

POLSKAMAN TRIATHLON WOLSZTYN - ŚREDNI

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

PolskaMan Triathlon Wolsztyn
ROBUSTUS Sp. z o.o. Sp. k.
2022-08-21
Wolsztyn
113 km



Klasyfikacja: OPEN - M

Punkt pomiarowy: 106,0 km

					Pływanie				Rower						Bieg						
Msc	Zawodnik	Numer	Klub	Kategoria	1.9km	Poz		S17 15km	Rondo 30km	S17 45km	Rondo 60km	S17 75km	Rondo 90km	Poz		Stadion 1.2km	Parkowa 3.7km	Stadion 6.4km	Parkowa 8.9km	Stadion 11.6km	Parkowa 14.1km
1	POPŁAWSKI Jan	216	NEON TEAM	M18	00:27:08	2	00:02:42	00:21:47	00:42:37	01:04:25	01:25:22	01:47:18	01:57:22	1	00:13:50	00:05:15	00:15:25	00:25:40	00:35:40	00:47:14	00:57:53
2	GAŚSIOR Patryk	213	FORPRO	M18	00:25:14	1	00:02:54	00:22:22	00:43:27	01:05:38	01:27:35	01:49:59	02:12:03	5	00:03:20	00:05:10	00:14:56	00:25:31	00:35:10	00:45:40	00:55:59
3	JĘDRASIEWICZ Jacek	228	TRIATHLETES' PERFORMANCE	M30	00:31:03	4	00:03:17	00:21:30	00:42:09	01:03:52	01:24:33	01:46:12	02:07:32	2	00:02:50	00:04:58	00:14:49	00:25:14	00:35:00	00:45:38	00:55:50
4	NACZK Jakub	256	#BEZKLUBU	M30	00:34:16	17	00:02:58	00:21:55	00:42:54	01:05:15	01:26:27	01:48:51	02:10:48	3	00:02:53	00:05:34	00:16:30	00:28:19	00:38:26	00:50:55	01:02:06
5	PAWELCZYK Piotr	211		M18	00:29:59	3	00:03:09	00:23:33	00:46:39	01:10:25	01:33:15	01:56:38	02:19:16	9	00:02:54	00:05:24	00:16:07	00:27:12	00:37:53	00:48:37	00:59:18
6	SAŻAŁSKI Piotr	259	1.GPR	M30	00:33:38	13	00:02:43	00:22:49	00:44:54	01:08:01	01:30:19	01:53:43	02:16:51	8	00:02:56	00:10:30	00:19:30	00:27:49	00:38:50	00:50:21	01:01:02
7	OLKOWSKI Przemysław	701		M40	00:33:35	9	00:02:52	00:22:36	00:44:36	01:07:47	01:30:20	01:53:28	02:16:03	7	00:03:25	00:05:41	00:15:44	00:28:12	00:39:46	00:51:32	01:01:44
8	GLOSMANN Marius	332		M30	00:33:08	7	00:03:20	00:21:49	00:43:29	01:05:53	01:27:23	01:49:42	02:11:02	4	00:03:28	00:05:57	00:17:27	00:29:43	00:41:50	00:54:22	01:07:00
9	WRÓBLEWSKI Mateusz	232	BEDNARSKI TRI TEAM	M30	00:33:36	11	00:02:49	00:22:34	00:44:32	01:07:46	01:30:03	01:53:27	02:15:07	6	00:03:46	00:05:49	00:16:14	00:28:52	00:40:31	00:52:20	01:05:14
10	NOWAK Krzysztof	266		M30	00:33:53	15	00:05:11	00:24:02	00:47:16	01:11:04	01:34:22	01:58:16	02:21:53	14	00:03:38	00:05:55	00:18:25	00:27:55	00:38:53	00:50:18	01:00:53
11	LIPUTA Grzegorz	247	ALOHA TRIATHLON TEAM	M30	00:33:38	12	00:03:04	00:23:36	00:46:46	01:10:59	01:34:16	01:58:47	02:20:51	12	00:04:56	00:05:27	00:16:04	00:27:55	00:38:31	00:52:29	01:03:04
12	IMIANOWSKI Eryk	203		M18	00:37:36	36	00:02:41	00:23:55	00:47:34	01:11:42	01:34:40	01:57:54	02:20:53	13	00:02:48	00:06:12	00:16:42	00:29:41	00:40:58	00:52:16	01:03:24
