

# POLSKAMAN TRIATHLON WOLSZTYN - ŚREDNI

B4SPORT

Wydarzenie:  
 Organizator:  
 Data:  
 Miejsce:  
 Dystans:

PolskaMan Triathlon Wolsztyn  
 ROBUSTUS Sp. z o.o. Sp. k.  
 2022-08-21  
 Wolsztyn  
 113 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

| Msc | Zawodnik            | Numer | Klub                     | Kategoria | Mkat | Pływanie |     | Rower    |            |          |            |          |            | Bieg     |       |               |               |               |                | Czas           |                |                |                |          |          |      |             |                   |
|-----|---------------------|-------|--------------------------|-----------|------|----------|-----|----------|------------|----------|------------|----------|------------|----------|-------|---------------|---------------|---------------|----------------|----------------|----------------|----------------|----------------|----------|----------|------|-------------|-------------------|
|     |                     |       |                          |           |      | 1.9km    | Poz | 15km     | Rondo 30km | 15km     | Rondo 60km | 15km     | Rondo 90km | Poz      | 1.2km | Parkowa 3.7km | Stadion 6.4km | Parkowa 8.9km | Stadion 11.6km | Parkowa 14.1km | Stadion 16.8km | Parkowa 19.3km | Parkowa 21.1km | Poz      | 113km    | Różn |             |                   |
| 1   | JĘDRASIEWICZ Jacek  | 228   | TRIATHLETES' PERFORMANCE | M30       | 1    | 00:31:03 | 4   | 00:03:17 | 00:21:30   | 00:42:09 | 01:03:52   | 01:24:33 | 01:46:12   | 02:07:32 | 2     | 00:02:50      | 00:04:58      | 00:14:49      | 00:25:14       | 00:35:00       | 00:45:38       | 00:55:50       | 01:06:19       | 01:16:46 | 01:19:15 | 2    | 04:03:57.05 |                   |
| 2   | NACZK Jakub         | 256   | #BEZKЛУBU                | M30       | 2    | 00:34:16 | 17  | 00:02:58 | 00:21:55   | 00:42:54 | 01:05:15   | 01:26:27 | 01:48:51   | 02:10:48 | 3     | 00:02:53      | 00:05:34      | 00:16:30      | 00:28:19       | 00:38:26       | 00:50:55       | 01:02:06       | 01:13:37       | 01:24:52 | 01:27:50 | 8    | 04:18:45.15 | +00:14:48 (5.7%)  |
| 3   | SAŻALSKI Piotr      | 259   | 1.GPR                    | M30       | 3    | 00:33:38 | 13  | 00:02:43 | 00:22:49   | 00:44:54 | 01:08:01   | 01:30:19 | 01:53:43   | 02:16:51 | 8     | 00:02:56      | 00:10:30      | 00:19:30      | 00:27:49       | 00:38:50       | 00:50:21       | 01:01:02       | 01:12:37       | 01:23:47 | 01:26:36 | 7    | 04:22:44.65 | +00:18:47 (7.2%)  |
| 4   | WRÓBLEWSKI Mateusz  | 232   | BEDNARSKI TRI TEAM       | M30       | 4    | 00:33:36 | 11  | 00:02:49 | 00:22:34   | 00:44:32 | 01:07:46   | 01:30:03 | 01:53:27   | 02:15:07 | 6     | 00:03:46      | 00:05:49      | 00:16:14      | 00:28:52       | 00:40:31       | 00:52:20       | 01:05:14       | 01:16:15       | 01:28:07 | 01:31:01 | 14   | 04:26:19.90 | +00:22:22 (8.4%)  |
