



POZNAŃSKI CZERWIEC '56 – BIEG PAMIĘCI 5 KM

B4SPORT

Wydarzenie: POZNAŃSKI CZERWIEC '56 – BIEG PAMIĘCI
Organizator: APS AGENCY Sp. z o.o. Sp.k.
Data: 2024-06-23
Miejsce: Poznań
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KARASIAK Dominika	947	MISTRZOWSKI TRENING	OPEN Kobiety	1	00:14:16	00:20:17.55	00:34:33.80		4:03	14.8 (100%)
2	PASIEKA Katarzyna	1222		OPEN Kobiety	2	00:14:15	00:20:27.10	00:34:42.60	+00:00:09 (0.8%)	4:05	14.7 (99.3%)
3	LUTOMSKA Dorota	815	OFIX.PL BIKE TEAM	OPEN Kobiety	3	00:14:15	00:20:40.40	00:34:56.30	+00:00:22 (1.8%)	4:08	14.5 (98.0%)
4	HOWIL Jagoda	1309	STEFANOWICZ RUNNING ACADEMY	OPEN Kobiety	4	00:14:15	00:20:59.95	00:35:15.90	+00:00:42 (3.4%)	4:11	14.3 (96.6%)
5	WOLIŃSKA Marta	772	ADIDAS RUNNERS POZNAŃ	OPEN Kobiety	5	00:14:16	00:21:53.85	00:36:10.75	+00:01:36 (7.3%)	4:22	13.7 (92.6%)
6	RANECKA Aleksandra	848		OPEN Kobiety	6	00:14:30	00:23:26.70	00:37:57.60	+00:03:09 (13.4%)	4:41	12.8 (86.5%)
7	WOLNIEWICZ Dominika	960		OPEN Kobiety	7	00:14:18	00:24:42.05	00:39:00.85	+00:04:24 (17.8%)	4:56	12.1 (81.8%)
8	WIŚNIEWSKA Marta	1225		OPEN Kobiety	8	00:14:49	00:24:49.05	00:39:39.00	+00:04:31 (18.2%)	4:57	12.1 (81.8%)
9	KĘDZIORA Kinga	1119	BKM TRANSPORT TEAM	OPEN Kobiety	9	00:14:27	00:25:06.20	00:39:33.50	+00:04:48 (19.2%)	5:01	12 (81.1%)
10	GÓRNA Halina	892	PATRYK BOGUCKI - STREFA BIEGANIA	OPEN Kobiety	10	00:14:25	00:25:37.15	00:40:03.05	+00:05:19 (20.8%)	5:07	11.7 (79.1%)
11	PRZYSUSZYŃSKA Anna	1399		OPEN Kobiety	11	00:14:17	00:25:58.05	00:40:15.55	+00:05:40 (21.9%)	5:11	11.6 (78.4%)
12	FRANKOWSKA Julia	807		OPEN Kobiety	12	00:14:36	00:25:58.15	00:40:34.40	+00:05:40 (21.9%)	5:11	11.6 (78.4%)
13	WITUCKA Iwona	896		OPEN Kobiety	13	00:15:07	00:26:01.55	00:41:08.85	+00:05:44 (22.0%)	5:12	11.5 (77.7%)
14	JAŃCZAK Magdalena	1147	DRAGON GIRLS	OPEN Kobiety	14	00:14:24	00:26:04.60	00:40:29.10	+00:05:47 (22.2%)	5:12	11.5 (77.7%)
15	KANIEWSKA Daria	1220		OPEN Kobiety	15	00:14:17	00:26:05.70	00:40:23.50	+00:05:48 (22.2%)	5:13	11.5 (77.7%)
16	GREMPKA Patrycja	1007	ŚLĘZAK TEAM	OPEN Kobiety	16	00:15:00	00:26:07.80	00:41:08.70	+00:05:50 (22.3%)	5:13	11.5 (77.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	SZCZEŚNIAK Kinga	967	PEKABEX	OPEN Kobiety	17	00:14:39	00:26:12.85	00:40:52.20	+00:05:55 (22.6%)	5:14	11.5 (77.7%)
18	BRACISZEWSKA Grażyna	850		OPEN Kobiety	18	00:10:30	00:26:29.15	00:36:59.75	+00:06:11 (23.4%)	5:17	11.3 (76.4%)
19	KAMINIARZ Barbara	1139	DRAGON GIRLS	OPEN Kobiety	19	00:14:24	00:26:38.75	00:41:02.90	+00:06:21 (23.8%)	5:19	11.3 (76.4%)
20	KOWALCZYK Karolina	1248		OPEN Kobiety	20	00:14:48	00:26:43.85	00:41:32.40	+00:06:26 (24.1%)	5:20	11.2 (75.7%)
21	CICHA Kinga	905		OPEN Kobiety	21	00:14:30	00:26:43.90	00:41:14.20	+00:06:26 (24.1%)	5:20	11.2 (75.7%)
22	JAWORSKA Magdalena	1000	GRUNWALD	OPEN Kobiety	22	00:14:31	00:26:46.95	00:41:18.45	+00:06:29 (24.2%)	5:21	11.2 (75.7%)
23	MIERZEJEWSKA Klaudia	1158		OPEN Kobiety	23	00:14:17	00:26:50.15	00:41:07.95	+00:06:32 (24.4%)	5:22	11.2 (75.7%)
24	CELER Wiktoria	1392	POLONIA ŚRODA	OPEN Kobiety	24	00:14:19	00:27:00.25	00:41:20.20	+00:06:42 (24.9%)	5:24	11.1 (75.0%)
