

POLSKAMAN TRIATHLON WOLSZTYN - ŚREDNI

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

PolskaMan Triathlon Wolsztyn 2019
ROBUSTUS Sp. z o.o. Sp. k.
2019-08-18
Wolsztyn
113 km

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 100,8 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Pływanie | | | Rower | | | | | | Bieg | | | | | |
|-----|---------------------|-------|-----------------------------------|-----------|----------|-----|----------|----------|----------|----------|----------|----------|------------|------|----------|----------|----------|----------|----------|
| | | | | | 1.9km | Poz | | 15km | 30km | 45km | 60km | 75km | Rondo 90km | Poz | | 1.2km | 3.7km | 6.4km | 8.9km |
| 1 | BODNAR Maciej | 181 | MBC TEAM | M 18-29 | 00:24:25 | 1 | 00:02:22 | 00:20:21 | 00:42:29 | 01:03:42 | 01:25:49 | 01:47:04 | 02:09:52 | 1 | 00:02:16 | 00:05:02 | 00:15:31 | 00:26:17 | 00:36:51 |
| 2 | JAKIMIUK Daniel | 168 | TWISTER TEAM/ NATURAL EPO | M 18-29 | 00:32:30 | 8 | 00:02:25 | 00:21:08 | 00:43:11 | 01:04:40 | 01:27:06 | 01:48:57 | 02:11:36 | 2 | 00:02:03 | 00:05:10 | 00:15:33 | 00:25:55 | 00:35:48 |
| 3 | NAJMOWICZ Sebastian | 307 | NAJMOWICZ TRIATHLON | M 18-29 | 00:24:26 | 2 | 00:02:23 | 00:21:17 | 00:43:25 | 01:05:04 | 01:27:54 | 01:50:00 | 02:13:40 | 5 | 00:02:24 | 00:06:20 | 00:18:16 | 00:30:10 | 00:41:43 |
| 4 | MUSIAŁ Dawid | 171 | HAGER SPORT TEAM | M 30-39 | 00:33:05 | 11 | 00:03:08 | 00:21:48 | 00:44:33 | 01:06:56 | 01:29:50 | 01:52:11 | 02:16:44 | 6 | 00:02:07 | 00:05:20 | 00:16:51 | 00:28:29 | 00:39:48 |
| 5 | KRÓL Maciej | 165 | TRIWISE TRIATHLON TEAM | M 18-29 | 00:32:27 | 7 | 00:02:58 | 00:22:19 | 00:45:23 | 01:07:50 | 01:30:37 | 01:53:00 | 02:17:34 | 7 | 00:02:04 | 00:05:39 | 00:17:42 | 00:30:12 | 00:42:16 |
| 6 | STARZYK Łukasz | 135 | GVT | M 30-39 | 00:33:00 | 10 | 00:02:56 | 00:22:06 | 00:44:47 | 01:07:16 | 01:30:33 | 01:53:25 | 02:17:47 | 8 | 00:02:25 | 00:06:14 | 00:17:40 | 00:29:49 | 00:41:41 |
| 7 | WOŁODKO Grzegorz | 157 | | M 40-49 | 00:35:01 | 16 | 00:03:35 | 00:21:41 | 00:43:50 | 01:05:13 | 01:27:24 | 01:48:54 | 02:11:49 | 3 | 00:03:11 | 00:06:38 | 00:19:38 | 00:32:48 | 00:45:28 |
| 8 | BIAŁEK Tomasz | 53 | TTIMP GTRAT | M 30-39 | 00:33:39 | 12 | 00:04:00 | 00:22:55 | 00:46:48 | 01:09:37 | 01:33:04 | 01:55:51 | 02:19:19 | 9 | 00:02:07 | 00:06:29 | 00:19:03 | 00:32:08 | 00:44:35 |
