



PRZEBIEGŁY LESZY | 10 KM

B4SPORT

Wydarzenie: II Ultra-Bies
Organizator: Fundacja Ultra-Bies
Data: 2023-05-05
Miejsce: Dołżyca
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SOBAS Jacek	941	ON RUNNING	M30	1	00:55:26.25	00:55:26.25		5:32	10.8 (100%)
2	JAKUBIK Marcin	833	MKS HALICZ PSG KROŚCIENKO	M30	2	00:57:15.30	00:57:15.30	+00:01:49 (3.2%)	5:43	10.5 (97.2%)
3	SZMIST Jarosław	856	KB ATHLETIC ZRECIN	M40	1	00:57:24.90	00:57:24.90	+00:01:58 (3.4%)	5:44	10.5 (97.2%)
4	NIEMCZAK Michał	857	PRZEWORSKA GRUPA BIEGOWA	M20	1	01:02:54.05	01:02:54.05	+00:07:27 (11.9%)	6:17	9.5 (88.0%)
5	SOCHA Norbert	934	KALLIPSO RUNNERS TEAM	M40	2	01:03:09.20	01:03:09.20	+00:07:42 (12.2%)	6:18	9.5 (88.0%)
6	SABAT Sebastian	947	SEBA BIEGA	M20	2	01:04:23.90	01:04:23.90	+00:08:57 (13.9%)	6:26	9.3 (86.1%)
7	KOWALIK Andrzej	935	BIEH OPOLSKI/ ADRUNALINE	M40	3	01:05:32.65	01:05:32.65	+00:10:06 (15.4%)	6:33	9.2 (85.2%)
8	CICHY Krzysztof	812	GÓRAL Z MAZUR RUNNING TEAM	M50	1	01:06:14.50	01:06:14.50	+00:10:48 (16.3%)	6:37	9.1 (84.3%)
9	BANASIK Krzysztof	836	KAŃCZUCKA GRUPA BIEGOWA	M40	4	01:07:08.50	01:07:08.50	+00:11:42 (17.4%)	6:42	8.9 (82.4%)
10	RAFAŁEK Czesław	867	FUNDACJA TERAZ WSCHÓD	M40	5	01:08:14.90	01:08:14.90	+00:12:48 (18.8%)	6:49	8.8 (81.5%)
11	OSTASIUK Aleksander	852	FRANCUSKI BAGNET	M30	3	01:08:52.50	01:08:52.50	+00:13:26 (19.5%)	6:53	8.7 (80.6%)
12	CEBO Artur	894		M30	4	01:10:07.85	01:10:07.85	+00:14:41 (21.0%)	7:00	8.6 (79.6%)
13	BRODA Sławomir	929		M50	2	01:10:50.95	01:10:50.95	+00:15:24 (21.8%)	7:05	8.5 (78.7%)
14	CHUCHRO Wojciech	915		M20	3	01:11:19.30	01:11:19.30	+00:15:53 (22.3%)	7:07	8.4 (77.8%)
15	DOŁOSZYCKI Grzegorz	927		M40	6	01:12:10.40	01:12:10.40	+00:16:44 (23.2%)	7:13	8.3 (76.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	KOŁODZIEJCZYK Marcin	851		M40	7	01:12:52.80	01:12:52.80	+00:17:26 (23.9%)	7:17	8.2 (75.9%)
17	BODZIOCH Grzegorz	897	GORLICKA GRUPA BIEGOWA	M50	3	01:13:35.50	01:13:35.50	+00:18:09 (24.7%)	7:21	8.2 (75.9%)
18	SKALSKI Daniel	921	LKS BŁĘKITNI ŻEGLCE	M40	8	01:14:47.50	01:14:47.50	+00:19:21 (25.9%)	7:28	8 (74.1%)
19	DELMACZYŃSKI Sebastian	826	CHEŁM	M30	5	01:15:42.90	01:15:42.90	+00:20:16 (26.8%)	7:34	7.9 (73.1%)
20	SZCZUKA Leszek	946	CROSSELITE	M50	4	01:16:37.95	01:16:37.95	+00:21:11 (27.7%)	7:39	7.8 (72.2%)
21	WOŹNIAK Janusz	822	PORMAT JEDLICZE BIEGA	M60	1	01:18:25.90	01:18:25.90	+00:22:59 (29.3%)	7:50	7.7 (71.3%)
22	KASPROWICZ Paweł	821		M30	6	01:19:16.80	01:19:16.80	+00:23:50 (30.1%)	7:55	7.6 (70.4%)
23	DRAŹEK Sławomir	892		M50	5	01:21:51.25	01:21:51.25	+00:26:25 (32.3%)	8:11	7.3 (67.6%)
24	DRYJA Mateusz	806		M20	4	01:22:17.25	01:22:17.25	+00:26:51 (32.6%)	8:13	7.3 (67.6%)
25	NIEMCZUK Robert	933		M40	9	01:22:24.90	01:22:24.90	+00:26:58 (32.7%)	8:14	7.3 (67.6%)
26	PUDŁO Marcin	925		M40	10	01:22:32.20	01:22:32.20	+00:27:05 (32.8%)	8:15	7.3 (67.6%)
27	LEJMAN Adam	907		M50	6	01:24:34.15	01:24:34.15	+00:29:07 (34.4%)	8:27	7.1 (65.7%)
28	ZABORNIAK Tomasz	804		M30	7	01:25:20.40	01:25:20.40	+00:29:54 (35.0%)	8:32	7 (64.8%)
29	DRYJA Artur	805		M20	5	01:25:20.80	01:25:20.80	+00:29:54 (35.0%)	8:32	7 (64.8%)
30	ŁAWROWSKI Adolf	932	KS HARPAGAN	M60	2	01:25:23.10	01:25:23.10	+00:29:56 (35.1%)	8:32	7 (64.8%)
31	PASIONEK Bartłomiej	886	LESKO	M40	11	01:26:12.60	01:26:12.60	+00:30:46 (35.7%)	8:37	7 (64.8%)
32	SEBASTIAN Kręgiel	860		M40	12	01:27:22.70	01:27:22.70	+00:31:56 (36.6%)	8:44	6.9 (63.9%)
33	PODOLAK Zbigniew	819		M60	3	01:27:35.85	01:27:35.85	+00:32:09 (36.7%)	8:45	6.9 (63.9%)
34	MOTYKA Szymon	841		M20	6	01:28:01.50	01:28:01.50	+00:32:35 (37.0%)	8:48	6.8 (63.0%)
35	WRÓBEL Bartłomiej	936	CISNA GÓRĄ	M40	13	01:28:19.30	01:28:19.30	+00:32:53 (37.2%)	8:49	6.8 (63.0%)
36	HOLIK Maciej	906		M40	14	01:29:11.05	01:29:11.05	+00:33:44 (37.8%)	8:55	6.7 (62.0%)
37	TWARDOCHLEB Marcin	900	BIEGAMWRZ	M40	15	01:30:23.10	01:30:23.10	+00:34:56 (38.7%)	9:02	6.6 (61.1%)
38	SANKOWSKI Szymon	835		M40	16	01:31:00.50	01:31:00.50	+00:35:34 (39.1%)	9:06	6.6 (61.1%)

