

POLSKAMAN TRIATHLON WOLSZTYN - ŚREDNI

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

PolskaMan Triathlon Wolsztyn
ROBUSTUS Sp. z o.o. Sp. k.
2021-08-15
Wolsztyn
113 km

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN - M

Punkt pomiarowy: 98,3 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Pływanie | | | Rower | | | | | | Bieg | | | | |
|-----|----------------------------|------------|--------------------------------|-----------|-----------------|-----|----------|-------------|---------------|-------------|---------------|-------------|-----------------|-----------|----------|------------------|------------------|------------------|
| | | | | | 1.9km | Poz | | S17 15km | Rondo 30km | S17 45km | Rondo 60km | S17 75km | Rondo 90km | Poz | | Stadion 1.2km | Parkowa 3.7km | Stadion 6.4km |
| DQ | SŁUPIK Tomasz | 192 | ENDLESS PAIN | M18 | DQ | 1 | DQ | DQ | DQ | DQ | DQ | DQ | DQ | 2 | DQ | DQ | DQ | DQ |
| 2 | IMIANOWSKI Konrad | 130 | | M18 | 00:30:52 | 6 | 00:02:33 | 00:21:39 | 00:43:09 | 01:05:25 | 01:27:18 | 01:50:12 | 02:13:11 | 3 | 00:02:19 | 00:05:43 | 00:16:17 | 00:27:04 |
| 3 | JADACH Michał | 133 | TWISTERTEAM | M30 | 00:33:02 | 17 | 00:02:38 | 00:22:31 | 00:44:39 | 01:07:25 | 01:29:43 | 01:52:35 | 02:15:10 | 5 | 00:02:40 | 00:05:18 | 00:15:47 | 00:26:32 |
| 4 | WÓJTOWICZ Wojciech | 210 | PATRA GROUP WOJCIECH WÓJTOWICZ | M30 | 00:31:14 | 8 | 00:03:03 | 00:22:15 | 00:44:05 | 01:06:45 | 01:29:03 | 01:52:02 | 02:15:01 | 4 | 00:02:33 | 00:06:12 | 00:18:39 | 00:32:01 |
| 5 | TOMCZAK Krystian | 204 | 12 | M18 | 00:32:55 | 15 | 00:02:42 | 00:22:14 | 00:44:55 | 01:08:19 | 01:30:58 | 01:54:35 | 02:17:54 | 7 | 00:02:13 | 00:05:50 | 00:17:22 | 00:29:20 |
| 6 | GRZYBEK Lukasz | 126 | IM INSPIRATION | M40 | 00:39:53 | 66 | 00:00:19 | 00:22:38 | 00:44:37 | 01:07:16 | 01:29:39 | 01:52:59 | 02:15:31 | 6 | 00:03:07 | 00:05:16 | 00:15:58 | 00:26:43 |
| 7 | TOMASZEWSKI Mikołaj | 607 | | M30 | 00:32:06 | 12 | 00:03:45 | 00:23:36 | 00:46:26 | 01:09:51 | 01:32:58 | 01:56:41 | 02:19:55 | 12 | 00:02:33 | 00:05:18 | 00:16:22 | 00:27:25 |
| 8 | OBUCHOWICZ Artur | 169 | TRIATHLONOWYTATA | M40 | 00:30:18 | 3 | 00:03:34 | 00:23:19 | 00:46:23 | 01:10:00 | 01:33:23 | 01:57:36 | 02:20:57 | 15 | 00:02:28 | 00:05:42 | 00:17:04 | 00:28:34 |
| 9 | SAŻAŁSKI Piotr | 188 | 1.GPR | M30 | 00:33:08 | 20 | 00:03:08 | 00:23:03 | 00:45:56 | 01:09:20 | 01:32:34 | 01:56:10 | 02:19:25 | 10 | 00:02:24 | 00:05:56 | 00:17:42 | 00:29:31 |
| 10 | SARBAK Bartosz | 602 | | M18 | 00:29:57 | 2 | 00:02:39 | 00:23:43 | 00:46:36 | 01:10:23 | 01:34:11 | 01:58:56 | 02:23:10 | 20 | 00:02:21 | 00:05:35 | 00:18:28 | 00:29:52 |
