

# POTRÓJNA PĘTLA MAZURSKA - BIEG PERKOZA

B4SPORT

**Organizator:** Mazurskie Centrum Edukacji Ekologicznej  
**Data:** 2016-08-27  
**Miejsce:** Gajewo  
**Dystans:** 5 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	3.2km 3.2km	4.5km 4.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>AMBROZIAK Marcin</b>	<b>101</b>		Mężczyźni	1	00:00:28	00:11:41	00:14:45	<b>00:17:15.55</b>	<b>00:17:43.65</b>		3:27	17.4 (100%)
2	<b>SIUDEJ Marcin</b>	<b>148</b>		Mężczyźni	2	00:00:28	00:11:48	00:14:57	<b>00:17:33.00</b>	<b>00:18:01.10</b>	+00:00:17 (1.7%)	3:30	17.1 (98.3%)
3	<b>MILEWSKI Rafał</b>	<b>129</b>		Mężczyźni	3	00:00:28	00:12:21	00:15:43	<b>00:18:13.45</b>	<b>00:18:41.85</b>	+00:00:57 (5.3%)	3:38	16.5 (94.8%)
4	<b>ŁAKASZEWICZ Przemysław</b>	<b>347</b>		Mężczyźni	4	00:00:30	00:12:56	00:16:11	<b>00:18:26.50</b>	<b>00:18:56.50</b>	+00:01:10 (6.4%)	3:41	16.3 (93.7%)
5	<b>JEZIORSKI Mateusz</b>	<b>115</b>		Mężczyźni	5	00:00:29	00:12:57	00:16:12	<b>00:18:34.95</b>	<b>00:19:04.85</b>	+00:01:19 (7.1%)	3:43	16.1 (92.5%)
6	<b>SKUBIDA Adam</b>	<b>149</b>		Mężczyźni	6	00:00:28	00:13:01	00:16:28	<b>00:19:04.50</b>	<b>00:19:33.25</b>	+00:01:48 (9.5%)	3:49	15.7 (90.2%)
7	<b>PŁACZEK Artur</b>	<b>136</b>		Mężczyźni	7	00:00:29	00:13:32	00:17:03	<b>00:19:33.35</b>	<b>00:20:03.30</b>	+00:02:17 (11.7%)	3:54	15.3 (87.9%)
8	<b>MADANY Krzysztof</b>	<b>125</b>		Mężczyźni	8	00:00:29	00:13:14	00:16:47	<b>00:19:33.40</b>	<b>00:20:02.75</b>	+00:02:17 (11.7%)	3:54	15.3 (87.9%)
9	<b>SŁUŻAŁA Grzegorz</b>	<b>150</b>		Mężczyźni	9	00:00:32	00:13:03	00:16:40	<b>00:19:35.75</b>	<b>00:20:07.75</b>	+00:02:20 (11.9%)	3:55	15.3 (87.9%)
10	<b>RUSZCZYK Zbigniew</b>	<b>141</b>		Mężczyźni	10	00:00:31	00:13:39	00:17:11	<b>00:19:49.95</b>	<b>00:20:21.15</b>	+00:02:34 (13.0%)	3:58	15.1 (86.8%)
11	<b>KOZAK Łukasz</b>	<b>119</b>		Mężczyźni	11	00:00:29	00:13:31	00:17:01	<b>00:19:53.05</b>	<b>00:20:22.05</b>	+00:02:37 (13.2%)	3:58	15.1 (86.8%)
12	<b>JACUKEVIC Aneta</b>	<b>112</b>		Kobiety	1	00:00:28	00:13:37	00:17:14	<b>00:19:54.90</b>	<b>00:20:23.65</b>	+00:02:39 (13.3%)	3:59	15.1 (86.8%)
13	<b>WOŁYNIEC Emilia</b>	<b>366</b>		Kobiety	2	00:00:29	00:13:38	00:17:13	<b>00:19:57.75</b>	<b>00:20:27.10</b>	+00:02:42 (13.5%)	3:59	15 (86.2%)
14	<b>RUSZCZYK Łukasz</b>	<b>142</b>		Mężczyźni	12	00:00:31	00:14:18	00:17:58	<b>00:20:43.90</b>	<b>00:21:15.10</b>	+00:03:28 (16.7%)	4:08	14.5 (83.3%)
15	<b>KUŚMIERCZYK Wojciech</b>	<b>363</b>		Mężczyźni	13	00:00:30	00:14:44	00:19:07	<b>00:22:18.85</b>	<b>00:22:49.35</b>	+00:05:03 (22.7%)	4:27	13.4 (77.0%)