25	NIEMIEC Joanna	1029		OPEN Kobiety	25	00:14:34	00:27:03.75	00:41:38.10	+00:06:46 (25.0%)	5:24	11.1 (75.0%)
26	OKONIEWSKA Katarzyna	1233		OPEN Kobiety	26	00:14:27	00:27:04.40	00:41:32.25	+00:06:46 (25.0%)	5:24	11.1 (75.0%)
27	EDER Violetta	1200		OPEN Kobiety	27	00:14:24	00:27:04.75	00:41:28.80	+00:06:47 (25.1%)	5:24	11.1 (75.0%)
28	DWORACKA Natalia	936		OPEN Kobiety	28	00:14:44	00:27:07.30	00:41:52.25	+00:06:49 (25.2%)	5:25	11.1 (75.0%)
29	RZEPSKA Ania	957	PEKABEX	OPEN Kobiety	29	00:14:41	00:27:08.85	00:41:50.45	+00:06:51 (25.3%)	5:25	11.1 (75.0%)
30	NOWAK Klaudia	1012		OPEN Kobiety	30	00:14:19	00:27:12.05	00:41:31.80	+00:06:54 (25.4%)	5:26	11 (74.3%)
31	RATAJCZAK Berenika	1164	ENEA TEAM	OPEN Kobiety	31	00:14:26	00:27:13.35	00:41:40.10	+00:06:55 (25.5%)	5:26	11 (74.3%)
32	HOPPE Kasia	794		OPEN Kobiety	32	00:14:23	00:27:25.05	00:41:48.60	+00:07:07 (26.0%)	5:29	10.9 (73.6%)
33	KOZAK-SZAR Natalia	754		OPEN Kobiety	33	00:14:52	00:27:27.25	00:42:20.15	+00:07:09 (26.1%)	5:29	10.9 (73.6%)
34	NURCZYŃSKA Marzena	1313		OPEN Kobiety	34	00:15:02	00:27:28.55	00:42:30.55	+00:07:11 (26.1%)	5:29	10.9 (73.6%)
35	DROGI Agnieszka	968	PEKABEX	OPEN Kobiety	35	00:14:57	00:27:50.45	00:42:48.10	+00:07:32 (27.1%)	5:34	10.8 (73.0%)
36	FRĄTCZAK Paulina	972		OPEN Kobiety	36	00:14:28	00:27:51.10	00:42:19.55	+00:07:33 (27.1%)	5:34	10.8 (73.0%)
37	WARYCH Izabela	1069		OPEN Kobiety	37	00:14:58	00:28:07.30	00:43:06.25	+00:07:49 (27.8%)	5:37	10.7 (72.3%)
38	FURMANEK Marta	1005		OPEN Kobiety	38	00:14:19	00:28:07.60	00:42:27.50	+00:07:50 (27.9%)	5:37	10.7 (72.3%)
39	LASKOWSKA Monika	1049		OPEN Kobiety	39	00:14:21	00:28:08.30	00:42:30.15	+00:07:50 (27.9%)	5:37	10.7 (72.3%)

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40	BOGAJCZYK Marta	997		OPEN Kobiety	40	00:14:43	00:28:08.85	00:42:52.30	+00:07:51 (27.9%)	5:37	10.7 (72.3%)
40	NOWAK Marta	1184		OPEN Kobiety	40	00:14:56	00:28:08.85	00:43:05.00	+00:07:51 (27.9%)	5:37	10.7 (72.3%)
42	NOWICKA Anna	1156		OPEN Kobiety	42	00:14:22	00:28:12.80	00:42:35.25	+00:07:55 (28.1%)	5:38	10.6 (71.6%)
43	BRYCHCZYŃSKA Daria	1208		OPEN Kobiety	43	00:14:24	00:28:14.75	00:42:39.70	+00:07:57 (28.2%)	5:38	10.6 (71.6%)
44	POKORA Ida	1298		OPEN Kobiety	44	00:14:27	00:28:20.15	00:42:47.40	+00:08:02 (28.4%)	5:40	10.6 (71.6%)
45	CIESIELSKA Aleksandra	1076		OPEN Kobiety	45	00:14:41	00:28:23.95	00:43:05.40	+00:08:06 (28.5%)	5:40	10.6 (71.6%)
46	TRYBUŚ Daria	1290		OPEN Kobiety	46	00:14:31	00:28:31.35	00:43:03.20	+00:08:13 (28.9%)	5:42	10.5 (70.9%)
47	WOŹNIAK Beata	1246		OPEN Kobiety	47	00:14:24	00:28:33.15	00:42:58.05	+00:08:15 (28.9%)	5:42	10.5 (70.9%)
48	WINKEL Alina	1040		OPEN Kobiety	48	00:14:39	00:28:36.25	00:43:15.40	+00:08:18 (29.1%)	5:43	10.5 (70.9%)
49	WIECZOREK Hanna	709		OPEN Kobiety	49	00:14:23	00:28:46.05	00:43:09.50	+00:08:28 (29.5%)	5:45	10.4 (70.3%)
50	WOJCIECHOWSKA Renata	1396		OPEN Kobiety	50	00:14:37	00:28:46.15	00:43:23.35	+00:08:28 (29.5%)	5:45	10.4 (70.3%)
51	WOJTOWICZ Sylwia	1123		OPEN Kobiety	51	00:10:32	00:28:48.30	00:39:21.15	+00:08:30 (29.6%)	5:45	10.4 (70.3%)
52	LEŚNIEWSKA Paulina	1083		OPEN Kobiety	52	00:14:47	00:28:50.00	00:43:37.30	+00:08:32 (29.6%)	5:46	10.4 (70.3%)
