

# POLSKAMAN TRIATHLON WOLSZTYN - ŚREDNI

B4SPORT

**Event:** PolskaMan Triathlon Wolsztyn  
**Organiser:** ROBUSTUS Sp. z o.o. Sp. k.  
**Date:** 2022-08-21  
**Place:** Wolsztyn  
**Distance:** 113 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Classification: All

Split point: 106,0 km

Place	Participant	Number	Club	Category	Swimming				Cycling						Race						
					1.9km	Poz	S17 15km	Rondo 30km	S17 45km	Rondo 60km	S17 75km	Rondo 90km	Poz	Stadion 1.2km	Parkowa 3.7km	Stadion 6.4km	Parkowa 8.9km	Stadion 11.6km	Parkowa 14.1km		
1	POPŁAWSKI Jan	216	NEON TEAM	M18	00:27:08	2	00:02:42	00:21:47	00:42:37	01:04:25	01:25:22	01:47:18	01:57:22	1	00:13:50	00:05:15	00:15:25	00:25:40	00:35:40	00:47:14	00:57:53
2	GAŚSIOR Patryk	213	FORPRO	M18	00:25:14	1	00:02:54	00:22:22	00:43:27	01:05:38	01:27:35	01:49:59	02:12:03	5	00:03:20	00:05:10	00:14:56	00:25:31	00:35:10	00:45:40	00:55:59
3	JĘDRASIEWICZ Jacek	228	TRIATHLETES' PERFORMANCE	M30	00:31:03	4	00:03:17	00:21:30	00:42:09	01:03:52	01:24:33	01:46:12	02:07:32	2	00:02:50	00:04:58	00:14:49	00:25:14	00:35:00	00:45:38	00:55:50
4	NACZK Jakub	256	#BEZKLUBU	M30	00:34:16	17	00:02:58	00:21:55	00:42:54	01:05:15	01:26:27	01:48:51	02:10:48	3	00:02:53	00:05:34	00:16:30	00:28:19	00:38:26	00:50:55	01:02:06
5	PAWELCZYK Piotr	211		M18	00:29:59	3	00:03:09	00:23:33	00:46:39	01:10:25	01:33:15	01:56:38	02:19:16	9	00:02:54	00:05:24	00:16:07	00:27:12	00:37:53	00:48:37	00:59:18
6	SAŻAŁSKI Piotr	259	1.GPR	M30	00:33:38	13	00:02:43	00:22:49	00:44:54	01:08:01	01:30:19	01:53:43	02:16:51	8	00:02:56	00:10:30	00:19:30	00:27:49	00:38:50	00:50:21	01:01:02
7	OLKOWSKI Przemysław	701		M40	00:33:35	9	00:02:52	00:22:36	00:44:36	01:07:47	01:30:20	01:53:28	02:16:03	7	00:03:25	00:05:41	00:15:44	00:28:12	00:39:46	00:51:32	01:01:44
8	GLOSMANN Marius	332		M30	00:33:08	7	00:03:20	00:21:49	00:43:29	01:05:53	01:27:23	01:49:42	02:11:02	4	00:03:28	00:05:57	00:17:27	00:29:43	00:41:50	00:54:22	01:07:00
9	WRÓBLEWSKI Mateusz	232	BEDNARSKI TRI TEAM	M30	00:33:36	11	00:02:49	00:22:34	00:44:32	01:07:46	01:30:03	01:53:27	02:15:07	6	00:03:46	00:05:49	00:16:14	00:28:52	00:40:31	00:52:20	01:05:14
10	NOWAK Krzysztof	266		M30	00:33:53	15	00:05:11	00:24:02	00:47:16	01:11:04	01:34:22	01:58:16	02:21:53	14	00:03:38	00:05:55	00:18:25	00:27:55	00:38:53	00:50:18	01:00:53
11	LIPUTA Grzegorz	247	ALOHA TRIATHLON TEAM	M30	00:33:38	12	00:03:04	00:23:36	00:46:46	01:10:59	01:34:16	01:58:47	02:20:51	12	00:04:56	00:05:27	00:16:04	00:27:55	00:38:31	00:52:29	01:03:04
