

POTĘGOWO - PUCHAR POLSKI NORDIC WALKING - 21.1 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

POTĘGOWO - PUCHAR POLSKI NORDIC WALKING
PFNW
2017-05-14
Potęgowo
21.1 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start_All 1km	Start_All 3.5km	Start_All 6km	Start_All 8.5km	Start_All 11km	Start_All 13.5km	Start_All 16km	Start_All 18.5km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	DEPKA PRĄDZYŃSKI Olgierd	855	BIEGAMYRAZEM.PL	M50-59	1			00:00:08	00:07:44	00:24:35	00:41:48	00:58:30	01:15:13	01:31:47	01:48:36	02:05:22	02:22:30.20	02:22:38.75		6:45	8.9 (100%)
2	PIOTROWSKI Michał	868	FACE NORDIC WALKING TEAM	M30-39	1			00:00:06	00:07:45	00:24:38	00:41:49	00:59:01	01:16:34	01:34:24	01:52:24	02:10:07	02:29:02.00	02:29:08.15	+00:06:31 (4.4%)	7:03	8.5 (95.5%)
3	KUŚMIEREK Patryk	865	BŁĘKITNI DZIEMIANY	M18-29	1			00:00:06	00:08:13	00:26:32	00:44:47	01:02:58	01:20:39	01:38:11	01:55:22	02:12:31	02:29:35.70	02:29:42.60	+00:07:05 (4.7%)	7:05	8.5 (95.5%)
4	BOGACKI Sławek	884	ENERGA NW TEAM	M40-49	1			00:00:07	00:07:46	00:25:01	00:42:41	01:00:42	01:18:40	01:36:41	01:54:18	02:12:17	02:30:17.80	02:30:25.00	+00:07:47 (5.2%)	7:07	8.4 (94.4%)
5	PIETRZYK Jarosław	867	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	2			00:00:06	00:07:55	00:25:42	00:43:43	01:01:46	01:19:37	01:37:18	01:55:01	02:12:50	02:30:19.80	02:30:26.20	+00:07:49 (5.2%)	7:07	8.4 (94.4%)
6	NACZK Leonard	886	DYNAMIC	M40-49	2			00:00:07	00:07:53	00:25:15	00:42:42	01:00:42	01:18:40	01:36:42	01:55:07	02:14:12	02:33:16.00	02:33:23.40	+00:10:45 (7.0%)	7:15	8.3 (93.3%)
7	ZAGAJA Janusz	881	WESOŁY BORSUK TEAM	M60+	1			00:00:10	00:07:40	00:24:52	00:42:46	01:00:58	01:19:19	01:38:14	01:57:26	02:17:15	02:37:36.45	02:37:47.25	+00:15:06 (9.6%)	7:28	8 (89.9%)
8	BIK Stanisław	852	KS METRACO POLKOWICE	M50-59	2			00:00:09	00:08:05	00:26:23	00:44:49	01:03:12	01:21:42	01:40:42	02:00:02	02:19:25	02:39:21.65	02:39:31.55	+00:16:51 (10.6%)	7:33	7.9 (88.8%)
9	DREWA Marian	857		M60+	2			00:00:10	00:08:11	00:26:31	00:44:50	01:03:16	01:21:52	01:41:22	02:00:54	02:20:30	02:40:49.40	02:40:59.50	+00:18:19 (11.4%)	7:37	7.9 (88.8%)
10	SMARSZCZ Wiesław	873	CHODZE Z KIJAMI - TEAM DWA KIJE LĘBORK	M50-59	3			00:00:08	00:08:17	00:26:29	00:45:01	01:03:40	01:22:24	01:41:35	02:01:13	02:20:59	02:41:00.65	02:41:09.55	+00:18:30 (11.5%)	7:37	7.9 (88.8%)
11	SZCZEBAK Jacek	876	UNIA MIAST	M40-49	3			00:00:08	00:08:05	00:26:31	00:45:00	01:03:40	01:22:30	01:41:52	02:01:23	02:21:21	02:41:51.80	02:42:00.15	+00:19:21 (12.0%)	7:40	7.8 (87.6%)
12	PASIKOWSKA Mariola	866	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	1			00:01:06	00:07:54	00:26:11	00:44:42	01:03:38	01:22:57	01:42:21	02:02:17	02:22:21	02:42:01.35	02:43:07.55	+00:19:31 (12.0%)	7:40	7.8 (87.6%)