| 11 | ZADKA Paweł | 615 | | M30 | 00:34:32 | 29 | 00:02:55 | 00:23:17 | 00:46:28 | 01:10:13 | 01:33:29 | 01:57:31 | 02:21:12 | 16 | 00:03:01 | 00:05:46 | 00:17:26 | 00:29:19 |
| 12 | MESSYASZ Krzysztof | 608 | | M40 | 00:34:36 | 31 | 00:02:57 | 00:23:05 | 00:45:51 | 01:09:35 | 01:32:33 | 01:56:38 | 02:19:57 | 13 | 00:03:02 | 00:05:57 | 00:18:16 | 00:31:33 |
| 13 | ŁAZOWSKI Adrian | 156 | SKS OBORNIKI | M30 | 00:34:24 | 25 | 00:03:07 | 00:23:24 | 00:46:39 | 01:10:54 | 01:34:34 | 01:59:23 | 02:23:59 | 22 | 00:02:35 | 00:06:09 | 00:17:48 | 00:29:50 |
| 14 | RYŚ Sebastian | 186 | IRONPARA/ŻYCIÓWKA | M40 | 00:31:47 | 9 | 00:03:36 | 00:23:21 | 00:46:31 | 01:10:09 | 01:33:24 | 01:57:07 | 02:20:47 | 14 | 00:02:38 | 00:06:58 | 00:20:47 | 00:35:09 |
| 15 | RYNKO Paweł | 185 | NAJNOWICZ TRIATHLON | M40 | 00:34:47 | 33 | 00:03:16 | 00:23:25 | 00:46:37 | 01:10:39 | 01:34:04 | 01:58:32 | 02:22:59 | 17 | 00:03:10 | 00:05:43 | 00:17:35 | 00:29:48 |
| 16 | SZCZUPAK Dominik | 199 | EDI TEAM | M40 | 00:34:30 | 28 | 00:03:30 | 00:23:05 | 00:46:16 | 01:10:46 | 01:34:48 | 02:00:10 | 02:24:58 | 25 | 00:02:16 | 00:05:49 | 00:17:30 | 00:29:26 |
| 17 | SIATECKI Paweł | 189 | | M18 | 00:41:57 | 79 | 00:02:58 | 00:23:03 | 00:46:01 | 01:09:31 | 01:32:20 | 01:55:28 | 02:18:31 | 9 | 00:02:31 | 00:05:35 | 00:17:03 | 00:29:02 |
| 18 | SKROBACZ Przemek | 191 | | M30 | 00:31:57 | 10 | 00:03:09 | 00:23:35 | 00:46:59 | 01:11:08 | 01:34:46 | 01:59:13 | 02:23:18 | 21 | 00:03:00 | 00:06:34 | 00:19:53 | 00:33:36 |
| 19 | KOSOWSKI Marcin | 147 | MBC TEAM | M30 | 00:31:57 | 11 | 00:03:34 | 00:23:42 | 00:47:04 | 01:11:33 | 01:35:27 | 02:00:26 | 02:25:13 | 26 | 00:02:33 | 00:06:12 | 00:18:50 | 00:31:48 |
| 20 | MATYSIAK Robert | 161 | POWER OF SCIENCE | M40 | 00:37:11 | 46 | 00:03:42 | 00:22:56 | 00:45:36 | 01:09:02 | 01:32:09 | 01:56:17 | 02:19:48 | 11 | 00:02:38 | 00:06:10 | 00:18:52 | 00:31:54 |
| 21 | GZYL Jakub | 127 | EGZYL.POLSKA | M30 | 00:34:34 | 30 | 00:03:35 | 00:23:26 | 00:46:42 | 01:10:38 | 01:34:01 | 01:58:39 | 02:23:03 | 18 | 00:02:34 | 00:06:17 | 00:19:01 | 00:32:11 |

| | | | | Pływanie | | | | Rower | | | | | | | Bieg | | | Czas | |
|----|----------------------|-----|---------------------------------------|----------|----------|----|----------|----------|----------|----------|----------|----------|----------|----|----------|----------|----------|----------|--|
| 22 | MARKOWSKI Wojciech | 160 | MARCUS TEAM/IM INSPIRATION | M30 | 00:42:43 | 81 | 00:03:16 | 00:23:19 | 00:46:21 | 01:09:57 | 01:32:28 | 01:55:33 | 02:18:30 | 8 | 00:02:25 | 00:05:54 | 00:17:30 | 00:29:07 | |
| 23 | HAWROT Sylwester | 128 | | M50 | 00:30:58 | 7 | 00:03:15 | 00:24:58 | 00:49:42 | 01:14:40 | 01:39:10 | 02:04:55 | 02:30:04 | 35 | 00:02:22 | 00:05:57 | 00:17:48 | 00:29:41 | |