13	FIBNER Krzysztof	229	DAWAJ KALACH TEAM	M30	00:37:56	38	00:03:43	00:24:23	00:48:19	01:12:26	01:35:46	01:59:42	02:23:06	15	00:02:38	00:05:32	00:16:07	00:28:06	00:39:27	00:50:47	01:02:20
14	SUCHECKI Łukasz	231		M30	00:37:34	34	00:04:04	00:23:07	00:46:02	01:10:09	01:32:51	01:56:37	02:20:19	10	00:03:02	00:05:47	00:16:30	00:29:28	00:41:31	00:53:10	01:04:58
15	MEDYK Damian	250		M30	00:33:42	14	00:02:56	00:24:23	00:48:30	01:13:44	01:37:45	02:01:54	02:26:27	21	00:03:18	00:05:48	00:16:14	00:29:14	00:40:46	00:52:56	01:05:11
16	ŻYŁA Tobiasz	220	MIĘDZYRZECIE GAZELE	M30	00:37:09	33	00:04:17	00:24:39	00:48:52	01:14:29	01:39:17	02:04:57	02:30:13	26	00:03:44	00:05:26	00:15:57	00:26:44	00:37:31	00:48:23	00:59:12
17	JĘCZMIONKA Szymon	271	TRI GRUPA	M30	00:34:32	19	00:03:10	00:24:50	00:49:05	01:13:00	01:36:47	02:01:03	02:25:09	18	00:02:27	00:06:49	00:18:17	00:31:50	00:44:17	00:57:00	01:09:47
18	JOACHIMIAK Marek	227	TRITOGO	M30	00:38:08	41	00:02:45	00:24:51	00:48:27	01:13:08	01:36:12	02:00:13	02:23:50	16	00:04:25	00:05:54	00:19:03	00:30:28	00:42:33	00:55:01	01:07:33
19	KRAJNA Paweł	273	TRITOGO	M30	00:36:53	29	00:03:55	00:24:57	00:48:45	01:13:21	01:36:33	02:00:35	02:24:13	17	00:03:24	00:06:29	00:18:01	00:30:58	00:43:18	00:56:14	01:08:34
20	ŁUCZAK Adam	264	MAVERICKS	M30	00:39:44	55	00:03:53	00:23:17	00:46:27	01:10:20	01:33:48	01:57:36	02:20:43	11	00:03:49	00:05:58	00:17:11	00:30:57	00:43:54	00:57:17	01:10:20
21	BIELEC Adam	248	KCALOKILERZY	M30	00:36:49	28	00:03:49	00:25:03	00:48:54	01:13:31	01:37:15	02:02:34	02:27:42	23	00:03:27	00:06:14	00:17:33	00:30:39	00:42:52	00:55:27	01:07:48
22	GRYCMAN Marek	287	SILESIA TRIATHLON TEAM	M40	00:43:09	81	00:03:22	00:24:28	00:48:40	01:14:15	01:39:15	02:05:11	02:30:49	28	00:03:25	00:05:29	00:16:33	00:27:54	00:39:14	00:49:36	01:02:33
23	RYŚ Sebastian	308		M40	00:33:27	8	00:03:44	00:24:38	00:48:24	01:12:56	01:37:17	02:01:48	02:27:25	22	00:03:04	00:07:21	00:21:56	00:34:53	00:48:33	01:02:38	01:16:08
24	BĄBELEK Mariusz	236	MIĘDZYRZECIE GAZELE	M30	00:38:00	39	00:03:07	00:25:31	00:50:42	01:16:38	01:42:15	02:08:45	02:35:34	35	00:02:56	00:05:52	00:17:21	00:27:54	00:41:08	00:53:07	01:05:04
25	RUŻYŁO Patryk	251	PTSTUDIO	M30	00:40:46	65	00:03:30	00:24:22	00:47:57	01:12:32	01:36:56	02:02:37	02:27:54	24	00:03:04	00:06:02	00:18:20	00:30:51	00:43:15	00:56:21	01:09:30
26	GLENC Rafał	252	SILESIA TRIATHLON TEAM	M30	00:39:22	53	00:03:33	00:25:06	00:49:04	01:14:31	01:39:21	02:05:24	02:30:34	27	00:02:34	00:06:12	00:18:30	00:31:10	00:44:08	00:57:22	01:10:39
