



# POZNAŃSKI CZERWIEC '56 - BIEG PAMIĘCI 5 KM

B4SPORT

**Wydarzenie:** POZNAŃSKI CZERWIEC '56 - BIEG PAMIĘCI  
**Organizator:** APS AGENCY Sp. z o.o. Sp.k.  
**Data:** 2024-06-23  
**Miejsce:** Poznań  
**Dystans:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KARASIAK Dominika	947	MISTRZOWSKI TRENING	OPEN Kobiety	1	00:14:16	00:20:17.55	00:34:33.80		4:03	14.8 (100%)
2	PASIEKA Katarzyna	1222		OPEN Kobiety	2	00:14:15	00:20:27.10	00:34:42.60	+00:00:09 (0.8%)	4:05	14.7 (99.3%)
3	LUTOMSKA Dorota	815	OFIX.PL BIKE TEAM	OPEN Kobiety	3	00:14:15	00:20:40.40	00:34:56.30	+00:00:22 (1.8%)	4:08	14.5 (98.0%)
4	HOWIL Jagoda	1309	STEFANOWICZ RUNNING ACADEMY	OPEN Kobiety	4	00:14:15	00:20:59.95	00:35:15.90	+00:00:42 (3.4%)	4:11	14.3 (96.6%)
5	WOLIŃSKA Marta	772	ADIDAS RUNNERS POZNAŃ	OPEN Kobiety	5	00:14:16	00:21:53.85	00:36:10.75	+00:01:36 (7.3%)	4:22	13.7 (92.6%)
6	RANECKA Aleksandra	848		OPEN Kobiety	6	00:14:30	00:23:26.70	00:37:57.60	+00:03:09 (13.4%)	4:41	12.8 (86.5%)
7	WOLNIEWICZ Dominika	960		OPEN Kobiety	7	00:14:18	00:24:42.05	00:39:00.85	+00:04:24 (17.8%)	4:56	12.1 (81.8%)
8	WIŚNIEWSKA Marta	1225		OPEN Kobiety	8	00:14:49	00:24:49.05	00:39:39.00	+00:04:31 (18.2%)	4:57	12.1 (81.8%)
9	KĘDZIORA Kinga	1119	BKM TRANSPORT TEAM	OPEN Kobiety	9	00:14:27	00:25:06.20	00:39:33.50	+00:04:48 (19.2%)	5:01	12 (81.1%)
10	GÓRNA Halina	892	PATRYK BOGUCKI - STREFA BIEGANIA	OPEN Kobiety	10	00:14:25	00:25:37.15	00:40:03.05	+00:05:19 (20.8%)	5:07	11.7 (79.1%)
11	PRZYSUSZYŃSKA Anna	1399		OPEN Kobiety	11	00:14:17	00:25:58.05	00:40:15.55	+00:05:40 (21.9%)	5:11	11.6 (78.4%)
12	FRANKOWSKA Julia	807		OPEN Kobiety	12	00:14:36	00:25:58.15	00:40:34.40	+00:05:40 (21.9%)	5:11	11.6 (78.4%)
13	WITUCKA Iwona	896		OPEN Kobiety	13	00:15:07	00:26:01.55	00:41:08.85	+00:05:44 (22.0%)	5:12	11.5 (77.7%)
14	JAŃCZAK Magdalena	1147	DRAGON GIRLS	OPEN Kobiety	14	00:14:24	00:26:04.60	00:40:29.10	+00:05:47 (22.2%)	5:12	11.5 (77.7%)
15	KANIEWSKA Daria	1220		OPEN Kobiety	15	00:14:17	00:26:05.70	00:40:23.50	+00:05:48 (22.2%)	5:13	11.5 (77.7%)
16	GREMPKA Patrycja	1007	ŚLĘZAK TEAM	OPEN Kobiety	16	00:15:00	00:26:07.80	00:41:08.70	+00:05:50 (22.3%)	5:13	11.5 (77.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	<b>SZCZEŚNIAK Kinga</b>	<b>967</b>	PEKABEX	OPEN Kobiety	17	00:14:39	<b>00:26:12.85</b>	<b>00:40:52.20</b>	+00:05:55 (22.6%)	5:14	11.5 (77.7%)
18	<b>BRACISZEWSKA Grażyna</b>	<b>850</b>		OPEN Kobiety	18	00:10:30	<b>00:26:29.15</b>	<b>00:36:59.75</b>	+00:06:11 (23.4%)	5:17	11.3 (76.4%)
19	<b>KAMINIARZ Barbara</b>	<b>1139</b>	DRAGON GIRLS	OPEN Kobiety	19	00:14:24	<b>00:26:38.75</b>	<b>00:41:02.90</b>	+00:06:21 (23.8%)	5:19	11.3 (76.4%)
20	<b>KOWALCZYK Karolina</b>	<b>1248</b>		OPEN Kobiety	20	00:14:48	<b>00:26:43.85</b>	<b>00:41:32.40</b>	+00:06:26 (24.1%)	5:20	11.2 (75.7%)
21	<b>CICHA Kinga</b>	<b>905</b>		OPEN Kobiety	21	00:14:30	<b>00:26:43.90</b>	<b>00:41:14.20</b>	+00:06:26 (24.1%)	5:20	11.2 (75.7%)
22	<b>JAWORSKA Magdalena</b>	<b>1000</b>	GRUNWALD	OPEN Kobiety	22	00:14:31	<b>00:26:46.95</b>	<b>00:41:18.45</b>	+00:06:29 (24.2%)	5:21	11.2 (75.7%)
23	<b>MIERZEJEWSKA Klaudia</b>	<b>1158</b>		OPEN Kobiety	23	00:14:17	<b>00:26:50.15</b>	<b>00:41:07.95</b>	+00:06:32 (24.4%)	5:22	11.2 (75.7%)
24	<b>CELER Wiktoria</b>	<b>1392</b>	POLONIA ŚRODA	OPEN Kobiety	24	00:14:19	<b>00:27:00.25</b>	<b>00:41:20.20</b>	+00:06:42 (24.9%)	5:24	11.1 (75.0%)
25	<b>NIEMIEC Joanna</b>	<b>1029</b>		OPEN Kobiety	25	00:14:34	<b>00:27:03.75</b>	<b>00:41:38.10</b>	+00:06:46 (25.0%)	5:24	11.1 (75.0%)
26	<b>OKONIEWSKA Katarzyna</b>	<b>1233</b>		OPEN Kobiety	26	00:14:27	<b>00:27:04.40</b>	<b>00:41:32.25</b>	+00:06:46 (25.0%)	5:24	11.1 (75.0%)
27	<b>EDER Violetta</b>	<b>1200</b>		OPEN Kobiety	27	00:14:24	<b>00:27:04.75</b>	<b>00:41:28.80</b>	+00:06:47 (25.1%)	5:24	11.1 (75.0%)
