

PRONATURUN BIEG CHARYTATYWNY

B4SPORT

Organizator: Life+ Joanna Maciejewska-Błachewicz
Data: 2017-11-26
Miejsce: BYDGOSZCZ
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	JAGODZIŃSKI Mateusz	147	BYDGOSKIE OKONE	M-OPEN	1	00:18:41.05		3:44	16.1 (100%)
2	NAWROCKI Sławomir	51	VICTORIA KORONOWO	M-OPEN	2	00:19:04.10	+00:00:23 (2.0%)	3:48	15.7 (97.5%)
3	OBREŃBSKI Grzegorz	54	BIEGASIE	M-OPEN	3	00:20:15.00	+00:01:33 (7.7%)	4:03	14.8 (91.9%)
4	WARCZAK Piotr	137		M-OPEN	4	00:20:32.35	+00:01:51 (9.0%)	4:06	14.6 (90.7%)
5	OCHAL Paweł	136	TEAMOCHAL	M-OPEN	5	00:20:32.55	+00:01:51 (9.0%)	4:06	14.6 (90.7%)
6	HAIZE Tomek	29	ARRK	M-OPEN	6	00:20:40.35	+00:01:59 (9.6%)	4:08	14.5 (90.1%)
7	GRALIK Jędrzej	146		M-OPEN	7	00:20:49.65	+00:02:08 (10.3%)	4:10	14.4 (89.4%)
8	RUDNICKI Michał	65	TASAK TEAM	M-OPEN	8	00:21:11.00	+00:02:29 (11.8%)	4:14	14.2 (88.2%)
9	PAWLACZYK Szymon	58	TRISPACE	M-OPEN	9	00:21:16.20	+00:02:35 (12.2%)	4:15	14.1 (87.6%)
10	GOŁATA Wojciech	24		M-OPEN	10	00:21:45.70	+00:03:04 (14.1%)	4:21	13.8 (85.7%)
11	KUŁAKOŃSKI Krzyszto	144		M-OPEN	11	00:21:55.40	+00:03:14 (14.8%)	4:23	13.7 (85.1%)
12	KRYSKE Mariusz	128	SPÓJNA BIAŁE BŁOTA	M-OPEN	12	00:22:06.15	+00:03:25 (15.5%)	4:25	13.6 (84.5%)
13	SZATTEN Dawid	145		M-OPEN	13	00:22:17.50	+00:03:36 (16.2%)	4:27	13.5 (83.9%)
14	KOWALSKI Jacek	36		M-OPEN	14	00:22:24.15	+00:03:43 (16.6%)	4:28	13.4 (83.2%)
15	MUSZYŃSKI Krzysztof	125	OJTAMOJTAMRUN	M-OPEN	15	00:22:26.00	+00:03:44 (16.7%)	4:29	13.4 (83.2%)
16	GAWRYSIAK Mariusz	23		M-OPEN	16	00:22:33.35	+00:03:52 (17.2%)	4:30	13.3 (82.6%)
17	WARCZAK Kuba	86	TEAMOCHAL	M-OPEN	17	00:22:48.60	+00:04:07 (18.1%)	4:33	13.2 (82.0%)
18	WŁODARCZYK Wojciech	158		M-OPEN	18	00:22:48.90	+00:04:07 (18.1%)	4:33	13.1 (81.4%)
19	MUĆKO Bartek	48		M-OPEN	19	00:23:00.55	+00:04:19 (18.8%)	4:36	13 (80.7%)
20	ANDRZEJEWSKI Paweł	1		M-OPEN	20	00:23:08.40	+00:04:27 (19.3%)	4:37	13 (80.7%)
21	WOJTECKI Łukasz	91	SOLECCY BIEGACZE	M-OPEN	21	00:23:12.95	+00:04:31 (19.5%)	4:38	12.9 (80.1%)
22	NAGOW Michał	49	RUN BYD	M-OPEN	22	00:23:13.45	+00:04:32 (19.5%)	4:38	12.9 (80.1%)
23	TOCZKIEWICZ Piotr	81		M-OPEN	23	00:23:15.45	+00:04:34 (19.7%)	4:39	12.9 (80.1%)
