



# POTĘGOWO - PUCHAR POLSKI NORDIC WALKING - 21.1 KM

B4SPORT

**Wydarzenie:** PUCHAR POLSKI NORDIC WALKING 2018  
**Organizator:** PFNW  
**Data:** 2018-08-19  
**Miejsce:** Potęgowo  
**Dystans:** 21.1 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 13,5 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Start_All 1km	Start_All 3.5km	Start_All 6km	Start_All 8.5km	Start_All 11km	Start_All 13.5km
1	DEPKA PRĄDZYŃSKI Olgierd	428	BIEGAMYRAZEM.PL	M60+			00:07:32	00:23:42	00:39:40	00:55:45	01:12:00	01:28:27
2	WAWRZYŃIAK Łukasz	463	KS METRACO POLKOWICE	M30-39			00:07:37	00:24:00	00:40:23	00:56:52	01:13:11	01:29:50
3	SZEREMETA Grzegorz	460	CIDRY LOTAJOM	M40-49			00:07:20	00:23:43	00:40:10	00:56:44	01:13:28	01:30:27
4	SŁUPIANEK Paweł	452	LECYMY DURŚ	M30-39			00:07:40	00:24:07	00:40:38	00:57:21	01:14:01	01:30:54
5	PIOTROWSKI Michał	448	FACE NORDIC WALKING TEAM	M30-39	1		00:07:40	00:24:06	00:40:43	00:57:39	01:14:25	01:31:37
6	KŁOS Maciej	437		M30-39			00:08:08	00:24:59	00:41:53	00:58:48	01:15:53	01:33:16
7	SZARSZUNOWICZ Mariusz	459	KS METRACO POLKOWICE	M40-49			00:07:40	00:24:12	00:41:23	00:59:03	01:16:45	01:34:22
8	BARCZYK Bogdan	422	VIKING NORDIC TEAM CZĘSTOCHOWA	M50-59			00:07:50	00:24:39	00:41:53	00:59:24	01:17:27	01:35:25
9	MAKOWSKI Jan	443	RYBNICKI KLUB NORDIC WALKING	M50-59			00:07:15	00:24:17	00:41:50	01:00:05	01:18:24	01:36:57
10	BUŁAKOWSKI Bohdan	425	PASJA NORDIC WALKING	M60+			00:08:25	00:26:16	00:44:11	01:02:12	01:20:20	01:38:36
11	KOWALSKI Marek	439	UNIA MIAST	M50-59			00:08:17	00:26:08	00:44:19	01:02:20	01:20:37	01:39:10
12	PIETRZYK Jarosław	447	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39			00:08:13	00:27:08	00:45:42	01:03:45	01:21:35	01:39:14
13	KOŁODZIEJ Joanna	438	CIDRY LOTAJOM	K50-59			00:08:28	00:26:55	00:45:28	01:03:51	01:22:09	01:40:40
14	WESOŁOWSKI Wojciech	464	MUSZKIETEROWIE	M60+			00:08:28	00:26:16	00:44:13	01:02:44	01:21:54	01:41:22
15	SPYCHAŁA Marzena	455	CKZIU NYSA MECHANIK	K40-49			00:08:41	00:27:29	00:45:46	01:03:52	01:22:42	01:41:44
16	FRANKIEWICZ Mirosław	429	FORMA NA PIĄTKĘ NW	M40-49			00:08:33	00:27:08	00:45:36	01:04:24	01:23:20	01:42:16
17	TEODOROWSKI Dariusz	369	UNIA MIAST	M40-49			00:08:32	00:27:21	00:46:13	01:04:52	01:23:40	01:42:29
18	LIGĘZA Janusz	442		M50-59			00:08:21	00:26:32	00:45:05	01:03:59	01:23:20	01:42:34
19	BADECKI Ryszard	421	KS METRACO POLKOWICE	M50-59			00:08:21	00:26:50	00:45:40	01:04:56	01:24:01	01:42:54
20	KACZMAREK Eugeniusz	433	DWA KIJE SŁUPSK	M60+	1		00:08:27	00:26:20	00:44:46	01:03:56	01:23:14	01:42:56
21	ŚWISŁOCKI Bogdan	462	FACE NORDIC WALKING TEAM	M50-59			00:08:06	00:26:03	00:44:21	01:03:32	01:23:16	01:43:50
22	ŚCIBUT Anna	468	FORMA NA PIĄTKĘ NW	K40-49			00:08:29	00:26:56	00:45:31	01:04:29	01:23:50	01:43:50
23	STĘPIEŃ Lucyna	457	KS METRACO POLKOWICE	K60+			00:08:41	00:27:13	00:45:58	01:05:09	01:24:34	01:44:00
24	JANOSZKA Irena	431	CIDRY LOTAJOM	K50-59			00:08:40	00:27:34	00:46:41	01:06:04	01:25:24	01:44:55
25	BOCZAR Beata	424	GREEN TEAM ZIELONA GÓRA	K50-59			00:08:46	00:27:44	00:46:56	01:06:13	01:25:50	01:45:38
26	KANIEWSKA Beata	434	VIKING NORDIC TEAM CZĘSTOCHOWA	K40-49			00:08:53	00:28:22	00:47:55	01:07:30	01:27:08	01:47:01
27	ŻAMOJCIN Marek	467	NORDICLUB SZCZECIN	M50-59			00:08:26	00:27:56	00:47:50	01:07:41	01:27:46	01:47:36
28	STOPA Joanna	458	BŁĘKITNI NW DZIEMIANY	K18-29			00:09:02	00:28:40	00:48:31	01:08:28	01:28:39	01:48:40

