

POLSKAMAN TRIATHLON WOLSZTYN - KRÓTKI

B4SPORT

Event: PolskaMan Triathlon Wolsztyn
Organiser: ROBUSTUS Sp. z o.o. Sp. k.
Date: 2021-08-15
Place: Wolsztyn
Distance: 51.5 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: OPEN

Place	Participant	Number	Club	Category	MCat	Swimming		Cycling					Race						Net time 51.5km	Gap		
						1.5km	Poz	10km	20km	30km	40km	Poz	1.2km	3.7km	6.4km	8.9km	10km	Place				
1	BODNAR Maciej	305	MBC TEAM	M18	1	00:22:47	4	00:02:38	00:13:30	00:27:16	00:41:27	00:55:28	1	00:02:03	00:04:56	00:14:44	00:25:19	00:34:57	00:37:25	2	02:00:21.55	
2	GAJEWSKI Mateusz	317	UNITED ATHLETICS/ SMARUJ NA TRENING	M18	2	00:22:43	3	00:02:28	00:14:12	00:28:37	00:42:34	00:56:50	2	00:02:01	00:04:41	00:14:21	00:24:18	00:34:32	00:37:00	1	02:01:02.35	+00:00:40 (0.6%)
3	JUSKOWIAK Jakub	332	KU AZS UAM TRIATHLON POZNAŃ	M18	3	00:22:36	2	00:02:29	00:15:21	00:30:51	00:46:37	01:02:38	11	00:01:51	00:04:53	00:15:14	00:25:47	00:36:07	00:38:32	3	02:08:06.55	+00:07:45 (6.0%)
4	SŁOMIŃSKI Sebastian	388	KS GVT	M18	4	00:21:26	1	00:02:38	00:15:55	00:31:57	00:47:43	01:03:47	14	00:01:55	00:06:13	00:17:27	00:29:07	00:41:02	00:43:50	13	02:13:36.65	+00:13:15 (9.9%)
5	SKÓRNICKI Maciej	385	#BARTEKSARBAKINSPIRATION	M18	5	00:27:14	11	00:02:54	00:14:45	00:29:35	00:44:44	00:59:51	3	00:02:26	00:05:32	00:16:45	00:27:52	00:38:47	00:41:22	6	02:13:47.60	+00:13:26 (10.0%)
6	WIERZBICKI Michał	408	WILLOW/TRIATHLONISTA.COM/ZGRUPKA	M30	1	00:28:06	14	00:02:40	00:15:08	00:30:13	00:45:19	01:00:48	4	00:02:11	00:05:30	00:16:30	00:27:33	00:38:38	00:41:10	5	02:14:55.30	+00:14:33 (10.8%)
7	WALCZAK Robert	404		M40	1	00:26:11	8	00:02:26	00:14:39	00:29:57	00:45:24	01:01:02	7	00:02:23	00:05:28	00:16:41	00:28:12	00:40:02	00:42:55	8	02:14:57.50	+00:14:35 (10.8%)
8	JACKOWIAK Piotr	329	SZTUKA RUCHU	M30	2	00:24:16	6	00:02:58	00:15:08	00:30:20	00:45:25	01:01:12	8	00:02:43	00:05:51	00:17:32	00:30:26	00:43:08	00:45:59	18	02:17:08.20	+00:16:46 (12.2%)
9	ALBRECHT Krystian	301	GB GALOPUJĄCE ŚLIMAKI	M18	6	00:24:24	7	00:02:57	00:16:19	00:32:34	00:48:53	01:05:25	22	00:02:36	00:05:35	00:17:00	00:28:23	00:39:42	00:42:21	7	02:17:43.55	+00:17:22 (12.6%)
10	JUZOF Sebastian	56	BABY FALSTART	M30	3	00:30:34	29	00:02:47	00:15:07	00:30:15	00:45:37	01:01:01	6	00:02:26	00:05:56	00:18:02	00:29:59	00:41:26	00:44:08	14	02:20:56.80	+00:20:35 (14.6%)
11	GLUZA Radosław	318	#SZTAFLONY / KSTĘCZA	M30	4	00:30:01	25	00:03:25	00:16:11	00:32:41	00:49:15	01:05:36	23	00:02:19	00:05:20	00:16:01	00:26:38	00:37:19	00:39:56	4	02:21:17.50	+00:20:55 (14.8%)
12	HAŁAS Bartosz	323		M40	2	00:27:57	13	00:02:51	00:15:28	00:30:52	00:46:27	01:02:28	9	00:02:18	00:05:58	00:17:59	00:30:46	00:43:57	00:47:15	24	02:22:49.15	+00:22:27 (15.7%)
13	BOHATER Piotr	308	SERVUS MARIAE/VERPALIN TRIATHLON TEAM	M40	3	00:29:09	20	00:03:34	00:15:34	00:31:27	00:47:26	01:03:12	13	00:02:50	00:05:59	00:17:57	00:30:07	00:42:10	00:44:57	17	02:23:42.35	+00:23:20 (16.2%)