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39	MUSIAŁ Szczepan	842	KLUB KIBICA	M30	8	01:32:15.70	01:32:15.70	+00:36:49 (39.9%)	9:13	6.5 (60.2%)
40	KRZYŻEWSKI Roger	912		M30	9	01:32:18.40	01:32:18.40	+00:36:52 (39.9%)	9:13	6.5 (60.2%)
41	CIEŚLA Sławomir	928		M30	10	01:32:25.70	01:32:25.70	+00:36:59 (40.0%)	9:14	6.5 (60.2%)
42	CZELNY Tomasz	872	SMASHING PĄPKINS #OZD	M40	17	01:33:39.65	01:33:39.65	+00:38:13 (40.8%)	9:21	6.4 (59.3%)
43	JAWORSKI Jacek	887		M40	18	01:33:43.85	01:33:43.85	+00:38:17 (40.9%)	9:22	6.4 (59.3%)
44	GAŁUSZKA Mariusz	930	EXPLORE BIESZCZADY SKITUROWE BIESZCZADY MARIUSZ GAŁUSZKA	M40	19	01:34:54.20	01:34:54.20	+00:39:27 (41.6%)	9:29	6.3 (58.3%)
45	OWSIANIK Dawid	818		M30	11	01:34:58.50	01:34:58.50	+00:39:32 (41.6%)	9:29	6.3 (58.3%)
46	SKOLMOWSKI Marcin	850		M20	7	01:35:05.80	01:35:05.80	+00:39:39 (41.7%)	9:30	6.3 (58.3%)
47	GAŁKA Krzysztof	837		M30	12	01:35:10.90	01:35:10.90	+00:39:44 (41.8%)	9:31	6.3 (58.3%)
48	BRZEZIŃSKI Bartłomiej	931		M30	13	01:35:11.95	01:35:11.95	+00:39:45 (41.8%)	9:31	6.3 (58.3%)
48	WOJTAL Dariusz	899	FOREST RUNNERS	M40	20	01:35:11.95	01:35:11.95	+00:39:45 (41.8%)	9:31	6.3 (58.3%)
50	ŚNIEGOSKI Sebastian	881	KNEIPP TEAM	M40	21	01:35:12.85	01:35:12.85	+00:39:46 (41.8%)	9:31	6.3 (58.3%)
51	FIEDORCZUK Łukasz	918	BIMBER RUNNERS	M40	22	01:35:20.20	01:35:20.20	+00:39:53 (41.9%)	9:32	6.3 (58.3%)
52	SIEKIERA Piotr	811		M20	8	01:35:50.80	01:35:50.80	+00:40:24 (42.2%)	9:35	6.3 (58.3%)
53	PISZCZ Dariusz	926		M40	23	01:36:22.25	01:36:22.25	+00:40:56 (42.5%)	9:38	6.2 (57.4%)
54	KUCZ Kamil	847		M20	9	01:39:08.00	01:39:08.00	+00:43:41 (44.1%)	9:54	6.1 (56.5%)
55	KARGUL Zbigniew	866	TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI	M50	7	01:39:26.60	01:39:26.60	+00:44:00 (44.3%)	9:56	6 (55.6%)
56	JANKOWSKI Michał	891		M50	8	01:41:15.30	01:41:15.30	+00:45:49 (45.2%)	10:07	5.9 (54.6%)
57	ORŁOWSKI Wojciech	844	STALOWOWOLSKI KLUB BIEGACZA	M50	9	01:42:33.75	01:42:33.75	+00:47:07 (45.9%)	10:15	5.9 (54.6%)
58	JASIŃSKI Ireneusz	920		M40	24	01:42:37.80	01:42:37.80	+00:47:11 (46.0%)	10:15	5.8 (53.7%)
59	KOLASA Marcin	939		M40	25	01:42:40.70	01:42:40.70	+00:47:14 (46.0%)	10:16	5.8 (53.7%)
60	MATWIEJCZUK Mateusz	910		M20	10	01:49:50.80	01:49:50.80	+00:54:24 (49.5%)	10:59	5.5 (50.9%)
61	KWOLEK Wojciech	815		M30	14	01:53:07.55	01:53:07.55	+00:57:41 (51.0%)	11:18	5.3 (49.1%)