24	SZYSZKA Radosław	75		M-OPEN	24	00:23:25.60	+00:04:44 (20.2%)	4:41	12.8 (79.5%)
25	RUDOL Sebastiana	66	RUDOLKI	M-OPEN	25	00:23:42.05	+00:05:01 (21.2%)	4:44	12.7 (78.9%)
26	KOWALCZYK Rafał	129		M-OPEN	26	00:23:48.15	+00:05:07 (21.5%)	4:45	12.6 (78.3%)
27	RUDOL Dominik	161		M-OPEN	27	00:23:50.30	+00:05:09 (21.6%)	4:46	12.6 (78.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
						5km			
28	HEMERLIK Wojciech	139		M-OPEN	28	00:23:57.40	+00:05:16 (22.0%)	4:47	12.5 (77.6%)
29	CHWIŁKA Daniel	12		M-OPEN	29	00:24:00.15	+00:05:19 (22.2%)	4:48	12.5 (77.6%)
30	JAGODZIŃSKA Magdalena	148	BYDGOSKIE OKONIE	K-OPEN	1	00:24:06.25	+00:05:25 (22.5%)	4:49	12.4 (77.0%)
31	MATEUSZCZYK Dawid	154		M-OPEN	30	00:24:22.25	+00:05:41 (23.3%)	4:52	12.3 (76.4%)
32	LUZAK Mirosław	119	MWIK	M-OPEN	31	00:24:28.15	+00:05:47 (23.6%)	4:53	12.3 (76.4%)
33	SIUDA Sebastian	71		M-OPEN	32	00:24:40.45	+00:05:59 (24.3%)	4:56	12.2 (75.8%)
34	LEWICKI Maciej	118		M-OPEN	33	00:24:42.25	+00:06:01 (24.4%)	4:56	12.1 (75.2%)
35	PACZKOWSKI Mirosław	57	CB 163	M-OPEN	34	00:25:04.65	+00:06:23 (25.5%)	5:01	12 (74.5%)
36	DERING Hanna	16	BYDGOSKIE ŻÓŁWIE	K-OPEN	2	00:25:11.85	+00:06:30 (25.8%)	5:02	11.9 (73.9%)
37	KORYCIŃSKI Arkadiusz	150		M-OPEN	35	00:25:14.60	+00:06:33 (26.0%)	5:03	11.9 (73.9%)
38	BURY Tomasz	8		M-OPEN	36	00:25:17.85	+00:06:36 (26.1%)	5:03	11.9 (73.9%)
39	ŁOJEWSKI Mariusz	43	1BLOG / SOLECCY BIEGACZE	M-OPEN	37	00:25:22.90	+00:06:41 (26.4%)	5:04	11.8 (73.3%)
40	ANGLART Roman	2	PARKRUN BYDGOSZCZ	M-OPEN	38	00:25:22.95	+00:06:41 (26.4%)	5:04	11.8 (73.3%)
41	RUDOL Magdalena	98	RUDOLKI	K-OPEN	3	00:25:29.70	+00:06:48 (26.7%)	5:06	11.8 (73.3%)
42	LIPIŃSKI Sebastian	41	GRUPA EVER	M-OPEN	39	00:25:38.00	+00:06:56 (27.1%)	5:07	11.7 (72.7%)
43	JAKIELSKI Leszek	120		M-OPEN	40	00:25:49.35	+00:07:08 (27.6%)	5:09	11.6 (72.0%)
44	JUREK Karolina	30		K-OPEN	4	00:25:51.85	+00:07:10 (27.8%)	5:10	11.6 (72.0%)
45	ANDRZEJEWSKI Ryszard	164		M-OPEN	41	00:26:17.25	+00:07:36 (28.9%)	5:15	11.4 (70.8%)
46	KREŃSKI Tomasz	123	TEAMOCHAL	M-OPEN	42	00:26:22.50	+00:07:41 (29.2%)	5:16	11.4 (70.8%)
47	RENC Patryk	163	SERCE TYBETU	M-OPEN	43	00:26:34.80	+00:07:53 (29.7%)	5:19	11.3 (70.2%)
