



# POTĘGOWO - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

**Event:** Puchar Polski Nordic Walking 2018  
**Organiser:** PFNW  
**Date:** 2018-08-19  
**Place:** Potęgowo  
**Distance:** 10 km



Classification: All

Split point: 7,5 km

Place	Participant	Number	Club	Category	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km
1	<b>YANKOVSKIY Dmitriy</b>	<b>374</b>	KLUB SPORTOWY DED	M40-49			00:15:28	00:31:24	00:47:29
2	<b>SIWAK Piotr</b>	<b>354</b>	KS METRACO POLKOWICE	M50-59			00:16:00	00:32:00	00:47:57
3	<b>JANOCHA Robert</b>	<b>380</b>	MUKS PODKARPACIE JEDLICZE	M50-59			00:16:01	00:32:01	00:47:59
4	<b>BIŁEK Artur</b>	<b>301</b>	UNIA MIAST	M30-39			00:15:49	00:31:59	00:48:03
5	<b>NIECHWIEJCZYK Piotr</b>	<b>343</b>	UNIA MIAST	M40-49			00:15:40	00:32:05	00:48:28
6	<b>JUREK Adam</b>	<b>322</b>	KS METRACO POLKOWICE	M50-59			00:16:02	00:32:04	00:48:36
7	<b>KUBISZYN Mirosław</b>	<b>333</b>		M30-39			00:16:16	00:32:57	00:49:01
8	<b>HAŁAS Marcin</b>	<b>317</b>	UNIA MIAST	M30-39			00:16:13	00:32:39	00:49:02
9	<b>BORKOWSKI Dariusz</b>	<b>302</b>	NOWI SIEDLCE/NW WSCHÓD	M40-49			00:16:00	00:32:29	00:49:03
10	<b>RYCHLIK Grzegorz</b>	<b>352</b>	NOWI SIEDLCE/NW WSCHÓD	M30-39			00:16:13	00:32:41	00:49:04
11	<b>NACZK Leonard</b>	<b>342</b>	DYNAMIC	M40-49			00:16:03	00:32:53	00:49:57
12	<b>NIEDBAŁ Adam</b>	<b>381</b>	SILESIA NORDIC TEAM	M40-49			00:16:36	00:33:24	00:50:13
13	<b>HELWICH Stefan</b>	<b>318</b>	KS METRACO POLKOWICE	M60-69			00:16:20	00:33:18	00:50:25
14	<b>MIELECKA Agnieszka</b>	<b>341</b>	KS IDMAR RACING TEAM	K40-49			00:16:14	00:33:04	00:50:26
15	<b>KUBISZYN Małgorzata</b>	<b>332</b>		K30-39			00:16:42	00:34:06	00:51:40
16	<b>SMUL Andrzej</b>	<b>358</b>	MARSZ PO ZDROWIE POZNAŃ	M60-69			00:17:05	00:34:15	00:51:53
17	<b>KUBIAK Przemysław</b>	<b>331</b>	KS IDMAR RACING TEAM	M40-49			00:16:52	00:34:25	00:51:57
18	<b>ZAGAJA Janusz</b>	<b>376</b>	WESOŁY BORSUK TEAM	M60-69			00:17:03	00:34:14	00:51:57
19	<b>SPYCHAŁA Lesław</b>	<b>359</b>		M50-59			00:16:45	00:34:17	00:52:14
20	<b>GŁOWA Michał</b>	<b>314</b>	UNIA MIAST	M18-29			00:16:55	00:34:44	00:52:20
21	<b>JĘDRASIAK Renata</b>	<b>321</b>	KS METRACO POLKOWICE	K50-59			00:17:20	00:34:51	00:52:22
22	<b>PASIKOWSKA Mariola</b>	<b>348</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39			00:17:06	00:34:50	00:52:56
23	<b>GIERSZEWSKI Arkadiusz</b>	<b>386</b>		M40-49			00:17:14	00:34:55	00:53:09
24	<b>SAŁABON Grzegorz</b>	<b>353</b>	TEAM NORDICUS LĘBORK	M50-59	1		00:17:03	00:34:48	00:53:43
25	<b>STYŚ Elżbieta</b>	<b>379</b>		K50-59			00:17:22	00:35:31	00:53:47
26	<b>SZARSZUNOWICZ Anna</b>	<b>363</b>	KS METRACO POLKOWICE	K30-39			00:17:25	00:35:35	00:54:01
27	<b>SMARSZCZ Wiesław</b>	<b>357</b>	TEAM NORDICUS LĘBORK	M60-69	1		00:17:34	00:35:52	00:54:20
28	<b>BUJNICKI Marcin</b>	<b>303</b>	NORDIC WALKING PASŁĘK	M40-49			00:17:55	00:36:19	00:54:51

