



POTĘGOWO - PUCHAR POLSKI NORDIC WALKING - 21.1 KM

B4SPORT
WIELKIE DROGI WIELKIE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

PUCHAR POLSKI NORDIC WALKING 2018
PFNW
2018-08-19
Potęgowo
21.1 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 1km	Start_All 3.5km	Start_All 6km	Start_All 8.5km	Start_All 11km	Start_All 13.5km	Start_All 16km	Start_All 18.5km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	BARCZYK Bogdan	422	VIKING NORDIC TEAM CZĘSTOCHOWA	M50-59	1			00:07:50	00:24:39	00:41:53	00:59:24	01:17:27	01:35:25	01:53:45	02:12:21	02:31:33.70		7:10	8.4 (100%)
2	MAKOWSKI Jan	443	RYBNICKI KLUB NORDIC WALKING	M50-59	2			00:07:15	00:24:17	00:41:50	01:00:05	01:18:24	01:36:57	01:55:59	02:14:51	02:33:31.10	+00:01:57 (1.3%)	7:16	8.2 (97.6%)
3	KOWALSKI Marek	439	UNIA MIAST	M50-59	3			00:08:17	00:26:08	00:44:19	01:02:20	01:20:37	01:39:10	01:57:50	02:16:41	02:35:39.50	+00:04:05 (2.6%)	7:22	8.1 (96.4%)
4	BADECKI Ryszard	421	KS METRACO POLKOWICE	M50-59	4			00:08:21	00:26:50	00:45:40	01:04:56	01:24:01	01:42:54	02:02:03	02:21:29	02:41:26.05	+00:09:52 (6.1%)	7:39	7.8 (92.9%)
5	LIGĘZA Janusz	442		M50-59	5			00:08:21	00:26:32	00:45:05	01:03:59	01:23:20	01:42:34	02:02:01	02:21:49	02:41:48.45	+00:10:14 (6.3%)	7:40	7.8 (92.9%)
6	ŻAMOJCIN Marek	467	NORDICLUB SZCZECIN	M50-59	6			00:08:26	00:27:56	00:47:50	01:07:41	01:27:46	01:47:36	02:07:36	02:27:45	02:48:05.95	+00:16:32 (9.8%)	7:58	7.5 (89.3%)
7	ŚWISŁOCKI Bogdan	462	FACE NORDIC WALKING TEAM	M50-59	7			00:08:06	00:26:03	00:44:21	01:03:32	01:23:16	01:43:50	02:05:31	02:27:40	02:50:52.55	+00:19:18 (11.3%)	8:05	7.4 (88.1%)
8	KRYSZCZUK Krzysztof	440	NOWI SIEDLCE/NW WSCHÓD	M50-59	8			00:09:58	00:30:55	00:51:26	01:11:39	01:31:49	01:52:26	02:12:47	02:33:41	02:54:49.70	+00:23:16 (13.3%)	8:17	7.2 (85.7%)

Znaleziono 8 wynik(ów)