48	REPCZYŃSKI Tomek	63		M-OPEN	44	00:26:40.40	+00:07:59 (30.0%)	5:20	11.2 (69.6%)
49	DOCZEKALSKA Paulina	18	EBUDDOM	K-OPEN	5	00:26:50.05	+00:08:09 (30.4%)	5:22	11.2 (69.6%)
50	URBAŃSKI Tomasz	102		M-OPEN	45	00:27:00.15	+00:08:19 (30.8%)	5:24	11.1 (68.9%)
51	BARANOWSKA Marta	4	BYLE DO METY	K-OPEN	6	00:27:01.70	+00:08:20 (30.9%)	5:24	11.1 (68.9%)
51	WRÓBEL Grzegorz	93	BYLE DO METY	M-OPEN	46	00:27:01.70	+00:08:20 (30.9%)	5:24	11.1 (68.9%)
53	BARANOWSKA Julia	3		K-OPEN	7	00:27:02.90	+00:08:21 (30.9%)	5:24	11.1 (68.9%)
54	SZAŁAŃSKI Hubert	122		M-OPEN	47	00:27:18.60	+00:08:37 (31.6%)	5:27	11 (68.3%)
55	NALEWALSKA Justyna	50	SERCE TYBETU	K-OPEN	8	00:27:21.75	+00:08:40 (31.7%)	5:28	11 (68.3%)
56	TARCZYŃSKA Marta	79		K-OPEN	9	00:27:33.90	+00:08:52 (32.2%)	5:30	10.9 (67.7%)
57	JAKIELSKA Marta	121		K-OPEN	10	00:27:38.80	+00:08:57 (32.4%)	5:31	10.8 (67.1%)
58	KOWAL Michał	138		M-OPEN	48	00:28:08.95	+00:09:27 (33.6%)	5:37	10.7 (66.5%)
59	ZYGMUNT Robert	101		M-OPEN	49	00:28:16.00	+00:09:34 (33.9%)	5:39	10.6 (65.8%)
60	ZAMIATOWSKA Kinga	143	EBUDDOM	K-OPEN	11	00:28:16.10	+00:09:35 (33.9%)	5:39	10.6 (65.8%)
61	DĘBSKI Jan	133		M-OPEN	50	00:28:19.65	+00:09:38 (34.0%)	5:40	10.6 (65.8%)
62	RYBACKI Filip	67		M-OPEN	51	00:28:29.65	+00:09:48 (34.4%)	5:41	10.5 (65.2%)
63	SEWINA Dominik	68		M-OPEN	52	00:28:29.70	+00:09:48 (34.4%)	5:41	10.5 (65.2%)
64	JAWORSKI Tomasz	153	BIEGAJACECIACHA	M-OPEN	53	00:28:32.75	+00:09:51 (34.5%)	5:42	10.5 (65.2%)
65	BRĄGIEL Jakub	105		M-OPEN	54	00:28:35.00	+00:09:53 (34.6%)	5:43	10.5 (65.2%)
66	AELUMCZYK Agnieszka	134		K-OPEN	12	00:28:37.35	+00:09:56 (34.7%)	5:43	10.5 (65.2%)
67	JARZYŃSKI Maciej	100		M-OPEN	55	00:28:40.00	+00:09:58 (34.8%)	5:44	10.5 (65.2%)
68	WORZAŁA Michał	92	BAD BULLDOGS	M-OPEN	56	00:28:40.60	+00:09:59 (34.8%)	5:44	10.5 (65.2%)
69	KOWALSKI Jarosław	114		M-OPEN	57	00:28:44.30	+00:10:03 (35.0%)	5:45	10.4 (64.6%)
70	JAWORSKA Monika	152	BIEGAJACECIACHA	K-OPEN	13	00:28:46.20	+00:10:05 (35.1%)	5:45	10.4 (64.6%)
71	BURNICKI Mariusz	135	BYDGOSZCZ KLUB MORSÓW	M-OPEN	58	00:28:46.25	+00:10:05 (35.1%)	5:45	10.4 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