| 24 | MEDYK Damian | 162 | | M30 | 00:32:08 | 13 | 00:02:59 | 00:24:48 | 00:49:22 | 01:14:35 | 01:39:03 | 02:04:25 | 02:29:22 | 32 | 00:02:51 | 00:05:58 | 00:17:54 | 00:30:05 | |
| 25 | WŁODARCZYK Piotr | 612 | | M40 | 00:34:29 | 26 | 00:03:22 | 00:23:37 | 00:46:54 | 01:11:10 | 01:34:53 | 02:00:12 | 02:24:46 | 24 | 00:03:48 | 00:06:12 | 00:18:37 | 00:31:20 | |
| 26 | SABAT Piotr | 187 | | M30 | 00:30:44 | 5 | 00:03:10 | 00:24:30 | 00:48:26 | 01:13:00 | 01:37:44 | 02:03:43 | 02:28:53 | 30 | 00:03:13 | 00:05:39 | 00:17:45 | 00:31:50 | |
| 27 | ANDRZEJCZAK Adam | 100 | 3M TRIATHLON TEAM | M30 | 00:34:21 | 24 | 00:03:49 | 00:24:42 | 00:48:56 | 01:13:49 | 01:38:10 | 02:03:19 | 02:27:49 | 29 | 00:02:43 | 00:05:52 | 00:17:25 | 00:29:12 | |
| 28 | WRÓBLEWSKI Mateusz | 211 | BEDNARSKI TRI TEAM | M30 | 00:39:26 | 61 | 00:02:34 | 00:23:55 | 00:47:48 | 01:12:02 | 01:35:13 | 01:59:20 | 02:23:05 | 19 | 00:02:57 | 00:06:07 | 00:18:00 | 00:30:15 | |
| 29 | KOZAKIEWICZ Ireneusz | 148 | KWIDZYN BIEGA/4TRITEAM | M40 | 00:36:09 | 40 | 00:03:29 | 00:24:04 | 00:46:59 | 01:10:15 | 01:33:59 | 01:58:28 | 02:24:00 | 23 | 00:03:02 | 00:07:02 | 00:19:41 | 00:32:50 | |
| 30 | DZIUB Marcin | 610 | | M40 | 00:41:04 | 72 | 00:02:48 | 00:04:06 | 00:27:08 | 00:51:28 | 01:15:23 | 01:40:14 | 02:04:40 | 1 | 00:02:35 | 00:06:01 | 00:17:11 | 00:29:10 | |
| 31 | SMORAWIŃSKI Wojtek | 194 | BMW SMORAWIŃSKI | M30 | 00:33:02 | 16 | 00:03:50 | 00:24:50 | 00:49:29 | 01:14:48 | 01:39:29 | 02:04:59 | 02:30:33 | 37 | 00:03:00 | 00:06:38 | 00:20:27 | 00:34:55 | |
| 32 | LUBOS Michał | 154 | HABASIT | M30 | 00:38:36 | 53 | 00:02:44 | 00:23:43 | 00:47:29 | 01:12:29 | 01:36:40 | 02:02:38 | 02:27:45 | 28 | 00:02:21 | 00:07:03 | 00:20:48 | 00:34:26 | |
| 33 | KORFINI Irek | 206 | GARBSEN | M50 | 00:34:20 | 23 | 00:03:19 | 00:24:10 | 00:52:17 | 01:18:20 | 01:43:33 | 02:09:47 | 02:34:57 | 47 | 00:03:59 | 00:06:03 | 00:17:49 | 00:29:51 | |
| 34 | NASKRĘTSKI Andrzej | 164 | #TRIMP - TRIATHLON IMPULSE | M40 | 00:37:32 | 48 | 00:03:40 | 00:24:45 | 00:49:07 | 01:14:10 | 01:39:12 | 02:04:43 | 02:29:44 | 34 | 00:02:30 | 00:06:32 | 00:19:41 | 00:33:13 | |
| 35 | DWOJAK Marcin | 108 | BMW SMORAWIŃSKI | M40 | 00:32:37 | 14 | 00:03:19 | 00:25:44 | 00:51:08 | 01:17:03 | 01:43:06 | 02:10:14 | 02:36:40 | 54 | 00:02:52 | 00:06:28 | 00:19:47 | 00:33:12 | |
| 36 | GARCZAREK Tomasz | 114 | PIĘKNI I MŁODZI | M40 | 00:41:39 | 75 | 00:03:52 | 00:24:08 | 00:48:11 | 01:13:30 | 01:38:04 | 02:03:48 | 02:28:59 | 31 | 00:02:53 | 00:06:19 | 00:18:44 | 00:31:29 | |
| 37 | TOMAKA Bogusław | 203 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | M40 | 00:39:52 | 65 | 00:02:43 | 00:25:03 | 00:49:46 | 01:15:59 | 01:41:24 | 02:07:19 | 02:32:21 | 42 | 00:02:36 | 00:06:32 | 00:18:46 | 00:31:25 | |