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29	<b>KARASIEWICZ Irena</b>	<b>436</b>	FACE NORDIC WALKING TEAM	K50-59			00:09:02	00:28:38	00:48:24	01:08:24	01:28:40	01:48:51
30	<b>KUŚMIEREK Patryk</b>	<b>441</b>	BŁĘKITNI NW DZIEMIANY	M18-29			00:09:31	00:29:09	00:49:00	01:08:56	01:29:08	01:49:09
31	<b>SOBAŃSKA Grażyna</b>	<b>454</b>		K60+			00:09:11	00:28:57	00:48:47	01:08:53	01:28:59	01:49:14
32	<b>OLSZAŃSKA Krystyna</b>	<b>445</b>	NOWI SIEDLCE/NW WSCHÓD	K60+			00:09:22	00:29:39	00:49:47	01:10:01	01:30:08	01:50:06
33	<b>SZYMCZYK Magdalena</b>	<b>461</b>	NOWI SIEDLCE/NW WSCHÓD	K30-39			00:09:27	00:30:26	00:50:57	01:11:09	01:31:21	01:51:57
34	<b>BARCZYK Jolanta</b>	<b>423</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59			00:09:23	00:29:33	00:49:46	01:10:16	01:31:04	01:51:58
35	<b>KRYSZCZUK Krzysztof</b>	<b>440</b>	NOWI SIEDLCE/NW WSCHÓD	M50-59			00:09:58	00:30:55	00:51:26	01:11:39	01:31:49	01:52:26
36	<b>PANEK Elwira</b>	<b>446</b>		K50-59			00:09:11	00:29:11	00:49:48	01:10:53	01:32:03	01:53:28
37	<b>KABAŁA Marzena</b>	<b>432</b>	BIEGAMYRAZEM.PL	K40-49			00:09:26	00:29:39	00:50:42	01:12:00	01:32:40	01:53:45
38	<b>GERLE-KOTULA Anna</b>	<b>430</b>	UNIA MIAST	K30-39			00:09:27	00:30:27	00:51:22	01:12:08	01:32:55	01:53:55
39	<b>POSTEK Danuta</b>	<b>449</b>	MARSZ PO ZDROWIE	K50-59			00:09:12	00:29:30	00:49:55	01:11:05	01:32:21	01:53:57
40	<b>ZAWADZKA Maria</b>	<b>466</b>	KS METRACO POLKOWICE	K60+			00:09:48	00:31:51	00:53:55	01:15:50	01:37:46	01:59:52
41	<b>CZECZOTT-SZYMAŃSKA Aleksandra</b>	<b>427</b>	ORŁY WICKO	K50-59			00:10:07	00:31:52	00:53:49	01:15:56	01:38:32	02:01:17
42	<b>ROZMUS Jolanta</b>	<b>469</b>	FACE NORDIC WALKING TEAM	K60+			00:09:43	00:31:20	00:53:18	01:15:45	01:38:56	02:02:32
43	<b>WIŚNIEWSKA Sylwia</b>	<b>465</b>		K30-39	2		00:09:58	00:32:00	00:55:41	01:18:29	01:41:14	02:04:55
44	<b>KARASIEWICZ Iwona</b>	<b>435</b>	NORDICLUB SZCZECIN	K30-39			00:10:20	00:33:31	00:56:20	01:19:07	01:42:05	02:05:30
45	<b>CHRAPEK Urszula</b>	<b>426</b>	KS RUDZICA	K30-39			00:10:24	00:33:35	00:56:52	01:20:37	01:44:22	02:08:27

Znaleziono 45 wynik(ów)