



POTĘGOWO - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Event: PUCHAR POLSKI NORDIC WALKING 2018
Organiser: PFNW
Date: 2018-08-19
Place: Potęgowo
Distance: 10 km



Classification: M70+

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	STAWNIAK Karol	360	KS METRACO POLKOWICE	M70+	1			00:18:49	00:37:35	00:56:44	01:15:55.05		7:35	7.9 (100%)
2	KOŁPAK Jan	323	LKS ZANTYR SZTUM	M70+	2			00:19:00	00:38:01	00:57:24	01:16:59.40	+00:01:04 (1.4%)	7:42	7.8 (98.7%)
3	JEDYNAK Stanisław	320	PASJA NORDIC WALKING	M70+	3			00:20:02	00:41:03	01:02:41	01:23:19.55	+00:07:24 (8.9%)	8:20	7.2 (91.1%)

Total 3 results.