12	IMIĄNOWSKI Eryk	203		M18	00:37:36	36	00:02:41	00:23:55	00:47:34	01:11:42	01:34:40	01:57:54	02:20:53	13	00:02:48	00:06:12	00:16:42	00:29:41	00:40:58	00:52:16	01:03:24
13	FIBNER Krzysztof	229	DAWAJ KALACH TEAM	M30	00:37:56	38	00:03:43	00:24:23	00:48:19	01:12:26	01:35:46	01:59:42	02:23:06	15	00:02:38	00:05:32	00:16:07	00:28:06	00:39:27	00:50:47	01:02:20
14	SUCHECKI Łukasz	231		M30	00:37:34	34	00:04:04	00:23:07	00:46:02	01:10:09	01:32:51	01:56:37	02:20:19	10	00:03:02	00:05:47	00:16:30	00:29:28	00:41:31	00:53:10	01:04:58
15	LIPUTA Emilia	208	ALOHA TRIATHLON TEAM	K18	00:34:13	16	00:03:23	00:24:18	00:48:01	01:12:44	01:36:22	02:01:33	02:26:21	20	00:02:51	00:05:49	00:15:45	00:28:39	00:40:12	00:51:50	01:03:55
16	MEDYK Damian	250		M30	00:33:42	14	00:02:56	00:24:23	00:48:30	01:13:44	01:37:45	02:01:54	02:26:27	21	00:03:18	00:05:48	00:16:14	00:29:14	00:40:46	00:52:56	01:05:11
17	ŻYŁA Tobiasz	220	MIĘDZYRZECKIE GAZELE	M30	00:37:09	33	00:04:17	00:24:39	00:48:52	01:14:29	01:39:17	02:04:57	02:30:13	26	00:03:44	00:05:26	00:15:57	00:26:44	00:37:31	00:48:23	00:59:12
18	JĘCZMIONKA Szymon	271	TRI GRUPA	M30	00:34:32	19	00:03:10	00:24:50	00:49:05	01:13:00	01:36:47	02:01:03	02:25:09	18	00:02:27	00:06:49	00:18:17	00:31:50	00:44:17	00:57:00	01:09:47
19	JOACHIMIAK Marek	227	TRITOGO	M30	00:38:08	41	00:02:45	00:24:51	00:48:27	01:13:08	01:36:12	02:00:13	02:23:50	16	00:04:25	00:05:54	00:19:03	00:30:28	00:42:33	00:55:01	01:07:33
20	KRAJNA Paweł	273	TRITOGO	M30	00:36:53	29	00:03:55	00:24:57	00:48:45	01:13:21	01:36:33	02:00:35	02:24:13	17	00:03:24	00:06:29	00:18:01	00:30:58	00:43:18	00:56:14	01:08:34
21	ŁUCZAK Adam	264	MAVERICKS	M30	00:39:44	55	00:03:53	00:23:17	00:46:27	01:10:20	01:33:48	01:57:36	02:20:43	11	00:03:49	00:05:58	00:17:11	00:30:57	00:43:54	00:57:17	01:10:20
22	BIELEC Adam	248	KCALOKILERZY	M30	00:36:49	28	00:03:49	00:25:03	00:48:54	01:13:31	01:37:15	02:02:34	02:27:42	23	00:03:27	00:06:14	00:17:33	00:30:39	00:42:52	00:55:27	01:07:48
23	GRYCMAN Marek	287	SILESIA TRIATHLON TEAM	M40	00:43:09	81	00:03:22	00:24:28	00:48:40	01:14:15	01:39:15	02:05:11	02:30:49	28	00:03:25	00:05:29	00:16:33	00:27:54	00:39:14	00:49:36	01:02:33
24	RYŚ Sebastian	308		M40	00:33:27	8	00:03:44	00:24:38	00:48:24	01:12:56	01:37:17	02:01:48	02:27:25	22	00:03:04	00:07:21	00:21:56	00:34:53	00:48:33	01:02:38	01:16:08
25	BĄBELEK Mariusz	236	MIĘDZYRZECKIE GAZELE	M30	00:38:00	39	00:03:07	00:25:31	00:50:42	01:16:38	01:42:15	02:08:45	02:35:34	35	00:02:56	00:05:52	00:17:21	00:27:54	00:41:08	00:53:07	01:05:04