53	PAWLAK Marta	706		OPEN Kobiety	53	00:14:47	00:28:50.15	00:43:37.40	+00:08:32 (29.6%)	5:46	10.4 (70.3%)
54	WOJTKOWIAK Sylwia	1285		OPEN Kobiety	54	00:14:32	00:28:53.35	00:43:25.55	+00:08:35 (29.8%)	5:46	10.4 (70.3%)
54	OLSZEWSKA Małgorzata	810		OPEN Kobiety	54	00:14:33	00:28:53.35	00:43:26.70	+00:08:35 (29.8%)	5:46	10.4 (70.3%)
56	JANKOWSKA Anna	1274		OPEN Kobiety	56	00:15:46	00:28:54.60	00:44:41.35	+00:08:37 (29.8%)	5:46	10.4 (70.3%)
57	BANNACH Agnieszka	1060		OPEN Kobiety	57	00:14:18	00:29:02.25	00:43:20.90	+00:08:44 (30.1%)	5:48	10.3 (69.6%)
58	MICHALSKA Natalia	1080		OPEN Kobiety	58	00:14:20	00:29:07.40	00:43:28.35	+00:08:49 (30.3%)	5:49	10.3 (69.6%)
59	SKRZYPCZAK Justyna	722	DŹASTA	OPEN Kobiety	59	00:14:48	00:29:08.05	00:43:56.15	+00:08:50 (30.3%)	5:49	10.3 (69.6%)
60	SOBIESKA Kornelia	1116		OPEN Kobiety	60	00:14:28	00:29:12.00	00:43:40.05	+00:08:54 (30.5%)	5:50	10.3 (69.6%)
61	KRUK Joanna	1151		OPEN Kobiety	61	00:14:59	00:29:13.80	00:44:12.95	+00:08:56 (30.6%)	5:50	10.3 (69.6%)
62	JAWORSKA Anna	743		OPEN Kobiety	62	00:14:32	00:29:16.50	00:43:49.45	+00:08:58 (30.7%)	5:51	10.3 (69.6%)

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63	KRZYŻOSTANIAK Agnieszka	1162		OPEN Kobiety	63	00:17:00	00:29:16.80	00:46:17.25	+00:08:59 (30.7%)	5:51	10.3 (69.6%)
64	KUBIAK Anna	1301		OPEN Kobiety	64	00:14:20	00:29:17.05	00:43:37.90	+00:08:59 (30.7%)	5:51	10.2 (68.9%)
65	ŻERKO Violetta	1028	GB WIELKOPOLSCY BIEGACZE	OPEN Kobiety	65	00:14:43	00:29:19.10	00:44:02.25	+00:09:01 (30.8%)	5:51	10.2 (68.9%)
66	SIKORA Zuzanna	789		OPEN Kobiety	66	00:14:24	00:29:25.45	00:43:50.25	+00:09:07 (31.0%)	5:53	10.2 (68.9%)
67	GĄSIOR Justyna	945	NIGHT RUNNERS	OPEN Kobiety	67	00:16:11	00:29:26.05	00:45:37.65	+00:09:08 (31.1%)	5:53	10.2 (68.9%)
68	KONDOŁ Monika	1310		OPEN Kobiety	68	00:14:55	00:29:29.35	00:44:24.50	+00:09:11 (31.2%)	5:53	10.2 (68.9%)
69	STEPKA Katarzyna	767		OPEN Kobiety	69	00:15:12	00:29:35.40	00:44:47.90	+00:09:17 (31.4%)	5:55	10.1 (68.2%)
70	PORYSEK Teresa	766		OPEN Kobiety	70	00:15:12	00:29:35.65	00:44:48.00	+00:09:18 (31.4%)	5:55	10.1 (68.2%)
71	MAŚLAK Ewelina	1235		OPEN Kobiety	71	00:15:04	00:29:38.90	00:44:43.45	+00:09:21 (31.6%)	5:55	10.1 (68.2%)
72	STODOLNA Marta	838		OPEN Kobiety	72	00:15:01	00:29:40.30	00:44:41.90	+00:09:22 (31.6%)	5:56	10.1 (68.2%)
73	WIŚNIEWSKA-KROTECKA Marta	708	MISTRZOWSKI TRENING	OPEN Kobiety	73	00:15:01	00:29:44.25	00:44:45.75	+00:09:26 (31.8%)	5:56	10.1 (68.2%)
74	RURARZ Martyna	728		OPEN Kobiety	74	00:14:29	00:29:49.65	00:44:18.85	+00:09:32 (32.0%)	5:57	10.1 (68.2%)
75	KOZIOŁ Karolina	1257		OPEN Kobiety	75	00:14:56	00:29:51.10	00:44:47.70	+00:09:33 (32.0%)	5:58	10.1 (68.2%)
76	MIKLER Aleksandra	1194		OPEN Kobiety	76	00:14:20	00:29:53.20	00:44:13.85	+00:09:35 (32.1%)	5:58	10 (67.6%)
77	HAŁAS Marta	1207		OPEN Kobiety	77	00:14:30	00:29:58.25	00:44:28.25	+00:09:40 (32.3%)	5:59	10 (67.6%)
78	PRZYBYŁ Lidia	1204	WRONIECKI KLUB BIEGACZA	OPEN Kobiety	78	00:14:28	00:30:19.40	00:44:47.55	+00:10:01 (33.1%)	6:03	9.9 (66.9%)
79	BELAK Magda	1213		OPEN Kobiety	79	00:14:38	00:30:22.30	00:45:00.75	+00:10:04 (33.2%)	6:04	9.9 (66.9%)