28	<b>DWORACKA Natalia</b>	<b>936</b>		OPEN Kobiety	28	00:14:44	<b>00:27:07.30</b>	<b>00:41:52.25</b>	+00:06:49 (25.2%)	5:25	11.1 (75.0%)
29	<b>RZEPSKA Ania</b>	<b>957</b>	PEKABEX	OPEN Kobiety	29	00:14:41	<b>00:27:08.85</b>	<b>00:41:50.45</b>	+00:06:51 (25.3%)	5:25	11.1 (75.0%)
30	<b>NOWAK Klaudia</b>	<b>1012</b>		OPEN Kobiety	30	00:14:19	<b>00:27:12.05</b>	<b>00:41:31.80</b>	+00:06:54 (25.4%)	5:26	11 (74.3%)
31	<b>RATAJCZAK Berenika</b>	<b>1164</b>	ENEA TEAM	OPEN Kobiety	31	00:14:26	<b>00:27:13.35</b>	<b>00:41:40.10</b>	+00:06:55 (25.5%)	5:26	11 (74.3%)
32	<b>HOPPE Kasia</b>	<b>794</b>		OPEN Kobiety	32	00:14:23	<b>00:27:25.05</b>	<b>00:41:48.60</b>	+00:07:07 (26.0%)	5:29	10.9 (73.6%)
33	<b>KOZAK-SZAR Natalia</b>	<b>754</b>		OPEN Kobiety	33	00:14:52	<b>00:27:27.25</b>	<b>00:42:20.15</b>	+00:07:09 (26.1%)	5:29	10.9 (73.6%)
34	<b>NURCZYŃSKA Marzena</b>	<b>1313</b>		OPEN Kobiety	34	00:15:02	<b>00:27:28.55</b>	<b>00:42:30.55</b>	+00:07:11 (26.1%)	5:29	10.9 (73.6%)
35	<b>DROGI Agnieszka</b>	<b>968</b>	PEKABEX	OPEN Kobiety	35	00:14:57	<b>00:27:50.45</b>	<b>00:42:48.10</b>	+00:07:32 (27.1%)	5:34	10.8 (73.0%)
36	<b>FRĄCZAK Paulina</b>	<b>972</b>		OPEN Kobiety	36	00:14:28	<b>00:27:51.10</b>	<b>00:42:19.55</b>	+00:07:33 (27.1%)	5:34	10.8 (73.0%)
37	<b>WARYCH Izabela</b>	<b>1069</b>		OPEN Kobiety	37	00:14:58	<b>00:28:07.30</b>	<b>00:43:06.25</b>	+00:07:49 (27.8%)	5:37	10.7 (72.3%)
38	<b>FURMANEK Marta</b>	<b>1005</b>		OPEN Kobiety	38	00:14:19	<b>00:28:07.60</b>	<b>00:42:27.50</b>	+00:07:50 (27.9%)	5:37	10.7 (72.3%)
39	<b>LASKOWSKA Monika</b>	<b>1049</b>		OPEN Kobiety	39	00:14:21	<b>00:28:08.30</b>	<b>00:42:30.15</b>	+00:07:50 (27.9%)	5:37	10.7 (72.3%)

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40	<b>BOGAJCZYK Marta</b>	<b>997</b>		OPEN Kobiety	40	00:14:43	<b>00:28:08.85</b>	<b>00:42:52.30</b>	+00:07:51 (27.9%)	5:37	10.7 (72.3%)
40	<b>NOWAK Marta</b>	<b>1184</b>		OPEN Kobiety	40	00:14:56	<b>00:28:08.85</b>	<b>00:43:05.00</b>	+00:07:51 (27.9%)	5:37	10.7 (72.3%)
42	<b>NOWICKA Anna</b>	<b>1156</b>		OPEN Kobiety	42	00:14:22	<b>00:28:12.80</b>	<b>00:42:35.25</b>	+00:07:55 (28.1%)	5:38	10.6 (71.6%)
43	<b>BRYCHCZYŃSKA Daria</b>	<b>1208</b>		OPEN Kobiety	43	00:14:24	<b>00:28:14.75</b>	<b>00:42:39.70</b>	+00:07:57 (28.2%)	5:38	10.6 (71.6%)
44	<b>POKORA Ida</b>	<b>1298</b>		OPEN Kobiety	44	00:14:27	<b>00:28:20.15</b>	<b>00:42:47.40</b>	+00:08:02 (28.4%)	5:40	10.6 (71.6%)
45	<b>CIESIELSKA Aleksandra</b>	<b>1076</b>		OPEN Kobiety	45	00:14:41	<b>00:28:23.95</b>	<b>00:43:05.40</b>	+00:08:06 (28.5%)	5:40	10.6 (71.6%)
46	<b>TRYBUŚ Daria</b>	<b>1290</b>		OPEN Kobiety	46	00:14:31	<b>00:28:31.35</b>	<b>00:43:03.20</b>	+00:08:13 (28.9%)	5:42	10.5 (70.9%)
47	<b>WOŹNIAK Beata</b>	<b>1246</b>		OPEN Kobiety	47	00:14:24	<b>00:28:33.15</b>	<b>00:42:58.05</b>	+00:08:15 (28.9%)	5:42	10.5 (70.9%)
48	<b>WINKEL Alina</b>	<b>1040</b>		OPEN Kobiety	48	00:14:39	<b>00:28:36.25</b>	<b>00:43:15.40</b>	+00:08:18 (29.1%)	5:43	10.5 (70.9%)
49	<b>WIECZOREK Hanna</b>	<b>709</b>		OPEN Kobiety	49	00:14:23	<b>00:28:46.05</b>	<b>00:43:09.50</b>	+00:08:28 (29.5%)	5:45	10.4 (70.3%)
50	<b>WOJCIECHOWSKA Renata</b>	<b>1396</b>		OPEN Kobiety	50	00:14:37	<b>00:28:46.15</b>	<b>00:43:23.35</b>	+00:08:28 (29.5%)	5:45	10.4 (70.3%)
51	<b>WOJTOWICZ Sylwia</b>	<b>1123</b>		OPEN Kobiety	51	00:10:32	<b>00:28:48.30</b>	<b>00:39:21.15</b>	+00:08:30 (29.6%)	5:45	10.4 (70.3%)
52	<b>LEŚNIEWSKA Paulina</b>	<b>1083</b>		OPEN Kobiety	52	00:14:47	<b>00:28:50.00</b>	<b>00:43:37.30</b>	+00:08:32 (29.6%)	5:46	10.4 (70.3%)
53	<b>PAWLAK Marta</b>	<b>706</b>		OPEN Kobiety	53	00:14:47	<b>00:28:50.15</b>	<b>00:43:37.40</b>	+00:08:32 (29.6%)	5:46	10.4 (70.3%)