| 9 | KRUPA Adam | 153 | | M 40-49 | 00:32:51 | 9 | 00:03:01 | 00:22:42 | 00:47:02 | 01:10:05 | 01:34:38 | 01:58:31 | 02:24:10 | 11 | 00:02:41 | 00:05:52 | 00:17:21 | 00:29:30 | 00:41:31 |
| 10 | BOSSOG Marcel | 100 | TRIATHLON POTSDAM E.V | M 40-49 | 00:33:54 | 13 | 00:03:16 | 00:22:44 | 00:46:18 | 01:08:42 | 01:32:26 | 01:55:40 | 02:19:54 | 10 | 00:02:43 | 00:06:45 | 00:19:41 | 00:33:14 | 00:46:55 |
| 11 | ŚRODA Michał | 166 | TMTEAM | M 30-39 | 00:35:53 | 23 | 00:03:01 | 00:23:41 | 00:48:10 | 01:11:53 | 01:36:59 | 02:00:55 | 02:26:26 | 13 | 00:02:40 | 00:05:57 | 00:17:13 | 00:28:59 | 00:40:38 |
| 12 | WIEJA Szymon | 148 | | M 40-49 | 00:27:42 | 3 | 00:03:48 | 00:24:24 | 00:49:28 | 01:13:55 | 01:39:30 | 02:04:08 | 02:30:11 | 19 | 00:02:41 | 00:06:26 | 00:18:45 | 00:32:02 | 00:45:04 |
| 13 | SZAPIEL Andrzej | 147 | CTS/SPRING | M 18-29 | 00:30:49 | 5 | 00:04:17 | 00:22:58 | 00:46:28 | 01:10:09 | 01:35:51 | 02:00:17 | 02:26:32 | 14 | 00:03:42 | 00:07:24 | 00:19:17 | 00:32:35 | 00:45:23 |
| 14 | SARBAK Bartosz | 113 | BS TRI TEAM | M 18-29 | 00:32:03 | 6 | 00:03:00 | 00:24:25 | 00:49:36 | 01:13:39 | 01:39:23 | 02:05:08 | 02:33:03 | 25 | 00:02:10 | 00:06:08 | 00:18:13 | 00:30:40 | 00:42:31 |
| 15 | SOBOLEWSKI Jakub | 159 | BRACTWO BIEGOWE BGK | M 40-49 | 00:35:15 | 18 | 00:03:51 | 00:23:31 | 00:48:02 | 01:12:07 | 01:38:11 | 02:03:09 | 02:29:44 | 18 | 00:02:47 | 00:06:26 | 00:18:46 | 00:31:20 | 00:43:33 |
| 16 | WIĘCKOWSKI Marek | 151 | | M 40-49 | 00:35:29 | 21 | 00:03:54 | 00:23:45 | 00:48:26 | 01:12:22 | 01:37:15 | 02:01:20 | 02:26:32 | 15 | 00:02:33 | 00:06:36 | 00:19:40 | 00:33:47 | 00:47:24 |
| 17 | GRYSZKIEWICZ Paweł | 160 | GVT | M 30-39 | 00:36:55 | 26 | 00:03:18 | 00:24:12 | 00:48:25 | 01:12:08 | 01:37:56 | 02:01:51 | 02:27:00 | 16 | 00:03:12 | 00:06:24 | 00:18:56 | 00:32:15 | 00:45:35 |
| 18 | DUDA Dorian | 133 | GT RAT | M 18-29 | 00:36:16 | 24 | 00:03:20 | 00:23:56 | 00:49:10 | 01:13:20 | 01:38:54 | 02:03:34 | 02:30:34 | 21 | 00:02:30 | 00:06:30 | 00:18:45 | 00:31:16 | 00:43:24 |
| 19 | BĄBELEK Mariusz | 155 | KS KASZTELANKA MMS TEAM TRIATHLON | M 18-29 | 00:37:12 | 28 | 00:02:55 | 00:23:56 | 00:49:27 | 01:13:49 | 01:40:26 | 02:05:06 | 02:32:27 | 23 | 00:02:11 | 00:05:59 | 00:17:28 | 00:29:53 | 00:41:48 |
