                                                          |
|----|-----------------------|----|----------------------------------------|------|----------|----|----------|----------|----------|----------|-----------------------------------------------------------------------------------------------------------------------------------------------|
|    |                       |    |                                        |      |          |    |          |          |          |          |                                                                                                                                               |
| 30 | SKOWROŃSKI Rafał      | 77 | KUŹNIA TRIATHLONU                      | M40  | 01:09:59 | 20 | 00:07:10 | 00:26:49 | 01:22:20 | 02:18:48 | 123456789101112131415161718192021222324252627282930313233343536373839404142434445464748495051525354555657585960616263646566676869707172737475 |
| 31 | KONIOR Wojciech       | 44 | BESKID TRI                             | M40  | 01:16:42 | 39 | 00:05:25 | 00:27:05 | 01:20:17 | 02:14:41 |                                                                                                                                               |
| 32 | HADRYCH Piotr         | 24 |                                        | M40  | 01:12:51 | 27 | 00:07:33 | 00:26:44 | 01:21:15 | 02:16:35 |                                                                                                                                               |
| 33 | BEDNAREK Piotr        | 5  |                                        | M30  | 01:09:42 | 19 | 00:06:20 | 00:28:10 | 01:24:44 | 02:21:23 |                                                                                                                                               |
| 34 | WISLOCKI Michał       | 90 |                                        | M30  | 01:17:11 | 42 | 00:07:53 | 00:26:34 | 01:20:32 | 02:13:51 |                                                                                                                                               |
| 35 | GROCHOWSKI Krzysztof  | 22 |                                        | M30  | 01:17:14 | 43 | 00:06:20 | 00:27:27 | 01:22:10 | 02:15:21 |                                                                                                                                               |
| 36 | SKAŁECKI Krystian     | 75 |                                        | M18  | 01:22:34 | 53 | 00:05:08 | 00:26:59 | 01:19:06 | 02:11:33 |                                                                                                                                               |
| 37 | CYWKA Tomek           | 14 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN | M40  | 01:18:19 | 45 | 00:07:11 | 00:27:11 | 01:21:20 | 02:15:17 |                                                                                                                                               |
| 38 | PANEK Wojciech        | 65 |                                        | M30  | 01:16:55 | 40 | 00:05:57 | 00:27:03 | 01:22:09 | 02:18:01 |                                                                                                                                               |
|    | PRYK Rafał            | 70 | ROZBIEGANY GOLENIÓW                    | M40  | 01:24:33 | 56 | 00:04:53 | 00:26:11 | 01:19:17 | 02:11:44 |                                                                                                                                               |
| 40 | KNOP Wojciech         | 41 |                                        | M30  | 01:17:41 | 44 | 00:04:55 | 00:27:29 | 01:23:54 | 02:19:58 |                                                                                                                                               |
| 41 | TOFT Ole              | 85 |                                        | M40  | 01:06:51 | 13 | 00:08:48 | 00:29:41 | 01:28:50 | 02:27:02 |                                                                                                                                               |
| 42 | SEVASTSYANAU Siarhei  | 74 | SEVASTSYANAU TEAM                      | M40  | 01:35:01 | 67 | 00:04:14 | 00:25:05 | 01:14:24 | 02:03:38 |                                                                                                                                               |
| 43 | ALBRECHT Arkadiusz    | 3  | GB GALOPUJĄCE ŚLIMAKI                  | M40  | 01:25:14 | 57 | 00:06:33 | 00:25:58 | 01:19:20 | 02:13:10 |                                                                                                                                               |
| 44 | JANOWSKI Maciej       | 31 |                                        | M30  | 01:17:07 | 41 | 00:04:59 | 00:28:48 | 01:26:24 | 02:23:56 |                                                                                                                                               |