27	WIŚNIEWSKI Damian	207	DIETETYK MAGDALENAKOŁODZIEJ.POLSKA	M18	00:38:04	40	00:03:15	00:23:23	00:46:31	01:10:52	01:35:09	02:00:09	02:25:40	19	00:03:10	00:07:11	00:20:46	00:35:02	00:49:24	01:04:09	01:18:16
28	SKROBAŃSKI Jakub	222		M30	00:32:54	6	00:03:19	00:25:46	00:50:55	01:17:51	01:43:56	02:11:36	02:37:47	41	00:02:54	00:07:01	00:19:30	00:32:26	00:45:21	00:58:49	01:11:58
29	LINDNER Marek	283		M40	00:43:27	84	00:03:52	00:25:12	00:49:32	01:15:04	01:39:34	02:05:04	02:29:42	25	00:04:41	00:06:10	00:18:24	00:30:44	00:44:03	00:55:33	01:07:52
30	KITKOWSKI Arkadiusz	302	SUPERSNOW	M40	00:38:49	48	00:03:19	00:23:21	00:46:45	01:11:48	01:36:51	02:02:16	02:31:34	29	00:03:08	00:06:52	00:19:22	00:32:15	00:45:03	00:58:33	01:13:48
31	MACHOWSKI Łukasz	210		M18	00:34:36	20	00:04:47	00:26:52	00:53:04	01:20:25	01:48:01	02:14:19	02:40:10	48	00:03:16	00:06:43	00:18:55	00:31:34	00:43:50	00:55:59	01:08:00
32	LUBOWICKI Łukasz	291		M40	00:37:02	32	00:03:44	00:25:04	00:48:47	01:14:27	01:39:44	02:06:51	02:33:07	33	00:03:45	00:06:20	00:19:20	00:32:44	00:45:50	00:59:36	01:13:14
33	BIRONT Krzysztof	285	BIELAWSKA AKADEMIA BIEGANIA	M40	00:40:05	57	00:05:33	00:25:18	00:49:36	01:19:35	01:40:01	02:05:49	02:32:35	32	00:03:07	00:06:14	00:19:04	00:31:26	00:40:53	00:53:53	01:09:41

					Pływanie		Rower							Bieg							
34	JANKOWIAK Łukasz	226	ALETEMPO	M40	00:36:48	27	00:02:48	00:26:06	00:52:27	01:20:30	01:47:36	02:15:10	02:41:50	53	00:03:00	00:05:41	00:17:22	00:28:41	00:41:24	00:54:13	01:07:00
35	ŚWITAŁA Krzysztof	304	NIAGARA	M40	00:34:53	21	00:05:00	00:25:25	00:49:52	01:15:23	01:40:48	02:06:54	02:32:19	31	00:03:36	00:06:43	00:20:21	00:34:08	00:47:56	01:02:25	01:16:49
36	NOWACZYŃSKI Bartosz	223		M30	00:39:15	52	00:03:42	00:25:24	00:50:00	01:15:37	01:40:06	02:06:00	02:31:37	30	00:03:27	00:06:42	00:19:57	00:33:23	00:45:51	01:00:51	01:14:44
37	MARCINIAK Kuba	225		M30	00:36:57	30	00:03:04	00:25:28	00:50:27	01:16:47	01:42:46	02:10:15	02:37:11	37	00:03:34	00:07:19	00:19:27	00:32:10	00:45:20	00:59:01	01:13:39
38	HERTRAMP Maximilian	707		M30	00:37:35	35	00:03:49	00:26:16	00:51:51	01:18:15	01:44:23	02:11:47	02:38:20	44	00:03:55	00:06:37	00:20:33	00:32:29	00:45:24	00:58:10	01:10:59
39	WYSOCKI Piotr	257		M30	00:40:46	64	00:03:31	00:26:01	00:51:01	01:17:15	01:42:24	02:08:32	02:34:25	34	00:03:26	00:06:32	00:18:57	00:32:05	00:45:21	00:59:08	01:12:31