14	BOHATER Paulina	307	KS GVT	K18	1	00:23:54	5	00:02:27	00:17:15	00:34:19	00:51:26	01:08:38	39	00:02:00	00:06:04	00:18:26	00:31:29	00:44:20	00:47:24	25	02:24:23.65	+00:24:02 (16.6%)
15	GROCHOWSKA Aleksandra	52	GMINA IZBICKO	K18	2	00:27:05	9	00:03:04	00:16:49	00:33:32	00:49:55	01:06:24	28	00:02:22	00:06:04	00:18:14	00:30:55	00:43:25	00:46:26	20	02:25:21.85	+00:25:00 (17.2%)
16	JARONIEC Lech	76	VENTOBIKES.CZ	M30	5	00:29:04	19	00:03:40	00:15:36	00:31:30	00:47:38	01:03:50	15	00:02:45	00:06:03	00:18:13	00:30:45	00:43:11	00:46:19	19	02:25:38.30	+00:25:16 (17.4%)
17	NACZK Jakub	364	PAN	M30	6	00:32:53	43	00:03:30	00:15:19	00:30:58	00:46:50	01:02:48	12	00:02:33	00:05:51	00:17:29	00:29:23	00:41:23	00:44:30	15	02:26:14.85	+00:25:53 (17.7%)
18	LIPUTA Emilia	350	ALOHA TRIATHLON TEAM	K18	3	00:31:26	34	00:04:23	00:15:49	00:32:09	00:48:37	01:04:54	20	00:02:46	00:05:57	00:17:19	00:28:40	00:40:06	00:42:57	9	02:26:26.55	+00:26:05 (17.8%)
19	SKRZYSZOWSKI Przemysław	387	KOLARZ	M30	7	00:28:09	15	00:03:08	00:15:14	00:30:43	00:46:38	01:02:34	10	00:02:26	00:06:32	00:20:01	00:33:55	00:47:48	00:51:04	41	02:27:21.40	+00:26:59 (18.3%)
20	OTOCKI Grzegorz	369	POSNANIA	M30	8	00:27:13	10	00:03:10	00:17:38	00:35:19	00:52:39	01:10:16	46	00:02:18	00:05:40	00:17:57	00:30:04	00:41:55	00:44:38	16	02:27:35.25	+00:27:13 (18.4%)
21	CHEREDNIKOV Stepan	309	BPM / CITYZEN	M30	9	00:29:46	23	00:03:07	00:14:54	00:30:01	00:45:29	01:00:56	5	00:02:19	00:06:41	00:22:35	00:37:06	00:49:21	00:52:18	47	02:28:26.05	+00:28:04 (18.9%)
22	HERTRAMPF Maximilian	325	TRIATHLON SPREEWALD E. V.	M30	10	00:30:02	26	00:02:47	00:17:26	00:35:22	00:52:42	01:10:25	48	00:02:19	00:05:39	00:17:17	00:29:10	00:40:42	00:43:27	11	02:29:00.00	+00:28:38 (19.2%)
23	LICHACZ Miłosz	348	SLOW JOGGING WROCLAW	M30	11	00:30:27	28	00:03:45	00:16:04	00:32:13	00:48:23	01:04:44	18	00:02:41	00:06:30	00:19:09	00:31:55	00:44:52	00:47:59	27	02:29:36.70	+00:29:15 (19.6%)
24	PAPLA Ewa	370	KKK KOLNA TEAM / TRIATHLON X-TEAM	K30	1	00:29:00	18	00:03:30	00:16:19	00:33:04	00:50:02	01:07:09	33	00:02:35	00:06:28	00:19:18	00:32:29	00:45:21	00:48:22	30	02:30:36.25	+00:30:14 (20.1%)
25	STACHOWIAK Michał	392	LUB WYBIERZ Z LISTY	M40	4	00:31:16	33	00:03:43	00:15:59	00:32:30	00:49:27	01:06:40	30	00:02:57	00:06:10	00:18:47	00:32:07	00:45:06	00:48:12	29	02:32:48.90	+00:32:27 (21.2%)
26	MACHOWSKI Łukasz	354		M18	7	00:29:20	21	00:03:32	00:16:36	00:33:58	00:51:34	01:08:33	38	00:02:39	00:06:41	00:19:17	00:32:22	00:45:47	00:48:56	33	02:33:00.15	+00:32:38 (21.3%)
27	MIELCZAREK Krystian	360	TRIGYM SZCZECIN	M30	12	00:33:02	44	00:05:06	00:15:33	00:31:33	00:47:53	01:04:48	19	00:03:34	00:06:03	00:18:20	00:30:52	00:43:25	00:46:33	21	02:33:03.10	+00:32:41 (21.4%)