| 38 | BIENIAS Łukasz | 102 | GOSWIMRUN.POLSKA | M30 | 00:33:07 | 19 | 00:04:04 | 00:24:52 | 00:50:46 | 01:17:26 | 01:42:53 | 02:08:18 | 02:34:28 | 45 | 00:03:44 | 00:06:34 | 00:20:02 | 00:33:52 | |
| 39 | GÓRSKI Łukasz | 121 | AHL-ŁUKASZ GÓRSKI | M30 | 00:35:03 | 36 | 00:03:58 | 00:25:40 | 00:50:50 | 01:17:25 | 01:42:46 | 02:09:44 | 02:35:53 | 51 | 00:02:31 | 00:06:35 | 00:19:34 | 00:32:47 | |
| 40 | GLENC Rafał | 117 | | M30 | 00:36:14 | 41 | 00:03:22 | 00:25:22 | 00:50:53 | 01:17:15 | 01:43:24 | 02:10:02 | 02:36:11 | 53 | 00:02:30 | 00:06:11 | 00:18:56 | 00:32:18 | |
| 41 | ŁUCZAK Adam | 157 | MAVERICKS | M30 | 00:41:40 | 76 | 00:03:38 | 00:24:21 | 00:48:49 | 01:14:03 | 01:38:48 | 02:04:32 | 02:30:31 | 36 | 00:02:54 | 00:06:12 | 00:18:53 | 00:32:21 | |
| 42 | NOWICKI Tomasz | 168 | SZWLA STARGARD | M50 | 00:37:57 | 50 | 00:03:48 | 00:26:37 | 00:51:30 | 01:17:35 | 01:42:34 | 02:08:31 | 02:33:29 | 44 | 00:02:51 | 00:06:42 | 00:20:06 | 00:33:59 | |
| 43 | KOMPA Marcin | 145 | IMINSPIRATION | M18 | 00:33:04 | 18 | 00:03:16 | 00:25:39 | 00:51:11 | 01:17:50 | 01:43:43 | 02:10:50 | 02:37:23 | 57 | 00:04:18 | 00:06:01 | 00:19:31 | 00:34:24 | |
| 44 | GRZESIAK Marcin | 125 | BESKID TRI TEAM | M40 | 00:36:06 | 39 | 00:03:53 | 00:25:36 | 00:50:30 | 01:16:35 | 01:42:01 | 02:08:35 | 02:34:45 | 46 | 00:03:39 | 00:06:34 | 00:19:43 | 00:34:31 | |
| 45 | SZWED Kamil | 200 | FIRMA EVENTOWA BAZOOKA | M30 | 00:45:29 | 95 | 00:04:02 | 00:23:50 | 00:47:43 | 01:12:56 | 01:37:08 | 02:02:24 | 02:27:27 | 27 | 00:03:12 | 00:06:20 | 00:19:19 | 00:33:10 | |
| 46 | BANEK Eugeniusz | 101 | TRICERATOPS | M40 | 00:37:02 | 44 | 00:03:46 | 00:25:55 | 00:51:15 | 01:17:20 | 01:42:38 | 02:08:40 | 02:35:08 | 49 | 00:02:57 | 00:06:40 | 00:20:18 | 00:34:43 | |
| 47 | FAJOK Szymon | 110 | SKS OBORNIKI | M18 | 00:40:14 | 68 | 00:04:53 | 00:24:17 | 00:48:23 | 01:14:05 | 01:39:03 | 02:04:32 | 02:29:37 | 33 | 00:03:51 | 00:06:59 | 00:20:59 | 00:35:36 | |
| 48 | JANKOWIAK Łukasz | 136 | ALETEMPO | M30 | 00:38:45 | 54 | 00:03:22 | 00:25:54 | 00:52:03 | 01:19:50 | 01:45:06 | 02:11:50 | 02:38:29 | 59 | 00:02:51 | 00:06:07 | 00:18:28 | 00:31:10 | |
| 49 | KURZAC Piotr | 150 | | M30 | 00:37:06 | 45 | 00:04:30 | 00:26:16 | 00:52:08 | 01:19:20 | 01:45:46 | 02:13:05 | 02:39:24 | 63 | 00:02:22 | 00:06:26 | 00:19:17 | 00:32:11 | |
| 50 | POSACKI Zbigniew | 177 | WOŁÓW BIEGA | M40 | 00:41:16 | 73 | 00:04:13 | 00:25:31 | 00:50:34 | 01:16:56 | 01:42:35 | 02:09:12 | 02:35:13 | 50 | 00:02:50 | 00:06:16 | 00:18:59 | 00:32:05 | |
| 51 | PUC Adrian | 180 | ŁYDA GARDEN STEEL TEAM | M30 | 00:43:12 | 86 | 00:03:26 | 00:24:47 | 00:50:17 | 01:16:17 | 01:40:15 | 02:05:34 | 02:31:00 | 38 | 00:03:04 | 00:06:55 | 00:21:14 | 00:35:38 | |