| 20 | GZYL Jakub | 163 | OGRANE SIĘ JUTRO | M 30-39 | 00:35:03 | 17 | 00:04:10 | 00:23:23 | 00:47:55 | 01:11:17 | 01:36:06 | 02:00:05 | 02:26:06 | 12 | 00:02:55 | 00:06:53 | 00:21:11 | 00:35:06 | 00:49:47 |
| 21 | POL Bartosz | 176 | WANIEWSKI COACHING | M 30-39 | 00:38:32 | 35 | 00:03:47 | 00:24:20 | 00:49:59 | 01:14:02 | 01:39:37 | 02:03:05 | 02:28:55 | 17 | 00:03:05 | 00:06:47 | 00:19:30 | 00:32:56 | 00:46:26 |
| 22 | DZIEDZIC Wadim | 173 | DYNAMO MUCHOBÓR | M 40-49 | 00:34:34 | 15 | 00:04:08 | 00:24:36 | 00:50:13 | 01:14:59 | 01:41:16 | 02:07:02 | 02:33:42 | 26 | 00:03:36 | 00:06:25 | 00:18:39 | 00:32:09 | 00:44:51 |
| 23 | ALBRECHT Arkadiusz | 106 | GB GALOPUJĄCE ŚLIMAKI | M 40-49 | 00:40:48 | 44 | 00:03:44 | 00:24:15 | 00:49:45 | 01:14:51 | 01:40:47 | 02:05:57 | 02:33:01 | 24 | 00:03:27 | 00:05:55 | 00:17:27 | 00:29:56 | 00:41:48 |
| 24 | LEOPOLD Marcin | 111 | ENEA TEAM | M 40-49 | 00:39:18 | 39 | 00:04:14 | 00:24:56 | 00:51:27 | 01:16:45 | 01:43:38 | 02:09:02 | 02:35:54 | 29 | 00:02:53 | 00:06:18 | 00:18:21 | 00:31:58 | 00:43:54 |
| 25 | LICHACZ Miłosz | 145 | | M 30-39 | 00:37:43 | 31 | 00:03:03 | 00:24:36 | 00:50:17 | 01:14:59 | 01:41:01 | 02:04:40 | 02:30:21 | 20 | 00:02:44 | 00:07:07 | 00:21:39 | 00:37:11 | 00:52:25 |
| 26 | JAROSŁAW Marek | 300 | | M 40-49 | 00:41:25 | 49 | 00:04:07 | 00:24:09 | 00:49:37 | 01:14:10 | 01:40:36 | 02:06:06 | 02:34:11 | 27 | 00:03:49 | 00:06:08 | 00:18:08 | 00:30:53 | 00:43:32 |
| 27 | GUZIK Aleksander | 102 | GUZIKI | M 18-29 | 00:37:25 | 29 | 00:03:26 | 00:24:46 | 00:52:29 | 01:19:05 | 01:46:58 | 02:13:30 | 02:41:38 | 37 | 00:02:59 | 00:05:45 | 00:17:13 | 00:29:34 | 00:41:46 |

| | | | | Pływanie | | Rower | | | | | | | Bieg | | RAZEM | | | | |
|----|----------------------------|-----|---------------------------------------|----------|-----------------|-------|----------|----------|----------|----------|----------|----------|-----------------|----|----------|----------|----------|----------|----------|
| 28 | FILIPIAK Dominik | 169 | EUROMED POZNAŃ | M 18-29 | 00:35:16 | 19 | 00:04:09 | 00:25:10 | 00:51:42 | 01:16:23 | 01:42:23 | 02:06:03 | 02:31:43 | 22 | 00:02:48 | 00:07:54 | 00:22:33 | 00:38:07 | 00:53:24 |
| 29 | LUPA Marcin | 179 | GVT | M 30-39 | 00:35:23 | 20 | 00:03:33 | 00:24:30 | 00:50:53 | 01:15:34 | 01:42:30 | 02:07:39 | 02:35:48 | 28 | 00:03:02 | 00:07:09 | 00:20:56 | 00:36:29 | 00:51:50 |