| 45 | JANICKI Tomek         | 30 | AQ WIRING SYSTEMS TEAM                 | M30  | 01:13:09 | 28 | 00:07:18 | 00:28:24 | 01:26:49 | 02:25:45 |                                                                                                                                               |
| 46 | PIK Krzysztof         | 67 |                                        | M40  | 01:15:37 | 37 | 00:05:48 | 00:28:20 | 01:27:09 | 02:25:54 |                                                                                                                                               |
| 47 | KORSAKOV Kostiantyn   | 45 |                                        | M40  | 01:20:07 | 48 | 00:07:50 | 00:28:13 | 01:24:02 | 02:21:04 |                                                                                                                                               |
| 48 | PRZYBYLSKI Andrzej    | 71 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN | M40  | 01:20:48 | 51 | 00:05:37 | 00:28:12 | 01:25:43 | 02:23:36 |                                                                                                                                               |
| 49 | CHRUŚCIELSKI Paweł    | 13 | SANGRAF.PL                             | M40  | 01:13:48 | 29 | 00:06:18 | 00:30:18 | 01:30:17 | 02:31:21 |                                                                                                                                               |
| 50 | NOWARA Andrzej        | 63 |                                        | M50  | 01:20:22 | 50 | 00:07:55 | 00:28:01 | 01:25:46 | 02:23:16 |                                                                                                                                               |
| 51 | OSIATYCKI Grzegorz    | 64 | RONAL POLSKA RUN                       | M50  | 01:18:24 | 46 | 00:05:52 | 00:29:09 | 01:28:41 | 02:28:17 |                                                                                                                                               |
| 52 | KLEIN Uwe             | 39 | BÖHNLEIN SPORTS BAMBERG                | M40  | 01:27:52 | 58 | 00:08:02 | 00:27:32 | 01:22:54 | 02:17:19 |                                                                                                                                               |
| 53 | WEISENSEE Michael     | 88 |                                        | M40  | 01:21:57 | 52 | 00:07:03 | 00:28:43 | 01:28:29 | 02:24:21 |                                                                                                                                               |
| 54 | BIES Tomasz           | 7  | BESKID-TRI                             | M40  | 01:23:44 | 55 | 00:08:26 | 00:27:29 | 01:23:08 | 02:21:55 |                                                                                                                                               |
| 55 | KATA Wiesław          | 35 |                                        | M50  | 01:19:11 | 47 | 00:10:05 | 00:29:09 | 01:26:08 | 02:25:12 |                                                                                                                                               |
| 56 | ZADALA Mateusz        | 93 |                                        | M30  | 01:35:07 | 68 | 00:07:01 | 00:26:33 | 01:19:41 | 02:13:59 |                                                                                                                                               |
| 57 | KACZOR Piotr          | 34 | TRIMANITA MASZEWO                      | M40  | 01:15:47 | 38 | 00:08:18 | 00:31:40 | 01:32:30 | 02:34:29 |                                                                                                                                               |
| 58 | STANISZEWSKI Jacek    | 81 |                                        | M40  | 01:20:13 | 49 | 00:08:04 | 00:31:08 | 01:31:46 | 02:33:15 |                                                                                                                                               |
| 59 | GLENEWINKEL Maren     | 19 |                                        | K50  | 01:15:17 | 35 | 00:08:44 | 00:31:13 | 01:36:49 | 02:38:56 |                                                                                                                                               |
| 60 | KRUPOWICZ Marcin      | 48 |                                        | M50  | 01:22:56 | 54 | 00:09:08 | 00:30:22 | 01:30:49 | 02:31:18 |                                                                                                                                               |
| 61 | DAWID Łukasz          | 16 | ROZBIEGANY GOLENIÓW                    | M30  | 01:29:18 | 59 | 00:05:31 | 00:29:05 | 01:28:52 | 02:29:26 |                                                                                                                                               |
| 62 | WRÓBEL Marcin         | 92 | WRÓBEL FAMILY TEAM                     | M40  | 01:35:24 | 69 | 00:07:18 | 00:28:06 | 01:24:54 | 02:21:35 |                                                                                                                                               |