| 52 | ORŁOWSKI Paweł | 171 | GO2TRI | M40 | 00:34:51 | 34 | 00:04:31 | 00:26:42 | 00:52:51 | 01:19:45 | 01:45:11 | 02:12:34 | 02:39:09 | 62 | 00:02:56 | 00:06:40 | 00:20:21 | 00:36:07 | |
| 53 | SOBOTA Mateusz | 195 | | M30 | 00:33:22 | 21 | 00:03:54 | 00:26:36 | 00:52:48 | 01:19:42 | 01:45:53 | 02:13:19 | 02:41:32 | 68 | 00:03:30 | 00:06:57 | 00:21:51 | 00:36:17 | |
| 54 | RUSIN Paweł | 184 | BESKID TRI TEAM | M40 | 00:38:15 | 51 | 00:04:24 | 00:25:24 | 00:49:50 | 01:16:00 | 01:41:29 | 02:06:53 | 02:31:47 | 39 | 00:02:51 | 00:07:58 | 00:25:24 | 00:41:58 | |
| 55 | LEOPOLD Marcin | 152 | AQUANET/CITYZEN POZNAŃ | M40 | 00:41:00 | 71 | 00:03:50 | 00:26:32 | 00:52:56 | 01:20:26 | 01:46:45 | 02:13:55 | 02:40:05 | 66 | 00:03:43 | 00:06:28 | 00:19:26 | 00:32:15 | |

| | | | | Pływanie | | Rower | | | | | | | Bieg | | | | | |
|----|---------------------------|-----|---------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 56 | JAMKA Jarosław | 134 | M50 | 00:42:15 | 80 | 00:05:27 | 00:25:18 | 00:50:14 | 01:16:46 | 01:41:37 | 02:07:28 | 02:32:32 | 43 | 00:04:14 | 00:07:16 | 00:21:30 | 00:36:52 | |
| 57 | KACZMAREK Karol | 603 | M40 | 00:34:30 | 27 | 00:05:14 | 00:26:24 | 00:52:08 | 01:19:00 | 01:44:46 | 02:12:19 | 02:38:47 | 61 | 00:03:13 | 00:08:21 | 00:24:38 | 00:42:21 | |
| 58 | WARDYŃSKI Jarosław | 205 | ŚWIAT MARATOŃCZYKA KOŻUCHÓW | M50 | 00:43:18 | 88 | 00:04:49 | 00:25:07 | 00:50:35 | 01:17:13 | 01:42:42 | 02:09:36 | 02:36:09 | 52 | 00:04:27 | 00:06:44 | 00:21:18 | 00:36:02 |
| 59 | LIS Rafał | 153 | TRIATHLON CLUB WROCŁAW | M40 | 00:38:54 | 55 | 00:03:31 | 00:26:57 | 00:53:41 | 01:21:31 | 01:48:29 | 02:16:53 | 02:44:54 | 79 | 00:03:14 | 00:06:45 | 00:20:15 | 00:34:20 |
| 60 | KAPITSA Aleksey | 140 | PROSWIM GRUPA TRIATHLONOWA | M30 | 00:35:48 | 37 | 00:05:08 | 00:26:46 | 00:52:28 | 01:18:52 | 01:44:22 | 02:10:57 | 02:37:22 | 56 | 00:04:42 | 00:08:01 | 00:24:29 | 00:42:03 |
| 61 | RABSKI Tomek | 181 | M30 | 00:39:46 | 63 | 00:03:56 | 00:26:17 | 00:51:26 | 01:18:28 | 01:45:32 | 02:14:07 | 02:42:25 | 69 | 00:02:46 | 00:07:18 | 00:22:04 | 00:36:12 | |
| 62 | SZYDŁOWSKI Paweł | 201 | M40 | 00:36:51 | 43 | 00:05:21 | 00:26:11 | 00:52:20 | 01:20:12 | 01:47:01 | 02:15:05 | 02:42:31 | 70 | 00:04:05 | 00:07:15 | 00:21:50 | 00:36:52 | |
| 63 | WINCZA Cezary | 89 | GO2TRI | M30 | 00:41:17 | 74 | 00:05:40 | 00:25:45 | 00:51:38 | 01:18:16 | 01:43:23 | 02:10:06 | 02:36:42 | 55 | 00:03:49 | 00:08:08 | 00:23:11 | 00:38:45 |
| 64 | KASOLIK Radosław | 141 | BESKID TRI TEAM | M30 | 00:38:57 | 56 | 00:03:53 | 00:26:20 | 00:52:20 | 01:19:50 | 01:47:14 | 02:15:56 | 02:43:17 | 75 | 00:03:31 | 00:07:06 | 00:21:50 | 00:37:34 |
