

# POTRÓJNA PĘTLA MAZURSKA - BIEG CZAPLI

B4SPORT

**Organizator:** Mazurskie Centrum Edukacji Ekologicznej  
**Data:** 2016-08-27  
**Miejsce:** Gajewo  
**Dystans:** 10 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	3.2km 3.2km	4.5km 4.5km	Start_All 5km	3.2km 8.2km	4.5km 9.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	JATEIKO Tomas	215		Mężczyźni	1	00:00:02	00:11:32	00:14:31	00:16:59	00:28:37	00:31:37	00:34:04.75	00:34:07.15		3:24	17.6 (100%)
2	KRZYŻANOWSKI Karol	220		Mężczyźni	2	00:00:02	00:11:32	00:14:32	00:17:00	00:29:00	00:32:02	00:34:40.55	00:34:42.75	+00:00:35 (1.7%)	3:28	17.3 (98.3%)
3	KOPICZKO Maksymilian	351		Mężczyźni	3	00:00:02	00:12:56	00:16:25	00:19:09	00:32:27	00:35:51	00:38:26.25	00:38:29.15	+00:04:21 (11.3%)	3:50	15.6 (88.6%)
4	WOŁCZEK Tomasz	242		Mężczyźni	4	00:00:03	00:12:54	00:16:24	00:19:09	00:32:53	00:36:17	00:38:56.80	00:39:00.15	+00:04:52 (12.5%)	3:53	15.4 (87.5%)
5	LUPA Beata	222		Kobiety	1	00:00:02	00:13:31	00:17:01	00:20:00	00:33:24	00:36:51	00:39:38.95	00:39:41.85	+00:05:34 (14.0%)	3:57	15.1 (85.8%)
6	SAWICKI Andrzej	356	BIEGAM BO LUBIĘ GIŻYCKO	Mężczyźni	5	00:00:04	00:12:55	00:16:22	00:19:17	00:33:12	00:36:44	00:39:49.35	00:39:53.90	+00:05:44 (14.4%)	3:58	15.1 (85.8%)
7	JEGLIŃSKI Kamil	350		Mężczyźni	6	00:00:03	00:13:02	00:16:37	00:19:36	00:33:43	00:37:28	00:40:33.05	00:40:36.15	+00:06:28 (16.0%)	4:03	14.8 (84.1%)
8	WOJCZYS Maciej	241		Mężczyźni	7	00:00:03	00:12:56	00:16:39	00:19:42	00:34:01	00:37:41	00:40:44.40	00:40:48.10	+00:06:39 (16.3%)	4:04	14.7 (83.5%)
9	SOLIWODA Jacek	235		Mężczyźni	8	00:00:03	00:13:10	00:16:45	00:19:43	00:34:05	00:37:49	00:40:50.70	00:40:53.90	+00:06:45 (16.6%)	4:05	14.7 (83.5%)
10	MASIAK Karol	225		Mężczyźni	9	00:00:03	00:13:54	00:17:46	00:20:52	00:36:19	00:40:29	00:43:24.60	00:43:28.10	+00:09:19 (21.5%)	4:20	13.8 (78.4%)
11	ROŻEK Gerard	354		Mężczyźni	10	00:00:03	00:14:17	00:18:14	00:21:33	00:36:57	00:40:47	00:43:54.55	00:43:58.05	+00:09:49 (22.4%)	4:23	13.7 (77.8%)
12	CHEŁKOWSKI Marek	205		Mężczyźni	11	00:00:05	00:14:57	00:19:07	00:22:29	00:39:00	00:43:15	00:46:08.05	00:46:13.75	+00:12:03 (26.1%)	4:36	13 (73.9%)
13	BICZYK Dariusz	372		Mężczyźni	12	00:00:06	00:15:30	00:19:29	00:22:50	00:38:57	00:43:06	00:46:26.05	00:46:32.05	+00:12:21 (26.6%)	4:38	12.9 (73.3%)
14	KRAWCZUK Wiesław	219		Mężczyźni	13	00:00:04	00:15:14	00:19:25	00:22:48	00:39:04	00:43:14	00:46:39.00	00:46:43.55	+00:12:34 (26.9%)	4:39	12.9 (73.3%)
15	NOSOWICZ Jarosław	132		Mężczyźni	14	00:00:04	00:15:46	00:19:59	00:23:38	00:41:23	00:45:41	00:49:13.80	00:49:18.70	+00:15:09 (30.8%)	4:55	12.2 (69.3%)
16	DIACZEK Grzegorz	208		Mężczyźni	15	00:00:04	00:15:44	00:20:02	00:23:38	00:41:23	00:45:44	00:49:24.85	00:49:28.85	+00:15:20 (31.0%)	4:56	12.1 (68.8%)