28	TOKAREK Marek	614		M40	5	00:27:43	12	00:03:47	00:16:18	00:32:39	00:49:31	01:06:16	26	00:02:42	00:07:19	00:21:44	00:36:29	00:50:15	00:53:26	55	02:33:54.90	+00:33:33 (21.8%)

						Swimming			Cycling				Race									
29	KUKLIS Tomasz	617		M30	13	00:28:37	16	00:03:42	00:15:59	00:32:29	00:49:27	01:06:55	32	00:02:45	00:06:54	00:20:14	00:34:31	00:49:01	00:52:28	48	02:34:27.15	+00:34:05 (22.1%)
30	JASKÓLSKI Oskar	80	**** *	M18	8	00:30:08	27	00:03:02	00:16:38	00:33:02	00:49:31	01:06:22	27	00:02:30	00:06:53	00:20:21	00:35:06	00:49:33	00:52:40	52	02:34:42.15	+00:34:20 (22.2%)
31	KONIECZNY Remigiusz	341	CITY ZEN POZNAŃ	M40	6	00:33:08	45	00:02:58	00:17:17	00:34:22	00:51:17	01:08:39	40	00:02:32	00:06:19	00:18:52	00:31:45	00:44:38	00:47:39	26	02:34:56.05	+00:34:34 (22.3%)
32	MACHAJ Adam	353	MACHAJ	M30	14	00:35:01	63	00:03:21	00:16:11	00:33:13	00:50:07	01:06:52	31	00:03:05	00:06:15	00:18:29	00:31:22	00:43:52	00:46:45	22	02:35:04.15	+00:34:42 (22.4%)
33	NOGAJ Jacek	366		M50	1	00:28:55	17	00:03:57	00:17:03	00:34:11	00:51:24	01:08:25	37	00:03:26	00:06:48	00:20:00	00:33:36	00:47:16	00:50:25	37	02:35:08.05	+00:34:46 (22.4%)
34	WOŁK Mariusz	410		M18	9	00:34:33	60	00:03:35	00:15:45	00:31:43	00:48:06	01:04:38	17	00:02:26	00:06:36	00:20:00	00:33:50	00:47:34	00:50:35	38	02:35:47.70	+00:35:26 (22.7%)
35	WORONOWICZ Konrad	411	MORSY OŚNO LUBUSKIE	M30	15	00:33:48	50	00:03:41	00:15:53	00:31:48	00:48:04	01:04:38	16	00:02:34	00:06:21	00:19:12	00:32:38	00:47:40	00:51:15	43	02:35:56.75	+00:35:35 (22.8%)
36	WIERTELAK Aleksandra	407	TRIGYM SZCZECIN	K30	2	00:34:06	53	00:03:24	00:16:22	00:33:37	00:50:46	01:08:08	36	00:02:44	00:06:30	00:19:21	00:32:15	00:45:04	00:48:07	28	02:36:29.30	+00:36:07 (23.1%)
37	WÓJCIK Michał	413	VOESTALPINE	M60+	1	00:35:04	64	00:04:42	00:17:25	00:35:11	00:53:08	01:11:25	56	00:02:54	00:05:26	00:16:30	00:28:05	00:40:01	00:43:01	10	02:37:06.85	+00:36:45 (23.4%)
38	WRÓBLEWSKI Mieczysław	414	WKTRI WROCŁAW	M60+	2	00:29:34	22	00:03:00	00:16:41	00:33:06	00:49:42	01:06:34	29	00:02:28	00:07:13	00:22:04	00:37:28	00:52:44	00:56:29	66	02:38:05.90	+00:37:44 (23.9%)
39	PIESZAŁA Maciej	373		M30	16	00:32:25	38	00:03:54	00:16:11	00:32:45	00:49:10	01:05:48	24	00:02:40	00:07:16	00:20:37	00:35:30	00:50:22	00:53:42	57	02:38:29.60	+00:38:08 (24.1%)
40	HABERNIK Łukasz	321	HELIOS CZEMPIŃ	M30	17	00:32:48	42	00:02:44	00:17:35	00:35:27	00:53:17	01:12:11	61	00:02:41	00:06:16	00:19:01	00:32:13	00:45:24	00:48:33	31	02:38:57.05	+00:38:35 (24.3%)
41	DALESZYŃSKI Jacek	312		M40	7	00:31:38	35	00:03:52	00:17:20	00:34:35	00:51:41	01:09:29	44	00:02:59	00:06:42	00:20:38	00:35:20	00:49:20	00:52:38	51	02:40:36.25	+00:40:14 (25.1%)
42	ADAMCZAK Daniel	300	KS ŁAWECZKA	M30	18	00:32:25	39	00:04:10	00:17:04	00:34:00	00:51:07	01:08:45	42	00:03:06	00:06:55	00:20:45	00:34:51	00:48:51	00:52:17	46	02:40:43.45	+00:40:21 (25.1%)