| 65 | OSLAK Marcin | 173 | BESKIDTRI | M30 | 00:43:09 | 85 | 00:03:32 | 00:25:34 | 00:49:57 | 01:16:01 | 01:42:04 | 02:11:28 | 02:41:11 | 67 | 00:02:58 | 00:08:03 | 00:22:39 | 00:36:53 |
| 66 | KOŁODYSTYI Vitalii | 144 | M30 | 00:45:35 | 97 | 00:04:25 | 00:26:25 | 00:52:22 | 01:20:24 | 01:46:54 | 02:14:43 | 02:42:45 | 72 | 00:03:59 | 00:06:05 | 00:18:12 | 00:31:03 | |
| 67 | ZIĘBA Mateusz | 214 | FOREVER TEAM | M30 | 00:49:00 | 107 | 00:03:19 | 00:25:01 | 00:50:39 | 01:18:13 | 01:45:14 | 02:12:35 | 02:39:47 | 65 | 00:03:23 | 00:06:18 | 00:19:10 | 00:32:47 |
| 68 | FURMANEK Jarosław | 113 | GO2TRI | M50 | 00:39:48 | 64 | 00:05:29 | 00:26:51 | 00:52:55 | 01:20:22 | 01:47:16 | 02:15:37 | 02:42:57 | 74 | 00:03:24 | 00:07:08 | 00:21:23 | 00:36:49 |
| 69 | WÓJTOWICZ Mateusz | 209 | AJRONMIM | M30 | 00:34:15 | 22 | 00:03:51 | 00:29:00 | 00:56:24 | 01:24:49 | 01:52:33 | 02:21:05 | 02:49:43 | 88 | 00:03:13 | 00:07:15 | 00:22:10 | 00:37:30 |
| 70 | GRODOMIŃSKI Hubert | 123 | TRI FOR ME | M40 | 00:41:42 | 77 | 00:04:31 | 00:25:48 | 00:51:14 | 01:18:14 | 01:44:13 | 02:12:08 | 02:39:35 | 64 | 00:03:57 | 00:07:36 | 00:23:36 | 00:39:38 |
| 71 | NOWAK Antoni | 165 | EL-KIBA | M18 | 00:35:00 | 35 | 00:04:36 | 00:27:05 | 00:55:23 | 01:24:38 | 01:53:03 | 02:22:26 | 02:51:44 | 91 | 00:02:53 | 00:07:11 | 00:21:25 | 00:35:46 |
| 72 | KAMIŃSKI Paweł | 139 | IT START/ SSW TEAM KROŚNICE | M30 | 00:42:53 | 83 | 00:04:44 | 00:26:16 | 00:52:52 | 01:20:48 | 01:47:44 | 02:15:56 | 02:43:48 | 77 | 00:02:57 | 00:07:44 | 00:23:18 | 00:38:57 |
| 73 | GRANICZNY Krzysztof | 122 | M50 | 00:45:05 | 92 | 00:03:49 | 00:26:43 | 00:52:24 | 01:19:35 | 01:47:03 | 02:15:06 | 02:42:48 | 73 | 00:03:48 | 00:07:15 | 00:22:33 | 00:38:40 | |
| 74 | FABIJAŃCZYK Paweł | 109 | M30 | 00:43:39 | 90 | 00:05:10 | 00:27:27 | 00:54:43 | 01:23:33 | 01:50:59 | 02:18:54 | 02:47:07 | 83 | 00:03:14 | 00:06:58 | 00:20:55 | 00:35:46 | |
| 75 | JACKOWSKI Daniel | 132 | KASZTELANKA MIĘDZYRZECZ | M30 | 00:42:50 | 82 | 00:03:23 | 00:28:19 | 00:55:11 | 01:23:34 | 01:51:30 | 02:18:46 | 02:47:33 | 85 | 00:03:04 | 00:07:21 | 00:23:18 | 00:39:56 |
| 76 | ZGIERSKI Karol | 213 | SAUERLAND TEAM TARNOWO PODGÓRNE | M30 | 00:47:02 | 100 | 00:04:01 | 00:26:48 | 00:53:18 | 01:21:00 | 01:47:34 | 02:15:17 | 02:42:41 | 71 | 00:03:43 | 00:07:17 | 00:22:31 | 00:39:52 |
| 77 | KABACIŃSKI Piotr | 138 | TRIKABATEAM | M40 | 00:41:43 | 78 | 00:04:10 | 00:26:48 | 00:53:15 | 01:21:02 | 01:48:14 | 02:16:57 | 02:46:03 | 80 | 00:05:01 | 00:07:52 | 00:24:14 | 00:41:13 |
| 78 | GRYCMAN Marek | 124 | LOVE THE PAIN | M40 | 00:39:09 | 58 | 00:03:10 | 00:24:21 | 00:48:09 | 01:13:10 | 01:38:09 | 02:04:48 | 02:31:54 | 41 | 00:03:54 | 00:35:03 | 00:48:34 | 01:03:07 |