| 30 | TOMAKA Bogusław | 121 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | M 40-49 | 00:38:44 | 36 | 00:03:00 | 00:25:42 | 00:52:43 | 01:18:45 | 01:45:59 | 02:12:12 | 02:40:28 | 34 | 00:03:04 | 00:06:41 | 00:18:40 | 00:32:11 | 00:44:53 |
| 31 | BRUKWIŃSKA Marta | 132 | TGV CLUB/SOLEUS | K 18-29 | 00:35:30 | 22 | 00:03:47 | 00:25:02 | 00:51:58 | 01:17:39 | 01:45:33 | 02:11:27 | 02:39:42 | 31 | 00:02:45 | 00:07:23 | 00:21:42 | 00:36:43 | 00:51:30 |
| 32 | STUDNIAREK Adam | 161 | | M 30-39 | 00:38:04 | 33 | 00:05:24 | 00:25:12 | 00:51:53 | 01:18:01 | 01:45:28 | 02:11:15 | 02:39:54 | 32 | 00:03:36 | 00:06:47 | 00:19:29 | 00:33:10 | 00:46:26 |
| 33 | KSIĘŻAREK Łukasz | 174 | XC KARKONOSZE | M 30-39 | 00:39:07 | 37 | 00:03:34 | 00:25:11 | 00:52:15 | 01:17:33 | 01:45:09 | 02:11:18 | 02:41:23 | 36 | 00:03:59 | 00:07:04 | 00:20:44 | 00:35:35 | 00:49:53 |
| 34 | LIS Rafał | 120 | | M 40-49 | 00:40:21 | 41 | 00:04:08 | 00:25:43 | 00:52:37 | 01:19:03 | 01:47:00 | 02:13:29 | 02:39:35 | 30 | 00:05:41 | 00:06:55 | 00:20:09 | 00:34:27 | 00:48:42 |
| 35 | FABIJAŃCZYK Paweł | 158 | | M 30-39 | 00:42:34 | 53 | 00:04:40 | 00:26:21 | 00:54:27 | 01:20:58 | 01:48:52 | 02:15:10 | 02:43:08 | 40 | 00:03:15 | 00:07:06 | 00:19:38 | 00:33:23 | 00:46:22 |
| 36 | GÓRSKI Łukasz | 140 | | M 30-39 | 00:36:59 | 27 | 00:04:01 | 00:27:05 | 00:55:50 | 01:24:01 | 01:53:05 | 02:20:38 | 02:49:57 | 50 | 00:02:52 | 00:07:04 | 00:20:24 | 00:34:07 | 00:47:22 |
| 37 | MICHALAK Dawid | 137 | NIAGARA FITNESS KLUB | M 30-39 | 00:41:30 | 50 | 00:03:50 | 00:25:14 | 00:52:34 | 01:19:13 | 01:47:13 | 02:14:00 | 02:42:30 | 39 | 00:02:24 | 00:07:07 | 00:21:05 | 00:36:03 | 00:51:08 |
| 38 | GREGUŁA Maciej | 314 | | M 30-39 | 00:44:15 | 58 | 00:04:06 | 00:25:22 | 00:52:17 | 01:18:01 | 01:45:38 | 02:12:05 | 02:40:36 | 35 | 00:03:43 | 00:07:04 | 00:20:32 | 00:34:58 | 00:48:56 |
| 39 | POSACKI Zbiniew | 164 | WOŁÓW BIEGA | M 40-49 | 00:45:11 | 66 | 00:05:43 | 00:26:37 | 00:54:05 | 01:20:18 | 01:47:10 | 02:13:07 | 02:40:03 | 33 | 00:05:15 | 00:07:01 | 00:19:56 | 00:33:03 | 00:46:25 |
| 40 | SIKORSKI Wojciech | 143 | | M 40-49 | 00:40:25 | 42 | 00:04:17 | 00:27:09 | 00:55:10 | 01:21:41 | 01:49:56 | 02:17:38 | 02:48:28 | 45 | 00:03:32 | 00:06:22 | 00:18:30 | 00:32:08 | 00:45:56 |
| 41 | LESZCZYŃSKI Michał | 103 | SYBERIAN HUSKY TEAM | M 40-49 | 00:37:58 | 32 | 00:05:32 | 00:27:06 | 00:55:42 | 01:22:56 | 01:51:33 | 02:19:28 | 02:48:45 | 48 | 00:03:56 | 00:07:01 | 00:20:41 | 00:35:04 | 00:49:49 |