43	SAŁEK Mateusz	381		M18	10	00:30:57	32	00:03:43	00:17:51	00:36:03	00:54:01	01:12:29	62	00:03:04	00:06:28	00:19:24	00:33:26	00:48:21	00:51:39	44	02:41:52.65	+00:41:31 (25.6%)
44	CHOMONT Magdalena	616		K40	1	00:33:41	49	00:03:24	00:17:14	00:35:05	00:52:52	01:10:35	50	00:03:04	00:06:29	00:20:11	00:34:21	00:48:02	00:51:15	42	02:41:59.60	+00:41:38 (25.7%)
45	KRUSZYNA Dawid	343	TRIATHLONOWA LEGNICA	M30	19				00:16:58	00:34:18											02:41:59.75	+00:41:38 (25.7%)
46	LICHACZ Anna	347	GT RAT	K40	2	00:34:12	54	00:04:15	00:16:50	00:34:13	00:51:37	01:09:23	43	00:01:57	00:07:53	00:21:24	00:35:14	00:49:08	00:52:30	49	02:42:17.15	+00:41:55 (25.8%)
47	WOZNICKI Adam	412	KUZNIA TRIATHLONU	M30	20	00:34:24	57	00:03:52	00:17:30	00:34:55	00:52:29	01:10:45	52	00:02:31	00:06:51	00:21:07	00:35:23	00:49:44	00:53:27	56	02:44:59.40	+00:44:37 (27.1%)
48	PRZYBYLSKI Mateusz	376		M16	1	00:34:24	56	00:03:12	00:17:58	00:36:49	00:56:08	01:16:15	76	00:02:53	00:06:25	00:19:03	00:32:03	00:45:37	00:48:47	32	02:45:31.10	+00:45:09 (27.3%)
49	STACHOWIAK Marcin	391		M30	21	00:40:08	93	00:04:27	00:17:57	00:36:21	00:55:09	01:14:43	70	00:03:01	00:05:41	00:17:09	00:29:00	00:40:46	00:43:41	12	02:46:00.40	+00:45:38 (27.5%)
50	LESZCZYŃSKI Michał	346	SHT	M40	8	00:32:44	41	00:04:16	00:16:54	00:34:31	00:52:14	01:10:34	49	00:01:38	00:08:42	00:22:54	00:38:12	00:53:53	00:57:40	69	02:46:52.45	+00:46:30 (27.9%)
51	ŁUCZAK Jacek	352	KB UE POZNAŃ	M50	2	00:38:12	79	00:03:51	00:17:17	00:35:01	00:52:44	01:10:52	54	00:04:18	00:06:31	00:20:19	00:34:02	00:47:55	00:51:02	39	02:48:15.45	+00:47:53 (28.5%)
52	MICHALIK Michał	57	VANHOOF BIKE MANUFAKTUR	M40	9	00:42:06	101	00:04:40	00:15:49	00:32:01	00:48:27	01:05:08	21	00:03:32	00:07:00	00:20:53	00:35:16	00:49:29	00:52:52	53	02:48:18.15	+00:47:56 (28.5%)
53	KACZMAREK Łukasz	334	KS IRONMAN SZCZECIN	M30	22	00:32:01	36	00:04:18	00:16:30	00:33:07	00:49:42	01:06:15	25	00:03:09	00:07:33	00:23:53	00:41:47	00:59:25	01:02:59	91	02:48:42.70	+00:48:21 (28.7%)
54	SZARATA Tomasz	399		M40	10	00:39:25	87	00:04:34	00:17:18	00:34:43	00:52:51	01:10:50	53	00:03:12	00:06:15	00:19:13	00:33:19	00:47:32	00:51:03	40	02:49:04.55	+00:48:43 (28.8%)
55	KASPRZYK Paweł	613		M30	23	00:40:29	94	00:04:39	00:17:03	00:34:40	00:52:47	01:11:26	57	00:02:56	00:06:44	00:19:52	00:33:26	00:47:02	00:50:19	35	02:49:49.80	+00:49:28 (29.1%)
56	WYSZ Damian	415	PORSCHE OBORNICKA	M40	11	00:32:19	37	00:03:24	00:18:26	00:36:38	00:54:34	01:13:07	66	00:03:01	00:07:37	00:22:45	00:38:43	00:54:25	00:58:02	71	02:49:53.20	+00:49:31 (29.2%)
57	JABŁOŃSKI Sebastian	328	SSW TEAM KROŃNICE	M30	24	00:43:26	106	00:04:04	00:17:58	00:36:26	00:55:00	01:13:12	67	00:03:18	00:06:06	00:18:44	00:31:28	00:43:52	00:46:49	23	02:50:49.25	+00:50:27 (29.5%)
58	MAZUREK Paweł	359	TRI PM	M50	3	00:34:42	62	00:04:21	00:16:54	00:34:10	00:51:12	01:08:44	41	00:04:40	00:07:38	00:22:59	00:39:00	00:54:55	00:58:38	74	02:51:05.55	+00:50:44 (29.7%)