26	RUŻYŁO Patryk	251	PTSTUDIO	M30	00:40:46	65	00:03:30	00:24:22	00:47:57	01:12:32	01:36:56	02:02:37	02:27:54	24	00:03:04	00:06:02	00:18:20	00:30:51	00:43:15	00:56:21	01:09:30
27	GLENC Rafał	252	SILESIA TRIATHLON TEAM	M30	00:39:22	53	00:03:33	00:25:06	00:49:04	01:14:31	01:39:21	02:05:24	02:30:34	27	00:02:34	00:06:12	00:18:30	00:31:10	00:44:08	00:57:22	01:10:39
28	WIŚNIEWSKI Damian	207	DIETETYK MAGDALENAKOŁODZIEJ.POLSKA	M18	00:38:04	40	00:03:15	00:23:23	00:46:31	01:10:52	01:35:09	02:00:09	02:25:40	19	00:03:10	00:07:11	00:20:46	00:35:02	00:49:24	01:04:09	01:18:16
29	SKROBAŃSKI Jakub	222		M30	00:32:54	6	00:03:19	00:25:46	00:50:55	01:17:51	01:43:56	02:11:36	02:37:47	41	00:02:54	00:07:01	00:19:30	00:32:26	00:45:21	00:58:49	01:11:58
30	LINDNER Marek	283		M40	00:43:27	84	00:03:52	00:25:12	00:49:32	01:15:04	01:39:34	02:05:04	02:29:42	25	00:04:41	00:06:10	00:18:24	00:30:44	00:44:03	00:55:33	01:07:52
31	KITKOWSKI Arkadiusz	302	SUPERSNOW	M40	00:38:49	48	00:03:19	00:23:21	00:46:45	01:11:48	01:36:51	02:02:16	02:31:34	29	00:03:08	00:06:52	00:19:22	00:32:15	00:45:03	00:58:33	01:13:48
32	MACHOWSKI Łukasz	210		M18	00:34:36	20	00:04:47	00:26:52	00:53:04	01:20:25	01:48:01	02:14:19	02:40:10	48	00:03:16	00:06:43	00:18:55	00:31:34	00:43:50	00:55:59	01:08:00
33	LUBOWICKI Łukasz	291		M40	00:37:02	32	00:03:44	00:25:04	00:48:47	01:14:27	01:39:44	02:06:51	02:33:07	33	00:03:45	00:06:20	00:19:20	00:32:44	00:45:50	00:59:36	01:13:14
34	BIRONT Krzysztof	285	BIELAWSKA AKADEMIA BIEGANIA	M40	00:40:05	57	00:05:33	00:25:18	00:49:36	01:19:35	01:40:01	02:05:49	02:32:35	32	00:03:07	00:06:14	00:19:04	00:31:26	00:40:53	00:53:53	01:09:41

				Swimming				Cycling							Race						
35	JANKOWIAK Łukasz	226	ALETEMPO	M40	00:36:48	27	00:02:48	00:26:06	00:52:27	01:20:30	01:47:36	02:15:10	02:41:50	53	00:03:00	00:05:41	00:17:22	00:28:41	00:41:24	00:54:13	01:07:00
36	ŚWITAŁA Krzysztof	304	NIAGARA	M40	00:34:53	21	00:05:00	00:25:25	00:49:52	01:15:23	01:40:48	02:06:54	02:32:19	31	00:03:36	00:06:43	00:20:21	00:34:08	00:47:56	01:02:25	01:16:49
37	NOWACZYŃSKI Bartosz	223		M30	00:39:15	52	00:03:42	00:25:24	00:50:00	01:15:37	01:40:06	02:06:00	02:31:37	30	00:03:27	00:06:42	00:19:57	00:33:23	00:45:51	01:00:51	01:14:44
38	MARCINIAK Kuba	225		M30	00:36:57	30	00:03:04	00:25:28	00:50:27	01:16:47	01:42:46	02:10:15	02:37:11	37	00:03:34	00:07:19	00:19:27	00:32:10	00:45:20	00:59:01	01:13:39
39	HERTRAMP Maximilian	707		M30	00:37:35	35	00:03:49	00:26:16	00:51:51	01:18:15	01:44:23	02:11:47	02:38:20	44	00:03:55	00:06:37	00:20:33	00:32:29	00:45:24	00:58:10	01:10:59
