



PRZEBIEGŁY LESZY | 10 KM

B4SPORT

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INTELENTNE ZAWODY SPORTOWE

Wydarzenie: III Ultra-Bies
Organizator: Fundacja Ultra-Bies
Data: 2024-05-10
Miejsce: Dożyca
Dystans: 10 km

Klasyfikacja: OPEN K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10.4km	Czas brutto 10.4km	Różn	Tempo min/km	Tempo km/h
1	LIS-PASIONEK Małgorzata	880		K40	1	01:03:30.65	01:03:30.65		6:06	9.8 (100%)
2	HOŁOWATY Renata	847	SANOK BIEGA	K30	1	01:04:04.20	01:04:04.20	+00:00:33 (0.9%)	6:09	9.7 (99.0%)
3	TELESZ Elzbieta	897		K30	2	01:05:33.85	01:05:33.85	+00:02:03 (3.1%)	6:18	9.5 (96.9%)
4	KLAMUT Natalia	895		K30	3	01:08:11.60	01:08:11.60	+00:04:40 (6.9%)	6:33	9.2 (93.9%)
5	ZIĘBA Sabina	930	SZLACHTA BIEGA	K40	2	01:11:16.00	01:11:16.00	+00:07:45 (10.9%)	6:51	8.8 (89.8%)
6	ZATORSKA PLESKACZ Izabela	913	ALPIN SPORT TEAM	K60	1	01:12:14.85	01:12:14.85	+00:08:44 (12.1%)	6:56	8.6 (87.8%)
7	KULIGA Katarzyna	926		K40	3	01:14:00.35	01:14:00.35	+00:10:29 (14.2%)	7:06	8.4 (85.7%)
8	CICHOŃ Sabina	834		K40	4	01:19:02.65	01:19:02.65	+00:15:32 (19.7%)	7:35	7.9 (80.6%)
9	LEŚNOWOLSKA Alicja	933		K50	1	01:21:02.50	01:21:02.50	+00:17:31 (21.6%)	7:47	7.7 (78.6%)
10	GANCARZ Barbara	819		K30	4	01:28:15.40	01:28:15.40	+00:24:44 (28.0%)	8:29	7.1 (72.4%)
11	TYPIAK Sylwia	912		K20	1	01:29:16.05	01:29:16.05	+00:25:45 (28.9%)	8:35	7 (71.4%)
12	ADAMCZAK-CHLEBEK Natalia	827	CHLEBEK TEAM	K20	2	01:29:35.40	01:29:35.40	+00:26:04 (29.1%)	8:36	7 (71.4%)
13	NOWICKA Izabela	830		K30	5	01:32:05.00	01:32:05.00	+00:28:34 (31.0%)	8:51	6.8 (69.4%)
14	HOLIK Iwona	891	STAJNIA BALONA	K40	5	01:32:22.30	01:32:22.30	+00:28:51 (31.2%)	8:52	6.8 (69.4%)
15	RACHWALSKA Marzena	932		K40	6	01:34:46.90	01:34:46.90	+00:31:16 (33.0%)	9:06	6.6 (67.3%)
16	MAZEK Emilia	851	STOPKA PILAWA	K30	6	01:35:54.90	01:35:54.90	+00:32:24 (33.8%)	9:13	6.5 (66.3%)
17	ZARĘBA Jolanta	910		K50	2	01:36:06.05	01:36:06.05	+00:32:35 (33.9%)	9:14	6.5 (66.3%)
18	BRATKO-SETKOWICZ Alina	886		K30	7	01:36:06.85	01:36:06.85	+00:32:36 (33.9%)	9:14	6.5 (66.3%)
19	KUBICKA Martyna	900		K30	8	01:37:08.05	01:37:08.05	+00:33:37 (34.6%)	9:20	6.4 (65.3%)
20	KOPCZYK Katarzyna	917		K40	7	01:38:52.90	01:38:52.90	+00:35:22 (35.8%)	9:30	6.3 (64.3%)
21	KĄDZIELA Sylwia	884	PORT LOTNICZY RZESZÓW-JASIONKA	K30	9	01:38:53.75	01:38:53.75	+00:35:23 (35.8%)	9:30	6.3 (64.3%)
22	OSOWSKA Magdalena	809		K20	3	01:39:56.00	01:39:56.00	+00:36:25 (36.4%)	9:36	6.2 (63.3%)
23	BARTOŃ Halina	835		K20	4	01:40:08.45	01:40:08.45	+00:36:37 (36.6%)	9:37	6.2 (63.3%)
24	GOMUŁKIEWICZ-KRYSIAK Emilia	813		K30	10	01:40:12.20	01:40:12.20	+00:36:41 (36.6%)	9:38	6.2 (63.3%)
25	KOWSKA Monika	887	AKADEMIA EMKA SPORT	K30	11	01:40:15.05	01:40:15.05	+00:36:44 (36.6%)	9:38	6.2 (63.3%)
26	BAK LITWA Ewa	922	FOREVER TEAM	K40	8	01:40:33.10	01:40:33.10	+00:37:02 (36.8%)	9:40	6.2 (63.3%)
27	PIETRZAK Laura	852	STOPKA PILAWA	K30	12	01:43:23.15	01:43:23.15	+00:39:52 (38.6%)	9:56	6 (61.2%)
28	LENAR Kamila	849		K20	5	01:44:22.75	01:44:22.75	+00:40:52 (39.2%)	10:02	6 (61.2%)
29	JAKUBOWICZ CZACHUR Katarzyna	914	TEAMFLOREK	K50	3	01:45:55.30	01:45:55.30	+00:42:24 (40.0%)	10:11	5.9 (60.2%)