| 79 | GAWEŁ Daniel | 115 | M40 | 00:38:30 | 52 | 00:05:44 | 00:28:37 | 00:57:10 | 01:26:30 | 01:55:15 | 02:24:42 | 02:53:52 | 95 | 00:03:38 | 00:07:49 | 00:23:25 | 00:39:31 | |
| 80 | KLIMKOWSKI Piotr | 142 | ZG LUBIN | M50 | 00:39:33 | 62 | 00:05:17 | 00:27:09 | 00:55:13 | 01:25:04 | 01:53:59 | 02:24:31 | 02:55:04 | 99 | 00:03:53 | 00:08:05 | 00:22:33 | 00:37:37 |
| 81 | BYLINA Bartosz | 105 | M40 | 00:40:29 | 69 | 00:05:36 | 00:27:35 | 00:55:40 | 01:24:56 | 01:53:51 | 02:24:26 | 02:54:45 | 97 | 00:04:39 | 00:07:03 | 00:22:12 | 00:37:05 | |
| 82 | SMAL Tomasz | 193 | M50 | 00:37:40 | 49 | 00:05:17 | 00:28:38 | 00:57:25 | 01:27:09 | 01:56:26 | 02:26:49 | 02:56:45 | 102 | 00:03:31 | 00:07:21 | 00:23:04 | 00:39:38 | |
| 83 | SULKA Michał | 197 | TEAM KARAŚ | M30 | 00:40:13 | 67 | 00:04:06 | 00:27:19 | 00:55:33 | 01:25:13 | 01:54:07 | 02:24:11 | 02:53:26 | 93 | 00:03:14 | 00:08:18 | 00:25:16 | 00:42:52 |
| 84 | WITKO-BŁASZCZYK Sebastian | 207 | ŻELAZNA ŚWIDNICA | M40 | 00:43:39 | 89 | 00:06:05 | 00:27:28 | 00:55:33 | 01:25:06 | 01:53:46 | 02:23:31 | 02:52:10 | 92 | 00:03:53 | 00:07:42 | 00:23:11 | 00:39:13 |
| 85 | GOŁEK Mateusz | 120 | BESKIDTRI TEAM | M30 | 00:45:20 | 93 | 00:05:12 | 00:27:48 | 00:55:31 | 01:24:20 | 01:53:11 | 02:22:58 | 02:53:27 | 94 | 00:03:09 | 00:07:42 | 00:23:48 | 00:40:56 |

| | | | | Pływanie | | Rower | | | | | | | Bieg | | | | CAŁK. | |
|-----|-----------------------------|------------|---------------------------------|----------|-----------------|-------|----------|----------|----------|----------|----------|----------|-----------------|------------|----------|----------|----------|----------|
| 86 | KIRYL CZUK Piotr | 606 | | M40 | 00:48:19 | 104 | 00:04:12 | 00:29:01 | 00:56:53 | 01:25:40 | 01:54:16 | 02:23:08 | 02:51:30 | 90 | 00:05:34 | 00:07:43 | 00:23:28 | 00:39:51 |
| 87 | NOWAK Piotr | 166 | SAUERLAND TEAM TARNOWO PODGÓRNE | M50 | 00:50:12 | 112 | 00:06:15 | 00:26:29 | 00:53:27 | 01:21:25 | 01:50:20 | 02:18:42 | 02:46:53 | 82 | 00:05:41 | 00:09:06 | 00:26:14 | 00:43:48 |
| 88 | KŁOS Jan | 143 | #TEAMKALACH | M40 | 01:00:28 | 120 | 00:05:35 | 00:26:33 | 00:53:43 | 01:21:55 | 01:49:12 | 02:17:34 | 02:46:07 | 81 | 00:04:25 | 00:07:20 | 00:23:03 | 00:38:16 |
| 89 | MALISZEWSKI Bolesław | 159 | | M40 | 00:43:15 | 87 | 00:04:23 | 00:28:02 | 00:56:08 | 01:26:32 | 01:57:32 | 02:31:53 | 03:04:54 | 112 | 00:03:26 | 00:07:06 | 00:22:40 | 00:39:16 |
| 90 | SURMA Henryk | 198 | BESKID TRI TEAM | M40 | 00:49:22 | 109 | 00:04:44 | 00:26:52 | 00:53:08 | 01:21:58 | 01:50:04 | 02:20:39 | 02:51:20 | 89 | 00:04:11 | 00:08:47 | 00:26:47 | 00:45:49 |
| 91 | RASZKE Łukasz | 183 | REAL TEAM | M30 | 00:55:29 | 118 | 00:05:37 | 00:28:18 | 00:56:55 | 01:26:20 | 01:55:33 | 02:25:57 | 02:56:27 | 101 | 00:05:15 | 00:07:00 | 00:21:08 | 00:36:35 |