| 5   | GLOSMANN Marius     | 332   |                          | M30       | 5    | 00:33:08 | 7   | 00:03:20 | 00:21:49   | 00:43:29 | 01:05:53   | 01:27:23 | 01:49:42   | 02:11:02 | 4     | 00:03:28      | 00:05:57      | 00:17:27      | 00:29:43       | 00:41:50       | 00:54:22       | 01:07:00       | 01:19:58       | 01:32:40 | 01:35:45 | 19   | 04:26:43.65 | +00:22:46 (8.5%)  |
| 6   | NOWAK Krzysztof     | 266   |                          | M30       | 6    | 00:33:53 | 15  | 00:05:11 | 00:24:02   | 00:47:16 | 01:11:04   | 01:34:22 | 01:58:16   | 02:21:53 | 14    | 00:03:38      | 00:05:55      | 00:18:25      | 00:27:55       | 00:38:53       | 00:50:18       | 01:00:53       | 01:12:13       | 01:23:04 | 01:25:59 | 6    | 04:30:34.00 | +00:26:36 (9.8%)  |
| 7   | LIPUTA Grzegorz     | 247   | ALOHA TRIATHLON TEAM     | M30       | 7    | 00:33:38 | 12  | 00:03:04 | 00:23:36   | 00:46:46 | 01:10:59   | 01:34:16 | 01:58:47   | 02:20:51 | 12    | 00:04:56      | 00:05:27      | 00:16:04      | 00:27:55       | 00:38:31       | 00:52:29       | 01:03:04       | 01:14:57       | 01:26:10 | 01:28:55 | 11   | 04:31:24.50 | +00:27:27 (10.1%) |
| 8   | SUCHECKI Łukasz     | 231   |                          | M30       | 8    | 00:37:34 | 34  | 00:04:04 | 00:23:07   | 00:46:02 | 01:10:09   | 01:32:51 | 01:56:37   | 02:20:19 | 10    | 00:03:02      | 00:05:47      | 00:16:30      | 00:29:28       | 00:41:31       | 00:53:10       | 01:04:58       | 01:16:59       | 01:28:25 | 01:31:05 | 15   | 04:36:04.50 | +00:32:07 (11.6%) |
| 9   | FIBNER Krzysztof    | 229   | DAWAJ KALACH TEAM        | M30       | 9    | 00:37:56 | 38  | 00:03:43 | 00:24:23   | 00:48:19 | 01:12:26   | 01:35:46 | 01:59:42   | 02:23:06 | 15    | 00:02:38      | 00:05:32      | 00:16:07      | 00:28:06       | 00:39:27       | 00:50:47       | 01:02:20       | 01:14:23       | 01:26:00 | 01:28:51 | 10   | 04:36:14.70 | +00:32:17 (11.7%) |
| 10  | ŻYŁA Tobiasz        | 220   | MIĘDZYRZECKIE GAZELE     | M30       | 10   | 00:37:09 | 33  | 00:04:17 | 00:24:39   | 00:48:52 | 01:14:29   | 01:39:17 | 02:04:57   | 02:30:13 | 26    | 00:03:44      | 00:05:26      | 00:15:57      | 00:26:44       | 00:37:31       | 00:48:23       | 00:59:12       | 01:10:23       | 01:21:23 | 01:24:03 | 5    | 04:39:26.80 | +00:35:29 (12.7%) |
| 11  | MEDYK Damian        | 250   |                          | M30       | 11   | 00:33:42 | 14  | 00:02:56 | 00:24:23   | 00:48:30 | 01:13:44   | 01:37:45 | 02:01:54   | 02:26:27 | 21    | 00:03:18      | 00:05:48      | 00:16:14      | 00:29:14       | 00:40:46       | 00:52:56       | 01:05:11       | 01:17:48       | 01:30:29 | 01:33:41 | 17   | 04:40:04.20 | +00:36:07 (12.9%) |
| 12  | JĘCZMIONKA Szymon   | 271   | TRI GRUPA                | M30       | 12   | 00:34:32 | 19  | 00:03:10 | 00:24:50   | 00:49:05 | 01:13:00   | 01:36:47 | 02:01:03   | 02:25:09 | 18    | 00:02:27      | 00:06:49      | 00:18:17      | 00:31:50       | 00:44:17       | 00:57:00       | 01:09:47       | 01:23:18       | 01:36:02 | 01:39:14 | 26   | 04:44:32.80 | +00:40:35 (14.3%) |