80	SZRAMKA Emilia	922		OPEN Kobiety	80	00:14:55	00:30:24.00	00:45:19.70	+00:10:06 (33.2%)	6:04	9.9 (66.9%)
81	FABISZEWSKA Paulina	973		OPEN Kobiety	81	00:14:31	00:30:26.45	00:44:57.80	+00:10:08 (33.3%)	6:05	9.9 (66.9%)
82	BUSZEWSKA Joanna	719		OPEN Kobiety	82	00:14:20	00:30:30.30	00:44:50.55	+00:10:12 (33.5%)	6:06	9.8 (66.2%)
83	LISOWSKA-WALEŃKA Sylwia Katarzyna	877		OPEN Kobiety	83	00:14:26	00:30:35.15	00:45:01.15	+00:10:17 (33.7%)	6:07	9.8 (66.2%)
84	NOWACKA Anna	872		OPEN Kobiety	84	00:14:20	00:30:35.75	00:44:56.60	+00:10:18 (33.7%)	6:07	9.8 (66.2%)
85	MAŁECKA Małgorzata	750	SZALENI BIEGACZE GNIEZNO	OPEN Kobiety	85	00:14:23	00:30:37.20	00:45:00.25	+00:10:19 (33.7%)	6:07	9.8 (66.2%)

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86	PANKOWSKA Patrycja	979		OPEN Kobiety	86	00:15:06	00:30:37.35	00:45:43.45	+00:10:19 (33.7%)	6:07	9.8 (66.2%)
87	WAWRZYNIAK Dagmara	906		OPEN Kobiety	87	00:15:46	00:30:41.50	00:46:28.25	+00:10:23 (33.9%)	6:08	9.8 (66.2%)
88	BUDZYŃSKA Paulina	918	MOLDY UNICORNS	OPEN Kobiety	88	00:14:40	00:30:48.85	00:45:28.95	+00:10:31 (34.1%)	6:09	9.7 (65.5%)
89	SZARZYŃSKA Alicja	1131		OPEN Kobiety	89	00:14:50	00:30:50.00	00:45:40.15	+00:10:32 (34.2%)	6:10	9.7 (65.5%)
90	SERWANSKA Katarzyna	826		OPEN Kobiety	90	00:14:56	00:30:50.30	00:45:46.90	+00:10:32 (34.2%)	6:10	9.7 (65.5%)
91	WICHTOWSKA Justyna	1022		OPEN Kobiety	91	00:15:05	00:30:50.40	00:45:55.75	+00:10:32 (34.2%)	6:10	9.7 (65.5%)
92	CHECHŁA Anna	942		OPEN Kobiety	92	00:14:42	00:30:51.30	00:45:33.30	+00:10:33 (34.2%)	6:10	9.7 (65.5%)
93	TWARKOWSKA Anna	771		OPEN Kobiety	93	00:14:28	00:30:58.45	00:45:27.05	+00:10:40 (34.5%)	6:11	9.7 (65.5%)
94	HARTUNG Katarzyna	1023		OPEN Kobiety	94	00:14:35	00:30:59.55	00:45:35.10	+00:10:42 (34.5%)	6:11	9.7 (65.5%)
95	ZUCHOWSKA Agata	1017		OPEN Kobiety	95	00:11:09	00:31:00.35	00:42:09.50	+00:10:42 (34.6%)	6:12	9.7 (65.5%)
96	KĘDZIORA Marta	1185		OPEN Kobiety	96	00:15:15	00:31:03.35	00:46:18.35	+00:10:45 (34.7%)	6:12	9.7 (65.5%)
97	POLAKOWSKA Daria	1209		OPEN Kobiety	97	00:15:15	00:31:06.70	00:46:22.15	+00:10:49 (34.8%)	6:13	9.6 (64.9%)
98	GRACZYK Grażyna	1020	NITHG RUNNERS POZNAŃ	OPEN Kobiety	98	00:14:21	00:31:10.25	00:45:31.75	+00:10:52 (34.9%)	6:14	9.6 (64.9%)
99	MANTAJ Urszula	830		OPEN Kobiety	99	00:15:00	00:31:11.75	00:46:12.70	+00:10:54 (35.0%)	6:14	9.6 (64.9%)
100	OBST Natalia	1300	DUSZNIKI BIEGAJĄ	OPEN Kobiety	100	00:15:03	00:31:15.20	00:46:18.20	+00:10:57 (35.1%)	6:15	9.6 (64.9%)
101	KUPCZAK Monika	741	BIEGIEMWLAS	OPEN Kobiety	101	00:14:30	00:31:17.45	00:45:48.05	+00:10:59 (35.1%)	6:15	9.6 (64.9%)
102	KŁOSIŃSKA Katarzyna	1234	YANOSIK ACTIVE TEAM	OPEN Kobiety	102	00:14:55	00:31:18.70	00:46:14.55	+00:11:01 (35.2%)	6:15	9.6 (64.9%)
103	URBAŃSKA Daria	1283		OPEN Kobiety	103	00:14:54	00:31:19.10	00:46:13.35	+00:11:01 (35.2%)	6:15	9.6 (64.9%)
104	PAWEŁEK Mariola	1232		OPEN Kobiety	104	00:14:47	00:31:21.25	00:46:08.45	+00:11:03 (35.3%)	6:16	9.6 (64.9%)
105	MICHALSKA Marta	1086		OPEN Kobiety	105	00:14:21	00:31:25.20	00:45:47.00	+00:11:07 (35.4%)	6:17	9.5 (64.2%)