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30	RUSIN Iga	840		K20	6	01:47:00.50	01:47:00.50	+00:43:29 (40.6%)	10:17	5.8 (59.2%)
31	LEŃCZUK Grażyna	843		K50	4	01:51:16.15	01:51:16.15	+00:47:45 (42.9%)	10:41	5.6 (57.1%)
32	BALCEROWSKA Patrycja	857		K40	9	01:54:38.50	01:54:38.50	+00:51:07 (44.6%)	11:01	5.4 (55.1%)
33	KĘSICKA Katarzyna	844		K40	10	01:54:59.15	01:54:59.15	+00:51:28 (44.8%)	11:03	5.4 (55.1%)
34	DELEGIEWICZ Olga	804	OSTROBIEC	K40	11	01:55:10.80	01:55:10.80	+00:51:40 (44.9%)	11:04	5.4 (55.1%)
35	WŁODARCZYK Agnieszka	854	HOWDY HOWDY	K30	13	01:55:37.80	01:55:37.80	+00:52:07 (45.1%)	11:07	5.4 (55.1%)
36	WOŹNIAK Lidia	812	PORMAT JEDLICZE BIEGA	K50	5	02:04:14.25	02:04:14.25	+01:00:43 (48.9%)	11:56	5 (51.0%)
37	LENAR Nikola	848		K30	14	02:09:21.10	02:09:21.10	+01:05:50 (50.9%)	12:26	4.8 (49.0%)
38	WOJCIECHOWICZ-BRATKO Aldona	808		K60	2	02:17:06.30	02:17:06.30	+01:13:35 (53.7%)	13:10	4.6 (46.9%)
39	KOSTULSKA Olga	924	WKURW_TEAM	K30	15	02:18:30.30	02:18:30.30	+01:14:59 (54.1%)	13:19	4.5 (45.9%)
40	PIETRASZEK Ewa	806	KOBIETY WATAHY	K50	6	02:43:27.10	02:43:27.10	+01:39:56 (61.1%)	15:42	3.8 (38.8%)
41	SITARSKA Agnieszka	805	KOBIETY WATAHY	K40	12	02:43:27.30	02:43:27.30	+01:39:56 (61.1%)	15:42	3.8 (38.8%)
42	KOCZOT Paulina	931	NOWE ŻYCIE NOWY STYL	K40	13	02:50:59.10	02:50:59.10	+01:47:28 (62.9%)	16:26	3.6 (36.7%)

Znaleziono 42 wynik(ów)