| 13  | JOACHIMIAK Marek    | 227   | TRITOGO                  | M30       | 13   | 00:38:08 | 41  | 00:02:45 | 00:24:51   | 00:48:27 | 01:13:08   | 01:36:12 | 02:00:13   | 02:23:50 | 16    | 00:04:25      | 00:05:54      | 00:19:03      | 00:30:28       | 00:42:33       | 00:55:01       | 01:07:33       | 01:20:14       | 01:32:39 | 01:35:49 | 21   | 04:44:57.90 | +00:41:00 (14.4%) |
| 14  | KRAJNA Paweł        | 273   | TRITOGO                  | M30       | 14   | 00:36:53 | 29  | 00:03:55 | 00:24:57   | 00:48:45 | 01:13:21   | 01:36:33 | 02:00:35   | 02:24:13 | 17    | 00:03:24      | 00:06:29      | 00:18:01      | 00:30:58       | 00:43:18       | 00:56:14       | 01:08:34       | 01:21:19       | 01:34:08 | 01:37:18 | 25   | 04:45:43.60 | +00:41:46 (14.6%) |
| 15  | BIELEC Adam         | 248   | KCALOKILERZY             | M30       | 15   | 00:36:49 | 28  | 00:03:49 | 00:25:03   | 00:48:54 | 01:13:31   | 01:37:15 | 02:02:34   | 02:27:42 | 23    | 00:03:27      | 00:06:14      | 00:17:33      | 00:30:39       | 00:42:52       | 00:55:27       | 01:07:48       | 01:20:43       | 01:33:20 | 01:36:33 | 23   | 04:48:20.25 | +00:44:23 (15.4%) |
| 16  | ŁUCZAK Adam         | 264   | MAVERICKS                | M30       | 16   | 00:39:44 | 55  | 00:03:53 | 00:23:17   | 00:46:27 | 01:10:20   | 01:33:48 | 01:57:36   | 02:20:43 | 11    | 00:03:49      | 00:05:58      | 00:17:11      | 00:30:57       | 00:43:54       | 00:57:17       | 01:10:20       | 01:24:01       | 01:37:38 | 01:40:54 | 31   | 04:49:03.85 | +00:45:06 (15.6%) |
| 17  | BĄBELEK Mariusz     | 236   | MIĘDZYRZECKIE GAZELE     | M30       | 17   | 00:38:00 | 39  | 00:03:07 | 00:25:31   | 00:50:42 | 01:16:38   | 01:42:15 | 02:08:45   | 02:35:34 | 35    | 00:02:56      | 00:05:52      | 00:17:21      | 00:27:54       | 00:41:08       | 00:53:07       | 01:05:04       | 01:19:27       | 01:31:24 | 01:34:30 | 18   | 04:54:07.85 | +00:50:10 (17.1%) |
| 18  | RUŻYŁO Patryk       | 251   | PTSTUDIO                 | M30       | 18   | 00:40:46 | 65  | 00:03:30 | 00:24:22   | 00:47:57 | 01:12:32   | 01:36:56 | 02:02:37   | 02:27:54 | 24    | 00:03:04      | 00:06:02      | 00:18:20      | 00:30:51       | 00:43:15       | 00:56:21       | 01:09:30       | 01:23:40       | 01:36:56 | 01:40:18 | 27   | 04:55:32.15 | +00:51:35 (17.5%) |
| 19  | GLENC Rafał         | 252   | SILESIA TRIATHLON TEAM   | M30       | 19   | 00:39:22 | 53  | 00:03:33 | 00:25:06   | 00:49:04 | 01:14:31   | 01:39:21 | 02:05:24   | 02:30:34 | 27    | 00:02:34      | 00:06:12      | 00:18:30      | 00:31:10       | 00:44:08       | 00:57:22       | 01:10:39       | 01:24:26       | 01:37:51 | 01:41:24 | 33   | 04:57:27.15 | +00:53:30 (18.0%) |
| 20  | SKROBAŃSKI Jakub    | 222   |                          | M30       | 20   | 00:32:54 | 6   | 00:03:19 | 00:25:46   | 00:50:55 | 01:17:51   | 01:43:56 | 02:11:36   | 02:37:47 | 41    | 00:02:54      | 00:07:01      | 00:19:30      | 00:32:26       | 00:45:21       | 00:58:49       | 01:11:58       | 01:26:11       | 01:39:43 | 01:43:02 | 38   | 04:59:56.95 | +00:55:59 (18.7%) |