106	RYBOTYCKA Barbara	819		OPEN Kobiety	106	00:14:48	00:31:28.80	00:46:17.15	+00:11:11 (35.5%)	6:17	9.5 (64.2%)
107	ADAMCZYK Katarzyna	798	POZNAŃ	OPEN Kobiety	107	00:14:28	00:31:30.90	00:45:59.75	+00:11:13 (35.6%)	6:18	9.5 (64.2%)
108	PIECHOCKA Katarzyna	875	ZHW POZNAŃ	OPEN Kobiety	108	00:14:38	00:31:31.50	00:46:09.80	+00:11:13 (35.6%)	6:18	9.5 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	ŚMIAŁEK Agnieszka	1163		OPEN Kobiety	109	00:14:24	00:31:34.50	00:45:59.30	+00:11:16 (35.7%)	6:18	9.5 (64.2%)
110	ZIELIŃSKA -PAWŁOWSKA Anna	775		OPEN Kobiety	110	00:10:40	00:31:45.90	00:42:26.40	+00:11:28 (36.1%)	6:21	9.4 (63.5%)
111	BAŃKA Wiktoria	1014		OPEN Kobiety	111	00:14:24	00:31:51.55	00:46:15.70	+00:11:34 (36.3%)	6:22	9.4 (63.5%)
112	KASPRZAK Patrycja	923		OPEN Kobiety	112	00:11:01	00:31:52.30	00:42:53.90	+00:11:34 (36.3%)	6:22	9.4 (63.5%)
113	WALEWSKA Alicja	921		OPEN Kobiety	113	00:11:02	00:31:54.30	00:42:56.55	+00:11:36 (36.4%)	6:22	9.4 (63.5%)
114	KUTZNER Joanna	748		OPEN Kobiety	114	00:10:38	00:32:05.45	00:42:44.20	+00:11:47 (36.8%)	6:25	9.4 (63.5%)
114	MICHALSKA Anna	1100		OPEN Kobiety	114	00:14:22	00:32:05.45	00:46:27.45	+00:11:47 (36.8%)	6:25	9.4 (63.5%)
116	MAJCHER Joanna	816		OPEN Kobiety	116	00:14:29	00:32:05.50	00:46:35.30	+00:11:47 (36.8%)	6:25	9.4 (63.5%)
117	RATAJCZAK Magdalena	1245		OPEN Kobiety	117	00:14:25	00:32:24.10	00:46:49.25	+00:12:06 (37.4%)	6:28	9.3 (62.8%)
118	GOJTKA Kalina	954		OPEN Kobiety	118	00:14:38	00:32:27.10	00:47:05.35	+00:12:09 (37.5%)	6:29	9.2 (62.2%)
119	STEFANIAK-GIŁOWSKA Agnieszka	1062	LOCOSPORT	OPEN Kobiety	119	00:14:55	00:32:30.05	00:47:25.25	+00:12:12 (37.6%)	6:30	9.2 (62.2%)
120	WYSŁUŻAŁ Elżbieta	883	PKO BANK POLSKI	OPEN Kobiety	120	00:14:41	00:32:33.30	00:47:14.30	+00:12:15 (37.7%)	6:30	9.2 (62.2%)
121	FILUT-JUSZCZYK Natalia	1315		OPEN Kobiety	121	00:14:22	00:32:34.55	00:46:56.90	+00:12:17 (37.7%)	6:30	9.2 (62.2%)
122	KRUSZYŃSKA Julia	861		OPEN Kobiety	122	00:15:02	00:32:38.55	00:47:41.00	+00:12:21 (37.8%)	6:31	9.2 (62.2%)
123	MIKOŁAJCZEWSKA Marta	859		OPEN Kobiety	123	00:14:38	00:32:47.15	00:47:26.10	+00:12:29 (38.1%)	6:33	9.2 (62.2%)
124	RYBARCZYK Agata	913		OPEN Kobiety	124	00:14:32	00:32:49.00	00:47:21.20	+00:12:31 (38.2%)	6:33	9.1 (61.5%)
125	NISZKIEWICZ Weronika	916		OPEN Kobiety	125	00:14:42	00:32:50.00	00:47:32.25	+00:12:32 (38.2%)	6:34	9.1 (61.5%)
126	WALKOWIAK Anna	1186		OPEN Kobiety	126	00:14:29	00:32:50.75	00:47:20.60	+00:12:33 (38.2%)	6:34	9.1 (61.5%)
127	CICHA Sylwia	907		OPEN Kobiety	127	00:14:31	00:32:55.55	00:47:26.65	+00:12:38 (38.4%)	6:35	9.1 (61.5%)
128	GMEREK Anna	1128		OPEN Kobiety	128	00:14:51	00:32:56.45	00:47:48.35	+00:12:38 (38.4%)	6:35	9.1 (61.5%)
129	WALKOWIAK Paulina	788		OPEN Kobiety	129	00:14:56	00:32:57.10	00:47:53.85	+00:12:39 (38.4%)	6:35	9.1 (61.5%)
130	RZEMIENIUK Justyna	1140		OPEN Kobiety	130	00:14:43	00:33:01.05	00:47:44.70	+00:12:43 (38.5%)	6:36	9.1 (61.5%)
130	CHOJNICKA Aneta	1218		OPEN Kobiety	130	00:14:51	00:33:01.05	00:47:52.65	+00:12:43 (38.5%)	6:36	9.1 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	GRZEGORCZYK Sylwia	982		OPEN Kobiety	132	00:14:44	00:33:04.25	00:47:49.05	+00:12:46 (38.6%)	6:36	9.1 (61.5%)