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62	BRATKO Zbigniew	810	67+		M60	4	02:00:40.70	02:00:40.70	+01:05:14 (54.1%)	12:04	5 (46.3%)
63	ZIMNICKI Dariusz	943	TREKKING TEAM		M40	26	02:05:49.10	02:05:49.10	+01:10:22 (55.9%)	12:34	4.8 (44.4%)
64	HAWROT Jakub	854	PROMATBUD		M40	27	02:06:01.95	02:06:01.95	+01:10:35 (56.0%)	12:36	4.8 (44.4%)
65	MÜLLER Bernard	848	MAFIA TEAM LUBLINIEC		M30	15	02:17:44.25	02:17:44.25	+01:22:18 (59.8%)	13:46	4.4 (40.7%)
66	PEŁSZYK Sławomir	845			M50	10	02:20:56.10	02:20:56.10	+01:25:29 (60.7%)	14:05	4.3 (39.8%)
67	CHUCHAŁA Andrzej	861	TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI		M40	28	02:31:35.75	02:31:35.75	+01:36:09 (63.4%)	15:09	4 (37.0%)
68	SMELA Damian	904			M20	11	02:36:57.05	02:36:57.05	+01:41:30 (64.7%)	15:41	3.8 (35.2%)

Znaleziono 68 wynik(ów)