| 21  | HERTRAMP Maximilian | 707   |                          | M30       | 21   | 00:37:35 | 35  | 00:03:49 | 00:26:16   | 00:51:51 | 01:18:15   | 01:44:23 | 02:11:47   | 02:38:20 | 44    | 00:03:55      | 00:06:37      | 00:20:33      | 00:32:29       | 00:45:24       | 00:58:10       | 01:10:59       | 01:24:47       | 01:37:48 | 01:41:08 | 32   | 05:04:47.65 | +01:00:50 (20.0%) |
| 22  | WYSOCKI Piotr       | 257   |                          | M30       | 22   | 00:40:46 | 64  | 00:03:31 | 00:26:01   | 00:51:01 | 01:17:15   | 01:42:24 | 02:08:32   | 02:34:25 | 34    | 00:03:26      | 00:06:32      | 00:18:57      | 00:32:05       | 00:45:21       | 00:59:08       | 01:12:31       | 01:26:15       | 01:39:33 | 01:42:56 | 37   | 05:05:04.85 | +01:01:07 (20.0%) |
| 23  | NOWACZYŃSKI Bartosz | 223   |                          | M30       | 23   | 00:39:15 | 52  | 00:03:42 | 00:25:24   | 00:50:00 | 01:15:37   | 01:40:06 | 02:06:00   | 02:31:37 | 30    | 00:03:27      | 00:06:42      | 00:19:57      | 00:33:23       | 00:45:51       | 01:00:51       | 01:14:44       | 01:29:27       | 01:43:41 | 01:47:18 | 52   | 05:05:19.90 | +01:01:22 (20.1%) |
| 24  | MARCINIAK Kuba      | 225   |                          | M30       | 24   | 00:36:57 | 30  | 00:03:04 | 00:25:28   | 00:50:27 | 01:16:47   | 01:42:46 | 02:10:15   | 02:37:11 | 37    | 00:03:34      | 00:07:19      | 00:19:27      | 00:32:10       | 00:45:20       | 00:59:01       | 01:13:39       | 01:29:27       | 01:44:37 | 01:48:23 | 54   | 05:09:09.20 | +01:05:12 (21.1%) |
| 25  | KAMIŃSKI Paweł      | 272   | ITSTART.EU               | M30       | 25   | 00:38:21 | 43  | 00:03:10 | 00:25:42   | 00:51:10 | 01:17:55   | 01:43:54 | 02:11:31   | 02:39:10 | 46    | 00:04:10      | 00:07:25      | 00:19:16      | 00:32:20       | 00:45:40       | 00:59:25       | 01:13:16       | 01:27:47       | 01:41:56 | 01:45:49 | 46   | 05:10:40.15 | +01:06:43 (21.5%) |
| 26  | KANICKI Tomasz      | 254   | PT STUDIO                | M30       | 26   | 00:36:58 | 31  | 00:04:26 | 00:26:27   | 00:51:18 | 01:17:52   | 01:43:23 | 02:10:42   | 02:37:39 | 39    | 00:03:25      | 00:06:09      | 00:19:56      | 00:34:18       | 00:47:24       | 01:01:33       | 01:15:27       | 01:30:40       | 01:45:14 | 01:48:41 | 57   | 05:11:09.35 | +01:07:12 (21.6%) |
| 27  | WÓJCIK Michał       | 712   |                          | M30       | 27   | 00:41:36 | 70  | 00:06:14 | 00:27:20   | 00:53:31 | 01:21:28   | 01:48:17 | 02:15:54   | 02:43:10 | 57    | 00:04:22      | 00:05:45      | 00:17:57      | 00:29:58       | 00:41:57       | 00:54:39       | 01:07:02       | 01:19:55       | 01:32:30 | 01:35:48 | 20   | 05:11:10.30 | +01:07:13 (21.6%) |
| 28  | GAŚSIOROWSKI Michał | 263   | SPECTRUM MIĘDZYRZECZ     | M30       | 28   | 00:39:22 | 54  | 00:05:58 | 00:26:37   | 00:52:13 | 01:18:32   | 01:44:06 | 02:09:56   | 02:36:12 | 36    | 00:04:06      | 00:07:10      | 00:20:13      | 00:33:31       | 00:46:52       | 01:00:25       | 01:13:43       | 01:28:12       | 01:42:31 | 01:46:05 | 48   | 05:11:43.50 | +01:07:46 (21.7%) |