| 42 | ŁAWNICZAK Dominik | 122 | | M 40-49 | 00:43:13 | 54 | 00:03:51 | 00:27:46 | 00:55:55 | 01:23:19 | 01:51:25 | 02:18:57 | 02:46:54 | 43 | 00:03:58 | 00:06:46 | 00:20:13 | 00:34:55 | 00:49:12 |
| 43 | ŁUKOWSKI Dariusz | 114 | GMINA STRZELCE OPOLSKIE | M 50-59 | 00:44:34 | 62 | 00:03:08 | 00:27:04 | 00:56:01 | 01:23:52 | 01:53:57 | 02:22:15 | 02:52:00 | 53 | 00:02:55 | 00:07:04 | 00:20:00 | 00:33:34 | 00:47:14 |
| 44 | CYWKA Tomek | 124 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | M 40-49 | 00:46:02 | 69 | 00:07:19 | 00:25:52 | 00:52:57 | 01:18:42 | 01:46:26 | 02:12:51 | 02:41:58 | 38 | 00:04:17 | 00:07:16 | 00:20:52 | 00:35:54 | 00:50:22 |
| 45 | MYŚKOW Leszek | 104 | | M 40-49 | 00:39:10 | 38 | 00:04:26 | 00:26:53 | 00:55:54 | 01:24:00 | 01:54:01 | 02:22:19 | 02:53:21 | 57 | 00:03:28 | 00:07:28 | 00:20:56 | 00:35:24 | 00:49:45 |
| 46 | ŚWIDERSKI Paweł | 162 | | M 40-49 | 00:34:26 | 14 | 00:05:57 | 00:27:04 | 00:55:46 | 01:23:18 | 01:52:26 | 02:19:29 | 02:49:51 | 49 | 00:06:37 | 00:07:49 | 00:23:18 | 00:39:14 | 00:53:26 |
| 47 | JĘDRZEJEWSKI Jakub | 142 | | M 30-39 | 00:45:10 | 65 | 00:05:10 | 00:26:52 | 00:55:11 | 01:22:00 | 01:50:37 | 02:17:39 | 02:46:58 | 44 | 00:03:35 | 00:07:00 | 00:21:24 | 00:35:43 | 00:49:33 |
| 48 | STANISZEWSKI Jacek | 108 | | M 30-39 | 00:38:14 | 34 | 00:04:18 | 00:27:14 | 00:56:18 | 01:24:45 | 01:56:04 | 02:25:28 | 02:57:48 | 65 | 00:03:24 | 00:06:40 | 00:20:29 | 00:34:11 | 00:48:12 |
| 49 | NIEWIADA Maciej | 172 | EXPLORADOR | M 30-39 | 00:37:39 | 30 | 00:03:45 | 00:26:54 | 00:56:19 | 01:25:12 | 01:56:21 | 02:25:49 | 02:57:43 | 64 | 00:03:33 | 00:07:22 | 00:20:49 | 00:34:56 | 00:49:40 |
| 50 | JARMUŻEK Paweł | 149 | A-T | M 40-49 | 00:40:56 | 46 | 00:04:00 | 00:28:24 | 00:57:48 | 01:25:23 | 01:54:47 | 02:22:35 | 02:53:02 | 56 | 00:03:05 | 00:07:14 | 00:21:28 | 00:36:39 | 00:51:34 |
| 51 | OSTROWSKI Tomasz | 115 | | M 30-39 | 00:42:01 | 52 | 00:06:30 | 00:27:35 | 00:57:45 | 01:25:43 | 01:54:09 | 02:20:11 | 02:48:39 | 46 | 00:05:03 | 00:07:20 | 00:21:50 | 00:37:00 | 00:51:15 |
| 52 | GAŁEK Anna | 175 | XC KARKONOSZE | K 30-39 | 00:41:21 | 48 | 00:04:17 | 00:28:27 | 00:59:05 | 01:27:51 | 01:57:50 | 02:25:54 | 02:56:00 | 59 | 00:02:50 | 00:07:48 | 00:20:58 | 00:35:10 | 00:49:00 |