						5km			
72	KONIEC Piotr	142		M-OPEN	59	00:28:49.90	+00:10:08 (35.2%)	5:46	10.4 (64.6%)
73	KUSZYŃSKI Robert	141		M-OPEN	60	00:28:50.00	+00:10:08 (35.2%)	5:46	10.4 (64.6%)
74	RACIBORSKI Grzegorz	62	TASAK TEAM	M-OPEN	61	00:28:50.80	+00:10:09 (35.2%)	5:46	10.4 (64.6%)
75	SIWIŃSKI Maciej	127		M-OPEN	62	00:28:55.40	+00:10:14 (35.4%)	5:47	10.4 (64.6%)
76	SROKA Dariusz	160		M-OPEN	63	00:28:56.00	+00:10:14 (35.4%)	5:47	10.4 (64.6%)
77	PAŁKA Tobiasz	149		M-OPEN	64	00:29:02.00	+00:10:20 (35.6%)	5:48	10.3 (64.0%)
78	PAŁKA Marta	151		K-OPEN	14	00:29:11.65	+00:10:30 (36.0%)	5:50	10.3 (64.0%)
79	BRĄGIEL Anna	106		K-OPEN	15	00:29:19.05	+00:10:38 (36.3%)	5:51	10.2 (63.4%)
80	MICHALAK Marianna	77	HAS TEAM	K-OPEN	16	00:29:25.35	+00:10:44 (36.5%)	5:53	10.2 (63.4%)
81	GOTOWICZ Mariusz	25	KDP GOTOWICZ	M-OPEN	65	00:29:46.55	+00:11:05 (37.3%)	5:57	10.1 (62.7%)
82	ZIELIŃSKI Radosław	97		M-OPEN	66	00:29:55.30	+00:11:14 (37.6%)	5:59	10 (62.1%)
83	DE GRABLA-MŚCISZEWSKI Roland	17	CROSS TEAM BYDGOSZCZ	M-OPEN	67	00:29:56.40	+00:11:15 (37.6%)	5:59	10 (62.1%)
84	ŚLIWIŃSKA Justyna	78		K-OPEN	17	00:29:58.40	+00:11:17 (37.7%)	5:59	10 (62.1%)
85	PAWLACZYK-MATELA Emilia	59	BYDGOSKA GAZELA	K-OPEN	18	00:30:11.30	+00:11:30 (38.1%)	6:02	9.9 (61.5%)
86	SROKA Mateusz	159		M-OPEN	68	00:30:28.65	+00:11:47 (38.7%)	6:05	9.8 (60.9%)
87	GÓRCZYŃSKI Szymon	140	RUDY 102	M-OPEN	69	00:30:38.60	+00:11:57 (39.0%)	6:07	9.8 (60.9%)
88	ZOPROWICZ Katarzyna	130		K-OPEN	19	00:30:39.30	+00:11:58 (39.1%)	6:08	9.8 (60.9%)
89	ZAŁOGA Joanna	96		K-OPEN	20	00:30:40.60	+00:11:59 (39.1%)	6:08	9.8 (60.9%)
90	WOŁOSZYN Kazimierz	107	BRZOZA BIEGA	M-OPEN	70	00:30:41.20	+00:12:00 (39.1%)	6:08	9.8 (60.9%)
91	FIK Sylwester	21		M-OPEN	71	00:30:42.30	+00:12:01 (39.1%)	6:08	9.8 (60.9%)
92	CHILEWSKI Arkadiusz	11		M-OPEN	72	00:30:43.55	+00:12:02 (39.2%)	6:08	9.8 (60.9%)
93	OGRODOWICZ Marcin	103		M-OPEN	73	00:30:44.90	+00:12:03 (39.2%)	6:09	9.8 (60.9%)
94	OLSZEWSKA-GRAF Karolina	113		K-OPEN	21	00:30:52.40	+00:12:11 (39.5%)	6:10	9.7 (60.2%)
95	ĆWIKLIŃSKA Anna	14	KLONIKTEAM	K-OPEN	22	00:31:02.45	+00:12:21 (39.8%)	6:12	9.7 (60.2%)
96	KOTOWSKA Joanna	35		K-OPEN	23	00:31:15.90	+00:12:34 (40.2%)	6:15	9.6 (59.6%)