54	<b>WOJTKOWIAK Sylwia</b>	<b>1285</b>		OPEN Kobiety	54	00:14:32	<b>00:28:53.35</b>	<b>00:43:25.55</b>	+00:08:35 (29.8%)	5:46	10.4 (70.3%)
54	<b>OLSZEWSKA Małgorzata</b>	<b>810</b>		OPEN Kobiety	54	00:14:33	<b>00:28:53.35</b>	<b>00:43:26.70</b>	+00:08:35 (29.8%)	5:46	10.4 (70.3%)
56	<b>JANKOWSKA Anna</b>	<b>1274</b>		OPEN Kobiety	56	00:15:46	<b>00:28:54.60</b>	<b>00:44:41.35</b>	+00:08:37 (29.8%)	5:46	10.4 (70.3%)
57	<b>BANNACH Agnieszka</b>	<b>1060</b>		OPEN Kobiety	57	00:14:18	<b>00:29:02.25</b>	<b>00:43:20.90</b>	+00:08:44 (30.1%)	5:48	10.3 (69.6%)
58	<b>MICHALSKA Natalia</b>	<b>1080</b>		OPEN Kobiety	58	00:14:20	<b>00:29:07.40</b>	<b>00:43:28.35</b>	+00:08:49 (30.3%)	5:49	10.3 (69.6%)
59	<b>SKRZYPCZAK Justyna</b>	<b>722</b>	DŹASTA	OPEN Kobiety	59	00:14:48	<b>00:29:08.05</b>	<b>00:43:56.15</b>	+00:08:50 (30.3%)	5:49	10.3 (69.6%)
60	<b>SOBIESKA Kornelia</b>	<b>1116</b>		OPEN Kobiety	60	00:14:28	<b>00:29:12.00</b>	<b>00:43:40.05</b>	+00:08:54 (30.5%)	5:50	10.3 (69.6%)
61	<b>KRUK Joanna</b>	<b>1151</b>		OPEN Kobiety	61	00:14:59	<b>00:29:13.80</b>	<b>00:44:12.95</b>	+00:08:56 (30.6%)	5:50	10.3 (69.6%)
62	<b>JAWORSKA Anna</b>	<b>743</b>		OPEN Kobiety	62	00:14:32	<b>00:29:16.50</b>	<b>00:43:49.45</b>	+00:08:58 (30.7%)	5:51	10.3 (69.6%)

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63	<b>KRZYŻOSTANIAK Agnieszka</b>	<b>1162</b>		OPEN Kobiety	63	00:17:00	<b>00:29:16.80</b>	<b>00:46:17.25</b>	+00:08:59 (30.7%)	5:51	10.3 (69.6%)
64	<b>KUBIAK Anna</b>	<b>1301</b>		OPEN Kobiety	64	00:14:20	<b>00:29:17.05</b>	<b>00:43:37.90</b>	+00:08:59 (30.7%)	5:51	10.2 (68.9%)
65	<b>ŻERKO Violetta</b>	<b>1028</b>	GB WIELKOPOLSCY BIEGACZE	OPEN Kobiety	65	00:14:43	<b>00:29:19.10</b>	<b>00:44:02.25</b>	+00:09:01 (30.8%)	5:51	10.2 (68.9%)
66	<b>SIKORA Zuzanna</b>	<b>789</b>		OPEN Kobiety	66	00:14:24	<b>00:29:25.45</b>	<b>00:43:50.25</b>	+00:09:07 (31.0%)	5:53	10.2 (68.9%)
67	<b>GĄSIOR Justyna</b>	<b>945</b>	NIGHT RUNNERS	OPEN Kobiety	67	00:16:11	<b>00:29:26.05</b>	<b>00:45:37.65</b>	+00:09:08 (31.1%)	5:53	10.2 (68.9%)
68	<b>KONDOŁ Monika</b>	<b>1310</b>		OPEN Kobiety	68	00:14:55	<b>00:29:29.35</b>	<b>00:44:24.50</b>	+00:09:11 (31.2%)	5:53	10.2 (68.9%)
69	<b>STEPKA Katarzyna</b>	<b>767</b>		OPEN Kobiety	69	00:15:12	<b>00:29:35.40</b>	<b>00:44:47.90</b>	+00:09:17 (31.4%)	5:55	10.1 (68.2%)
70	<b>PORYSEK Teresa</b>	<b>766</b>		OPEN Kobiety	70	00:15:12	<b>00:29:35.65</b>	<b>00:44:48.00</b>	+00:09:18 (31.4%)	5:55	10.1 (68.2%)
71	<b>MAŚLAK Ewelina</b>	<b>1235</b>		OPEN Kobiety	71	00:15:04	<b>00:29:38.90</b>	<b>00:44:43.45</b>	+00:09:21 (31.6%)	5:55	10.1 (68.2%)
72	<b>STODOLNA Marta</b>	<b>838</b>		OPEN Kobiety	72	00:15:01	<b>00:29:40.30</b>	<b>00:44:41.90</b>	+00:09:22 (31.6%)	5:56	10.1 (68.2%)
73	<b>WIŚNIEWSKA-KROTECKA Marta</b>	<b>708</b>	MISTRZOWSKI TRENING	OPEN Kobiety	73	00:15:01	<b>00:29:44.25</b>	<b>00:44:45.75</b>	+00:09:26 (31.8%)	5:56	10.1 (68.2%)
74	<b>RURARZ Martyna</b>	<b>728</b>		OPEN Kobiety	74	00:14:29	<b>00:29:49.65</b>	<b>00:44:18.85</b>	+00:09:32 (32.0%)	5:57	10.1 (68.2%)
75	<b>KOZIOŁ Karolina</b>	<b>1257</b>		OPEN Kobiety	75	00:14:56	<b>00:29:51.10</b>	<b>00:44:47.70</b>	+00:09:33 (32.0%)	5:58	10.1 (68.2%)
76	<b>MIKLER Aleksandra</b>	<b>1194</b>		OPEN Kobiety	76	00:14:20	<b>00:29:53.20</b>	<b>00:44:13.85</b>	+00:09:35 (32.1%)	5:58	10 (67.6%)
77	<b>HAŁAS Marta</b>	<b>1207</b>		OPEN Kobiety	77	00:14:30	<b>00:29:58.25</b>	<b>00:44:28.25</b>	+00:09:40 (32.3%)	5:59	10 (67.6%)
78	<b>PRZYBYŁ Lidia</b>	<b>1204</b>	WRONIECKI KLUB BIEGACZA	OPEN Kobiety	78	00:14:28	<b>00:30:19.40</b>	<b>00:44:47.55</b>	+00:10:01 (33.1%)	6:03	9.9 (66.9%)
79	<b>BELAK Magda</b>	<b>1213</b>		OPEN Kobiety	79	00:14:38	<b>00:30:22.30</b>	<b>00:45:00.75</b>	+00:10:04 (33.2%)	6:04	9.9 (66.9%)