Place	Participant	Number	Club	Category	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km
29	<b>HRYNDIO Jerzy</b>	<b>319</b>	UNIA MIAST	M60-69			00:17:25	00:35:51	00:54:51
30	<b>SŁOWIŃSKA Alicja</b>	<b>356</b>	NOWI SIEDLCE/NW WSCHÓD	K50-59	1		00:17:26	00:36:04	00:54:57
31	<b>KONCEWICZ Marek</b>	<b>325</b>	ELITE TEAM CHODZE Z KIJAMI GDYNIA	M50-59			00:18:01	00:36:34	00:55:10
32	<b>KRAKOWIAN Piotr</b>	<b>328</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M40-49			00:17:47	00:36:15	00:55:18
33	<b>ŚLUSARCZYK Andrzej</b>	<b>367</b>	WESOŁY BORSUK TEAM	M60-69			00:17:52	00:36:24	00:55:18
34	<b>KRÓLIKOWSKA Krystyna</b>	<b>329</b>		K40-49			00:18:09	00:36:51	00:55:38
35	<b>ŚLUSARCZYK Marcin</b>	<b>366</b>	WESOŁY BORSUK TEAM	M30-39			00:18:25	00:37:21	00:55:53
36	<b>ZIELIŃSKA Jolanta</b>	<b>377</b>		K50-59	1		00:17:56	00:36:51	00:56:01
37	<b>CZAJKA Urszula</b>	<b>308</b>	FACE NORDIC WALKING TEAM	K60-69			00:18:15	00:37:05	00:56:26
38	<b>KURZAWSKA Jolanta</b>	<b>334</b>	KS METRACO POLKOWICE	K60-69			00:18:14	00:37:06	00:56:27
39	<b>POZNAŃSKI Wiesław</b>	<b>351</b>		M60-69			00:18:01	00:36:56	00:56:33
40	<b>WIERZBA Lilla</b>	<b>372</b>	PASJA NORDIC WALKING	K50-59			00:18:26	00:37:29	00:56:43
41	<b>STAWNIAK Karol</b>	<b>360</b>	KS METRACO POLKOWICE	M70+			00:18:49	00:37:35	00:56:44
42	<b>ZACHARCZUK Zofia</b>	<b>375</b>	NOWI SIEDLCE/NW WSCHÓD	K60-69			00:18:42	00:38:01	00:57:19
43	<b>KOŁPAK Jan</b>	<b>323</b>	LKS ZANTYR SZTUM	M70+			00:19:00	00:38:01	00:57:24
44	<b>KORDOWSKA Bogusława</b>	<b>326</b>		K40-49			00:18:55	00:38:06	00:57:38
45	<b>KREFFT Barbara</b>	<b>385</b>		K50-59			00:18:57	00:38:17	00:57:38
46	<b>DZIĘCZKOWSKI Marcin</b>	<b>387</b>		M40-49			00:18:55	00:38:15	00:57:45
47	<b>NIETRZEBKA Aleksandra</b>	<b>344</b>	MIĘDZYBORÓW	K18-29			00:18:51	00:38:13	00:57:47
48	<b>DOBROWOLSKA-ŚWIĄTEK Elżbieta</b>	<b>311</b>		K50-59			00:18:52	00:38:26	00:57:52
49	<b>MALINOWSKA Katarzyna</b>	<b>339</b>	LECYMY DURŚ	K30-39			00:19:07	00:39:03	00:58:10
50	<b>KONCEWICZ Aneta</b>	<b>324</b>	ELITE TEAM CHODZE Z KIJAMI GDYNIA	K18-29			00:18:58	00:38:30	00:58:16
51	<b>SZUL-MŁOCZYŃSKA Aleksandra</b>	<b>365</b>		K30-39			00:18:58	00:38:49	00:58:43
52	<b>ŚLUSARCZYK Grzegorz</b>	<b>368</b>	WESOŁY BORSUK TEAM	M40-49			00:19:23	00:39:17	00:58:57
53	<b>CHYRA Janusz</b>	<b>306</b>	UNIA MIAST	M40-49			00:19:32	00:39:29	00:59:09
54	<b>KOTULA Jakub</b>	<b>327</b>	UNIA MIAST	M30-39			00:19:41	00:39:37	00:59:18