133	BAN Asia	1117	WIELKOPOLSKI INDIK	OPEN Kobiety	133	00:14:26	00:33:11.75	00:47:38.70	+00:12:54 (38.9%)	6:38	9 (60.8%)
134	MIKUŁA Marta	1276		OPEN Kobiety	134	00:14:44	00:33:13.90	00:47:58.65	+00:12:56 (38.9%)	6:38	9 (60.8%)
135	LEWICKA Małgorzata	1244		OPEN Kobiety	135	00:14:26	00:33:17.25	00:47:43.95	+00:12:59 (39.0%)	6:39	9 (60.8%)
136	WOJCZESKA-SAŁATA Agata	857		OPEN Kobiety	136	00:15:00	00:33:17.90	00:48:18.35	+00:13:00 (39.1%)	6:39	9 (60.8%)
137	BARTLAKOWSKA Zofia	765	STRAŻ CZEMPIŃ	OPEN Kobiety	137	00:14:18	00:33:21.00	00:47:39.50	+00:13:03 (39.2%)	6:40	9 (60.8%)
138	WIŚNIEWSKA Paulina	863		OPEN Kobiety	138	00:19:03	00:33:29.70	00:52:32.95	+00:13:12 (39.4%)	6:41	9 (60.8%)
139	MOSTOWSKA-NOWAK Elżbieta	751	BABCIE BIEGAJĄ	OPEN Kobiety	139	00:14:35	00:33:31.55	00:48:07.35	+00:13:14 (39.5%)	6:42	9 (60.8%)
140	KOZAK Krystyna	760	RUN TEAM RYDZYNA	OPEN Kobiety	140	00:14:35	00:33:31.80	00:48:07.30	+00:13:14 (39.5%)	6:42	9 (60.8%)
141	GUŚCIORA Izabela	1009		OPEN Kobiety	141	00:14:21	00:33:33.65	00:47:55.50	+00:13:16 (39.5%)	6:42	8.9 (60.1%)
142	DYKS Paulina	963	PACICIE	OPEN Kobiety	142	00:14:21	00:33:34.15	00:47:55.70	+00:13:16 (39.6%)	6:42	8.9 (60.1%)
143	MILEWSKA Estera	1170		OPEN Kobiety	143	00:14:32	00:33:36.65	00:48:09.50	+00:13:19 (39.6%)	6:43	8.9 (60.1%)
144	CZAJKA Anna	851		OPEN Kobiety	144	00:14:18	00:33:47.75	00:48:05.95	+00:13:30 (40.0%)	6:45	8.9 (60.1%)
145	KOWALSKA KROCZEK Paulina	962		OPEN Kobiety	145	00:14:19	00:33:52.95	00:48:12.25	+00:13:35 (40.1%)	6:46	8.9 (60.1%)
146	JENA Jadwiga	870	TEAM POSTEP PNIEWY	OPEN Kobiety	146	00:15:02	00:33:59.00	00:49:01.75	+00:13:41 (40.3%)	6:47	8.8 (59.5%)
147	GRZECA Weronika	880		OPEN Kobiety	147	00:15:03	00:34:08.60	00:49:12.10	+00:13:51 (40.6%)	6:49	8.8 (59.5%)
148	SOBKOWIAK Weronika	882		OPEN Kobiety	148	00:14:34	00:34:20.80	00:48:55.75	+00:14:03 (40.9%)	6:52	8.7 (58.8%)
149	MIKUŁA Ewa	1269		OPEN Kobiety	149	00:14:45	00:34:22.10	00:49:07.70	+00:14:04 (41.0%)	6:52	8.7 (58.8%)
150	DUBIAŁ Halina	759	BABCIE BIEGAJĄ	OPEN Kobiety	150	00:14:37	00:34:25.40	00:49:03.35	+00:14:07 (41.1%)	6:53	8.7 (58.8%)
151	SUŁKOWSKA Sylwia	948		OPEN Kobiety	151	00:14:17	00:34:26.20	00:48:44.10	+00:14:08 (41.1%)	6:53	8.7 (58.8%)
152	BOROWSKA Katarzyna	980		OPEN Kobiety	152	00:14:17	00:34:26.90	00:48:44.35	+00:14:09 (41.1%)	6:53	8.7 (58.8%)
153	ZABADEUSZ Paulina	1095		OPEN Kobiety	153	00:14:17	00:34:26.95	00:48:44.90	+00:14:09 (41.1%)	6:53	8.7 (58.8%)
154	KOZŁOWICZ Magdalena	871		OPEN Kobiety	154	00:14:20	00:34:30.75	00:48:51.15	+00:14:13 (41.2%)	6:54	8.7 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	HIBNER Wiesława	934		OPEN Kobiety	155	00:14:39	00:34:33.70	00:49:12.85	+00:14:16 (41.3%)	6:54	8.7 (58.8%)
156	ANIOŁ Elżbieta	1089		OPEN Kobiety	156	00:14:24	00:34:38.65	00:49:02.95	+00:14:21 (41.4%)	6:55	8.7 (58.8%)
157	KUCZA Marika	1153		OPEN Kobiety	157	00:14:32	00:34:40.55	00:49:13.15	+00:14:23 (41.5%)	6:56	8.7 (58.8%)
158	KURCZYK Marta	1272		OPEN Kobiety	158	00:14:29	00:34:41.90	00:49:11.60	+00:14:24 (41.5%)	6:56	8.6 (58.1%)
159	NAWROCKA Renata	1306		OPEN Kobiety	159	00:14:27	00:34:50.15	00:49:18.05	+00:14:32 (41.7%)	6:58	8.6 (58.1%)