16	<b>ZADROGA Joanna</b>	<b>156</b>		Kobiety	3	00:00:28	00:15:20	00:19:24	<b>00:22:34.15</b>	<b>00:23:02.90</b>	+00:05:18 (23.5%)	4:30	13.3 (76.4%)
17	<b>SIDORUK Rafał</b>	<b>146</b>		Mężczyźni	14	00:00:31	00:15:17	00:19:29	<b>00:22:39.10</b>	<b>00:23:10.70</b>	+00:05:23 (23.8%)	4:31	13.2 (75.9%)
18	<b>DUMIEL Norbert</b>	<b>370</b>		Mężczyźni	15	00:00:27	00:15:45	00:19:54	<b>00:23:11.05</b>	<b>00:23:39.00</b>	+00:05:55 (25.6%)	4:38	12.9 (74.1%)
19	<b>MURACH Sylwia</b>	<b>130</b>		Kobiety	4	00:00:30	00:15:28	00:19:46	<b>00:23:40.40</b>	<b>00:24:10.40</b>	+00:06:24 (27.1%)	4:44	12.7 (73.0%)
20	<b>MURACH Daniel</b>	<b>131</b>		Mężczyźni	16	00:00:29	00:15:29	00:19:48	<b>00:23:40.65</b>	<b>00:24:10.60</b>	+00:06:25 (27.1%)	4:44	12.7 (73.0%)
21	<b>ZADROGA Mariusz</b>	<b>157</b>		Mężczyźni	17	00:00:29	00:16:31	00:20:47	<b>00:23:52.80</b>	<b>00:24:21.90</b>	+00:06:37 (27.7%)	4:46	12.6 (72.4%)
22	<b>ZAKRZEWSKI Tomasz</b>	<b>357</b>		Mężczyźni	18	00:00:30	00:16:29	00:20:44	<b>00:24:00.00</b>	<b>00:24:30.20</b>	+00:06:44 (28.1%)	4:48	12.5 (71.8%)
23	<b>KAJAT Szymon</b>	<b>367</b>		Mężczyźni	19	00:00:32	00:16:21	00:20:54	<b>00:24:32.00</b>	<b>00:25:04.30</b>	+00:07:16 (29.7%)	4:54	12.2 (70.1%)
23	<b>KAJAT Grzegorz</b>	<b>116</b>		Mężczyźni	20	00:00:32	00:16:23	00:20:54	<b>00:24:32.00</b>	<b>00:25:04.45</b>	+00:07:16 (29.7%)	4:54	12.2 (70.1%)
25	<b>ANDRZEJEWSKA-KAJAT Anna</b>	<b>102</b>		Kobiety	5	00:00:31	00:16:28	00:20:57	<b>00:24:32.60</b>	<b>00:25:04.30</b>	+00:07:17 (29.7%)	4:54	12.2 (70.1%)
26	<b>FIEDORCZYK Anna</b>	<b>349</b>		Kobiety	6	00:00:30	00:16:41	00:21:10	<b>00:24:38.85</b>	<b>00:25:09.45</b>	+00:07:23 (30.0%)	4:55	12.2 (70.1%)
27	<b>MACULEWICZ Piotr</b>	<b>124</b>		Mężczyźni	21	00:00:32	00:17:01	00:21:54	<b>00:25:25.10</b>	<b>00:25:57.45</b>	+00:08:09 (32.1%)	5:05	11.8 (67.8%)
28	<b>KOZAK Monika</b>	<b>118</b>		Kobiety	7	00:00:30	00:17:24	00:22:04	<b>00:25:34.95</b>	<b>00:26:05.20</b>	+00:08:19 (32.5%)	5:07	11.7 (67.2%)
29	<b>BIELSKI Bartłomiej</b>	<b>103</b>		Mężczyźni	22	00:00:31	00:18:07	00:22:49	<b>00:26:21.60</b>	<b>00:26:53.40</b>	+00:09:06 (34.5%)	5:16	11.4 (65.5%)
30	<b>MIKULSKI Józef</b>	<b>128</b>		Mężczyźni	23	00:00:29	00:17:49	00:22:51	<b>00:26:34.80</b>	<b>00:27:04.35</b>	+00:09:19 (35.1%)	5:19	11.3 (64.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	3.2km	4.5km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							3.2km	4.5km	5km	5km			
31	<b>PRZYGODA Agnieszka</b>	<b>137</b>		Kobiety	8	00:00:33	00:18:10	00:22:52	<b>00:26:36.90</b>	<b>00:27:09.90</b>	+00:09:21 (35.2%)	5:19	11.3 (64.9%)