13	FOLWARSKI Andrzej	858	FACE NORDIC WALKING TEAM	M50-59	4			00:00:09	00:08:14	00:26:36	00:45:14	01:04:06	01:23:10	01:42:39	02:02:08	02:22:29	02:42:46.10	02:42:55.55	+00:20:15 (12.5%)	7:42	7.8 (87.6%)
14	STĘPIEŃ Lucyna	875	KS METRACO POLKOWICE	K60+	1			00:01:09	00:08:22	00:27:03	00:46:14	01:05:40	01:25:14	01:44:49	02:04:31	02:23:53	02:43:03.35	02:44:12.95	+00:20:33 (12.6%)	7:43	7.8 (87.6%)
15	WESOŁOWSKI Wojciech	885	NORDIC TEAM GNIEZNO	M60+	3			00:00:10	00:08:13	00:26:37	00:45:11	01:03:58	01:23:08	01:42:58	02:03:13	02:23:18	02:43:03.80	02:43:13.80	+00:20:33 (12.6%)	7:43	7.8 (87.6%)
16	WOLNIEWICZ Katarzyna	887	FABRIKANORDIKA	K40-49	1			00:01:07	00:08:23	00:27:45	00:47:19	01:07:06	01:26:55	01:46:50	02:06:47	02:26:14	02:46:23.90	02:47:31.55	+00:23:53 (14.4%)	7:53	7.6 (85.4%)
17	SORN Łukasz	874	ELITE TEAM/FACE NORDIC WALKING TEAM	M30-39	3			00:00:06	00:08:40	00:27:45	00:47:12	01:06:31	01:26:05	01:46:18	02:06:22	02:27:06	02:47:22.80	02:47:28.95	+00:24:52 (14.9%)	7:55	7.6 (85.4%)
18	SZULC Alicja	878	NW WERWA MŁAWA	K40-49	2			00:01:08	00:08:24	00:27:22	00:46:49	01:06:37	01:26:43	01:46:31	02:06:39	02:27:03	02:47:49.70	02:48:57.90	+00:25:19 (15.1%)	7:57	7.5 (84.3%)
19	BANASZKIEWICZ Katarzyna	851	PILSCY MIŁOŚNICZY NW	K40-49	3			00:01:08	00:08:14	00:27:41	00:47:38	01:07:33	01:27:24	01:47:22	02:07:32	02:27:58	02:48:19.05	02:49:27.05	+00:25:48 (15.3%)	7:58	7.5 (84.3%)
20	BUCZKOWSKA Wiesława	854	PENDOLINO	K60+	2			00:01:09	00:08:47	00:28:12	00:47:43	01:07:53	01:28:09	01:48:38	02:08:43	02:29:04	02:48:59.25	02:50:09.05	+00:26:29 (15.7%)	8:00	7.5 (84.3%)
21	KOBIELA Daria	863	BŁĘKITNI DZIEMIANY	K18-29	1			00:01:06	00:08:43	00:28:18	00:47:46	01:07:29	01:27:23	01:47:22	02:08:05	02:28:52	02:49:04.50	02:50:10.90	+00:26:34 (15.7%)	8:00	7.5 (84.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start_All 1km	Start_All 3.5km	Start_All 6km	Start_All 8.5km	Start_All 11km	Start_All 13.5km	Start_All 16km	Start_All 18.5km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
22	ZAPAŁA Daniel	882		M40-49	4			00:00:07	00:08:02	00:26:30	00:45:52	01:05:54	01:26:10	01:46:51	02:07:27	02:28:23	02:49:04.75	02:49:12.25	+00:26:34 (15.7%)	8:00	7.5 (84.3%)
23	KARASIEWICZ Irena	862	FACE NORDIC WALKING TEAM	K50-59	1			00:01:08	00:08:52	00:28:19	00:48:24	01:08:35	01:28:54	01:49:08	02:09:30	02:29:59	02:50:07.95	02:51:16.75	+00:27:37 (16.2%)	8:03	7.4 (83.1%)
24	CZYCZ Emilia	890	GREEN TEAM ZIELONA GÓRA	K60+	3			00:01:09	00:08:48	00:28:05	00:47:39	01:07:25	01:27:37	01:48:16	02:09:06	02:29:59	02:50:19.60	02:51:29.10	+00:27:49 (16.3%)	8:04	7.4 (83.1%)
25	BOCZAR Beata	853	GREEN TEAM ZIELONA GÓRA	K50-59	2			00:01:08	00:08:29	00:27:25	00:47:01	01:07:29	01:28:28	01:49:25	02:10:17	02:30:50	02:51:22.40	02:52:31.10	+00:28:52 (16.8%)	8:07	7.4 (83.1%)
26	PIOTROWSKI Krzysztof	869	FACE NORDIC WALKING TEAM	M60+	4			00:00:10	00:08:37	00:27:51	00:47:16	01:07:03	01:27:18	01:48:12	02:09:23	02:31:14	02:53:36.45	02:53:47.00	+00:31:06 (17.9%)	8:13	7.3 (82.0%)