80	<b>SZRAMKA Emilia</b>	<b>922</b>		OPEN Kobiety	80	00:14:55	<b>00:30:24.00</b>	<b>00:45:19.70</b>	+00:10:06 (33.2%)	6:04	9.9 (66.9%)
81	<b>FABISZEWSKA Paulina</b>	<b>973</b>		OPEN Kobiety	81	00:14:31	<b>00:30:26.45</b>	<b>00:44:57.80</b>	+00:10:08 (33.3%)	6:05	9.9 (66.9%)
82	<b>BUSZEWSKA Joanna</b>	<b>719</b>		OPEN Kobiety	82	00:14:20	<b>00:30:30.30</b>	<b>00:44:50.55</b>	+00:10:12 (33.5%)	6:06	9.8 (66.2%)
83	<b>LISOWSKA-WALEĆKA Sylwia Katarzyna</b>	<b>877</b>		OPEN Kobiety	83	00:14:26	<b>00:30:35.15</b>	<b>00:45:01.15</b>	+00:10:17 (33.7%)	6:07	9.8 (66.2%)
84	<b>NOWACKA Anna</b>	<b>872</b>		OPEN Kobiety	84	00:14:20	<b>00:30:35.75</b>	<b>00:44:56.60</b>	+00:10:18 (33.7%)	6:07	9.8 (66.2%)
85	<b>MAŁECKA Małgorzata</b>	<b>750</b>	SZALENI BIEGACZE GNIEZNO	OPEN Kobiety	85	00:14:23	<b>00:30:37.20</b>	<b>00:45:00.25</b>	+00:10:19 (33.7%)	6:07	9.8 (66.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
86	<b>PANKOWSKA Patrycja</b>	<b>979</b>		OPEN Kobiety	86	00:15:06	<b>00:30:37.35</b>	<b>00:45:43.45</b>	+00:10:19 (33.7%)	6:07	9.8 (66.2%)
87	<b>WAWRZYNIAK Dagmara</b>	<b>906</b>		OPEN Kobiety	87	00:15:46	<b>00:30:41.50</b>	<b>00:46:28.25</b>	+00:10:23 (33.9%)	6:08	9.8 (66.2%)
88	<b>BUDZYŃSKA Paulina</b>	<b>918</b>	MOLDY UNICORNS	OPEN Kobiety	88	00:14:40	<b>00:30:48.85</b>	<b>00:45:28.95</b>	+00:10:31 (34.1%)	6:09	9.7 (65.5%)
89	<b>SZARZYŃSKA Alicja</b>	<b>1131</b>		OPEN Kobiety	89	00:14:50	<b>00:30:50.00</b>	<b>00:45:40.15</b>	+00:10:32 (34.2%)	6:10	9.7 (65.5%)
90	<b>SERWANSKA Katarzyna</b>	<b>826</b>		OPEN Kobiety	90	00:14:56	<b>00:30:50.30</b>	<b>00:45:46.90</b>	+00:10:32 (34.2%)	6:10	9.7 (65.5%)
91	<b>WICHTOWSKA Justyna</b>	<b>1022</b>		OPEN Kobiety	91	00:15:05	<b>00:30:50.40</b>	<b>00:45:55.75</b>	+00:10:32 (34.2%)	6:10	9.7 (65.5%)
92	<b>CHECHŁA Anna</b>	<b>942</b>		OPEN Kobiety	92	00:14:42	<b>00:30:51.30</b>	<b>00:45:33.30</b>	+00:10:33 (34.2%)	6:10	9.7 (65.5%)
93	<b>TWARKOWSKA Anna</b>	<b>771</b>		OPEN Kobiety	93	00:14:28	<b>00:30:58.45</b>	<b>00:45:27.05</b>	+00:10:40 (34.5%)	6:11	9.7 (65.5%)
94	<b>HARTUNG Katarzyna</b>	<b>1023</b>		OPEN Kobiety	94	00:14:35	<b>00:30:59.55</b>	<b>00:45:35.10</b>	+00:10:42 (34.5%)	6:11	9.7 (65.5%)
95	<b>ZUCHOWSKA Agata</b>	<b>1017</b>		OPEN Kobiety	95	00:11:09	<b>00:31:00.35</b>	<b>00:42:09.50</b>	+00:10:42 (34.6%)	6:12	9.7 (65.5%)
96	<b>KĘDZIORA Marta</b>	<b>1185</b>		OPEN Kobiety	96	00:15:15	<b>00:31:03.35</b>	<b>00:46:18.35</b>	+00:10:45 (34.7%)	6:12	9.7 (65.5%)
97	<b>POLAKOWSKA Daria</b>	<b>1209</b>		OPEN Kobiety	97	00:15:15	<b>00:31:06.70</b>	<b>00:46:22.15</b>	+00:10:49 (34.8%)	6:13	9.6 (64.9%)
98	<b>GRACZYK Grażyna</b>	<b>1020</b>	NITHG RUNNERS POZNAŃ	OPEN Kobiety	98	00:14:21	<b>00:31:10.25</b>	<b>00:45:31.75</b>	+00:10:52 (34.9%)	6:14	9.6 (64.9%)
99	<b>MANTAJ Urszula</b>	<b>830</b>		OPEN Kobiety	99	00:15:00	<b>00:31:11.75</b>	<b>00:46:12.70</b>	+00:10:54 (35.0%)	6:14	9.6 (64.9%)
100	<b>OBST Natalia</b>	<b>1300</b>	DUSZNIKI BIEGAJĄ	OPEN Kobiety	100	00:15:03	<b>00:31:15.20</b>	<b>00:46:18.20</b>	+00:10:57 (35.1%)	6:15	9.6 (64.9%)
101	<b>KUPCZAK Monika</b>	<b>741</b>	BIEGIEMWLAS	OPEN Kobiety	101	00:14:30	<b>00:31:17.45</b>	<b>00:45:48.05</b>	+00:10:59 (35.1%)	6:15	9.6 (64.9%)
102	<b>KŁOSIŃSKA Katarzyna</b>	<b>1234</b>	YANOSIK ACTIVE TEAM	OPEN Kobiety	102	00:14:55	<b>00:31:18.70</b>	<b>00:46:14.55</b>	+00:11:01 (35.2%)	6:15	9.6 (64.9%)
103	<b>URBAŃSKA Daria</b>	<b>1283</b>		OPEN Kobiety	103	00:14:54	<b>00:31:19.10</b>	<b>00:46:13.35</b>	+00:11:01 (35.2%)	6:15	9.6 (64.9%)
104	<b>PAWEŁEK Mariola</b>	<b>1232</b>		OPEN Kobiety	104	00:14:47	<b>00:31:21.25</b>	<b>00:46:08.45</b>	+00:11:03 (35.3%)	6:16	9.6 (64.9%)
105	<b>MICHALSKA Marta</b>	<b>1086</b>		OPEN Kobiety	105	00:14:21	<b>00:31:25.20</b>	<b>00:45:47.00</b>	+00:11:07 (35.4%)	6:17	9.5 (64.2%)