40	KANICKI Tomasz	254	PT STUDIO	M30	00:36:58	31	00:04:26	00:26:27	00:51:18	01:17:52	01:43:23	02:10:42	02:37:39	39	00:03:25	00:06:09	00:19:56	00:34:18	00:47:24	01:01:33	01:15:27
41	KAMIŃSKI Paweł	272	ITSTART.EU	M30	00:38:21	43	00:03:10	00:25:42	00:51:10	01:17:55	01:43:54	02:11:31	02:39:10	46	00:04:10	00:07:25	00:19:16	00:32:20	00:45:40	00:59:25	01:13:16
42	GĄSIOROWSKI Michał	263	SPECTRUM MIĘDZYZRZECZ	M30	00:39:22	54	00:05:58	00:26:37	00:52:13	01:18:32	01:44:06	02:09:56	02:36:12	36	00:04:06	00:07:10	00:20:13	00:33:31	00:46:52	01:00:25	01:13:43
43	ANDRUSZKIEWICZ Arkadiusz	292		M40	00:42:58	79	00:04:11	00:25:40	00:50:59	01:17:41	01:44:04	02:11:46	02:37:49	42	00:04:26	00:06:08	00:18:18	00:31:02	00:44:01	00:57:21	01:10:30
44	LIS Rafał	311	TRIATHLON CLUB WROCŁAW	M40	00:39:03	49	00:04:11	00:27:01	00:53:06	01:20:21	01:46:43	02:12:50	02:39:08	45	00:03:16	00:06:33	00:19:49	00:33:27	00:46:57	01:00:59	01:14:43
45	KIEJNIEH Filip	217	#BALBINATEAM	M18	00:35:44	22	00:04:43	00:26:42	00:53:20	01:20:37	01:46:57	02:14:51	02:41:32	52	00:04:02	00:06:39	00:20:08	00:34:14	00:47:17	01:00:56	01:14:36
46	STACHOWIAK Michał	298	NIEZRZESZONY	M40	00:39:10	50	00:06:23	00:25:32	00:51:25	01:18:44	01:44:59	02:11:36	02:37:37	38	00:05:26	00:06:33	00:19:13	00:32:23	00:45:33	00:59:24	01:12:55
47	KONIECZNY Remigiusz	297	CITYZEN	M40	00:39:14	51	00:04:35	00:26:06	00:51:57	01:18:58	01:45:18	02:12:25	02:38:11	43	00:04:19	00:07:00	00:19:56	00:33:25	00:47:03	01:01:23	01:15:26
48	WÓJCIK Michał	712		M30	00:41:36	70	00:06:14	00:27:20	00:53:31	01:21:28	01:48:17	02:15:54	02:43:10	57	00:04:22	00:05:45	00:17:57	00:29:58	00:41:57	00:54:39	01:07:02
49	WIERZBA Piotr	275	SWIM 2 TRI	M40	00:38:17	42	00:04:37	00:27:08	00:53:13	01:21:03	01:47:10	02:14:56	02:41:20	50	00:03:27	00:06:31	00:19:39	00:33:25	00:47:12	01:01:17	01:14:57
50	GZYL Jakub	261	EGZYL.POLSKA	M30	00:35:47	23	00:04:40	00:25:16	00:49:19	01:15:05	01:40:05	02:05:52	02:47:39	70	00:05:08	00:06:16	00:18:49	00:31:46	00:44:20	00:57:43	01:10:45
51	SZAPIEL Andrzej	242	LUK-CONNECT TRI	M30	00:34:20	18	00:05:50	00:24:19	00:49:08	01:18:52	01:44:35	02:12:23	02:42:21	56	00:07:05	00:06:19	00:19:09	00:33:03	00:47:23	01:01:36	01:16:00
52	SZCZĘCH Adam	289	ERIGO	M40	00:36:39	26	00:05:19	00:26:40	00:56:07	01:23:46	01:51:01	02:20:40	02:48:23	71	00:04:13	00:06:33	00:19:24	00:32:18	00:45:26	00:58:37	01:12:00
53	PIECHOWIAK Jakub	234		M30	00:36:01	24	00:07:18	00:27:16	00:53:46	01:21:29	01:48:18	02:15:51	02:43:12	58	00:04:20	00:07:43	00:21:08	00:34:47	00:48:18	01:03:23	01:17:11