59	NOWAK Aleksander	367		M30	25	00:34:28	59	00:03:40	00:17:20	00:34:42	00:51:59	01:09:39	45	00:02:02	00:09:12	00:24:56	00:41:22	00:57:41	01:01:30	84	02:51:19.75	+00:50:58 (29.7%)
60	PIECHOCKI Marcin	371		M40	12	00:38:34	81	00:04:29	00:18:17	00:37:05	00:55:58	01:15:09	72	00:03:42	00:06:15	00:19:18	00:32:55	00:46:24	00:49:49	34	02:51:43.15	+00:51:21 (29.9%)
61	SABADASZ Joanna	378	JOANKA_TEAM	K30	3	00:29:51	24	00:04:46	00:19:37	00:39:41	00:59:20	01:19:18	91	00:03:24	00:07:20	00:21:25	00:36:18	00:51:04	00:54:34	59	02:51:53.75	+00:51:32 (30.0%)
62	CZAJKA Daniel	310	STREFA RUCHU	M30	26	00:36:19	69	00:03:40	00:17:30	00:35:34	00:53:36	01:12:03	59	00:02:47	00:07:07	00:24:28	00:39:46	00:54:03	00:57:20	67	02:52:09.60	+00:51:48 (30.1%)
63	STACHOWIAK Paweł	393		M30	27	00:37:46	77	00:04:48	00:17:26	00:35:34	00:53:24	01:11:56	58	00:03:13	00:06:44	00:20:35	00:35:30	00:50:37	00:54:28	58	02:52:11.00	+00:51:49 (30.1%)
64	KWOLEK Jarosław	344	ROMET FACTORY TEAM	M50	4	00:36:03	67	00:03:24	00:16:25	00:33:33	00:50:31	01:08:08	35	00:03:28	00:07:58	00:24:18	00:41:25	00:57:28	01:01:48	86	02:52:51.35	+00:52:29 (30.4%)
65	ZIEMIAKOWSKI Stawomir	418	VEOLIA	M50	5	00:33:56	51	00:03:57	00:19:03	00:38:12	00:57:42	01:18:01	83	00:03:02	00:07:18	00:21:49	00:36:57	00:51:51	00:55:24	60	02:54:20.25	+00:53:58 (31.0%)

					Swimming		Cycling					Race											
66	CZAPLIKA Magdalena	311			K18	4	00:39:05	85	00:04:21	00:17:23	00:35:22	00:53:18	01:11:14	55	00:03:59	00:07:21	00:21:57	00:36:51	00:52:01	00:56:04	63	02:54:43.60	+00:54:22 (31.1%)
67	STAWIAK Tomasz	396			M40	13	00:30:37	30	00:04:31	00:16:28	00:33:20	00:50:07	01:07:24	34	00:04:19	00:08:49	00:26:35	00:45:39	01:04:20	01:08:33	100	02:55:24.90	+00:55:03 (31.4%)
68	SIDOR Adam	383			M40	14	00:39:54	90	00:03:39	00:17:34	00:35:32	00:54:12	01:13:24	68	00:03:45	00:06:55	00:21:08	00:36:34	00:51:57	00:55:30	61	02:56:12.45	+00:55:50 (31.7%)
69	BAŁDYGA Paweł	302	WTP		M40	15	00:38:38	83	00:05:49	00:18:19	00:36:48	00:55:24	01:14:23	69	00:04:28	00:06:54	00:20:45	00:35:11	00:49:35	00:53:05	54	02:56:23.20	+00:56:01 (31.8%)
70	PIECHOCKI Piotr	372			M16	2	00:38:34	82	00:05:32	00:16:36	00:33:56	00:51:51	01:10:42	51	00:03:26	00:06:38	00:22:45	00:38:42	00:54:44	00:58:15	73	02:56:29.70	+00:56:08 (31.8%)
71	KABAT-KOPERSKA Joanna	333			K40	3	00:33:15	47	00:03:50	00:18:55	00:38:30	00:58:10	01:18:36	86	00:03:32	00:07:18	00:22:13	00:38:00	00:54:02	00:57:48	70	02:57:01.45	+00:56:39 (32.0%)
72	PIOTROWSKA-TRONINA Joanna	374			K30	4	00:33:16	48	00:04:28	00:18:12	00:37:40	00:57:20	01:17:48	81	00:03:20	00:07:42	00:23:13	00:39:28	00:55:11	00:58:53	76	02:57:45.90	+00:57:24 (32.3%)
73	LISZKA Wojciech	351	TRICERAPTRS		M40	16	00:41:16	97	00:04:45	00:17:14	00:35:27	00:53:31	01:12:45	64	00:03:38	00:21:19	00:52:10	00:55:43	62	02:58:07.10	+00:57:45 (32.4%)		