40	WYSOCKI Piotr	257		M30	00:40:46	64	00:03:31	00:26:01	00:51:01	01:17:15	01:42:24	02:08:32	02:34:25	34	00:03:26	00:06:32	00:18:57	00:32:05	00:45:21	00:59:08	01:12:31
41	KANICKI Tomasz	254	PT STUDIO	M30	00:36:58	31	00:04:26	00:26:27	00:51:18	01:17:52	01:43:23	02:10:42	02:37:39	39	00:03:25	00:06:09	00:19:56	00:34:18	00:47:24	01:01:33	01:15:27
42	KAMIŃSKI Paweł	272	ITSTART.EU	M30	00:38:21	43	00:03:10	00:25:42	00:51:10	01:17:55	01:43:54	02:11:31	02:39:10	46	00:04:10	00:07:25	00:19:16	00:32:20	00:45:40	00:59:25	01:13:16
43	GAŚSIOROWSKI Michał	263	SPECTRUM MIĘDZYRZECZ	M30	00:39:22	54	00:05:58	00:26:37	00:52:13	01:18:32	01:44:06	02:09:56	02:36:12	36	00:04:06	00:07:10	00:20:13	00:33:31	00:46:52	01:00:25	01:13:43
44	ANDRUSZKIEWICZ Arkadiusz	292		M40	00:42:58	79	00:04:11	00:25:40	00:50:59	01:17:41	01:44:04	02:11:46	02:37:49	42	00:04:26	00:06:08	00:18:18	00:31:02	00:44:01	00:57:21	01:10:30
45	LIS Rafał	311	TRIATHLON CLUB WROCŁAW	M40	00:39:03	49	00:04:11	00:27:01	00:53:06	01:20:21	01:46:43	02:12:50	02:39:08	45	00:03:16	00:06:33	00:19:49	00:33:27	00:46:57	01:00:59	01:14:43
46	KIEJNICH Filip	217	#BALBINATEAM	M18	00:35:44	22	00:04:43	00:26:42	00:53:20	01:20:37	01:46:57	02:14:51	02:41:32	52	00:04:02	00:06:39	00:20:08	00:34:14	00:47:17	01:00:56	01:14:36
47	STACHOWIAK Michał	298	NIEZRZESZONY	M40	00:39:10	50	00:06:23	00:25:32	00:51:25	01:18:44	01:44:59	02:11:36	02:37:37	38	00:05:26	00:06:33	00:19:13	00:32:23	00:45:33	00:59:24	01:12:55
48	KONIECZNY Remigiusz	297	CITYZEN	M40	00:39:14	51	00:04:35	00:26:06	00:51:57	01:18:58	01:45:18	02:12:25	02:38:11	43	00:04:19	00:07:00	00:19:56	00:33:25	00:47:03	01:01:23	01:15:26
49	SZENDZIELORZ Isabella	306		K40	00:33:35	10	00:04:18	00:27:27	00:53:18	01:20:41	01:46:54	02:14:39	02:41:29	51	00:04:20	00:08:16	00:21:53	00:35:57	00:49:45	01:03:58	01:18:14
50	WÓJCIK Michał	712		M30	00:41:36	70	00:06:14	00:27:20	00:53:31	01:21:28	01:48:17	02:15:54	02:43:10	57	00:04:22	00:05:45	00:17:57	00:29:58	00:41:57	00:54:39	01:07:02
51	WIERZBA Piotr	275	SWIM 2 TRI	M40	00:38:17	42	00:04:37	00:27:08	00:53:13	01:21:03	01:47:10	02:14:56	02:41:20	50	00:03:27	00:06:31	00:19:39	00:33:25	00:47:12	01:01:17	01:14:57
52	GZYL Jakub	261	EGZYL.POLSKA	M30	00:35:47	23	00:04:40	00:25:16	00:49:19	01:15:05	01:40:05	02:05:52	02:47:39	70	00:05:08	00:06:16	00:18:49	00:31:46	00:44:20	00:57:43	01:10:45
53	SZAPIEL Andrzej	242	LUK-CONNECT TRI	M30	00:34:20	18	00:05:50	00:24:19	00:49:08	01:18:52	01:44:35	02:12:23	02:42:21	56	00:07:05	00:06:19	00:19:09	00:33:03	00:47:23	01:01:36	01:16:00