54	GÓRSKI Sławek	327	TRI TEAM	M50	00:46:53	100	00:04:18	00:25:31	00:50:22	01:17:47	01:44:21	02:12:27	02:39:18	47	00:04:11	00:06:54	00:20:08	00:33:19	00:46:24	01:00:34	01:14:13
55	CHMURZYŃSKI Mateusz	214	ŚWIAT TEKSTURY CYCLING TEAM	M18	00:43:49	86	00:03:59	00:28:05	00:55:22	01:24:48	01:51:27	02:19:17	02:45:27	62	00:03:48	00:06:35	00:19:29	00:32:36	00:45:29	00:58:56	01:12:01
56	CHYB Marcin	318	INFOBIUROBIS/EWA BUGDOŁ TEAM	M40	00:42:16	73	00:04:59	00:29:03	00:55:55	01:24:31	01:52:00	02:19:47	02:46:57	66	00:03:23	00:06:42	00:19:48	00:32:57	00:45:40	00:58:57	01:11:33
57	POPŁAWSKI Przemysław	246		M30	00:42:56	78	00:03:40	00:27:21	00:54:57	01:22:53	01:50:55	02:19:28	02:46:33	64	00:03:56	00:06:25	00:19:22	00:32:17	00:45:11	00:59:40	01:12:44
58	PRZYBYLSKI Andrzej	312	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	M40	00:42:12	72	00:05:01	00:27:39	00:53:33	01:21:11	01:48:04	02:18:17	02:47:26	68	00:03:56	00:06:22	00:18:47	00:31:53	00:44:36	00:58:19	01:11:35
59	CHART-OLASINSKI Maciej	244		M30	00:38:40	45	00:05:57	00:27:15	00:54:28	01:22:39	01:50:14	02:18:41	02:46:51	65	00:03:57	00:06:46	00:19:03	00:33:55	00:47:40	01:02:19	01:16:32
60	WINCZA Cezary	267		M30	00:43:22	83	00:06:46	00:25:45	00:51:20	01:18:14	01:44:15	02:09:24	02:37:41	40	00:07:13	00:07:39	00:21:28	00:35:34	00:49:38	01:04:32	01:19:13
61	STACHOWIAK Paweł	262		M30	00:41:38	71	00:07:26	00:26:46	00:52:43	01:20:00	01:46:43	02:14:11	02:40:42	49	00:05:45	00:08:05	00:21:54	00:34:31	00:49:44	01:04:36	01:19:28
62	WEISENSEEE Michael	300		M40	00:40:16	59	00:09:05	00:27:26	00:54:29	01:23:31	01:50:06	02:16:59	02:44:33	60	00:06:32	00:06:41	00:20:01	00:35:11	00:49:35	01:03:28	01:16:34
63	ANTCZAK Marek	294		M40	00:43:05	80	00:04:52	00:28:15	00:54:57	01:23:13	01:50:23	02:19:31	02:47:14	67	00:05:28	00:06:28	00:20:33	00:34:40	00:48:58	01:03:17	01:17:22
64	DUDEK Mariusz	245		M30	00:36:13	25	00:05:13	00:26:54	00:54:02	01:23:28	01:52:37	02:22:48	02:52:14	76	00:05:34	00:07:22	00:21:59	00:37:02	00:52:03	01:07:39	01:23:03
65	NOWAK Aleksander	270	GOOD JOB ALEKSANDER NOWAK	M30	00:38:45	46	00:04:34	00:26:49	00:52:58	01:20:47	01:46:57	02:15:35	02:42:12	54	00:05:06	00:08:58	00:25:16	00:41:47	00:58:52	01:15:39	01:32:39
66	SMAL Tomasz	324		M50	00:40:29	62	00:05:38	00:28:14	00:55:20	01:23:18	01:50:48	02:19:36	02:47:38	69	00:03:14	00:06:55	00:21:45	00:37:32	00:53:28	01:10:23	01:27:26
67	TRZCIONKOWSKI Mariusz	316	OSV TEAM	M40	00:47:38	103	00:06:29	00:28:04	00:55:59	01:24:51	01:53:36	02:24:32	02:53:14	80	00:05:24	00:06:37	00:19:29	00:32:36	00:45:12	00:58:36	01:11:49