| 92 | WOŚ Amadeusz | 208 | | M18 | 00:49:43 | 110 | 00:05:49 | 00:28:18 | 00:56:23 | 01:26:00 | 01:54:57 | 02:26:11 | 02:57:11 | 103 | 00:04:31 | 00:07:42 | 00:23:43 | 00:43:24 |
| 93 | GMEREK Paweł | 20 | | M40 | 00:50:10 | 111 | 00:07:07 | 00:29:29 | 00:59:07 | 01:29:13 | 01:59:05 | 02:28:49 | 02:58:52 | 108 | 00:06:48 | 00:10:48 | 00:26:30 | 00:42:43 |
| 94 | SKORUPIŃSKI Jarosław | 190 | OPONYEXPRESS | M50 | 00:54:17 | 117 | 00:03:57 | 00:29:29 | 00:58:39 | 01:28:56 | 01:58:43 | 02:29:54 | 03:01:06 | 109 | 00:03:31 | 00:08:12 | 00:25:36 | 00:45:25 |
| 95 | GOLEŃ Waldek | 119 | | M18 | 00:53:48 | 116 | 00:05:37 | 00:28:06 | 00:57:03 | 01:26:11 | 01:54:59 | 02:26:03 | 02:57:20 | 104 | 00:07:34 | 00:08:14 | 00:27:01 | 00:44:52 |
| 96 | WAŃSKI Robert | 25 | TRI ENDURANCE GERMANY | M40 | 00:49:18 | 108 | 00:07:41 | 00:29:07 | 00:59:09 | 01:29:28 | 01:59:14 | 02:29:08 | 02:58:51 | 107 | 00:06:58 | 00:08:36 | 00:26:40 | 00:46:34 |
| 97 | PIECHULEK Szymon | 175 | | M30 | 00:53:10 | 115 | 00:04:02 | 00:29:40 | 00:59:25 | 01:30:19 | 02:00:43 | 02:32:44 | 03:04:42 | 111 | 00:05:08 | 00:09:31 | 00:27:42 | 00:46:37 |
| 98 | SZYMAKOWSKI Marcin | 202 | | M30 | 00:52:04 | 114 | 00:05:03 | 00:29:07 | 00:58:37 | 01:28:57 | 01:58:45 | 02:29:10 | 02:58:51 | 106 | 00:05:40 | 00:09:31 | 00:29:58 | 00:52:15 |
| 99 | PRZĄDKA Dawid | 178 | CZARNY KOŃ XD | M30 | 00:56:26 | 119 | 00:05:35 | 00:31:27 | 01:02:55 | 01:34:58 | 02:07:10 | 02:39:02 | 03:11:09 | 115 | 00:04:31 | 00:08:11 | 00:24:21 | 00:41:03 |
| 100 | MOLSKI Piotr | 163 | | M30 | 00:48:35 | 105 | 00:07:06 | 00:32:37 | 01:04:44 | 01:37:51 | 02:10:55 | 02:45:27 | 03:19:43 | 118 | 00:06:49 | 00:07:07 | 00:21:48 | 00:37:58 |
| 101 | ZAKRZEWSKI Adam | 212 | | M40 | 00:47:02 | 101 | 00:05:25 | 00:29:08 | 00:57:39 | 01:28:00 | 01:59:16 | 02:32:23 | 03:07:28 | 114 | 00:06:35 | 00:13:37 | 00:34:06 | 00:54:40 |
| 102 | PRZEZAK Jakub | 179 | | M18 | 00:45:32 | 96 | 00:06:43 | 00:31:47 | 01:03:25 | 01:35:52 | 02:08:50 | 02:43:59 | 03:19:06 | 117 | 00:10:21 | 00:11:38 | 00:31:38 | 00:52:34 |
| 103 | FARAN Grzegorz | 111 | GTSULMIN | M40 | 00:36:02 | 38 | 00:04:31 | 00:39:39 | 01:18:20 | 01:57:11 | 02:35:06 | 03:16:26 | 03:56:27 | 120 | 00:04:06 | 00:08:07 | 00:25:46 | 00:43:38 |
| 104 | MAJCHRZAK Krystian | 158 | | M40 | 00:51:19 | 113 | 00:06:23 | 00:33:25 | 01:06:43 | 01:41:18 | 02:17:56 | 02:57:49 | 03:37:19 | 119 | 00:10:26 | 00:09:20 | 00:29:40 | 00:52:36 |
| | IMIĄNOWSKI Eryk | 129 | | M18 | 00:37:15 | 47 | 00:02:56 | 00:26:00 | 00:51:48 | 01:18:28 | 01:44:22 | 02:10:51 | 02:37:29 | 58 | 00:04:07 | 00:07:21 | | |

Znaleziono 105 wynik(ów)