106	<b>RYBOTYCKA Barbara</b>	<b>819</b>		OPEN Kobiety	106	00:14:48	<b>00:31:28.80</b>	<b>00:46:17.15</b>	+00:11:11 (35.5%)	6:17	9.5 (64.2%)
107	<b>ADAMCZYK Katarzyna</b>	<b>798</b>	POZNAŃ	OPEN Kobiety	107	00:14:28	<b>00:31:30.90</b>	<b>00:45:59.75</b>	+00:11:13 (35.6%)	6:18	9.5 (64.2%)
108	<b>PIECHOCKA Katarzyna</b>	<b>875</b>	ZHW POZNAŃ	OPEN Kobiety	108	00:14:38	<b>00:31:31.50</b>	<b>00:46:09.80</b>	+00:11:13 (35.6%)	6:18	9.5 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	<b>ŚMIAŁEK Agnieszka</b>	<b>1163</b>		OPEN Kobiety	109	00:14:24	<b>00:31:34.50</b>	<b>00:45:59.30</b>	+00:11:16 (35.7%)	6:18	9.5 (64.2%)
110	<b>ZIELIŃSKA -PAWŁOWSKA Anna</b>	<b>775</b>		OPEN Kobiety	110	00:10:40	<b>00:31:45.90</b>	<b>00:42:26.40</b>	+00:11:28 (36.1%)	6:21	9.4 (63.5%)
111	<b>BAŃKA Wiktoria</b>	<b>1014</b>		OPEN Kobiety	111	00:14:24	<b>00:31:51.55</b>	<b>00:46:15.70</b>	+00:11:34 (36.3%)	6:22	9.4 (63.5%)
112	<b>KASPRZAK Patrycja</b>	<b>923</b>		OPEN Kobiety	112	00:11:01	<b>00:31:52.30</b>	<b>00:42:53.90</b>	+00:11:34 (36.3%)	6:22	9.4 (63.5%)
113	<b>WALEWSKA Alicja</b>	<b>921</b>		OPEN Kobiety	113	00:11:02	<b>00:31:54.30</b>	<b>00:42:56.55</b>	+00:11:36 (36.4%)	6:22	9.4 (63.5%)
114	<b>KUTZNER Joanna</b>	<b>748</b>		OPEN Kobiety	114	00:10:38	<b>00:32:05.45</b>	<b>00:42:44.20</b>	+00:11:47 (36.8%)	6:25	9.4 (63.5%)
114	<b>MICHALSKA Anna</b>	<b>1100</b>		OPEN Kobiety	114	00:14:22	<b>00:32:05.45</b>	<b>00:46:27.45</b>	+00:11:47 (36.8%)	6:25	9.4 (63.5%)
116	<b>MAJCHER Joanna</b>	<b>816</b>		OPEN Kobiety	116	00:14:29	<b>00:32:05.50</b>	<b>00:46:35.30</b>	+00:11:47 (36.8%)	6:25	9.4 (63.5%)
117	<b>RATAJCZAK Magdalena</b>	<b>1245</b>		OPEN Kobiety	117	00:14:25	<b>00:32:24.10</b>	<b>00:46:49.25</b>	+00:12:06 (37.4%)	6:28	9.3 (62.8%)
118	<b>GOJTKA Kalina</b>	<b>954</b>		OPEN Kobiety	118	00:14:38	<b>00:32:27.10</b>	<b>00:47:05.35</b>	+00:12:09 (37.5%)	6:29	9.2 (62.2%)
119	<b>STEFANIAK-GIŁOWSKA Agnieszka</b>	<b>1062</b>	LOCOSPORT	OPEN Kobiety	119	00:14:55	<b>00:32:30.05</b>	<b>00:47:25.25</b>	+00:12:12 (37.6%)	6:30	9.2 (62.2%)
120	<b>WYSŁUŻAŁ Elżbieta</b>	<b>883</b>	PKO BANK POLSKI	OPEN Kobiety	120	00:14:41	<b>00:32:33.30</b>	<b>00:47:14.30</b>	+00:12:15 (37.7%)	6:30	9.2 (62.2%)
121	<b>FILUT-JUSZCZYK Natalia</b>	<b>1315</b>		OPEN Kobiety	121	00:14:22	<b>00:32:34.55</b>	<b>00:46:56.90</b>	+00:12:17 (37.7%)	6:30	9.2 (62.2%)
122	<b>KRUSZYŃSKA Julia</b>	<b>861</b>		OPEN Kobiety	122	00:15:02	<b>00:32:38.55</b>	<b>00:47:41.00</b>	+00:12:21 (37.8%)	6:31	9.2 (62.2%)
123	<b>MIKOŁAJCZEWSKA Marta</b>	<b>859</b>		OPEN Kobiety	123	00:14:38	<b>00:32:47.15</b>	<b>00:47:26.10</b>	+00:12:29 (38.1%)	6:33	9.2 (62.2%)
124	<b>RYBARCZYK Agata</b>	<b>913</b>		OPEN Kobiety	124	00:14:32	<b>00:32:49.00</b>	<b>00:47:21.20</b>	+00:12:31 (38.2%)	6:33	9.1 (61.5%)
125	<b>NISZKIEWICZ Weronika</b>	<b>916</b>		OPEN Kobiety	125	00:14:42	<b>00:32:50.00</b>	<b>00:47:32.25</b>	+00:12:32 (38.2%)	6:34	9.1 (61.5%)
126	<b>WALKOWIAK Anna</b>	<b>1186</b>		OPEN Kobiety	126	00:14:29	<b>00:32:50.75</b>	<b>00:47:20.60</b>	+00:12:33 (38.2%)	6:34	9.1 (61.5%)
127	<b>CICHA Sylwia</b>	<b>907</b>		OPEN Kobiety	127	00:14:31	<b>00:32:55.55</b>	<b>00:47:26.65</b>	+00:12:38 (38.4%)	6:35	9.1 (61.5%)
128	<b>GMEREK Anna</b>	<b>1128</b>		OPEN Kobiety	128	00:14:51	<b>00:32:56.45</b>	<b>00:47:48.35</b>	+00:12:38 (38.4%)	6:35	9.1 (61.5%)
129	<b>WALKOWIAK Paulina</b>	<b>788</b>		OPEN Kobiety	129	00:14:56	<b>00:32:57.10</b>	<b>00:47:53.85</b>	+00:12:39 (38.4%)	6:35	9.1 (61.5%)
130	<b>RZEMIENIUK Justyna</b>	<b>1140</b>		OPEN Kobiety	130	00:14:43	<b>00:33:01.05</b>	<b>00:47:44.70</b>	+00:12:43 (38.5%)	6:36	9.1 (61.5%)