68	SŁOWIK Michał	258	TRITOGO	M30	00:44:14	88	00:04:24	00:28:20	00:55:53	01:22:53	01:49:41	02:17:59	02:46:29	63	00:04:37	00:07:12	00:21:45	00:36:51	00:51:40	01:08:29	01:25:13
69	CZARNECKI Sylwester	307		M40	00:41:21	68	00:05:04	00:28:54	00:56:32	01:25:21	01:53:53	02:23:21	02:51:54	74	00:06:11	00:07:18	00:21:50	00:36:51	00:51:38	01:06:49	01:21:42
70	WEBER Paweł	315	REHAU CROSSACTIVE	M40	00:46:08	95	00:04:37	00:27:56	00:56:25	01:26:03	01:55:06	02:24:20	02:53:31	81	00:04:28	00:06:59	00:20:48	00:34:33	00:48:09	01:02:57	01:18:19
71	SIDOR Adam	319		M50	00:44:47	90	00:04:39	00:27:11	00:53:42	01:23:48	01:50:43	02:20:31	02:49:42	73	00:05:16	00:06:58	00:22:40	00:37:39	00:52:30	01:08:49	01:24:32
72	BYLIŃA Bartosz	321		M50	00:42:34	74	00:06:32	00:28:09	00:57:28	01:27:30	01:56:41	02:27:55	02:57:27	88	00:04:41	00:07:29	00:20:44	00:34:40	00:48:22	01:05:07	01:19:04
73	ORŁOWSKI Paweł	295	GO2TRI	M40	00:39:55	56	00:05:08	00:29:19	00:57:59	01:27:48	02:01:14	02:31:18	03:00:58	97	00:04:34	00:07:53	00:22:15	00:37:20	00:51:56	01:06:49	01:21:20
74	GLAPA Krzysztof	305		M40	00:45:55	94	00:08:29	00:26:22	00:52:15	01:20:15	01:45:23	02:12:36	02:45:07	61	00:04:29	00:07:38	00:23:32	00:39:32	00:54:44	01:12:22	01:28:31
75	STRYKOWSKI Piotr	322																			

					Pływanie		Rower							Bieg							
77	NOWAK Daniel	284	MKKK	M40	00:40:12	58	00:06:49	00:28:27	00:57:34	01:27:17	01:56:58	02:28:16	02:57:58	89	00:05:36	00:07:57	00:22:58	00:38:52	00:54:45	01:11:39	01:27:31
78	BERNACKI Bartosz	239		M30	00:45:16	91	00:05:45	00:27:41	00:54:10	01:23:00	01:51:44	02:22:13	02:52:19	77	00:04:32	00:07:22	00:24:15	00:42:17	00:58:36	01:15:04	01:31:41
79	BERNACKI Patryk	221		M30	00:45:52	93	00:06:55	00:28:00	00:55:23	01:24:27	01:53:06	02:22:59	02:52:10	75	00:07:09	00:07:22	00:22:02	00:39:12	00:54:56	01:12:09	01:27:46
80	RASZKE Łukasz	269	REAL TEAM	M30	00:57:34	119	00:05:14	00:28:23	00:56:11	01:25:30	01:53:52	02:23:57	02:54:57	83	00:03:47	00:07:18	00:21:14	00:35:36	00:49:38	01:04:28	01:19:07
81	SOWA Tomasz	206	UNIEJÓW/HTF LUDWIK SIKORSKI	M18	00:37:40	37	00:04:31	00:30:56	01:01:50	01:33:24	02:03:59	02:38:05	03:10:50	111	00:03:31	00:08:16	00:24:45	00:40:13	00:55:26	01:10:49	01:25:47
82	OCET Wiktor	249		M30	00:41:11	66	00:05:57	00:29:35	00:59:56	01:30:52	02:02:22	02:35:33	03:08:51	109	00:08:32	00:08:12	00:22:24	00:36:40	00:51:20	01:05:09	01:18:53
83	CHADRYSIAK Leszek	310	TRIATHLON NOWA SÓL	M40	00:43:14	82	00:05:04	00:27:27	00:54:11	01:22:18	01:49:15	02:16:47	02:43:41	59	00:05:36	00:07:31	00:23:03	00:41:45	01:03:15	01:25:58	01:46:53