27	POGORZELSKA Wiesława	870	WESOŁY BORSUK TEAM	K30-39	2			00:01:06	00:07:56	00:26:42	00:46:27	01:07:01	01:28:01	01:49:22	02:11:30	02:33:31	02:54:10.60	02:55:16.80	+00:31:40 (18.2%)	8:15	7.3 (82.0%)
28	ANISZEWSKI Krzysztof	888		M40-49	5			00:00:08	00:09:09	00:28:57	00:48:44	01:08:51	01:29:01	01:49:20	02:10:05	02:31:17	02:55:48.80	02:55:56.90	+00:33:18 (18.9%)	8:19	7.2 (80.9%)
29	ŻUCHOWICZ Elżbieta	889	DĄBROWA NORDIC TEAM	K50-59	3			00:01:09	00:08:50	00:28:39	00:48:46	01:09:12	01:30:06	01:51:26	02:13:13	02:34:46	02:56:12.80	02:57:22.30	+00:33:42 (19.1%)	8:21	7.2 (80.9%)
30	KOTULA Jakub	864	UNIA MIAST	M30-39	4			00:00:06	00:08:23	00:29:20	00:50:03	01:10:38	01:31:34	01:52:16	02:13:55	02:35:06	02:56:28.10	02:56:34.40	+00:33:57 (19.2%)	8:21	7.2 (80.9%)
31	REJ Anna	871		K30-39	3			00:01:07	00:08:43	00:28:28	00:48:39	01:09:08	01:30:10	01:51:28	02:13:11	02:34:50	02:56:57.55	02:58:05.10	+00:34:27 (19.5%)	8:23	7.2 (80.9%)
32	NOWAK Maciej	891	PILSCY MIŁOŚNICY NW	M40-49	6			00:00:07	00:08:58	00:30:12	00:51:22	01:12:04	01:32:42	01:53:33	02:14:41	02:36:19	02:58:13.55	02:58:21.00	+00:35:43 (20.0%)	8:26	7.1 (79.8%)
33	WACHOWIAK Sylwia	879	DYNAMIC	K40-49	4			00:01:07	00:09:13	00:29:38	00:50:01	01:10:31	01:31:19	01:52:43	02:14:52	02:36:48	02:58:19.85	02:59:27.20	+00:35:49 (20.1%)	8:27	7.1 (79.8%)
34	ROSOŁEK Elżbieta	872	GREEN TEAM ZIELONA GÓRA	K50-59	4			00:01:08	00:09:09	00:30:00	00:50:28	01:10:59	01:33:47	01:55:33	02:16:15	02:37:58	02:58:46.65	02:59:54.85	+00:36:16 (20.3%)	8:28	7.1 (79.8%)
35	DORSZEWSKA Bożena	856		K50-59	5			00:01:09	00:09:25	00:30:45	00:52:00	01:13:27	01:34:57	01:56:13	02:17:24	02:38:56	03:00:17.55	03:01:27.35	+00:37:47 (21.0%)	8:32	7 (78.7%)
36	GERLE-KOTULA Anna	859	UNIA MIAST	K30-39	4			00:01:06	00:09:16	00:30:48	00:52:05	01:13:24	01:34:56	01:56:31	02:18:07	02:39:44	03:00:57.80	03:02:04.20	+00:38:27 (21.3%)	8:34	7 (78.7%)
37	SZCZODROWSKI Krzysztof	877	FACE NORDIC WALKING TEAM	M50-59	5			00:00:09	00:08:26	00:28:01	00:48:37	01:09:47	01:31:12	01:53:08	02:15:31	02:38:10	03:01:10.50	03:01:19.65	+00:38:40 (21.3%)	8:35	7 (78.7%)
38	POSTEK Danuta	892	MARSZ PO ZDROWIE	K50-59	6			00:01:08	00:09:05	00:30:13	00:51:35	01:12:55	01:34:33	01:56:07	02:18:03	02:40:42	03:03:45.95	03:04:54.85	+00:41:15 (22.5%)	8:42	6.9 (77.5%)
39	ZAWADZKA Maria	883	KS METRACO POLKOWICE	K60+	4			00:01:10	00:09:41	00:32:06	00:54:15	01:15:58	01:37:46	01:59:39	02:21:47	02:44:11	03:07:14.10	03:08:25.00	+00:44:43 (23.9%)	8:52	6.8 (76.4%)
40	WALCZYK Anna	893		K30-39	5			00:01:07	00:09:55	00:31:41	00:54:17	01:17:12	01:40:46	02:05:07	02:29:51	02:54:35	03:19:10.75	03:20:18.25	+00:56:40 (28.5%)	9:26	6.4 (71.9%)
41	GÓRSKA Weronika	860	GOSIR OSIELSKO	K18-29	2			00:01:06	00:09:22	00:30:23	00:51:05	01:11:52	01:54:01	02:15:25	02:37:07	02:58:45			+00:53:23	9:39	6.2 (69.7%)

Znaleziono 41 wynik(ów)