| 53 | ŁUKASZEWSKA Anna | 167 | TRILEDŽINS | K 40-49 | 00:43:18 | 55 | 00:04:04 | 00:26:22 | 00:54:21 | 01:20:52 | 01:48:51 | 02:15:50 | 02:45:13 | 41 | 00:04:13 | 00:07:52 | 00:23:22 | 00:39:58 | 00:56:49 |
| 54 | GRANICZNY Krzysztof | 154 | | M 40-49 | 00:44:34 | 61 | 00:03:37 | 00:27:38 | 00:57:09 | 01:24:40 | 01:54:20 | 02:22:28 | 02:52:33 | 54 | 00:03:52 | 00:07:22 | 00:22:06 | 00:37:46 | 00:53:13 |
| 55 | MALISZEWSKI Paweł | 309 | | M 30-39 | 00:50:39 | 77 | 00:05:29 | 00:26:22 | 00:54:56 | 01:21:48 | 01:50:18 | 02:16:54 | 02:46:17 | 42 | 00:03:55 | 00:06:52 | 00:21:57 | 00:38:13 | 00:52:29 |
| 56 | ZIMERMAN Adam | 313 | KAPIJA | M 30-39 | 00:36:22 | 25 | 00:04:14 | 00:27:56 | 00:57:10 | 01:25:58 | 01:56:29 | 02:26:43 | 02:59:35 | 66 | 00:04:16 | 00:07:39 | 00:22:33 | 00:38:41 | 00:55:15 |
| 57 | LICHACZ Ania | 119 | | K 30-39 | 00:46:34 | 70 | 00:04:36 | 00:28:35 | 00:57:32 | 01:25:01 | 01:53:43 | 02:21:58 | 02:51:10 | 51 | 00:03:13 | 00:07:47 | 00:23:01 | 00:40:18 | 00:56:00 |
| 58 | WASILEWSKI Michał | 180 | TMTEAM | M 30-39 | 00:44:30 | 60 | 00:05:53 | 00:28:08 | 00:58:02 | 01:26:23 | 01:56:39 | 02:25:32 | 02:56:46 | 62 | 00:04:34 | 00:06:44 | 00:21:49 | 00:36:28 | 00:50:57 |
| 59 | ZAKRZEWSKI Adam | 125 | | M 40-49 | 00:44:22 | 59 | 00:05:47 | 00:28:24 | 00:57:49 | 01:26:03 | 01:56:06 | 02:24:45 | 02:56:29 | 61 | 00:05:30 | 00:07:52 | 00:23:28 | 00:39:23 | 00:55:02 |

| | | | | ▫ Pływanie | ▫ Kajak | ▫ Rower | | | | | | ▫ Bieg | ▫ Triathlon | | | | | | |
|---|----------------------|-----|--|------------|-----------------|---------|----------|----------|----------|----------|----------|----------|-----------------|----|----------|----------|----------|----------|----------|
| 60 | NOWICKI Cezary | 130 | NIEMALEKO | M 40-49 | 00:39:30 | 40 | 00:04:47 | 00:28:42 | 00:59:57 | 01:29:20 | 02:01:21 | 02:31:49 | 03:05:41 | 70 | 00:03:47 | 00:07:32 | 00:22:41 | 00:40:12 | 00:56:57 |
| 61 | GMEREK Paweł | 131 | | M 40-49 | 00:44:01 | 57 | 00:06:27 | 00:28:09 | 00:58:04 | 01:25:47 | 01:56:19 | 02:24:43 | 02:56:27 | 60 | 00:06:04 | 00:10:44 | 00:25:38 | 00:41:39 | 00:57:51 |
| 62 | BOROWCZAK Leszek | 178 | | M 40-49 | 00:58:14 | 84 | 00:04:30 | 00:27:04 | 00:56:13 | 01:23:39 | 01:53:37 | 02:21:14 | 02:51:57 | 52 | 00:03:25 | 00:07:39 | 00:23:08 | 00:37:58 | 00:53:03 |
