

POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie: PUCHAR POLSKI NORDIC WALKING 2019
Organizator: Potęgowo
Data: 2019-08-24
Miejsce: Potęgowo
Dystans: 21.1 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	laps 1.1km	laps 3.6km	laps 6.1km	laps 8.6km	laps 11.1km	laps 13.6km	laps 16.1km	laps 18.6km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	BARCZYK Bogdan	331	NORDIC TEAM CZĘSTOCHOWA	M50-59	1			00:07:30	00:24:29	00:41:44	00:59:09	01:16:45	01:34:41	01:53:06	02:11:55	02:30:30.10		7:08	8.4 (100%)
2	ŻYDACZEWSKI Ryszard	377	KS METRACO POLKOWICE	M50-59	2			00:07:35	00:24:38	00:42:02	00:59:36	01:17:19	01:35:19	01:53:38	02:12:20	02:31:11.65	+00:00:41 (0.5%)	7:09	8.4 (100%)
3	LENZ Andrzej	352	MUSZKIETEROWIE	M50-59	3			00:08:07	00:26:17	00:44:10	01:02:21	01:20:43	01:39:06	01:57:18	02:15:32	02:34:22.65	+00:03:52 (2.5%)	7:19	8.2 (97.6%)
4	ŻAMOJCIN Marek	376	NORDICLUB SZCZECIN	M50-59	4			00:08:07	00:26:23	00:44:54	01:03:34	01:22:33	01:41:47	02:01:32	02:21:40	02:41:06.95	+00:10:36 (6.6%)	7:38	7.9 (94.0%)
5	RAKOWIECKI Zbigniew	361	FACE NORDIC WALKING TEAM	M50-59	5			00:08:10	00:26:33	00:45:19	01:04:29	01:24:05	01:43:50	02:04:12	02:24:25	02:45:13.10	+00:14:43 (8.9%)	7:49	7.7 (91.7%)
6	GOŁĘBIEWSKI Krzysztof	338	ZAWSZE MŁODZI NORDIC WALKING	M50-59	6			00:08:20	00:26:51	00:46:03	01:05:24	01:24:56	01:44:55	02:05:32	02:28:03	02:50:25.50	+00:19:55 (11.7%)	8:04	7.4 (88.1%)
7	WENDT Jarosław	371	POLIPACK TEAM GWE	M50-59	7			00:09:30	00:31:14	00:52:17	01:13:06	01:33:50	01:54:25	02:15:17	02:36:00	02:56:45.35	+00:26:15 (14.9%)	8:22	7.2 (85.7%)
8	KACZMAREK Jarosław	342	SERCE NORDICA WŁOCŁAWEK	M50-59	8			00:08:54	00:28:52	00:49:12	01:09:57	01:30:49	01:52:17	02:14:05	02:36:04	02:58:14.45	+00:27:44 (15.6%)	8:26	7.1 (84.5%)
9	MÓRAWSKI Sławomir	355	TORUŃ - IDZIEMY BEZ RYZYKA	M50-59	9			00:10:21	00:33:52	00:57:00	01:19:52	01:43:33	02:07:56	02:32:12	02:56:56	03:21:30.40	+00:51:00 (25.3%)	9:32	6.3 (75.0%)

Znaleziono 9 wynik(ów)