55	<b>MALKIEWICZ Małgorzata</b>	<b>340</b>	ŻYJ AKTYWNI W WIERZYNIE	K50-59			00:19:19	00:39:11	00:59:20
56	<b>SURIAK Ewelina</b>	<b>362</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K18-29			00:19:10	00:39:15	00:59:27
57	<b>GWAREK Anita</b>	<b>315</b>	PASJA NORDIC WALKING	K40-49			00:19:01	00:38:55	00:59:29
58	<b>CYRNY Bogusław</b>	<b>345</b>		M50-59	1		00:20:00	00:39:41	00:59:37
59	<b>PINIS Agnieszka</b>	<b>349</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K40-49			00:19:05	00:39:04	00:59:46
60	<b>CONTUCCI Ewa</b>	<b>307</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K40-49			00:19:34	00:39:49	01:00:05
61	<b>BIAŁK Roman</b>	<b>383</b>		M60-69			00:19:43	00:39:57	01:00:11
62	<b>CZAKIERT Marek</b>	<b>309</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M50-59			00:19:47	00:39:53	01:00:32
63	<b>CHOLEWKA Jolanta</b>	<b>304</b>	MARSZ PO ZDROWIE POZNAŃ	K60-69			00:19:49	00:40:06	01:00:37
64	<b>OMARSKA Grażyna</b>	<b>346</b>	PASJA NORDIC WALKING	K60-69			00:19:49	00:40:09	01:00:37
65	<b>SZOT Magdalena</b>	<b>364</b>		K18-29			00:19:24	00:39:59	01:00:45
66	<b>FARON Monika</b>	<b>312</b>		K30-39			00:19:59	00:40:15	01:00:45
67	<b>KLUK Sylwia</b>	<b>384</b>		K30-39			00:20:03	00:40:59	01:02:01
68	<b>PINIS Michał</b>	<b>350</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39			00:20:09	00:41:13	01:02:07
69	<b>WIELGUS Aleksandra</b>	<b>371</b>		K30-39			00:20:05	00:40:55	01:02:16
70	<b>JEDYNAK Stanisław</b>	<b>320</b>	PASJA NORDIC WALKING	M70+			00:20:02	00:41:03	01:02:41
71	<b>MACUŁO Ola</b>	<b>338</b>		K30-39			00:21:04	00:42:26	01:03:36
72	<b>WIĘCKOWSKI Janusz</b>	<b>373</b>		M40-49			00:20:34	00:42:03	01:04:00
73	<b>SIKORRA Janina</b>	<b>195</b>	'ORŁY WICKO'	K70+			00:21:30	00:43:08	01:04:52

Place	Participant	Number	Club	Category	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km
74	<b>LABUDDA Katarzyna</b>	<b>336</b>		K30-39			00:19:59	00:42:04	01:05:02
75	<b>OWCZAREK Magdalena</b>	<b>347</b>	MIĘDZYBORÓW	K50-59			00:20:28	00:42:39	01:05:29
76	<b>KRZYŚCIN Rafał</b>	<b>382</b>	SANTANDER CONSUMER BANK	M40-49			00:21:44	00:44:01	01:06:48
77	<b>SIŁKA Roman</b>	<b>451</b>		M50-59			00:21:57	00:44:44	01:07:31
78	<b>LIGĘZA Elżbieta</b>	<b>337</b>		K50-59			00:22:38	00:45:31	01:08:24
79	<b>KRYSZCZUK Kacper</b>	<b>330</b>	NOWI SIEDLCE/NW WSCHÓD	M18-29			00:22:55	00:45:59	01:09:05
80	<b>SIWCZYK Grażyna</b>	<b>355</b>	LECYMY DURŚ	K60-69			00:23:10	00:47:07	01:10:35

Total 80 results.