| 63 | KROGULEC Mateusz | 301 | MK 2 | M 30-39 | 00:41:16 | 47 | 00:03:35 | 00:29:30 | 01:00:01 | 01:28:13 | 01:59:03 | 02:28:40 | 03:00:38 | 67 | 00:04:03 | 00:08:29 | 00:24:16 | 00:42:12 | 01:02:01 |
| 64 | DAWIDOWICZ Marcin | 310 | TRI MISSION | M 30-39 | 00:44:35 | 63 | 00:06:50 | 00:28:53 | 01:00:26 | 01:30:18 | 02:02:17 | 02:32:47 | 03:06:05 | 71 | 00:04:45 | 00:07:31 | 00:21:07 | 00:35:44 | 00:50:02 |
| 65 | BASZKO Damian | 126 | | M 40-49 | 00:49:48 | 75 | 00:06:12 | 00:25:55 | 00:53:51 | 01:20:17 | 01:49:23 | 02:17:33 | 02:48:44 | 47 | 00:05:08 | 00:09:30 | 00:26:38 | 00:44:29 | 01:03:04 |
| 66 | DOMAGAŁA Agnieszka | 123 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | K 30-39 | 00:45:13 | 67 | 00:07:19 | 00:28:53 | 00:59:51 | 01:29:29 | 02:01:25 | 02:31:37 | 03:04:37 | 69 | 00:03:51 | 00:07:19 | 00:21:38 | 00:37:15 | 00:52:19 |
| 67 | ADACH Dariusz | 127 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | M 40-49 | 00:53:44 | 80 | 00:06:10 | 00:27:41 | 00:57:13 | 01:25:01 | 01:54:48 | 02:21:55 | 02:53:32 | 58 | 00:03:34 | 00:07:46 | 00:23:59 | 00:41:53 | 00:59:07 |
| 68 | WAJDZIAK Marcin | 139 | | M 40-49 | 00:45:13 | 68 | 00:05:45 | 00:29:39 | 01:00:45 | 01:29:38 | 02:01:42 | 02:31:19 | 03:04:12 | 68 | 00:04:46 | 00:07:38 | 00:22:40 | 00:40:12 | 00:56:26 |
| 69 | MALISZEWSKI Bolesław | 152 | | M 40-49 | 00:41:41 | 51 | 00:04:52 | 00:29:05 | 01:00:36 | 01:31:09 | 02:03:55 | 02:33:50 | 03:06:38 | 72 | 00:03:22 | 00:08:21 | 00:24:38 | 00:42:25 | 00:59:54 |
| 70 | MALAMIS Karolina | 141 | TRI MISSION | K 30-39 | 00:40:48 | 45 | 00:04:23 | 00:30:47 | 01:02:53 | 01:33:40 | 02:07:39 | 02:38:53 | 03:14:57 | 81 | 00:04:13 | 00:07:44 | 00:22:31 | 00:38:58 | 00:54:30 |
| 71 | SKORUPINSKI Jarosław | 177 | OPONYEXPRESS | M 50-59 | 00:57:26 | 83 | 00:04:36 | 00:27:10 | 00:55:59 | 01:23:41 | 01:54:22 | 02:21:59 | 02:52:44 | 55 | 00:04:05 | 00:08:08 | 00:24:14 | 00:42:40 | 01:01:20 |
| 72 | SIDOR Adam | 109 | | M 40-49 | 00:50:01 | 76 | 00:06:05 | 00:27:32 | 00:56:44 | 01:25:02 | 01:56:00 | 02:25:35 | 02:56:54 | 63 | 00:07:14 | 00:08:23 | 00:25:35 | 00:44:12 | 01:02:58 |
| 73 | SZAŁANKIEWICZ Rafał | 116 | TECHNIKA GRZEWCZA I SANITARNA AQUA INSTALL | M 30-39 | 00:40:37 | 43 | 00:04:36 | 00:30:42 | 01:02:34 | 01:33:33 | 02:05:29 | 02:35:18 | 03:09:21 | 73 | 00:04:58 | 00:09:50 | 00:26:56 | 00:45:12 | 01:04:59 |