54	SZCZĘCH Adam	289	ERIGO	M40	00:36:39	26	00:05:19	00:26:40	00:56:07	01:23:46	01:51:01	02:20:40	02:48:23	71	00:04:13	00:06:33	00:19:24	00:32:18	00:45:26	00:58:37	01:12:00
55	PIECHOWIAK Jakub	234		M30	00:36:01	24	00:07:18	00:27:16	00:53:46	01:21:29	01:48:18	02:15:51	02:43:12	58	00:04:20	00:07:43	00:21:08	00:34:47	00:48:18	01:03:23	01:17:11
56	GÓRSKI Sławek	327	TRI TEAM	M50	00:46:53	100	00:04:18	00:25:31	00:50:22	01:17:47	01:44:21	02:12:27	02:39:18	47	00:04:11	00:06:54	00:20:08	00:33:19	00:46:24	01:00:34	01:14:13
57	CHMURZYŃSKI Mateusz	214	ŚWIAT TEKSTURY CYCLING TEAM	M18	00:43:49	86	00:03:59	00:28:05	00:55:22	01:24:48	01:51:27	02:19:17	02:45:27	62	00:03:48	00:06:35	00:19:29	00:32:36	00:45:29	00:58:56	01:12:01
58	CHYB Marcin	318	INFOBIUROBIS/EWA BUGDOŁ TEAM	M40	00:42:16	73	00:04:59	00:29:03	00:55:55	01:24:31	01:52:00	02:19:47	02:46:57	66	00:03:23	00:06:42	00:19:48	00:32:57	00:45:40	00:58:57	01:11:33
59	POPŁAWSKI Przemysław	246		M30	00:42:56	78	00:03:40	00:27:21	00:54:57	01:22:53	01:50:55	02:19:28	02:46:33	64	00:03:56	00:06:25	00:19:22	00:32:17	00:45:11	00:59:40	01:12:44
60	PRZYBYLSKI Andrzej	312	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	M40	00:42:12	72	00:05:01	00:27:39	00:53:33	01:21:11	01:48:04	02:18:17	02:47:26	68	00:03:56	00:06:22	00:18:47	00:31:53	00:44:36	00:58:19	01:11:35
61	CHART-OLASINSKI Maciej	244		M30	00:38:40	45	00:05:57	00:27:15	00:54:28	01:22:39	01:50:14	02:18:41	02:46:51	65	00:03:57	00:06:46	00:19:03	00:33:55	00:47:40	01:02:19	01:16:32
62	WINCZA Cezary	267		M30	00:43:22	83	00:06:46	00:25:45	00:51:20	01:18:14	01:44:15	02:09:24	02:37:41	40	00:07:13	00:07:39	00:21:28	00:35:34	00:49:38	01:04:32	01:19:13
63	STACHOWIAK Paweł	262		M30	00:41:38	71	00:07:26	00:26:46	00:52:43	01:20:00	01:46:43	02:14:11	02:40:42	49	00:05:45	00:08:05	00:21:54	00:34:31	00:49:44	01:04:36	01:19:28
64	WEISENSEE Michael	300		M40	00:40:16	59	00:09:05	00:27:26	00:54:29	01:23:31	01:50:06	02:16:59	02:44:33	60	00:06:32	00:06:41	00:20:01	00:35:11	00:49:35	01:03:28	01:16:34
65	GLENC Liliana	26		K30	00:48:08	107	00:03:46	00:27:20	00:53:47	01:21:31	01:48:07	02:15:22	02:42:20	55	00:03:21	00:07:09	00:21:00	00:34:47	00:49:47	01:04:59	01:19:42
66	ANTCZAK Marek	294		M40	00:43:05	80	00:04:52	00:28:15	00:54:57	01:23:13	01:50:23	02:19:31	02:47:14	67	00:05:28	00:06:28	00:20:33	00:34:40	00:48:58	01:03:17	01:17:22