|    |                        |     |                           |     | Pływanie |          | Rower |          |          |          |          |          |          | Bieg            |            |          |          |          |          |          |          |          |          |          |                 |            |                    |                      |  |
|----|------------------------|-----|---------------------------|-----|----------|----------|-------|----------|----------|----------|----------|----------|----------|-----------------|------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-----------------|------------|--------------------|----------------------|--|
| 29 | GZYL Jakub             | 261 | EGZYL.POLSKA              | M30 | 29       | 00:35:47 | 23    | 00:04:40 | 00:25:16 | 00:49:19 | 01:15:05 | 01:40:05 | 02:05:52 | <b>02:47:39</b> | <b>70</b>  | 00:05:08 | 00:06:16 | 00:18:49 | 00:31:46 | 00:44:20 | 00:57:43 | 01:10:45 | 01:24:37 | 01:38:02 | <b>01:41:45</b> | <b>34</b>  | <b>05:14:59.35</b> | +01:11:02<br>(22.6%) |  |
| 30 | POPŁAWSKI Przemysław   | 246 |                           | M30 | 30       | 00:42:56 | 78    | 00:03:40 | 00:27:21 | 00:54:57 | 01:22:53 | 01:50:55 | 02:19:28 | <b>02:46:33</b> | <b>64</b>  | 00:03:56 | 00:06:25 | 00:19:22 | 00:32:17 | 00:45:11 | 00:59:40 | 01:12:44 | 01:26:06 | 01:39:02 | <b>01:42:15</b> | <b>35</b>  | <b>05:19:20.60</b> | +01:15:23<br>(23.6%) |  |
| 31 | PIECHOWIAK Jakub       | 234 |                           | M30 | 31       | 00:36:01 | 24    | 00:07:18 | 00:27:16 | 00:53:46 | 01:21:29 | 01:48:18 | 02:15:51 | <b>02:43:12</b> | <b>58</b>  | 00:04:20 | 00:07:43 | 00:21:08 | 00:34:47 | 00:48:18 | 01:03:23 | 01:17:11 | 01:31:40 | 01:45:44 | <b>01:49:12</b> | <b>59</b>  | <b>05:20:03.45</b> | +01:16:06<br>(23.8%) |  |
| 32 | SZAPIEL Andrzej        | 242 | LUK-CONNECT TRI           | M30 | 32       | 00:34:20 | 18    | 00:05:50 | 00:24:19 | 00:49:08 | 01:18:52 | 01:44:35 | 02:12:23 | <b>02:42:21</b> | <b>56</b>  | 00:07:05 | 00:06:19 | 00:19:09 | 00:33:03 | 00:47:23 | 01:01:36 | 01:16:00 | 01:31:16 | 01:46:28 | <b>01:50:46</b> | <b>62</b>  | <b>05:20:22.85</b> | +01:16:25<br>(23.9%) |  |
| 33 | CHART-OLASINSKI Maciej | 244 |                           | M30 | 33       | 00:38:40 | 45    | 00:05:57 | 00:27:15 | 00:54:28 | 01:22:39 | 01:50:14 | 02:18:41 | <b>02:46:51</b> | <b>65</b>  | 00:03:57 | 00:06:46 | 00:19:03 | 00:33:55 | 00:47:40 | 01:02:19 | 01:16:32 | 01:31:31 | 01:46:32 | <b>01:50:14</b> | <b>60</b>  | <b>05:25:39.10</b> | +01:21:42<br>(25.1%) |  |
| 34 | STACHOWIAK Paweł       | 262 |                           | M30 | 34       | 00:41:38 | 71    | 00:07:26 | 00:26:46 | 00:52:43 | 01:20:00 | 01:46:43 | 02:14:11 | <b>02:40:42</b> | <b>49</b>  | 00:05:45 | 00:08:05 | 00:21:54 | 00:34:31 | 00:49:44 | 01:04:36 | 01:19:28 | 01:34:31 | 01:50:01 | <b>01:53:33</b> | <b>70</b>  | <b>05:29:04.60</b> | +01:25:07<br>(25.9%) |  |
| 35 | WINCZA Cezary          | 267 |                           | M30 | 35       | 00:43:22 | 83    | 00:06:46 | 00:25:45 | 00:51:20 | 01:18:14 | 01:44:15 | 02:09:24 | <b>02:37:41</b> | <b>40</b>  | 00:07:13 | 00:07:39 | 00:21:28 | 00:35:34 | 00:49:38 | 01:04:32 | 01:19:13 | 01:35:14 | 01:51:07 | <b>01:55:04</b> | <b>73</b>  | <b>05:30:06.95</b> | +01:26:09<br>(26.1%) |  |