84	KAŻMIERCZAK Oskar	224		M30	00:40:25	60	00:04:28	00:27:59	00:56:47	01:27:14	01:55:53	02:27:09	02:56:13	84	00:04:00	00:08:17	00:24:57	00:42:29	01:00:58	01:20:49	01:39:57
85	GMEREK Paweł	1		M40	00:46:26	97	00:07:40	00:27:34	00:54:42	01:25:26	01:52:59	02:24:16	02:52:31	78	00:08:39	00:07:30	00:22:09	00:39:25	00:55:12	01:15:38	01:31:00
86	SWOROWSKI Maciej	201	WOLSZTYŃSKI KLUB BIEGOWY	M50	00:51:53	115	00:07:17	00:31:00	01:00:52	01:31:03	02:00:24	02:31:18	03:01:27	99	00:04:16	00:07:27	00:22:25	00:37:33	00:52:54	01:08:28	01:24:01
87	RYBKA Przemysław	265	ERA	M30	00:49:40	111	00:08:01	00:28:07	00:56:11	01:26:56	01:54:56	02:27:14	02:56:32	85	00:06:40	00:07:42	00:22:43	00:39:10	00:55:24	01:13:10	01:31:19
88	MIELCZAREK Jakub	241		M30	00:45:38	92	00:07:21	00:28:47	00:57:10	01:27:07	01:56:50	02:27:39	02:59:30	94	00:04:44	00:08:04	00:26:37	00:43:36	01:00:46	01:18:15	01:35:32
89	RUSINEK Mirosław	288		M40	00:46:28	98	00:05:20	00:31:11	01:00:14	01:30:37	02:00:32	02:31:49	03:01:06	98	00:06:05	00:07:59	00:24:28	00:41:30	00:58:49	01:16:24	01:33:51
90	SARBACZEWSKI Sebastian	278	SKS OBORNIKI	M40	00:42:35	75	00:05:40	00:28:18	00:55:44	01:24:43	01:54:39	02:26:33	02:57:05	87	00:04:50	00:09:37	00:28:02	00:47:31	01:05:27	01:24:32	01:43:03
91	ZIENKIEWICZ Marcin	240	SPRING EUROPE	M30	00:44:24	89	00:05:54	00:29:16	00:57:30	01:27:14	01:56:48	02:36:11	02:59:54	95	00:05:22	00:07:51	00:24:36	00:42:00	00:59:11	01:19:42	01:38:51
92	ZAKRZEWSKI Adam	320		M50	00:47:32	102	00:06:24	00:27:55	00:55:35	01:23:54	01:51:45	02:22:08	02:54:04	82	00:07:57	00:10:53	00:29:16	00:46:42	01:04:18	01:21:56	01:38:58
93	GRUSZKA Jacek	63	AQ WIRING SYSTEMS TEAM	M40	01:03:18	122	00:06:13	00:27:40	00:54:52	01:23:54	01:51:53	02:21:09	02:49:26	72	00:07:00	00:07:17	00:22:24	00:39:36	00:55:31	01:11:22	01:29:33
94	NALEWAJKO Jacek	296	#BIEGAJLESZNO	M40	00:48:02	106	00:07:21	00:31:14	01:01:43	01:33:29	02:04:31	02:37:41	03:09:22	110	00:05:08	00:07:34	00:22:36	00:38:09	00:54:32	01:10:45	01:25:59
95	MATUSZAK Jarosław	277	KANCELARIA MATUSZAK	M40	00:40:28	61	00:09:37	00:30:53	01:01:00	01:35:00	02:04:48	02:39:02	03:11:25	112	00:09:38	00:07:22	00:22:00	00:38:18	00:53:27	01:09:36	01:25:53
96	ROKITA Wojciech	230		M30	00:47:40	104	00:06:36	00:31:35	01:01:50	01:33:57	02:04:01	02:37:29	03:13:06	114	00:04:19	00:07:55	00:22:36	00:38:25	00:53:21	01:09:10	01:26:20
97	ZUBER Kamil	219		M30	00:47:41	105	00:05:58	00:32:20	01:04:00	01:34:53	02:06:14	02:39:56	03:13:45	116	00:04:44	00:07:29	00:22:10	00:37:20	00:52:56	01:10:13	01:26:11
