



# PRZEBIEGŁY LESZY | 10 KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** III Ultra-Bies  
**Organizator:** Fundacja Ultra-Bies  
**Data:** 2024-05-10  
**Miejsce:** Dożyca  
**Dystans:** 10 km

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10.4km	Czas brutto 10.4km	Różn	Tempo min/km	Tempo km/h
1	SZMIST Szymon	820	3 PBOT. /K.B ATHLETIC ZRĘCIN	M40	1	00:53:53.40	00:53:53.40		5:10	11.6 (100%)
2	STAŃCZYK Hubert	862	#R TEAM	M40	2	00:57:57.65	00:57:57.65	+00:04:04 (7.0%)	5:34	10.8 (93.1%)
3	STĘPNIAK Rafał	904	MARKOWI BIEGACZE	M40	3	01:02:49.95	01:02:49.95	+00:08:56 (14.2%)	6:02	9.9 (85.3%)
4	GÓRA Marek	858	MKS HALICZ	M40	4	01:02:50.90	01:02:50.90	+00:08:57 (14.3%)	6:02	9.9 (85.3%)
5	SKRZYSIŃSKI Gniewomir	918	INSTINCT TEAM	M40	5	01:02:55.75	01:02:55.75	+00:09:02 (14.4%)	6:02	9.9 (85.3%)
6	JACHIMOWSKI Jarosław	735	SANOK BIEGA	M40	6	01:08:39.45	01:08:39.45	+00:14:46 (21.5%)	6:36	9.1 (78.4%)
7	GAŁUSZKA Tomasz	896	SKITUROWE BIESZCZADY	M40	7	01:10:16.90	01:10:16.90	+00:16:23 (23.3%)	6:45	8.9 (76.7%)
8	WOŹNIAK Grzegorz	874		M40	8	01:17:43.35	01:17:43.35	+00:23:49 (30.7%)	7:28	8 (69.0%)
9	WRÓBEL Bartłomiej	850	CISNA GÓRĄ	M40	9	01:22:33.00	01:22:33.00	+00:28:39 (34.7%)	7:56	7.6 (65.5%)
10	NIEMCZUK Robert	892		M40	10	01:24:05.00	01:24:05.00	+00:30:11 (35.9%)	8:05	7.4 (63.8%)
11	WÓJTOWICZ Sławomir	822		M40	11	01:26:51.20	01:26:51.20	+00:32:57 (38.0%)	8:21	7.2 (62.1%)
12	BOBYK Paweł	898	SANOK BIEGA	M40	12	01:28:39.65	01:28:39.65	+00:34:46 (39.2%)	8:31	7 (60.3%)
13	SZKODA Krzysztof	860		M40	13	01:29:48.35	01:29:48.35	+00:35:54 (40.0%)	8:38	6.9 (59.5%)
14	PUSZCZYŃSKI Krzysztof	901		M40	14	01:30:06.80	01:30:06.80	+00:36:13 (40.2%)	8:39	6.9 (59.5%)
15	PASIONEK Bartłomiej	881		M40	15	01:31:31.55	01:31:31.55	+00:37:38 (41.1%)	8:47	6.8 (58.6%)
16	MUSIAŁ Paweł	920	SAMOTNY WILK	M40	16	01:36:49.45	01:36:49.45	+00:42:56 (44.3%)	9:18	6.4 (55.2%)
17	LITWA Łukasz	923	FOREVER TEAM	M40	17	01:40:32.80	01:40:32.80	+00:46:39 (46.4%)	9:40	6.2 (53.4%)
18	FIEDORCZUK Łukasz	876	BIMBER RUNNING TEAM	M40	18	01:44:56.05	01:44:56.05	+00:51:02 (48.6%)	10:05	5.9 (50.9%)
19	KUTEK Piotr	888	AKADEMIA EMKA SPORT	M40	19	01:45:35.45	01:45:35.45	+00:51:42 (49.0%)	10:09	5.9 (50.9%)
20	MAJORCZAK Sławomir	845		M40	20	01:46:43.30	01:46:43.30	+00:52:49 (49.5%)	10:15	5.8 (50.0%)
21	DRUCIAK Jacek	863	PATATAJ	M40	21	02:03:47.45	02:03:47.45	+01:09:54 (56.5%)	11:54	5 (43.1%)
22	BORUCKI Piotr	928	OBSTACLE CENTER TEAM	M40	22	02:16:18.45	02:16:18.45	+01:22:25 (60.5%)	13:06	4.6 (39.7%)

Znaleziono 22 wynik(ów)