67	DUDEK Mariusz	245		M30	00:36:13	25	00:05:13	00:26:54	00:54:02	01:23:28	01:52:37	02:22:48	02:52:14	76	00:05:34	00:07:22	00:21:59	00:37:02	00:52:03	01:07:39	01:23:03
68	GRABOWSKA Justyna	299	HTF LUDWIK SIKORSKI	K40	00:38:27	44	00:04:30	00:28:16	00:56:25	01:26:23	01:55:20	02:24:39	02:52:56	79	00:04:19	00:07:23	00:22:03	00:37:11	00:51:49	01:07:27	01:22:20
69	NOWAK Aleksander	270	GOOD JOB ALEKSANDER NOWAK	M30	00:38:45	46	00:04:34	00:26:49	00:52:58	01:20:47	01:46:57	02:15:35	02:42:12	54	00:05:06	00:08:58	00:25:16	00:41:47	00:58:52	01:15:39	01:32:39
70	SMAL Tomasz	324		M50	00:40:29	62	00:05:38	00:28:14	00:55:20	01:23:18	01:50:48	02:19:36	02:47:38	69	00:03:14	00:06:55	00:21:45	00:37:32	00:53:28	01:10:23	01:27:26
71	TRZCIONKOWSKI Mariusz	316	OSV TEAM	M40	00:47:38	103	00:06:29	00:28:04	00:55:59	01:24:51	01:53:36	02:24:32	02:53:14	80	00:05:24	00:06:37	00:19:29	00:32:36	00:45:12	00:58:36	01:11:49
72	SŁOWIK Michał	258	TRITOGO	M30	00:44:14	88	00:04:24	00:28:20	00:55:53	01:22:53	01:49:41	02:17:59	02:46:29	63	00:04:37	00:07:12	00:21:45	00:36:51	00:51:40	01:08:29	01:25:13
73	CZARNECKI Sylwester	307		M40	00:41:21	68	00:05:04	00:28:54	00:56:32	01:25:21	01:53:53	02:23:21	02:51:54	74	00:06:11	00:07:18	00:21:50	00:36:51	00:51:38	01:06:49	01:21:42
74	WEBER Paweł	315	REHAU CROSSACTIVE	M40	00:46:08	95	00:04:37	00:27:56	00:56:25	01:26:03	01:55:06	02:24:20	02:53:31	81	00:04:28	00:06:59	00:20:48	00:34:33	00:48:09	01:02:57	01:18:19
75	SIDOR Adam	319		M50	00:44:47	90	00:04:39	00:27:11	00:53:42	01:23:48	01:50:43	02:20:31	02:49:42	73	00:05:16	00:06:58	00:22:40	00:37:39	00:52:30	01:08:49	01:24:32
76	BYLINA Bartosz	321		M50	00:42:34	74	00:06:32	00:28:09	00:57:28	01:27:30	01:56:41	02:27:55	02:57:27	88	00:04:41	00:07:29	00:20:44	00:34:40	00:48:22	01:05:07	01:19:04
77	ORŁOWSKI Paweł	295	GO2TRI	M40	00:39:55	56	00:05:08	00:29:19	00:57:59	01:27:48	02:01:14	02:31:18	03:00:58	97	00:04:34	00:07:53	00:22:15	00:37:20	00:51:56	01:06:49	01:21:20



				Swimming		Cycling						Race		
<b>WRÓBLEWSKI Antoni</b>	<b>243</b>		M30	<b>00:38:47</b> 47	00:04:52	00:27:38	00:54:47	01:25:01	01:54:01	02:27:20	<b>02:58:02</b> 90	00:05:21	00:07:20	
<b>WASILEWSKI Michał</b>	<b>274</b>	7NUTRITION TEAM	M30											
<b>LEŻAŁA Krystian</b>	<b>462</b>	KS POLONIA ŚRODA WIELKOPOLSKA	M40	<b>00:40:45</b> 63	00:04:29	00:26:24	00:52:17							
<b>KLIMKOWSKI Piotr</b>	<b>329</b>	ZG LUBIN	M50	<b>00:41:34</b> 69	00:06:01	00:29:13								
<b>NOWAK Adrian</b>	<b>301</b>	TRI-4-FUN/#ZALINIAMEYTEAM	M40	<b>00:42:45</b> 76	00:03:41	00:28:38	00:55:58							

Total 123 results.