130	<b>CHOJNICKA Aneta</b>	<b>1218</b>		OPEN Kobiety	130	00:14:51	<b>00:33:01.05</b>	<b>00:47:52.65</b>	+00:12:43 (38.5%)	6:36	9.1 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	<b>GRZEGORCZYK Sylwia</b>	<b>982</b>		OPEN Kobiety	132	00:14:44	<b>00:33:04.25</b>	<b>00:47:49.05</b>	+00:12:46 (38.6%)	6:36	9.1 (61.5%)
133	<b>BAN Asia</b>	<b>1117</b>	WIELKOPOLSKI INDIK	OPEN Kobiety	133	00:14:26	<b>00:33:11.75</b>	<b>00:47:38.70</b>	+00:12:54 (38.9%)	6:38	9 (60.8%)
134	<b>MIKUŁA Marta</b>	<b>1276</b>		OPEN Kobiety	134	00:14:44	<b>00:33:13.90</b>	<b>00:47:58.65</b>	+00:12:56 (38.9%)	6:38	9 (60.8%)
135	<b>LEWICKA Małgorzata</b>	<b>1244</b>		OPEN Kobiety	135	00:14:26	<b>00:33:17.25</b>	<b>00:47:43.95</b>	+00:12:59 (39.0%)	6:39	9 (60.8%)
136	<b>WOJCZESKA-SAŁATA Agata</b>	<b>857</b>		OPEN Kobiety	136	00:15:00	<b>00:33:17.90</b>	<b>00:48:18.35</b>	+00:13:00 (39.1%)	6:39	9 (60.8%)
137	<b>BARTLAKOWSKA Zofia</b>	<b>765</b>	STRAŻ CZEMPIŃ	OPEN Kobiety	137	00:14:18	<b>00:33:21.00</b>	<b>00:47:39.50</b>	+00:13:03 (39.2%)	6:40	9 (60.8%)
138	<b>WIŚNIEWSKA Paulina</b>	<b>863</b>		OPEN Kobiety	138	00:19:03	<b>00:33:29.70</b>	<b>00:52:32.95</b>	+00:13:12 (39.4%)	6:41	9 (60.8%)
139	<b>MOSTOWSKA-NOWAK Elżbieta</b>	<b>751</b>	BABCIE BIEGAJĄ	OPEN Kobiety	139	00:14:35	<b>00:33:31.55</b>	<b>00:48:07.35</b>	+00:13:14 (39.5%)	6:42	9 (60.8%)
140	<b>KOZAK Krystyna</b>	<b>760</b>	RUN TEAM RYDZYNA	OPEN Kobiety	140	00:14:35	<b>00:33:31.80</b>	<b>00:48:07.30</b>	+00:13:14 (39.5%)	6:42	9 (60.8%)
141	<b>GUŚCIORA Izabela</b>	<b>1009</b>		OPEN Kobiety	141	00:14:21	<b>00:33:33.65</b>	<b>00:47:55.50</b>	+00:13:16 (39.5%)	6:42	8.9 (60.1%)
142	<b>DYKS Paulina</b>	<b>963</b>	PACICIE	OPEN Kobiety	142	00:14:21	<b>00:33:34.15</b>	<b>00:47:55.70</b>	+00:13:16 (39.6%)	6:42	8.9 (60.1%)
143	<b>MILEWSKA Estera</b>	<b>1170</b>		OPEN Kobiety	143	00:14:32	<b>00:33:36.65</b>	<b>00:48:09.50</b>	+00:13:19 (39.6%)	6:43	8.9 (60.1%)
144	<b>CZAJKA Anna</b>	<b>851</b>		OPEN Kobiety	144	00:14:18	<b>00:33:47.75</b>	<b>00:48:05.95</b>	+00:13:30 (40.0%)	6:45	8.9 (60.1%)
145	<b>KOWALSKA KROCZEK Paulina</b>	<b>962</b>		OPEN Kobiety	145	00:14:19	<b>00:33:52.95</b>	<b>00:48:12.25</b>	+00:13:35 (40.1%)	6:46	8.9 (60.1%)
146	<b>JENA Jadwiga</b>	<b>870</b>	TEAM POSTEP PNIEWY	OPEN Kobiety	146	00:15:02	<b>00:33:59.00</b>	<b>00:49:01.75</b>	+00:13:41 (40.3%)	6:47	8.8 (59.5%)
147	<b>GRZECA Weronika</b>	<b>880</b>		OPEN Kobiety	147	00:15:03	<b>00:34:08.60</b>	<b>00:49:12.10</b>	+00:13:51 (40.6%)	6:49	8.8 (59.5%)
148	<b>SOBKOWIAK Weronika</b>	<b>882</b>		OPEN Kobiety	148	00:14:34	<b>00:34:20.80</b>	<b>00:48:55.75</b>	+00:14:03 (40.9%)	6:52	8.7 (58.8%)
149	<b>MIKUŁA Ewa</b>	<b>1269</b>		OPEN Kobiety	149	00:14:45	<b>00:34:22.10</b>	<b>00:49:07.70</b>	+00:14:04 (41.0%)	6:52	8.7 (58.8%)
150	<b>DUBIAŁ Halina</b>	<b>759</b>	BABCIE BIEGAJĄ	OPEN Kobiety	150	00:14:37	<b>00:34:25.40</b>	<b>00:49:03.35</b>	+00:14:07 (41.1%)	6:53	8.7 (58.8%)
151	<b>SUŁKOWSKA Sylwia</b>	<b>948</b>		OPEN Kobiety	151	00:14:17	<b>00:34:26.20</b>	<b>00:48:44.10</b>	+00:14:08 (41.1%)	6:53	8.7 (58.8%)
152	<b>BOROWSKA Katarzyna</b>	<b>980</b>		OPEN Kobiety	152	00:14:17	<b>00:34:26.90</b>	<b>00:48:44.35</b>	+00:14:09 (41.1%)	6:53	8.7 (58.8%)
153	<b>ZABADEUSZ Paulina</b>	<b>1095</b>		OPEN Kobiety	153	00:14:17	<b>00:34:26.95</b>	<b>00:48:44.90</b>	+00:14:09 (41.1%)	6:53	8.7 (58.8%)
154	<b>KOZŁOWICZ Magdalena</b>	<b>871</b>		OPEN Kobiety	154	00:14:20	<b>00:34:30.75</b>	<b>00:48:51.15</b>	+00:14:13 (41.2%)	6:54	8.7 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	HIBNER Wiesława	934		OPEN Kobiety	155	00:14:39	00:34:33.70	00:49:12.85	+00:14:16 (41.3%)	6:54	8.7 (58.8%)
156	ANIOŁ Elżbieta	1089		OPEN Kobiety	156	00:14:24	00:34:38.65	00:49:02.95	+00:14:21 (41.4%)	6:55	8.7 (58.8%)