| 63 | PARAFINSKI Zdzisław   | 66 |                                        | M50  | 01:30:52 | 62 | 00:06:20 | 00:30:04 | 01:29:16 | 02:28:03 |                                                                                                                                               |
| 64 | KŁAPACZ Joanna        | 40 | BESKID TRI                             | K40  | 01:37:39 | 71 | 00:04:53 | 00:28:24 | 01:26:43 | 02:23:51 |                                                                                                                                               |
| 65 | BRZOSKA Piotr         | 11 | NO PAIN - IRON PYJTER                  | M30  | 01:34:43 | 66 | 00:06:29 | 00:30:49 | 01:30:05 | 02:27:38 |                                                                                                                                               |
| 66 | JASKOT Mariusz        | 32 | TEAM FLASH                             | M30  | 01:40:59 | 75 | 00:04:25 | 00:27:53 | 01:27:33 | 02:25:10 |                                                                                                                                               |
| 67 | MACIEJAK Marcin       | 54 | RUN DE GIRARD                          | M40  | 01:30:13 | 61 | 00:06:23 | 00:29:49 | 01:31:28 | 02:36:30 |                                                                                                                                               |
| 68 | KOSIOŁ Andrzej        | 46 |                                        | M50  | 01:33:01 | 63 | 00:05:23 | 00:31:00 | 01:33:41 | 02:35:12 |                                                                                                                                               |
| 69 | KISIEL Tomasz         | 38 | AQ WIRING SYSTEMS TEAM                 | M18  | 01:29:46 | 60 | 00:08:08 | 00:29:58 | 01:32:01 | 02:37:09 |                                                                                                                                               |
| 70 | ŁUKOWSKI Dariusz      | 53 | GMINA STRZELCE OPOLSKIE                | M50  | 01:34:20 | 65 | 00:06:53 | 00:30:46 | 01:33:32 | 02:37:44 |                                                                                                                                               |
| 71 | KĘPIŃSKI Henryk       | 37 | KB SPARTAKUS BEŁCHATÓW                 | M60+ | 01:39:41 | 74 | 00:06:51 | 00:31:11 | 01:32:50 | 02:36:51 |                                                                                                                                               |
| 72 | NAGALEWSKI Bartłomiej | 61 | NAGAMET                                | M40  | 01:42:55 | 77 | 00:06:36 | 00:32:18 | 01:35:04 | 02:37:31 |                                                                                                                                               |
| 73 | JANICKI Mariusz       | 29 | VERA RUNNING TEAM                      | M30  | 01:36:06 | 70 | 00:08:57 | 00:31:00 | 01:36:23 | 02:42:00 |                                                                                                                                               |
| 74 | RÓŻEWICZ Dariusz      | 73 | PANCE                                  | M50  | 01:37:40 | 72 | 00:06:21 | 00:31:57 | 01:37:23 | 02:44:11 |                                                                                                                                               |
| 75 | SMAGAŁA Wojciech      | 78 |                                        | M40  | 01:46:14 | 79 | 00:05:29 | 00:30:58 | 01:33:18 | 02:37:46 |                                                                                                                                               |

|    |                    |    |                             |      | Swimming |    | Cycling  |          |          | Race     |  |
|----|--------------------|----|-----------------------------|------|----------|----|----------|----------|----------|----------|--|
|    |                    |    |                             |      |          |    |          |          |          |          |  |
| 76 | PLANETORZ Marek    | 68 |                             | M50  | 01:38:38 | 73 | 00:06:26 | 00:32:06 | 01:39:29 | 02:44:30 |  |
| 77 | MALISZEWSKI Piotr  | 55 |                             | M50  | 01:57:24 | 82 | 00:05:16 | 00:27:57 | 01:26:38 | 02:28:58 |  |
| 78 | MLECZEK Tadeusz    | 58 |                             | M60+ | 01:46:12 | 78 | 00:09:39 | 00:30:57 | 01:35:59 | 02:40:49 |  |
| 79 | SZYMAŃSKI Sławek   | 82 |                             | M40  | 01:52:49 | 81 | 00:08:01 | 00:31:53 | 01:34:45 | 02:37:00 |  |
| 80 | KAWKA Rafał        | 36 | KBKS RADOMSKO               | M30  | 01:46:19 | 80 | 00:10:34 | 00:31:35 | 01:36:44 | 02:43:54 |  |
| 81 | GAŁOWSKA Agnieszka | 18 | INPOWER                     | K40  | 01:33:18 | 64 | 00:05:18 | 00:35:42 | 01:48:12 | 03:02:15 |  |
| 82 | BISKUP Zbigniew    | 8  | STALOWOWOLSKI KLUB BIEGACZA | M30  | 01:42:39 | 76 | 00:12:29 | 00:34:38 | 01:45:19 | 02:57:19 |  |

Total 82 results.