| 74 | KNARA Ada | 118 | TRI MISSION | K 30-39 | 00:44:38 | 64 | 00:05:34 | 00:29:45 | 01:01:41 | 01:31:39 | 02:03:49 | 02:34:51 | 03:10:08 | 74 | 00:05:28 | 00:08:49 | 00:26:12 | 00:43:28 | 01:00:17 |
| 75 | POPIEL Iwona | 110 | | K 40-49 | 00:49:40 | 74 | 00:04:02 | 00:29:43 | 01:01:57 | 01:32:34 | 02:05:57 | 02:37:03 | 03:11:24 | 77 | 00:03:07 | 00:09:13 | 00:25:20 | 00:41:53 | 00:58:30 |
| 76 | MYŚKOW Elżbieta | 105 | TRIMISSION | K 40-49 | 00:48:21 | 72 | 00:05:15 | 00:30:29 | 01:03:41 | 01:35:33 | 02:08:19 | 02:39:44 | 03:14:54 | 80 | 00:04:18 | 00:08:14 | 00:24:08 | 00:40:51 | 00:57:15 |
| 77 | CHWALIK Paweł | 117 | | M 40-49 | 00:51:04 | 78 | 00:06:07 | 00:29:35 | 01:01:57 | 01:33:44 | 02:08:34 | 02:40:33 | 03:16:11 | 82 | 00:04:58 | 00:07:41 | 00:22:01 | 00:36:44 | 00:51:53 |
| 78 | BAŁOS Liliana | 129 | | K 30-39 | 00:51:28 | 79 | 00:04:53 | 00:29:45 | 01:01:27 | 01:32:12 | 02:06:07 | 02:37:45 | 03:12:21 | 78 | 00:02:39 | 00:08:39 | 00:25:09 | 00:42:48 | 01:00:13 |
| 79 | DANIELCZUK Dominik | 134 | DOMAN | M 30-39 | 00:48:42 | 73 | 00:07:53 | 00:29:33 | 01:01:22 | 01:33:26 | 02:07:13 | 02:40:38 | 03:14:00 | 79 | 00:08:57 | 00:08:59 | 00:23:31 | 00:38:51 | 00:54:15 |
| 80 | WEIGANG Stefan | 112 | GARBSENER SC | M 60+ | 00:56:46 | 81 | 00:06:06 | 00:30:04 | 01:02:27 | 01:32:48 | 02:05:32 | 02:35:31 | 03:10:40 | 75 | 00:03:04 | 00:09:09 | 00:28:20 | 00:49:01 | 01:09:53 |
| 81 | LOTH Manfred | 136 | LG RAGUHN | M 60+ | 00:56:59 | 82 | 00:05:36 | 00:30:40 | 01:03:14 | 01:34:43 | 02:07:59 | 02:38:52 | 03:11:23 | 76 | 00:05:03 | 00:11:29 | 00:32:57 | 00:57:09 | 01:21:02 |
| 82 | KLIKS Adam | 138 | | M 40-49 | 01:02:32 | 85 | 00:11:06 | 00:31:34 | 01:05:31 | 01:38:02 | 02:13:43 | 02:46:32 | 03:22:03 | 84 | 00:05:44 | 00:10:55 | 00:30:32 | 00:51:08 | 01:10:45 |
| Przekroczony limit czasu: 08:00:00 | | | | | | | | | | | | | | | | | | | |
| LIM | STAWICKI Szymon | 156 | | M 18-29 | 00:43:26 | 56 | 00:06:19 | 00:29:54 | 01:05:37 | 01:39:09 | 02:15:20 | 02:51:41 | 03:41:58 | 85 | 00:05:11 | 00:12:39 | 00:39:40 | 01:15:06 | 01:59:22 |
| | MARCZEWSKI Bartosz | 150 | TRI MISSION | M 30-39 | 00:47:51 | 71 | 00:06:32 | 00:30:55 | 01:03:19 | 01:35:51 | 02:11:11 | 02:44:58 | 03:21:07 | 83 | 00:13:21 | | | | |
| | TOCHOWICZ Kasper | 182 | TRIWISE | M 18-29 | 00:28:45 | 4 | 00:02:31 | 00:21:24 | 00:43:37 | 01:04:59 | 01:27:24 | 01:49:04 | 02:12:20 | 4 | 00:01:59 | 00:33:21 | | | |

Znaleziono 85 wynik(ów)