157	KUCZA Marika	1153		OPEN Kobiety	157	00:14:32	00:34:40.55	00:49:13.15	+00:14:23 (41.5%)	6:56	8.7 (58.8%)
158	KURCZYK Marta	1272		OPEN Kobiety	158	00:14:29	00:34:41.90	00:49:11.60	+00:14:24 (41.5%)	6:56	8.6 (58.1%)
159	NAWROCKA Renata	1306		OPEN Kobiety	159	00:14:27	00:34:50.15	00:49:18.05	+00:14:32 (41.7%)	6:58	8.6 (58.1%)
160	RUTKOWSKA Ewa	780		OPEN Kobiety	160	00:14:55	00:34:54.65	00:49:50.00	+00:14:37 (41.9%)	6:58	8.6 (58.1%)
161	SPRINGER Agata	958	PAKABEX	OPEN Kobiety	161	00:14:58	00:35:01.95	00:50:00.15	+00:14:44 (42.1%)	7:00	8.6 (58.1%)
162	MORDAL Marta	956	PEKABEX	OPEN Kobiety	162	00:14:57	00:35:02.75	00:50:00.25	+00:14:45 (42.1%)	7:00	8.6 (58.1%)
163	SIERACZKIEWICZ Sandra	1004		OPEN Kobiety	163	00:14:39	00:35:12.15	00:49:52.10	+00:14:54 (42.4%)	7:02	8.5 (57.4%)
164	GNIADKIEWICZ Justyna	1003		OPEN Kobiety	164	00:14:40	00:35:12.20	00:49:52.30	+00:14:54 (42.4%)	7:02	8.5 (57.4%)
165	RAZUMKA Krysia	868		OPEN Kobiety	165	00:14:52	00:35:17.70	00:50:10.30	+00:15:00 (42.5%)	7:03	8.5 (57.4%)
166	GOLEBIEWSKA Małgorzata	953	RUN TEAM RYDZYNA	OPEN Kobiety	166	00:14:37	00:35:25.60	00:50:03.55	+00:15:08 (42.7%)	7:05	8.5 (57.4%)
167	DOMINICZAK Marzena	1250		OPEN Kobiety	167	00:14:30	00:35:25.85	00:49:56.25	+00:15:08 (42.7%)	7:05	8.5 (57.4%)
168	RYBSKA Daniela	1110		OPEN Kobiety	168	00:14:57	00:35:27.15	00:50:24.40	+00:15:09 (42.8%)	7:05	8.5 (57.4%)
169	GENDERA Ewa	1077	NIGHT RUNNERS	OPEN Kobiety	169	00:15:01	00:35:27.40	00:50:28.40	+00:15:09 (42.8%)	7:05	8.5 (57.4%)
170	MALINGER Lilia	1177		OPEN Kobiety	170	00:15:07	00:35:28.05	00:50:35.20	+00:15:10 (42.8%)	7:05	8.5 (57.4%)
171	PAWLAK Natalia	1160		OPEN Kobiety	171	00:14:32	00:35:32.80	00:50:04.95	+00:15:15 (42.9%)	7:06	8.4 (56.8%)
172	RUTA Julia	791		OPEN Kobiety	172	00:14:43	00:35:35.55	00:50:19.10	+00:15:18 (43.0%)	7:07	8.4 (56.8%)
173	OLEJNICZAK Monika	961	PEKABEX	OPEN Kobiety	173	00:15:09	00:35:36.55	00:50:45.70	+00:15:19 (43.0%)	7:07	8.4 (56.8%)
174	FORTUNA-CZMOK Jolanta	827		OPEN Kobiety	174	00:14:50	00:35:38.70	00:50:29.55	+00:15:21 (43.1%)	7:07	8.4 (56.8%)
175	MIZERNA Paulina	710		OPEN Kobiety	175	00:19:00	00:35:40.60	00:54:41.25	+00:15:23 (43.1%)	7:08	8.4 (56.8%)
176	GRZELAK Marta	782		OPEN Kobiety	176	00:15:11	00:35:42.45	00:50:53.55	+00:15:24 (43.2%)	7:08	8.4 (56.8%)
177	RECKA Sandra	853		OPEN Kobiety	177	00:14:36	00:35:44.25	00:50:21.15	+00:15:26 (43.2%)	7:08	8.4 (56.8%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	<b>SZUKALA Katarzyna</b>	<b>1088</b>		OPEN Kobiety	178	00:14:24	<b>00:35:47.70</b>	<b>00:50:12.20</b>	+00:15:30 (43.3%)	7:09	8.4 (56.8%)
179	<b>KOLASIŃSKA Anna</b>	<b>909</b>	POZNAŃ	OPEN Kobiety	179	00:14:19	<b>00:35:51.25</b>	<b>00:50:10.95</b>	+00:15:33 (43.4%)	7:10	8.4 (56.8%)
180	<b>NOSAL Ewa</b>	<b>1108</b>		OPEN Kobiety	180	00:14:47	<b>00:35:53.50</b>	<b>00:50:40.90</b>	+00:15:35 (43.5%)	7:10	8.4 (56.8%)
181	<b>ROGUSZCZAK Alicja</b>	<b>1041</b>		OPEN Kobiety	181	00:15:03	<b>00:35:56.05</b>	<b>00:50:59.80</b>	+00:15:38 (43.5%)	7:11	8.3 (56.1%)
182	<b>ZYGMUNT Agnieszka</b>	<b>858</b>	DRUŻYNA SZPIKU	OPEN Kobiety	182	00:14:20	<b>00:35:57.90</b>	<b>00:50:18.30</b>	+00:15:40 (43.6%)	7:11	8.3 (56.1%)
183	<b>TACKA Magdalena</b>	<b>855</b>		OPEN Kobiety	183	00:14:41	<b>00:36:10.85</b>	<b>00:50:52.15</b>	+00:15:53 (43.9%)	7:14	8.3 (56.1%)
184	<b>KUŚ Lidia</b>	<b>927</b>		OPEN Kobiety	184	00:14:49	<b>00:36:11.40</b>	<b>00:51:01.35</b>	+00:15:53 (43.9%)	7:14	8.3 (56.1%)
185	<b>WOŹNIAK Natalia</b>	<b>704</b>		OPEN Kobiety	185	00:14:42	<b>00:36:16.80</b>	<b>00:50:59.70</b>	+00:15:59 (44.1%)	7:15	8.3 (56.1%)
186	<b>MEDIGER Małgorzata</b>	<b>976</b>	NIEZALEŻNA	OPEN Kobiety	186	00:14:21	<b>00:36:23.50</b>	<b>00:50:45.30</b>	+00:16:05 (44.2%)	7:16	8.2 (55.4%)