160	RUTKOWSKA Ewa	780		OPEN Kobiety	160	00:14:55	00:34:54.65	00:49:50.00	+00:14:37 (41.9%)	6:58	8.6 (58.1%)
161	SPRINGER Agata	958	PAKABEX	OPEN Kobiety	161	00:14:58	00:35:01.95	00:50:00.15	+00:14:44 (42.1%)	7:00	8.6 (58.1%)
162	MORDAL Marta	956	PEKABEX	OPEN Kobiety	162	00:14:57	00:35:02.75	00:50:00.25	+00:14:45 (42.1%)	7:00	8.6 (58.1%)
163	SIERACZKIEWICZ Sandra	1004		OPEN Kobiety	163	00:14:39	00:35:12.15	00:49:52.10	+00:14:54 (42.4%)	7:02	8.5 (57.4%)
164	GNIADKIEWICZ Justyna	1003		OPEN Kobiety	164	00:14:40	00:35:12.20	00:49:52.30	+00:14:54 (42.4%)	7:02	8.5 (57.4%)
165	RAZUMKA Krysia	868		OPEN Kobiety	165	00:14:52	00:35:17.70	00:50:10.30	+00:15:00 (42.5%)	7:03	8.5 (57.4%)
166	GOLEBIEWSKA Małgorzata	953	RUN TEAM RYDZYNA	OPEN Kobiety	166	00:14:37	00:35:25.60	00:50:03.55	+00:15:08 (42.7%)	7:05	8.5 (57.4%)
167	DOMINICZAK Marzena	1250		OPEN Kobiety	167	00:14:30	00:35:25.85	00:49:56.25	+00:15:08 (42.7%)	7:05	8.5 (57.4%)
168	RYBSKA Daniela	1110		OPEN Kobiety	168	00:14:57	00:35:27.15	00:50:24.40	+00:15:09 (42.8%)	7:05	8.5 (57.4%)
169	GENDERA Ewa	1077	NIGHT RUNNERS	OPEN Kobiety	169	00:15:01	00:35:27.40	00:50:28.40	+00:15:09 (42.8%)	7:05	8.5 (57.4%)
170	MALINGER Lilia	1177		OPEN Kobiety	170	00:15:07	00:35:28.05	00:50:35.20	+00:15:10 (42.8%)	7:05	8.5 (57.4%)
171	PAWLAK Natalia	1160		OPEN Kobiety	171	00:14:32	00:35:32.80	00:50:04.95	+00:15:15 (42.9%)	7:06	8.4 (56.8%)
172	RUTA Julia	791		OPEN Kobiety	172	00:14:43	00:35:35.55	00:50:19.10	+00:15:18 (43.0%)	7:07	8.4 (56.8%)
173	OLEJNICZAK Monika	961	PEKABEX	OPEN Kobiety	173	00:15:09	00:35:36.55	00:50:45.70	+00:15:19 (43.0%)	7:07	8.4 (56.8%)
174	FORTUNA-CZMOK Jolanta	827		OPEN Kobiety	174	00:14:50	00:35:38.70	00:50:29.55	+00:15:21 (43.1%)	7:07	8.4 (56.8%)
175	MIZERNA Paulina	710		OPEN Kobiety	175	00:19:00	00:35:40.60	00:54:41.25	+00:15:23 (43.1%)	7:08	8.4 (56.8%)
176	GRZELAK Marta	782		OPEN Kobiety	176	00:15:11	00:35:42.45	00:50:53.55	+00:15:24 (43.2%)	7:08	8.4 (56.8%)
177	RECKA Sandra	853		OPEN Kobiety	177	00:14:36	00:35:44.25	00:50:21.15	+00:15:26 (43.2%)	7:08	8.4 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	SZUKALA Katarzyna	1088		OPEN Kobiety	178	00:14:24	00:35:47.70	00:50:12.20	+00:15:30 (43.3%)	7:09	8.4 (56.8%)
179	KOLASIŃSKA Anna	909	POZNAŃ	OPEN Kobiety	179	00:14:19	00:35:51.25	00:50:10.95	+00:15:33 (43.4%)	7:10	8.4 (56.8%)
180	NOSAL Ewa	1108		OPEN Kobiety	180	00:14:47	00:35:53.50	00:50:40.90	+00:15:35 (43.5%)	7:10	8.4 (56.8%)
181	ROGUSZCZAK Alicja	1041		OPEN Kobiety	181	00:15:03	00:35:56.05	00:50:59.80	+00:15:38 (43.5%)	7:11	8.3 (56.1%)
182	ZYGMUNT Agnieszka	858	DRUŻYNA SZPIKU	OPEN Kobiety	182	00:14:20	00:35:57.90	00:50:18.30	+00:15:40 (43.6%)	7:11	8.3 (56.1%)
183	TACKA Magdalena	855		OPEN Kobiety	183	00:14:41	00:36:10.85	00:50:52.15	+00:15:53 (43.9%)	7:14	8.3 (56.1%)
184	KUŚ Lidia	927		OPEN Kobiety	184	00:14:49	00:36:11.40	00:51:01.35	+00:15:53 (43.9%)	7:14	8.3 (56.1%)
185	WOŹNIAK Natalia	704		OPEN Kobiety	185	00:14:42	00:36:16.80	00:50:59.70	+00:15:59 (44.1%)	7:15	8.3 (56.1%)