| 36 | DUDEK Mariusz          | 245 |                           | M30 | 36       | 00:36:13 | 25    | 00:05:13 | 00:26:54 | 00:54:02 | 01:23:28 | 01:52:37 | 02:22:48 | <b>02:52:14</b> | <b>76</b>  | 00:05:34 | 00:07:22 | 00:21:59 | 00:37:02 | 00:52:03 | 01:07:39 | 01:23:03 | 01:39:08 | 01:54:28 | <b>01:58:07</b> | <b>79</b>  | <b>05:37:21.20</b> | +01:33:24<br>(27.7%) |  |
| 37 | SŁOWIK Michał          | 258 | TRITOGO                   | M30 | 37       | 00:44:14 | 88    | 00:04:24 | 00:28:20 | 00:55:53 | 01:22:53 | 01:49:41 | 02:17:59 | <b>02:46:29</b> | <b>63</b>  | 00:04:37 | 00:07:12 | 00:21:45 | 00:36:51 | 00:51:40 | 01:08:29 | 01:25:13 | 01:42:34 | 01:58:35 | <b>02:02:28</b> | <b>84</b>  | <b>05:42:12.65</b> | +01:38:15<br>(28.7%) |  |
| 38 | NOWAK Aleksander       | 270 | GOOD JOB ALEKSANDER NOWAK | M30 | 38       | 00:38:45 | 46    | 00:04:34 | 00:26:49 | 00:52:58 | 01:20:47 | 01:46:57 | 02:15:35 | <b>02:42:12</b> | <b>54</b>  | 00:05:06 | 00:08:58 | 00:25:16 | 00:41:47 | 00:58:52 | 01:15:39 | 01:32:39 | 01:51:34 | 02:10:48 | <b>02:15:41</b> | <b>103</b> | <b>05:46:18.95</b> | +01:42:21<br>(29.6%) |  |
| 39 | OCET Wiktor            | 249 |                           | M30 | 39       | 00:41:11 | 66    | 00:05:57 | 00:29:35 | 00:59:56 | 01:30:52 | 02:02:22 | 02:35:33 | <b>03:08:51</b> | <b>109</b> | 00:08:32 | 00:08:12 | 00:22:24 | 00:36:40 | 00:51:20 | 01:05:09 | 01:18:53 | 01:32:51 | 01:45:21 | <b>01:48:24</b> | <b>55</b>  | <b>05:52:55.10</b> | +01:48:58<br>(30.9%) |  |
| 40 | BERNACKI Bartosz       | 239 |                           | M30 | 40       | 00:45:16 | 91    | 00:05:45 | 00:27:41 | 00:54:10 | 01:23:00 | 01:51:44 | 02:22:13 | <b>02:52:19</b> | <b>77</b>  | 00:04:32 | 00:07:22 | 00:24:15 | 00:42:17 | 00:58:36 | 01:15:04 | 01:31:41 | 01:48:06 | 02:03:04 | <b>02:06:51</b> | <b>94</b>  | <b>05:54:43.00</b> | +01:50:45<br>(31.2%) |  |
| 41 | BERNACKI Patryk        | 221 |                           | M30 | 41       | 00:45:52 | 93    | 00:06:55 | 00:28:00 | 00:55:23 | 01:24:27 | 01:53:06 | 02:22:59 | <b>02:52:10</b> | <b>75</b>  | 00:07:09 | 00:07:22 | 00:22:02 | 00:39:12 | 00:54:56 | 01:12:09 | 01:27:46 | 01:43:53 | 01:58:50 | <b>02:02:38</b> | <b>85</b>  | <b>05:54:44.75</b> | +01:50:47<br>(31.2%) |  |
| 42 | RASZKE Łukasz          | 269 | REAL TEAM                 | M30 | 42       | 00:57:34 | 119   | 00:05:14 | 00:28:23 | 00:56:11 | 01:25:30 | 01:53:52 | 02:23:57 | <b>02:54:57</b> | <b>83</b>  | 00:03:47 | 00:07:18 | 00:21:14 | 00:35:36 | 00:49:38 | 01:04:28 | 01:19:07 | 01:35:12 | 01:49:56 | <b>01:53:31</b> | <b>69</b>  | <b>05:55:03.50</b> | +01:51:06<br>(31.3%) |  |
| 43 | KAZMIERCZAK Oskar      | 224 |                           | M30 | 43       | 00:40:25 | 60    | 00:04:28 | 00:27:59 | 00:56:47 | 01:27:14 | 01:55:53 | 02:27:09 | <b>02:56:13</b> | <b>84</b>  | 00:04:00 | 00:08:17 | 00:24:57 | 00:42:29 | 01:00:58 | 01:20:49 | 01:39:57 | 02:01:11 | 02:19:27 | <b>02:23:42</b> | <b>109</b> | <b>06:08:48.90</b> | +02:04:51<br>(33.9%) |  |