74	KANIEWSKI Kamil	335			M40	17	00:41:38	100	00:04:31	00:19:36	00:38:40	00:57:18	01:16:22	78	00:03:34	00:07:30	00:21:09	00:35:01	00:48:57	00:52:15	45	02:58:20.85	+00:57:59 (32.5%)
75	SZCZĘCH Adam	400			M40	18	00:35:08	65	00:04:35	00:18:12	00:35:58	00:53:54	01:12:11	60	00:02:59	00:08:14	00:24:48	00:42:21	01:00:04	01:04:15	93	02:59:08.70	+00:58:47 (32.8%)
76	ŻUKIEWICZ Piotr	419	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA		M40	19	00:37:33	74	00:04:36	00:18:38	00:36:59	00:56:18	01:16:17	77	00:03:34	00:06:52	00:21:53	00:39:00	00:54:33	00:57:35	68	02:59:35.90	+00:59:14 (33.0%)
77	STEPIEN David	397	TSR OLYMPIA WILHELMSHAVEN		M30	28	00:41:36	99	00:04:16	00:17:09	00:34:19	00:52:15	01:10:24	47	00:03:09	00:07:59	00:22:49	00:40:08	00:56:58	01:00:14	81	02:59:39.45	+00:59:17 (33.0%)
78	BERHEL Agata	303	SAUERLAND TEAM TARNOWO PODGÓRNE		K40	4	00:35:27	66	00:04:20	00:19:00	00:38:47	00:58:43	01:18:45	87	00:03:06	00:07:44	00:23:25	00:39:42	00:55:31	00:59:20	78	03:00:58.15	+01:00:36 (33.5%)
79	JANKOWSKI Maciej	330	GFT POLAND		M30	29	00:43:47	108	00:04:36	00:19:16	00:39:11	00:59:05	01:19:17	90	00:03:27	00:06:31	00:19:35	00:33:07	00:46:58	00:50:23	36	03:01:30.95	+01:01:09 (33.7%)
80	KOZUBOWSKA Agnieszka	342			K30	5	00:37:35	75	00:03:56	00:19:01	00:38:46	00:58:42	01:19:00	89	00:02:28	00:07:41	00:23:24	00:39:32	00:55:26	00:59:00	77	03:01:59.60	+01:01:38 (33.9%)
81	KEDZIORA Aleksandra	338	GT RAT		K40	5	00:34:28	58	00:04:58	00:20:13	00:39:48	01:00:04	01:20:54	98	00:03:16	00:07:42	00:23:22	00:39:23	00:55:05	00:58:40	75	03:02:16.65	+01:01:55 (34.0%)
82	FABIJANOWSKA Agnieszka	314			K30	6	00:36:37	70	00:04:43	00:19:54	00:39:43	00:59:22	01:19:39	92	00:03:10	00:07:35	00:23:24	00:39:03	00:54:33	00:58:09	72	03:02:18.55	+01:01:57 (34.0%)
83	SKRONIK Piotr	386			M30	30	00:37:22	72	00:04:39	00:20:01	00:39:29	01:00:01	01:20:57	99	00:03:37	00:06:42	00:21:37	00:37:03	00:52:58	00:56:26	65	03:03:01.15	+01:02:39 (34.2%)
84	SZRAM Iwona	401	OAZA KÓRNIK		K60+	1	00:33:11	46	00:03:41	00:19:16	00:39:33	01:00:13	01:21:10	101	00:02:56	00:07:27	00:23:07	00:40:16	00:58:00	01:02:09	87	03:03:07.05	+01:02:45 (34.3%)
85	MYŚKOW Elżbieta	363	TRIMISSION		K40	6	00:40:01	91	00:04:24	00:18:46	00:37:15	00:56:35	01:15:56	75	00:03:15	00:07:57	00:23:46	00:40:00	00:56:13	01:00:07	79	03:03:43.55	+01:03:22 (34.5%)
86	SOBKOWIAK Filip	389			M40	20	00:32:33	40	00:04:13	00:19:35	00:40:09	01:01:25	01:22:57	104	00:03:25	00:07:49	00:23:52	00:40:07	00:56:47	01:00:46	83	03:03:54.05	+01:03:32 (34.6%)
87	TRYBUS Anna	403			K30	7	00:39:10	86	00:04:23	00:18:49	00:37:43	00:56:55	01:16:40	79	00:03:29	00:07:35	00:23:26	00:40:03	00:56:37	01:00:32	82	03:04:14.70	+01:03:53 (34.7%)
88	STAWIAK Marzena	395			K40	7	00:39:51	89	00:03:47	00:18:12	00:36:50	00:56:09	01:15:31	73	00:03:16	00:07:55	00:24:43	00:41:59	00:58:34	01:02:30	89	03:04:55.65	+01:04:34 (34.9%)