97	KALINOWSKA Patrycja	31		K-OPEN	24	00:31:18.45	+00:12:37 (40.3%)	6:15	9.6 (59.6%)
98	LENSER Ewa	40	SOLECCY BIEGACZE	K-OPEN	25	00:31:26.15	+00:12:45 (40.6%)	6:17	9.5 (59.0%)
99	OŻGA Agnieszka	56		K-OPEN	26	00:31:39.65	+00:12:58 (41.0%)	6:20	9.5 (59.0%)
100	TYKWIŃSKA Agnieszka	132		K-OPEN	27	00:31:43.45	+00:13:02 (41.1%)	6:20	9.5 (59.0%)
101	GUMIENNY Maciej	104		M-OPEN	74	00:31:43.80	+00:13:02 (41.1%)	6:20	9.5 (59.0%)
102	KWIATKOWSKI Tomek	39		M-OPEN	75	00:31:44.45	+00:13:03 (41.1%)	6:20	9.5 (59.0%)
103	MACHOWSKI Kamil	167		M-OPEN	76	00:32:47.75	+00:14:06 (43.0%)	6:33	9.1 (56.5%)
104	DROŹDŹ Małgorzata	19	KLONIKTEAM	K-OPEN	28	00:32:54.45	+00:14:13 (43.2%)	6:34	9.1 (56.5%)
105	MAŁECKA Izabela	45		K-OPEN	29	00:33:16.55	+00:14:35 (43.9%)	6:39	9 (55.9%)
106	KOPACZ Hanna	99		K-OPEN	30	00:34:23.40	+00:15:42 (45.7%)	6:52	8.7 (54.0%)
106	WRUK Justyna	131		K-OPEN	31	00:34:23.40	+00:15:42 (45.7%)	6:52	8.7 (54.0%)
108	ŚLĄSKA Angelika	76	HAS TEAM	K-OPEN	32	00:34:35.15	+00:15:54 (46.0%)	6:55	8.7 (54.0%)
109	GUŹDZIOŁ Jarek	27	TBKM WILK	M-OPEN	77	00:34:45.00	+00:16:03 (46.2%)	6:57	8.6 (53.4%)
109	GUŹDZIOŁ Roksana	28	TBKMWILK	K-OPEN	33	00:34:45.00	+00:16:03 (46.2%)	6:57	8.6 (53.4%)
111	SZAŁAŃSKA Anna	74		K-OPEN	34	00:35:19.00	+00:16:37 (47.1%)	7:03	8.5 (52.8%)
112	OLSZEWSKA-PAWLACZYK Dorota	55		K-OPEN	35	00:35:19.10	+00:16:38 (47.1%)	7:03	8.5 (52.8%)
113	NOWAK Tomasz	111		M-OPEN	78	00:35:43.00	+00:17:01 (47.7%)	7:08	8.4 (52.2%)
114	MISUN-NOWAK Katarzyna	109		K-OPEN	36	00:35:43.15	+00:17:02 (47.7%)	7:08	8.4 (52.2%)
115	NOSKOWIAK-BAJNO Alicja	52	BORÓWNO CITY RUN	K-OPEN	37	00:35:55.65	+00:17:14 (48.0%)	7:11	8.4 (52.2%)

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116	GRABSKA Sylwia	26		K-OPEN	38	00:35:58.75	+00:17:17 (48.1%)	7:11	8.3 (51.6%)
117	STASIAK Renata	73	BIEGAJ Z DĘBAMI	K-OPEN	39	00:36:10.45	+00:17:29 (48.3%)	7:14	8.3 (51.6%)
118	WYDRZYNSKA Katarzyna	95		K-OPEN	40	00:36:30.55	+00:17:49 (48.8%)	7:18	8.2 (50.9%)
119	RUDOL Damian	162		M-OPEN	79	00:37:11.55	+00:18:30 (49.8%)	7:26	8.1 (50.3%)
120	OLECHNOWICZ Tomasz	166		M-OPEN	80	00:37:27.00	+00:18:45 (50.1%)	7:29	8 (49.7%)
