

# POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

B4SPORT  
INTELEKTUALNE ZARÓDKI SPORTOWE

**Wydarzenie:** PUCHAR POLSKI NORDIC WALKING 2019  
**Organizator:** Potęgowo  
**Data:** 2019-08-24  
**Miejsce:** Potęgowo  
**Dystans:** 21.1 km



Klasyfikacja: K40-49

| Msc | Zawodnik                  | Numer      | Klub                         | Kategoria | Mkat | Żół. kartki | Czer. kartki | laps 1.1km | laps 3.6km | laps 6.1km | laps 8.6km | laps 11.1km | laps 13.6km | laps 16.1km | laps 18.6km | Czas netto 21.1km  | Różn              | Tempo min/km | Tempo km/h  |
|-----|---------------------------|------------|------------------------------|-----------|------|-------------|--------------|------------|------------|------------|------------|-------------|-------------|-------------|-------------|--------------------|-------------------|--------------|-------------|
| 1   | <b>SPYCHAŁA Marzena</b>   | <b>365</b> | CKZIU NYSA MECHANIK          | K40-49    | 1    |             |              | 00:07:44   | 00:25:05   | 00:43:03   | 01:01:14   | 01:19:34    | 01:38:01    | 01:56:34    | 02:15:11    | <b>02:34:04.60</b> |                   | 7:18         | 8.2 (100%)  |
| 2   | <b>KOLMETZ Katarzyna</b>  | <b>347</b> | POLIPACK TEAM GWE            | K40-49    | 2    |             |              | 00:07:57   | 00:25:45   | 00:43:43   | 01:02:03   | 01:20:40    | 01:39:11    | 01:57:59    | 02:16:50    | <b>02:35:52.05</b> | +00:01:47 (1.1%)  | 7:23         | 8.1 (98.8%) |
| 3   | <b>SZULC Alicja</b>       | <b>368</b> |                              | K40-49    | 3    |             |              | 00:07:42   | 00:25:37   | 00:43:47   | 01:02:24   | 01:21:11    | 01:40:29    | 01:59:57    | 02:19:59    | <b>02:40:08.80</b> | +00:06:04 (3.8%)  | 7:35         | 7.9 (96.3%) |
| 4   | <b>ŚCIBUT Ania</b>        | <b>369</b> | FORMA NA PIĄTKĘ NW           | K40-49    | 4    |             |              | 00:07:57   | 00:26:05   | 00:44:53   | 01:04:12   | 01:23:46    | 01:43:41    | 02:03:42    | 02:24:04    | <b>02:44:22.10</b> | +00:10:17 (6.3%)  | 7:47         | 7.7 (93.9%) |
| 5   | <b>GROS Agnieszka</b>     | <b>339</b> | STADION ŚLĄSKI               | K40-49    | 5    |             |              | 00:07:56   | 00:26:47   | 00:45:57   | 01:05:30   | 01:25:03    | 01:45:04    | 02:05:25    | 02:25:50    | <b>02:47:00.95</b> | +00:12:56 (7.7%)  | 7:54         | 7.6 (92.7%) |
| 6   | <b>DANKIEWICZ Barbara</b> | <b>335</b> | ZAWSZE MŁODZI NORDIC WALKING | K40-49    | 6    |             |              | 00:08:56   | 00:29:01   | 00:49:08   | 01:09:22   | 01:29:58    | 01:51:24    | 02:12:57    | 02:35:26    | <b>02:57:29.60</b> | +00:23:25 (13.2%) | 8:24         | 7.1 (86.6%) |

Znaleziono 6 wynik(ów)