

POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 5 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: PUCHAR POLSKI NORDIC WALKING 2019
Organiser: Potęgowo
Date: 2019-08-24
Place: Potęgowo
Distance: 5 km



Classification: K45-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	laps 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	JÓŹWIAK Marianna	60	SERCE NORDICA WŁOCŁAWEK	K45-49	1			00:17:18	00:35:20.75		7:04	8.5 (100%)
2	MIKUSINSKA Jola	100	FEAR THE RETURN	K45-49	2			00:18:38	00:37:31.60	+00:02:10 (5.8%)	7:30	8 (94.1%)
3	WAWRZY尼亚K Anna	175	POLIPACK TEAM GWE	K45-49	3			00:18:32	00:37:54.60	+00:02:33 (6.8%)	7:34	7.9 (92.9%)
4	PONKA Barbara	126	POLIPACK TEAM GWE	K45-49	4			00:19:07	00:38:56.40	+00:03:35 (9.2%)	7:47	7.7 (90.6%)
5	GRABOWSKA Bożena	47	LKS ZANTYR SZTUM	K45-49	5			00:19:13	00:39:14.60	+00:03:53 (9.9%)	7:50	7.6 (89.4%)
6	WALESZKO Anna	172	PASJA NORDIC WALKING	K45-49	6			00:19:38	00:39:28.85	+00:04:08 (10.5%)	7:53	7.6 (89.4%)
7	RADOMSKA Joanna	132		K45-49	7			00:20:26	00:40:56.75	+00:05:36 (13.7%)	8:11	7.3 (85.9%)
8	GOMÓŁKA-BIGUS Monika	43	STEP BY STEP TRÓJMIASTO	K45-49	8			00:20:20	00:41:25.60	+00:06:04 (14.7%)	8:17	7.2 (84.7%)
9	KUMPIŚ Izabela	58		K45-49	9			00:20:33	00:42:18.45	+00:06:57 (16.5%)	8:27	7.1 (83.5%)
10	GÓRA Beata	44		K45-49	10			00:20:57	00:42:32.55	+00:07:11 (16.9%)	8:30	7.1 (83.5%)
11	KĘDZIERSKA Etyda	207	PFNW	K45-49	11			00:22:53	00:45:43.55	+00:10:22 (22.7%)	9:08	6.6 (77.6%)

Total 11 results.