

PRZEBIEGŁY LESZY | 10 KM

B4SPORT

Wydarzenie: Ultra-Bies 2022
Organizator: Fundacja Ultra-Bies
Data: 2022-05-06
Miejsce: Dołżyca
Dystans: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN Kobiet

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KAPUSTA-SZYDŁAK Sylwia	106		Masters K 40-49	1	01:04:13.40	01:04:15.70		6:25	9.3 (100%)
2	HOŁOWATY Renia	87		Senior II K 30-39	1	01:12:35.80	01:12:41.45	+00:08:25 (11.6%)	7:15	8.3 (89.2%)
3	JADCZAK Monika	88	DASHRADE/ ALE TEAM	Senior I K 18-29	1	01:14:19.20	01:14:23.70	+00:10:08 (13.6%)	7:25	8.1 (87.1%)
4	WIKTOROWICZ Joanna	26		Senior II K 30-39	2	01:15:16.75	01:15:21.00	+00:11:05 (14.7%)	7:31	8 (86.0%)
5	KLAMUT Natalia	626	KS KANDAHAR	Senior II K 30-39	3	01:15:35.95	01:15:39.30	+00:11:23 (15.1%)	7:33	7.9 (84.9%)
6	GÓRNA-CICHOŃ Monika	72	NIEPOŁOMICE BIEGAJĄ	Masters K 40-49	2	01:17:33.50	01:17:36.00	+00:13:20 (17.2%)	7:45	7.7 (82.8%)
7	BIESZCZAD Regina	71	KB ATHLETIC ZRĘCIN	Senior I K 18-29	2	01:20:57.95	01:21:00.85	+00:16:45 (20.7%)	8:05	7.4 (79.6%)
8	MAKOWSKA Maja	86		Senior II K 30-39	4	01:20:57.50	01:21:06.55	+00:16:50 (20.8%)	8:05	7.4 (79.6%)
9	OCHYRA Karolina	99		Senior I K 18-29	3	01:27:19.90	01:27:27.00	+00:23:11 (26.5%)	8:43	6.9 (74.2%)
10	FOKCZYNSKA Anna	90		Senior II K 30-39	5	01:31:35.85	01:31:47.75	+00:27:32 (30.0%)	9:09	6.6 (71.0%)
11	PODOLAK Agnieszka	20	PIĘKNE I BRODACZE	Senior II K 30-39	6	01:33:12.65	01:33:17.65	+00:29:01 (31.1%)	9:19	6.4 (68.8%)
12	BRATKO-SETKOWICZ Alina	39		Senior II K 30-39	7	01:33:09.00	01:33:19.00	+00:29:03 (31.1%)	9:18	6.4 (68.8%)
13	KOWALCZYK-BEDNARCZYK Joanna	96	TEAM ONRUNNING	Masters K 40-49	3	01:34:46.05	01:34:54.70	+00:30:39 (32.3%)	9:28	6.3 (67.7%)
14	WIERZBICKA Ewa	10		Weteran I K 50-59	1	01:37:29.05	01:37:32.95	+00:33:17 (34.1%)	9:44	6.2 (66.7%)
15	WIATROWICZ Barbara	69	STALOWOWOLSKI KLUB BIEGACZA	Weteran II K 60-69	1	01:39:25.30	01:39:33.40	+00:35:17 (35.5%)	9:56	6 (64.5%)
16	GRAL Katarzyna	70	WŁÓCZYMORDY	Weteran I K 50-59	2	01:40:22.70	01:40:32.55	+00:36:16 (36.1%)	10:02	6 (64.5%)
17	BEMBNISTA Ola	103	WŁÓCZYMORDY	Masters K 40-49	4	01:41:09.10	01:41:19.10	+00:37:03 (36.6%)	10:06	5.9 (63.4%)
18	LORENC Monika	1		Senior II K 30-39	8	01:42:03.60	01:42:22.55	+00:38:06 (37.2%)	10:12	5.9 (63.4%)
19	SALA Anna	31		Senior II K 30-39	9	01:47:56.50	01:48:08.10	+00:43:52 (40.6%)	10:47	5.6 (60.2%)
20	NOWOSADZKA Beata	94		Senior II K 30-39	10	01:50:15.65	01:50:29.30	+00:46:13 (41.8%)	11:01	5.4 (58.1%)
21	LENAR Kamila	57		Senior I K 18-29	4	01:50:46.35	01:50:57.80	+00:46:42 (42.1%)	11:04	5.4 (58.1%)
22	WOŹNIAK Lidia	23	PORMAT JEDLICZE BIEGA	Weteran I K 50-59	3	01:52:36.45	01:52:42.15	+00:48:26 (43.0%)	11:15	5.3 (57.0%)
23	HULBOJ Marlena	48	AKTYWNA NOWA RUDA	Senior II K 30-39	11	01:52:39.00	01:52:43.65	+00:48:27 (43.0%)	11:15	5.3 (57.0%)
24	KOWSKA Monika	43	RUNNING BLONDES TARNOBREZEG	Senior II K 30-39	12	01:52:45.55	01:52:58.35	+00:48:42 (43.1%)	11:16	5.3 (57.0%)
25	MOCZYŃSKA Joanna	95		Senior II K 30-39	13	01:53:13.75	01:53:23.30	+00:49:07 (43.3%)	11:19	5.3 (57.0%)
26	DĄBROWSKA-ŚWIDER Danuta	50		Weteran I K 50-59	4	01:53:07.25	01:53:23.40	+00:49:07 (43.3%)	11:18	5.3 (57.0%)
27	WOROSZYŁO Monika	28	RYKOWISKO TEAM	Masters K 40-49	5	01:53:30.35	01:53:40.05	+00:49:24 (43.5%)	11:21	5.3 (57.0%)
28	BARAŃSKA Anna	66		Senior II K 30-39	14	01:53:45.15	01:53:51.55	+00:49:35 (43.6%)	11:22	5.3 (57.0%)
29	BUKOWSKA Małgorzata	42	RUNNING BLONDES	Weteran I K 50-59	5	01:54:54.90	01:55:08.10	+00:50:52 (44.2%)	11:29	5.2 (55.9%)