98	SALEJ Paweł	205		M18	00:47:17	101	00:05:54	00:30:19	01:00:20	01:32:05	02:02:10	02:34:43	03:06:57	106	00:06:40	00:08:32	00:25:49	00:42:00	00:58:23	01:16:05	01:33:45
99	IZDEBSKI Mariusz	325	OSV TEAM	M50	00:48:34	110	00:07:05	00:31:18	01:02:30	01:35:14	02:06:20	02:40:03	03:13:44	115	00:07:02	00:07:15	00:21:49	00:36:58	00:52:05	01:08:10	01:24:20
100	MIELCZAREK Kazimierz	309	EXPERTFUN.POLSKA	M40	00:41:18	67	00:04:46	00:33:30	01:01:29	01:31:29	02:01:40	02:34:31	03:06:09	105	00:05:08	00:09:51	00:27:58	00:48:21	01:08:32	01:29:39	01:49:54
101	CORREIA Daniel	276	7NUTRITION TRI	M40	00:55:53	117	00:06:53	00:28:24	00:56:45	01:26:57	01:57:02	02:30:12	03:02:52	101	00:06:39	00:08:34	00:24:21	00:40:54	00:57:29	01:17:25	01:35:49
102	SZYMCZAK Marcin	705		M40	00:51:14	114	00:08:55	00:29:37	00:58:57	01:30:23	02:00:25	02:32:31	03:04:18	103	00:11:05	00:08:01	00:24:06	00:40:50	00:57:22	01:15:52	01:33:20
103	SZAFRAŃSKI Maciej	279	PRAWIEPRO	M40	00:48:25	108	00:04:17	00:30:54	01:00:33	01:31:16	02:01:19	02:32:37	03:01:48	100	00:03:52	00:09:59	00:29:46	00:51:54	01:13:15	01:36:40	01:59:01
104	BOGACZYK Robert	290	KANAPKOWY RAJ	M40	00:57:10	118	00:08:09	00:30:01	00:59:06	01:30:26	02:01:13	02:34:04	03:06:07	104	00:07:19	00:08:23	00:24:51	00:42:24	01:00:22	01:19:39	01:38:45
105	SZCZAP Rafał	215		M18	00:43:44	85	00:06:11	00:31:43	01:04:19	01:38:15	02:11:58	02:48:17	03:24:05	117	00:04:11	00:07:59	00:25:24	00:43:31	01:02:40	01:22:58	01:41:43
106	WITA Filip	253		M30	00:58:19	120	00:09:24	00:34:01	01:04:26	01:36:05	02:06:33	02:38:38	03:12:07	113	00:08:17	00:08:04	00:24:29	00:41:22	00:58:36	01:16:38	01:35:57
107	JAKUBOWICZ Piotr	218		M18	00:52:10	116	00:05:47	00:27:55	01:50:32	02:21:09	02:49:05	03:17:58	03:47:33	118	00:04:14	00:06:33	00:20:08	00:33:54	00:47:10	01:01:40	01:16:54
108	WEIGANG Stefan	106	SG LETTER 05	M60+	01:00:32	121	00:04:56	00:30:56	01:01:37	01:33:36	02:04:42	02:37:03	03:08:19	108	00:05:08	00:08:59	00:27:07	00:47:10	01:07:47	01:29:12	01:50:25
	IMIANOWSKI Konrad	204		M18	00:31:07	5	00:02:38	00:22:04	00:43:23	01:06:26	01:29:15										
	WRÓBLEWSKI Antoni	243		M30	00:38:47	47	00:04:52	00:27:38	00:54:47	01:25:01	01:54:01	02:27:20	02:58:02	90	00:05:21	00:07:20					
	WASILEWSKI Michał	274	7NUTRITION TEAM	M30																	
	LEŻAŁA Krystian	462	KS POLONIA ŚRODA WIELKOPOLSKA	M40	00:40:45	63	00:04:29	00:26:24	00:52:17												
	KLIMKOWSKI Piotr	329	ZG LUBIN	M50	00:41:34	69	00:06:01	00:29:13													
	NOWAK Adrian	301	TRI-4-FUN/#ZALINIAMIETEAM	M40	00:42:45	76	00:03:41	00:28:38	00:55:58												