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17	<b>CHMURZYŃSKA Emilia</b>	<b>206</b>		Kobiety	2	00:00:03	00:15:59	00:20:32	00:24:02	00:41:43	00:46:15	<b>00:49:44.15</b>	<b>00:49:47.15</b>	+00:15:39 (31.5%)	4:58	12.1 (68.8%)
18	<b>ZINKIEWICZ Anna</b>	<b>355</b>	BIEGAM BO LUBIĘ GIŻYCKO	Kobiety	3	00:00:04	00:17:00	00:21:23	00:24:52	00:42:45	00:47:23	<b>00:50:55.10</b>	<b>00:50:59.35</b>	+00:16:50 (33.1%)	5:05	11.8 (67.0%)
19	<b>DIACZEK Halina</b>	<b>207</b>		Kobiety	4	00:00:04	00:17:57	00:22:22	00:26:05	00:43:04	00:47:40	<b>00:51:11.40</b>	<b>00:51:16.00</b>	+00:17:06 (33.4%)	5:07	11.7 (66.5%)
20	<b>KASIŃSKI Romek</b>	<b>218</b>		Mężczyźni	16	00:00:04	00:16:05	00:20:37	00:24:22	00:42:56	00:47:44	<b>00:51:19.30</b>	<b>00:51:23.50</b>	+00:17:14 (33.6%)	5:07	11.7 (66.5%)
21	<b>PYNIAHA Daniel</b>	<b>231</b>		Mężczyźni	17	00:00:02	00:15:57	00:20:34	00:24:02	00:43:00	00:48:03	<b>00:51:32.80</b>	<b>00:51:35.40</b>	+00:17:28 (33.9%)	5:09	11.6 (65.9%)
22	<b>BŁACHNIO Krzysztof</b>	<b>203</b>		Mężczyźni	18	00:00:06	00:17:02	00:21:44	00:25:29	00:43:57	00:48:48	<b>00:52:26.35</b>	<b>00:52:32.70</b>	+00:18:21 (35.0%)	5:14	11.4 (64.8%)
23	<b>ŁOWICKA-BRYŁA Izabela</b>	<b>224</b>		Kobiety	5	00:00:03	00:17:48	00:22:14	00:26:03	00:44:31	00:49:03	<b>00:52:45.85</b>	<b>00:52:49.00</b>	+00:18:41 (35.4%)	5:16	11.4 (64.8%)
24	<b>BOGUCKI Andrzej</b>	<b>204</b>		Mężczyźni	19	00:00:05	00:17:06	00:21:56	00:25:56	00:45:34	00:50:38	<b>00:54:42.30</b>	<b>00:54:47.95</b>	+00:20:37 (37.7%)	5:28	11 (62.5%)
25	<b>FIEDORCZYK Janusz</b>	<b>209</b>		Mężczyźni	20	00:00:03	00:18:17	00:22:58	00:27:04	00:46:00	00:51:02	<b>00:54:56.65</b>	<b>00:55:00.05</b>	+00:20:51 (38.0%)	5:29	10.9 (61.9%)
26	<b>GUDAŃSKI Wiktor</b>	<b>214</b>		Mężczyźni	21	00:00:05	00:17:28	00:22:09	00:26:13	00:47:23	00:52:18	<b>00:56:22.55</b>	<b>00:56:27.85</b>	+00:22:17 (39.6%)	5:38	10.6 (60.2%)
27	<b>ŚLIWA Alicja</b>	<b>239</b>		Kobiety	6	00:00:04	00:18:46	00:23:37	00:27:30	00:47:54	00:52:53	<b>00:56:52.55</b>	<b>00:56:57.05</b>	+00:22:47 (40.1%)	5:41	10.5 (59.7%)
28	<b>SUPRUNOWICZ-PLIZGA Katarzyna</b>	<b>238</b>		Kobiety	7	00:00:05	00:18:40	00:23:44	00:27:44	00:48:43	00:53:43	<b>00:57:47.15</b>	<b>00:57:52.25</b>	+00:23:42 (41.0%)	5:46	10.4 (59.1%)
29	<b>ZATORSKI Łukasz</b>	<b>244</b>		Mężczyźni	22	00:00:05	00:18:50	00:23:49	00:27:42	00:48:43	00:53:51	<b>00:58:11.35</b>	<b>00:58:17.20</b>	+00:24:06 (41.4%)	5:49	10.3 (58.5%)
30	<b>NESTOROWICZ Monika</b>	<b>229</b>		Kobiety	8	00:00:02	00:18:26	00:23:37	00:27:46	00:48:54	00:54:35	<b>00:58:37.15</b>	<b>00:58:39.65</b>	+00:24:32 (41.9%)	5:51	10.2 (58.0%)
31	<b>KASIŃSKA Danuta</b>	<b>217</b>		Kobiety	9	00:00:02	00:18:28	00:23:36	00:27:46	00:48:54	00:54:35	<b>00:58:37.20</b>	<b>00:58:39.90</b>	+00:24:32 (41.9%)	5:51	10.2 (58.0%)
32	<b>PLIZGA Jakub</b>	<b>336</b>		Mężczyźni	23	00:00:05	00:18:27	00:24:04	00:28:25	00:49:47	00:55:24	<b>00:59:22.50</b>	<b>00:59:28.15</b>	+00:25:17 (42.6%)	5:56	10.1 (57.4%)
33	<b>ZBIGNIEW Zbigniew</b>	<b>245</b>		Mężczyźni	24	00:00:06	00:20:13	00:25:34	00:29:58	00:51:26	00:57:08	<b>01:01:42.30</b>	<b>01:01:48.30</b>	+00:27:37 (44.8%)	6:10	9.7 (55.1%)
34	<b>GAJEWSKA Barbara</b>	<b>210</b>		Kobiety	10	00:00:04	00:20:26	00:26:04	00:30:37	00:53:45	00:59:35	<b>01:04:10.80</b>	<b>01:04:15.30</b>	+00:30:06 (46.9%)	6:25	9.3 (52.8%)
35	<b>MAZUR Joanna</b>	<b>227</b>		Kobiety	11	00:00:04	00:20:48	00:26:27	00:31:15	00:55:14	01:01:22	<b>01:06:10.95</b>	<b>01:06:15.75</b>	+00:32:06 (48.5%)	6:37	9.1 (51.7%)
	<b>RADOMSKA Janina</b>	<b>232</b>		Kobiety		DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>RADOMSKI Mirosław</b>	<b>233</b>		Mężczyźni		DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Znaleziono 37 wynik(ów)