121	OLECHNOWICZ Maciej	165		M-OPEN	81	00:37:27.20	+00:18:46 (50.1%)	7:29	8 (49.7%)
122	PAŁUCZAK Katarzyna	124		K-OPEN	41	00:37:55.25	+00:19:14 (50.7%)	7:35	7.9 (49.1%)
123	CENTAŁA Jarosław	9	TEAM WUJEK PORADA	M-OPEN	82	00:37:55.80	+00:19:14 (50.7%)	7:35	7.9 (49.1%)
124	PERS Łukasz	61	GRUPA EVER	M-OPEN	83	00:38:56.35	+00:20:15 (52.0%)	7:47	7.7 (47.8%)
125	GRZYBOWSKA Alicja	112	BYLE DO METY	K-OPEN	42	00:38:58.90	+00:20:17 (52.1%)	7:47	7.7 (47.8%)
126	KUZIAK Ola	38	BIEGAJ Z DĘBAMI	K-OPEN	43	00:39:07.50	+00:20:26 (52.2%)	7:49	7.7 (47.8%)
127	POPŁAWSKA Joanna	126		K-OPEN	44	00:39:12.40	+00:20:31 (52.3%)	7:50	7.6 (47.2%)
128	PERS Aleksandra	60	GRUPA EVER	K-OPEN	45	00:39:34.40	+00:20:53 (52.8%)	7:55	7.6 (47.2%)
129	CIEMNIAK Łukasz	42	PBSLA	M-OPEN	84	00:39:45.45	+00:21:04 (53.0%)	7:57	7.5 (46.6%)
130	MISUN Mariola	110		K-OPEN	46	00:39:49.55	+00:21:08 (53.1%)	7:57	7.5 (46.6%)
131	MACHOWSKI Daniel	168	RUDY 102	M-OPEN	85	00:40:58.35	+00:22:17 (54.4%)	8:11	7.3 (45.3%)
132	SIEKIERSKI Damian	70	S.P. 4	M-OPEN	86	00:41:21.45	+00:22:40 (54.8%)	8:16	7.3 (45.3%)
133	RUDNICKA Karolina	64	TASAK TEAM	K-OPEN	47	00:41:42.45	+00:23:01 (55.2%)	8:20	7.2 (44.7%)
134	MIELCAREK Gosia	46	KDP GOTOWICZ	K-OPEN	48	00:41:55.15	+00:23:14 (55.4%)	8:23	7.2 (44.7%)
135	KORPAL Paulina	33		K-OPEN	49	00:42:52.00	+00:24:10 (56.4%)	8:34	7 (43.5%)
136	SIEKIERSKI Tomasz	69	PRONATURA BYDGOSZCZ	M-OPEN	87	00:42:56.45	+00:24:15 (56.5%)	8:35	7 (43.5%)
137	KORPAL Emil	32		M-OPEN	88	00:42:57.10	+00:24:16 (56.5%)	8:35	7 (43.5%)
138	URBANOWICZ Dariusz	83		M-OPEN	89	00:43:41.10	+00:25:00 (57.2%)	8:44	6.9 (42.9%)
139	PANCEK Hanna	156	TADMAX	K-OPEN	50	00:43:45.75	+00:25:04 (57.3%)	8:45	6.9 (42.9%)
140	PERLIK Wiesław	155	TADMAX	M-OPEN	90	00:43:57.95	+00:25:16 (57.5%)	8:47	6.8 (42.2%)
141	SMARUJ -SADOWSKA Janina	72		K-OPEN	51	00:44:29.65	+00:25:48 (58.0%)	8:54	6.7 (41.6%)
142	MOTOCZYŃSKA Aleksandra	47	GOSIR OSIELSKO	K-OPEN	52	00:45:04.15	+00:26:23 (58.5%)	9:00	6.7 (41.6%)
143	URBANOWICZ Małgorzata	84		K-OPEN	53	00:47:01.55	+00:28:20 (60.3%)	9:24	6.4 (39.8%)
144	PERLIK Ewa	157		K-OPEN	54	00:47:02.05	+00:28:21 (60.3%)	9:24	6.4 (39.8%)

Znaleziono 144 wynik(ów)