187	<b>PŁONKA Wiktoria</b>	<b>854</b>		OPEN Kobiety	187	00:14:42	<b>00:36:27.50</b>	<b>00:51:09.60</b>	+00:16:09 (44.3%)	7:17	8.2 (55.4%)
188	<b>PRZYBECKA Sandra</b>	<b>841</b>		OPEN Kobiety	188	00:14:48	<b>00:36:44.60</b>	<b>00:51:32.75</b>	+00:16:27 (44.8%)	7:20	8.2 (55.4%)
189	<b>WOJCIECHOWSKA Adrianna</b>	<b>778</b>		OPEN Kobiety	189	00:14:32	<b>00:36:50.00</b>	<b>00:51:22.60</b>	+00:16:32 (44.9%)	7:22	8.1 (54.7%)
190	<b>GŁUCHOWSKA Maja</b>	<b>1157</b>		OPEN Kobiety	190	00:14:23	<b>00:36:53.75</b>	<b>00:51:17.00</b>	+00:16:36 (45.0%)	7:22	8.1 (54.7%)
191	<b>STOJEK Joanna</b>	<b>717</b>		OPEN Kobiety	191	00:14:57	<b>00:36:57.80</b>	<b>00:51:55.50</b>	+00:16:40 (45.1%)	7:23	8.1 (54.7%)
192	<b>TECLAW Michalina</b>	<b>852</b>		OPEN Kobiety	192	00:14:41	<b>00:36:58.55</b>	<b>00:51:39.55</b>	+00:16:41 (45.1%)	7:23	8.1 (54.7%)
193	<b>MALCHEREK Magdalena</b>	<b>1001</b>		OPEN Kobiety	193	00:14:52	<b>00:37:17.25</b>	<b>00:52:09.85</b>	+00:16:59 (45.6%)	7:27	8 (54.1%)
194	<b>WALAS-GWIZDALA Barbara</b>	<b>773</b>	NIGHT RUNNERS POZNAŃ	OPEN Kobiety	194	00:14:29	<b>00:37:23.85</b>	<b>00:51:53.55</b>	+00:17:06 (45.7%)	7:28	8 (54.1%)
195	<b>MAKA Magdalena</b>	<b>1073</b>		OPEN Kobiety	195	00:15:09	<b>00:37:24.25</b>	<b>00:52:33.50</b>	+00:17:06 (45.7%)	7:28	8 (54.1%)
196	<b>NETTMANN ROSZKOWSKA Marta</b>	<b>1291</b>		OPEN Kobiety	196	00:14:33	<b>00:37:29.50</b>	<b>00:52:02.55</b>	+00:17:11 (45.9%)	7:29	8 (54.1%)
197	<b>RZEŹNIK Weronika</b>	<b>951</b>		OPEN Kobiety	197	00:14:43	<b>00:37:39.20</b>	<b>00:52:22.35</b>	+00:17:21 (46.1%)	7:31	8 (54.1%)
198	<b>ZAREMBA Bożena</b>	<b>1036</b>		OPEN Kobiety	198	00:14:19	<b>00:38:16.60</b>	<b>00:52:36.05</b>	+00:17:59 (47.0%)	7:39	7.8 (52.7%)
199	<b>DROBNIK Ewa</b>	<b>939</b>		OPEN Kobiety	199	00:14:33	<b>00:38:19.75</b>	<b>00:52:53.40</b>	+00:18:02 (47.1%)	7:39	7.8 (52.7%)
200	<b>MICHALAK-MAKOWSKA Joanna</b>	<b>1126</b>	MOLDY UNICORNS	OPEN Kobiety	200	00:14:40	<b>00:38:44.05</b>	<b>00:53:24.55</b>	+00:18:26 (47.6%)	7:44	7.7 (52.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	<b>KRZYMIŃSKA Maria Jolanta</b>	<b>761</b>	BABCIE BIEGAJĄ	OPEN Kobiety	201	00:14:36	<b>00:38:53.75</b>	<b>00:53:30.15</b>	+00:18:36 (47.8%)	7:46	7.7 (52.0%)
202	<b>BRODA Weronika</b>	<b>1159</b>		OPEN Kobiety	202	00:14:22	<b>00:39:19.40</b>	<b>00:53:42.10</b>	+00:19:01 (48.4%)	7:51	7.6 (51.4%)
203	<b>KAZIMIREK Małgorzata</b>	<b>895</b>		OPEN Kobiety	203	00:14:43	<b>00:39:24.95</b>	<b>00:54:08.70</b>	+00:19:07 (48.5%)	7:52	7.6 (51.4%)
204	<b>ĆWIKŁA Alicja</b>	<b>756</b>		OPEN Kobiety	204	00:14:58	<b>00:39:25.05</b>	<b>00:54:23.25</b>	+00:19:07 (48.5%)	7:53	7.6 (51.4%)
<b>Przekroczony limit czasu: 00:40:00</b>											
205	<b>MALICKA Joanna</b>	<b>904</b>	UNIKAD TEAM	OPEN Kobiety	205	00:14:27	<b>00:40:12.30</b>	<b>00:54:39.75</b>	+00:19:54 (49.5%)	8:02	7.5 (50.7%)
206	<b>MUCHA Rita</b>	<b>1176</b>		OPEN Kobiety	206	00:15:16	<b>00:40:26.45</b>	<b>00:55:43.05</b>	+00:20:08 (49.8%)	8:05	7.4 (50.0%)
207	<b>RZEŹNIK Bożena</b>	<b>914</b>		OPEN Kobiety	207	00:14:43	<b>00:40:33.35</b>	<b>00:55:16.85</b>	+00:20:15 (50.0%)	8:06	7.4 (50.0%)
208	<b>ŻENOWSKA Kinga</b>	<b>1054</b>		OPEN Kobiety	208	00:14:54	<b>00:40:38.55</b>	<b>00:55:32.70</b>	+00:20:21 (50.1%)	8:07	7.4 (50.0%)
209	<b>KACPEROWSKA Katarzyna</b>	<b>889</b>		OPEN Kobiety	209	00:15:19	<b>00:41:37.20</b>	<b>00:56:56.25</b>	+00:21:19 (51.2%)	8:19	7.2 (48.6%)
210	<b>FISIAK Jadwigia</b>	<b>730</b>		OPEN Kobiety	210	00:14:55	<b>00:44:37.40</b>	<b>00:59:32.75</b>	+00:24:19 (54.5%)	8:55	6.7 (45.3%)
211	<b>KOŃCZAL Karolina</b>	<b>1104</b>		OPEN Kobiety	211	00:14:34	<b>00:54:01.20</b>	<b>01:08:36.15</b>	+00:33:43 (62.4%)	10:48	5.6 (37.8%)
212	<b>WOJCIECHOWSKA Aneta</b>	<b>763</b>		OPEN Kobiety	212	00:14:36					(0.0%)

Znaleziono 212 wynik(ów)