89	ROSZAK Piotr	609			M30	31	00:37:25	73	00:04:57	00:18:06	00:37:04	00:56:37	01:15:47	74	00:04:08	00:07:55	00:24:23	00:41:45	00:58:31	01:02:51	90	03:05:08.45	+01:04:46 (35.0%)
90	IDZIASZEK Klaudia	326	ŁAPSERDAKI		K30	8	00:41:25	98	00:03:26	00:19:46	00:40:19	01:01:14	01:22:53	103	00:02:46	00:07:09	00:22:32	00:37:32	00:52:28	00:56:16	64	03:06:46.00	+01:06:24 (35.6%)
91	KARYS Zbigniew	336	START ŚCINAWA		M50	6	00:42:36	103	00:05:25	00:18:58	00:38:13	00:57:41	01:17:53	82	00:03:47	00:07:45	00:23:22	00:40:44	00:56:26	01:00:11	80	03:09:52.95	+01:09:31 (36.6%)
92	HAJNAS Wiktor	322			M18	11	00:33:58	52	00:05:25	00:20:27	00:41:05	01:02:31	01:24:14	107	00:02:34	00:08:01	00:24:42	00:42:20	01:00:37	01:05:02	96	03:11:13.50	+01:10:51 (37.1%)
93	NAMYŚL Iwona	365	TRI MISSION		K40	8	00:39:03	84	00:04:33	00:19:19	00:38:33	00:59:13	01:19:42	93	00:03:24	00:08:16	00:25:44	00:43:48	01:00:58	01:04:45	95	03:11:27.05	+01:11:05 (37.1%)
94	JAESCHKE Jakub	601			M18	12	00:30:42	31	00:04:46	00:21:14	00:43:27	01:04:46	01:27:30	110	00:03:17	00:07:35	00:23:17	00:43:28	01:02:44	01:06:56	98	03:13:11.15	+01:12:49 (37.7%)
95	WIŚNIEWSKI Waldek	409			M40	21	00:39:40	88	00:05:43	00:17:39	00:35:49	00:55:32	01:14:45	71	00:04:31	00:08:28	00:26:45	00:46:27	01:04:59	01:09:14	101	03:13:53.20	+01:13:31 (37.9%)
96	KOKOSZKA Marcin	339			M18	13	00:41:01	95	00:05:00	00:20:41	00:41:19	01:01:57	01:23:18	106	00:02:50	00:08:08	00:24:45	00:41:47	00:58:32	01:02:25	88	03:14:34.25	+01:14:12 (38.1%)
97	BOGACZYK Robert	306			M40	22	00:46:30	112	00:03:51	00:19:14	00:39:29	00:58:10	01:18:31	85	00:04:13	00:07:49	00:23:57	00:40:18	00:57:42	01:01:38	85	03:14:43.55	+01:14:22 (38.2%)
98	FIJĄŁKOWSKI Robert	315	KKFP WOLSZTYN		M50	7	00:38:30	80	00:04:23	00:18:01	00:35:48	00:54:14	01:12:42	63	00:03:56	00:10:44	00:30:35	00:51:18	01:11:05	01:15:13	107	03:14:44.30	+01:14:22 (38.2%)
99	WIELGUS Mariusz	406	MARIANTEAM		M30	32	00:34:42	61	00:04:46	00:18:52	00:38:25	00:58:46	01:19:55	94	00:04:16	00:09:50	00:28:09	00:47:28	01:07:24	01:11:52	102	03:15:31.95	+01:15:10 (38.4%)
100	SPUŁTOWSKA Joanna	390	VEOLIA		K40	9	00:46:14	110	00:05:26	00:21:53	00:43:51	01:06:31	01:28:14	113	00:03:29	00:06:39	00:20:28	00:35:06	00:49:20	00:52:34	50	03:15:57.95	+01:15:36 (38.6%)
101	KOŁCZYŃSKA Marta	340			K30	9	00:37:53	78	00:05:26	00:19:22	00:39:16	00:59:14	01:19:58	95	00:04:35	00:08:55	00:26:54	00:45:58	01:04:37	01:08:25	99	03:16:17.65	+01:15:56 (38.7%)

				Swimming	Cycling				Race													
102	RABIEGA Dionizy	377		M30	33	00:43:33	107	00:04:49	00:19:52	00:40:14	00:59:59	01:20:29	97	00:02:28	00:08:10	00:25:25	00:44:12	01:02:37	01:06:55	97	03:18:14.00	+01:17:52 (39.3%)
103	SIDOR Maja	384		K16	1	00:36:55	71	00:04:34	00:19:37	00:39:32	00:59:48	01:21:00	100	00:04:48	00:09:19	00:28:11	00:48:28	01:08:06	01:12:19	103	03:19:36.40	+01:19:14 (39.7%)