186	MEDIGER Małgorzata	976	NIEZALEŻNA	OPEN Kobiety	186	00:14:21	00:36:23.50	00:50:45.30	+00:16:05 (44.2%)	7:16	8.2 (55.4%)
187	PŁONKA Wiktoria	854		OPEN Kobiety	187	00:14:42	00:36:27.50	00:51:09.60	+00:16:09 (44.3%)	7:17	8.2 (55.4%)
188	PRZYBECKA Sandra	841		OPEN Kobiety	188	00:14:48	00:36:44.60	00:51:32.75	+00:16:27 (44.8%)	7:20	8.2 (55.4%)
189	WOJCIECHOWSKA Adrianna	778		OPEN Kobiety	189	00:14:32	00:36:50.00	00:51:22.60	+00:16:32 (44.9%)	7:22	8.1 (54.7%)
190	GŁUCHOWSKA Maja	1157		OPEN Kobiety	190	00:14:23	00:36:53.75	00:51:17.00	+00:16:36 (45.0%)	7:22	8.1 (54.7%)
191	STOJEK Joanna	717		OPEN Kobiety	191	00:14:57	00:36:57.80	00:51:55.50	+00:16:40 (45.1%)	7:23	8.1 (54.7%)
192	TECLAW Michalina	852		OPEN Kobiety	192	00:14:41	00:36:58.55	00:51:39.55	+00:16:41 (45.1%)	7:23	8.1 (54.7%)
193	MALCHEREK Magdalena	1001		OPEN Kobiety	193	00:14:52	00:37:17.25	00:52:09.85	+00:16:59 (45.6%)	7:27	8 (54.1%)
194	WALAS-GWIZDALA Barbara	773	NIGHT RUNNERS POZNAŃ	OPEN Kobiety	194	00:14:29	00:37:23.85	00:51:53.55	+00:17:06 (45.7%)	7:28	8 (54.1%)
195	MAKA Magdalena	1073		OPEN Kobiety	195	00:15:09	00:37:24.25	00:52:33.50	+00:17:06 (45.7%)	7:28	8 (54.1%)
196	NETTMANN ROSZKOWSKA Marta	1291		OPEN Kobiety	196	00:14:33	00:37:29.50	00:52:02.55	+00:17:11 (45.9%)	7:29	8 (54.1%)
197	RZEŹNIK Weronika	951		OPEN Kobiety	197	00:14:43	00:37:39.20	00:52:22.35	+00:17:21 (46.1%)	7:31	8 (54.1%)
198	ZAREMBA Bożena	1036		OPEN Kobiety	198	00:14:19	00:38:16.60	00:52:36.05	+00:17:59 (47.0%)	7:39	7.8 (52.7%)
199	DROBNIK Ewa	939		OPEN Kobiety	199	00:14:33	00:38:19.75	00:52:53.40	+00:18:02 (47.1%)	7:39	7.8 (52.7%)
200	MICHALAK-MAKOWSKA Joanna	1126	MOLDY UNICORNS	OPEN Kobiety	200	00:14:40	00:38:44.05	00:53:24.55	+00:18:26 (47.6%)	7:44	7.7 (52.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	KRZYMIŃSKA Maria Jolanta	761	BABCIE BIEGAJĄ	OPEN Kobiety	201	00:14:36	00:38:53.75	00:53:30.15	+00:18:36 (47.8%)	7:46	7.7 (52.0%)
202	BRODA Weronika	1159		OPEN Kobiety	202	00:14:22	00:39:19.40	00:53:42.10	+00:19:01 (48.4%)	7:51	7.6 (51.4%)
203	KAZIMIREK Małgorzata	895		OPEN Kobiety	203	00:14:43	00:39:24.95	00:54:08.70	+00:19:07 (48.5%)	7:52	7.6 (51.4%)
204	ĆWIKŁA Alicja	756		OPEN Kobiety	204	00:14:58	00:39:25.05	00:54:23.25	+00:19:07 (48.5%)	7:53	7.6 (51.4%)
Przekroczony limit czasu: 00:40:00											
205	MALICKA Joanna	904	UNIKAD TEAM	OPEN Kobiety	205	00:14:27	00:40:12.30	00:54:39.75	+00:19:54 (49.5%)	8:02	7.5 (50.7%)
206	MUCHA Rita	1176		OPEN Kobiety	206	00:15:16	00:40:26.45	00:55:43.05	+00:20:08 (49.8%)	8:05	7.4 (50.0%)
207	RZEŹNIK Bożena	914		OPEN Kobiety	207	00:14:43	00:40:33.35	00:55:16.85	+00:20:15 (50.0%)	8:06	7.4 (50.0%)
208	ŻENOWSKA Kinga	1054		OPEN Kobiety	208	00:14:54	00:40:38.55	00:55:32.70	+00:20:21 (50.1%)	8:07	7.4 (50.0%)
209	KACPEROWSKA Katarzyna	889		OPEN Kobiety	209	00:15:19	00:41:37.20	00:56:56.25	+00:21:19 (51.2%)	8:19	7.2 (48.6%)
210	FISIAK Jadwigia	730		OPEN Kobiety	210	00:14:55	00:44:37.40	00:59:32.75	+00:24:19 (54.5%)	8:55	6.7 (45.3%)
211	KOŃCZAL Karolina	1104		OPEN Kobiety	211	00:14:34	00:54:01.20	01:08:36.15	+00:33:43 (62.4%)	10:48	5.6 (37.8%)
212	WOJCIECHOWSKA Aneta	763		OPEN Kobiety	212	00:14:36					(0.0%)

Znaleziono 212 wynik(ów)