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30	GODLEWSKA Anna	6	GANG ŚWIETLIKÓW	Senior II K 30-39	15	01:59:30.70	01:59:41.20	+00:55:25 (46.3%)	11:57	5 (53.8%)
31	GURGUL Dorota	46	AROMAT NÓG	Masters K 40-49	6	02:00:08.00	02:00:15.55	+00:55:59 (46.6%)	12:00	5 (53.8%)
32	WASILEWSKA Agnieszka	63	AROMAT NÓG	Masters K 40-49	7	02:00:16.55	02:00:24.40	+00:56:08 (46.6%)	12:01	5 (53.8%)
33	OPALA Joanna	67	CROSSELITE	Masters K 40-49	8	02:02:33.80	02:02:33.80	+00:58:18 (47.6%)	12:15	4.9 (52.7%)
34	LENAR Nikola	56		Senior I K 18-29	5	02:05:21.80	02:05:32.95	+01:01:17 (48.8%)	12:32	4.8 (51.6%)
35	PLASKOTA Paulina	80		Senior II K 30-39	16	02:07:43.90	02:07:55.10	+01:03:39 (49.8%)	12:46	4.7 (50.5%)
36	KASPRZYK Katarzyna	85		Senior I K 18-29	6	02:28:45.80	02:29:03.00	+01:24:47 (56.9%)	14:52	4 (43.0%)
37	OBARA Maria	12		Senior I K 18-29	7	02:47:28.55	02:47:28.55	+01:43:12 (61.6%)	16:44	3.6 (38.7%)

Znaleziono 37 wynik(ów)