104	BIENIECKI Jacek	304	BINIOLSTEAM/KB SZAMOTULY	M50	8	00:42:16	102	00:05:17	00:17:11	00:35:28	00:54:15	01:13:04	65	00:04:56	00:08:56	00:28:00	00:47:49	01:08:01	01:14:33	106	03:20:06.35	+01:19:44 (39.9%)
105	STASIAK-SMOLSKA Małgorzata	394		K40	10	00:43:13	105	00:07:00	00:19:15	00:39:44	01:00:11	01:21:20	102	00:04:26	00:08:04	00:25:07	00:42:44	01:00:22	01:04:32	94	03:20:31.55	+01:20:10 (40.0%)
106	TESZKA Wojciech	402		M30	34	00:50:48	115	00:07:24	00:19:11	00:38:43	00:58:27	01:18:50	88	00:04:43	00:07:55	00:27:03	00:43:01	00:59:58	01:04:09	92	03:25:54.10	+01:25:32 (41.5%)
107	DELIK Jon	103	SECURE_IT	M50	9	00:42:42	104	00:05:46	00:18:39	00:38:14	00:58:34	01:20:06	96	00:04:40	00:09:14	00:27:20	00:48:03	01:08:10	01:13:00	104	03:26:14.05	+01:25:52 (41.6%)
108	FRITZSCHE Victoria	316		K30	10	00:40:07	92	00:05:03	00:20:50	00:42:04	01:03:00	01:24:16	108	00:03:58	00:10:24	00:28:45	00:47:51	01:09:12	01:13:29	105	03:26:53.75	+01:26:32 (41.8%)
109	SZAFRAŃSKI Maciej	398		M40	23	00:41:10	96	00:04:48	00:20:02	00:40:40	01:01:36	01:23:04	105	00:03:54	00:10:04	00:30:31	00:51:07	01:11:58	01:16:58	112	03:29:54.80	+01:29:33 (42.7%)
110	SALEJ Paweł	380		M18	14	00:37:38	76	00:06:56	00:21:03	00:42:28	01:04:58	01:27:34	111	00:02:37	00:09:52	00:30:01	00:51:09	01:11:19	01:15:23	109	03:30:08.95	+01:29:47 (42.7%)
111	GÓRNIAK Paweł	9		M40	24	00:45:29	109	00:06:36	00:18:52	00:38:10	00:57:45	01:16:59	80	00:03:42	00:11:19	00:32:05	00:53:05	01:14:41	01:19:23	113	03:32:09.40	+01:31:47 (43.3%)
112	KOŁCZYŃSKA Barbara	43	JEDNOOSOBOWY WSZECHSTRONNY EMERYTOWANY KLUB SPORTOWY "NO, BUJAJ SIE BAŚKA"	K60+	2	00:47:22	113	00:06:26	00:20:30	00:42:03	01:03:36	01:25:34	109	00:04:19	00:10:01	00:28:20	00:49:48	01:10:19	01:15:20	108	03:39:01.85	+01:38:40 (45.0%)
113	IDZIASZEK Tomasz	327	ŁAPSERDAKI	M30	35	00:46:16	111	00:05:24	00:20:33	00:43:08	01:06:33	01:31:13	114	00:04:39	00:09:52	00:30:37	00:51:16	01:11:43	01:16:40	111	03:44:12.90	+01:43:51 (46.3%)
114	JĘCZMIONKA Andrzej	331	PROJEKTOWANIE I NADZÓR BUDOWLANY ANDRZEJ JĘCZMIONKA	M60+	3	01:10:03	116	00:04:20	00:18:26	00:38:10	00:58:10	01:18:20	84	00:05:05	00:09:47	00:30:05	00:50:52	01:11:11	01:15:52	110	03:53:40.90	+01:53:19 (48.5%)
115	MAJEWSKA-WENDROWICZ Iwona	356	SAUERLAND TAEM TARNOWO PODGÓRNE	K50	1	00:49:12	114	00:06:17	00:21:11	00:42:53	01:05:18	01:28:11	112	00:06:33	00:11:12	00:33:13	00:55:36	01:18:49	01:23:57	114	03:54:10.90	+01:53:49 (48.6%)
116	MIKOŁAJCZYK Jacek	361		M50	10	00:36:07	68	00:00:11	00:27:11	00:48:21	01:09:52	01:32:56	115	00:07:27	00:13:36	00:39:56	01:07:09	01:33:50	01:39:56	115	03:56:37.70	+01:56:16 (49.1%)
	MENDYKA Paweł	620		M30		00:34:18	55	00:03:42	00:15:35	00:31:31	00:48:58											DNF
	GŁOWIŃSKA-WIŚNIEWSKA Anna	319	SAUERLAND TEAM	K40																		DNF

Total 118 results.