



PRZEBIEGŁY LESZY | 10 KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: II Ultra-Bies
Organizator: Fundacja Ultra-Bies
Data: 2023-05-05
Miejsce: Dołżyca
Dystans: 10 km

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	LIS-PASIONEK Małgorzata	885	LESKO	K40	1	01:08:26.70	01:08:26.70		6:50	8.8 (100%)
2	FILUS Renata	938	AKADEMIA BIEGACZA MATYLDY KOWAL	K40	2	01:23:16.60	01:23:16.60	+00:14:49 (17.8%)	8:19	7.2 (81.8%)
3	HOLIK Iwona	896	GORLICKA GRUPA BIEGOWA	K40	3	01:29:10.70	01:29:10.70	+00:20:44 (23.2%)	8:55	6.7 (76.1%)
4	TWARDOCHLEB Agnieszka	901	BIEGAMWRZ	K40	4	01:30:22.70	01:30:22.70	+00:21:56 (24.3%)	9:02	6.6 (75.0%)
5	CHODZIŃSKA Mariola	911		K40	5	01:35:46.80	01:35:46.80	+00:27:20 (28.5%)	9:34	6.3 (71.6%)
6	CIUPIŃSKA Magda	809		K40	6	01:41:06.95	01:41:06.95	+00:32:40 (32.3%)	10:06	5.9 (67.0%)
7	GERULA Krystyna	838	AKTYWNY DYNÓW	K40	7	01:47:58.10	01:47:58.10	+00:39:31 (36.6%)	10:47	5.6 (63.6%)
7	JANDZIŚ Ewa	831	AKTYWNY DYNÓW	K40	7	01:47:58.10	01:47:58.10	+00:39:31 (36.6%)	10:47	5.6 (63.6%)
9	KALISZ Renata	898		K40	9	01:50:37.95	01:50:37.95	+00:42:11 (38.1%)	11:03	5.4 (61.4%)
10	DEREŃ Aneta	884		K40	10	01:50:51.85	01:50:51.85	+00:42:25 (38.3%)	11:05	5.4 (61.4%)
11	SZYBA Anna	870	EKSTREMALNA GRUPA BIEGOWA	K40	11	01:52:59.20	01:52:59.20	+00:44:32 (39.4%)	11:17	5.3 (60.2%)
12	ZIMNICKA Agnieszka	942	TREKKING TEAM	K40	12	02:05:49.35	02:05:49.35	+00:57:22 (45.6%)	12:34	4.8 (54.5%)
13	FRANKOWSKA Joanna	940		K40	13	02:06:46.55	02:06:46.55	+00:58:19 (46.0%)	12:40	4.7 (53.4%)
14	KĘSICKA Katarzyna	888		K40	14	02:08:47.35	02:08:47.35	+01:00:20 (46.9%)	12:52	4.7 (53.4%)
15	D Anna	869		K40	15	02:21:18.15	02:21:18.15	+01:12:51 (51.6%)	14:07	4.2 (47.7%)
16	KUDZIA Roksana	868		K40	16	02:21:18.30	02:21:18.30	+01:12:51 (51.6%)	14:07	4.2 (47.7%)
17	KAWA Monika	874	TREKKING TEAM OSTROWIEC	K40	17	02:26:06.80	02:26:06.80	+01:17:40 (53.2%)	14:36	4.1 (46.6%)
18	CHUCHAŁA Iwona	862	TREKKING TEAM OSTROWIEC ŚWIETOKRZYSKI	K40	18	02:31:36.00	02:31:36.00	+01:23:09 (54.9%)	15:09	4 (45.5%)
19	WILK Anna	830	ZABIEGANI MIELEC	K40	19	02:42:19.00	02:42:19.00	+01:33:52 (57.8%)	16:13	3.7 (42.0%)

Znaleziono 19 wynik(ów)