| 44 | RYBKA Przemysław       | 265 | ERA                       | M30 | 44       | 00:49:40 | 111   | 00:08:01 | 00:28:07 | 00:56:11 | 01:26:56 | 01:54:56 | 02:27:14 | <b>02:56:32</b> | <b>85</b>  | 00:06:40 | 00:07:42 | 00:22:43 | 00:39:10 | 00:55:24 | 01:13:10 | 01:31:19 | 01:49:38 | 02:06:46 | <b>02:10:47</b> | <b>98</b>  | <b>06:11:40.85</b> | +02:07:43<br>(34.4%) |  |
| 45 | MIELCZAREK Jakub       | 241 |                           | M30 | 45       | 00:45:38 | 92    | 00:07:21 | 00:28:47 | 00:57:10 | 01:27:07 | 01:56:50 | 02:27:39 | <b>02:59:30</b> | <b>94</b>  | 00:04:44 | 00:08:04 | 00:26:37 | 00:43:36 | 01:00:46 | 01:18:15 | 01:35:32 | 01:53:57 | 02:12:47 | <b>02:17:25</b> | <b>106</b> | <b>06:14:38.80</b> | +02:10:41<br>(34.9%) |  |
| 46 | ROKITA Wojciech        | 230 |                           | M30 | 46       | 00:47:40 | 104   | 00:06:36 | 00:31:35 | 01:01:50 | 01:33:57 | 02:04:01 | 02:37:29 | <b>03:13:06</b> | <b>114</b> | 00:04:19 | 00:07:55 | 00:22:36 | 00:38:25 | 00:53:21 | 01:09:10 | 01:26:20 | 01:42:49 | 01:58:50 | <b>02:03:06</b> | <b>87</b>  | <b>06:14:47.00</b> | +02:10:49<br>(34.9%) |  |
| 47 | ZUBER Kamil            | 219 |                           | M30 | 47       | 00:47:41 | 105   | 00:05:58 | 00:32:20 | 01:04:00 | 01:34:53 | 02:06:14 | 02:39:56 | <b>03:13:45</b> | <b>116</b> | 00:04:44 | 00:07:29 | 00:22:10 | 00:37:20 | 00:52:56 | 01:10:13 | 01:26:11 | 01:42:20 | 01:58:24 | <b>02:02:40</b> | <b>86</b>  | <b>06:14:48.60</b> | +02:10:51<br>(34.9%) |  |
| 48 | ZIENKIEWICZ Marcin     | 240 | SPRING EUROPE             | M30 | 48       | 00:44:24 | 89    | 00:05:54 | 00:29:16 | 00:57:30 | 01:27:14 | 01:56:48 | 02:36:11 | <b>02:59:54</b> | <b>95</b>  | 00:05:22 | 00:07:51 | 00:24:36 | 00:42:00 | 00:59:11 | 01:19:42 | 01:38:51 | 02:00:24 | 02:20:32 | <b>02:25:28</b> | <b>110</b> | <b>06:21:02.55</b> | +02:17:05<br>(36.0%) |  |
| 49 | WITA Filip             | 253 |                           | M30 | 49       | 00:58:19 | 120   | 00:09:24 | 00:34:01 | 01:04:26 | 01:36:05 | 02:06:33 | 02:38:38 | <b>03:12:07</b> | <b>113</b> | 00:08:17 | 00:08:04 | 00:24:29 | 00:41:22 | 00:58:36 | 01:16:38 | 01:35:57 | 01:54:46 | 02:13:25 | <b>02:17:51</b> | <b>107</b> | <b>06:45:58.25</b> | +02:42:01<br>(39.9%) |  |
|    | WRÓBLEWSKI Antoni      | 243 |                           | M30 |          | 00:38:47 | 47    | 00:04:52 | 00:27:38 | 00:54:47 | 01:25:01 | 01:54:01 | 02:27:20 | <b>02:58:02</b> | <b>90</b>  | 00:05:21 | 00:07:20 |          |          |          |          |          |          |          |                 |            |                    | DNF                  |  |
|    | WASILEWSKI Michał      | 274 | 7NUTRITION TEAM           | M30 |          |          |       |          |          |          |          |          |          |                 |            |          |          |          |          |          |          |          |          |          |                 |            |                    | DNF                  |  |

Znaleziono 51 wynik(ów)