32	<b>PATEJUK Jakub</b>	<b>133</b>		Mężczyźni	24	00:00:31	00:17:53	00:23:26	<b>00:26:57.80</b>	<b>00:27:29.00</b>	+00:09:42 (36.0%)	5:23	11.1 (63.8%)
33	<b>PRAŻMOWSKA Ania</b>	<b>230</b>		Kobiety	9	00:00:30	00:18:07	00:23:12	<b>00:27:14.25</b>	<b>00:27:45.00</b>	+00:09:58 (36.6%)	5:27	11 (63.2%)
34	<b>RAMOTOWSKA Dorota</b>	<b>138</b>		Kobiety	10	00:00:29	00:18:24	00:23:35	<b>00:27:18.30</b>	<b>00:27:47.95</b>	+00:10:02 (36.8%)	5:27	11 (63.2%)
35	<b>MODRZEJEWSKI Jarosław</b>	<b>365</b>		Mężczyźni	25	00:00:32	00:18:12	00:23:38	<b>00:27:39.30</b>	<b>00:28:12.25</b>	+00:10:23 (37.6%)	5:32	10.8 (62.1%)
36	<b>ŻUKOWSKA Julia</b>	<b>158</b>		Kobiety	11	00:00:29	00:19:22	00:24:35	<b>00:28:14.70</b>	<b>00:28:44.10</b>	+00:10:59 (38.9%)	5:39	10.6 (60.9%)
37	<b>PŁACZEK Dorota</b>	<b>135</b>		Kobiety	12	00:00:30	00:19:27	00:24:32	<b>00:28:20.70</b>	<b>00:28:51.10</b>	+00:11:05 (39.1%)	5:40	10.6 (60.9%)
38	<b>JAKACKA Katarzyna</b>	<b>113</b>		Kobiety	13	00:00:31	00:19:30	00:24:39	<b>00:28:33.15</b>	<b>00:29:04.80</b>	+00:11:17 (39.6%)	5:42	10.5 (60.3%)
39	<b>PIANKA Krzysztof</b>	<b>368</b>		Mężczyźni	26	00:00:30	00:19:35	00:24:46	<b>00:28:58.60</b>	<b>00:29:29.15</b>	+00:11:43 (40.4%)	5:47	10.4 (59.8%)
40	<b>KULIŚ Agata</b>	<b>221</b>		Kobiety	14	00:00:32	00:19:25	00:25:08	<b>00:29:12.15</b>	<b>00:29:44.85</b>	+00:11:56 (40.9%)	5:50	10.3 (59.2%)
41	<b>SOWA Andrzej</b>	<b>348</b>		Mężczyźni	27	00:00:30	00:19:57	00:25:27	<b>00:29:25.10</b>	<b>00:29:55.60</b>	+00:12:09 (41.3%)	5:53	10.2 (58.6%)
42	<b>MACULEWICZ Katarzyna</b>	<b>123</b>		Kobiety	15	00:00:32	00:21:50	00:28:04	<b>00:32:45.50</b>	<b>00:33:17.55</b>	+00:15:29 (47.3%)	6:33	9.2 (52.9%)
43	<b>WOJNAROWSKI Karol</b>	<b>155</b>		Mężczyźni	28	00:00:31	00:22:56	00:29:59	<b>00:34:31.60</b>	<b>00:35:02.65</b>	+00:17:16 (50.0%)	6:54	8.7 (50.0%)
44	<b>SZULC Anna</b>	<b>153</b>		Kobiety	16	00:00:31	00:22:55	00:30:00	<b>00:34:32.70</b>	<b>00:35:03.70</b>	+00:17:17 (50.0%)	6:54	8.7 (50.0%)
45	<b>BŁADYKO Agata</b>	<b>361</b>		Kobiety	17	00:00:29	00:25:09	00:32:06	<b>00:37:52.45</b>	<b>00:38:21.90</b>	+00:20:36 (54.4%)	7:34	7.9 (45.4%)
46	<b>GAJEWSKI Jerzy Piotr</b>	<b>212</b>		Mężczyźni	29	00:05:30	00:53:44	00:59:34	<b>01:04:10.45</b>	<b>01:09:41.05</b>	+00:46:54 (73.1%)	12:50	4.7 (27.0%)
47	<b>GAMOZYK Maria</b>	<b>371</b>		Kobiety	18	00:00:29	00:42:32	00:55:48	<b>01:06:58.00</b>	<b>01:07:27.80</b>	+00:49:42 (74.2%)	13:23	4.5 (25.9%)
	<b>SZCZEPANIK Maria</b>	<b>369</b>		Kobiety		DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 48 wynik(ów)