

# PRZEHYBA TRAIL - 23KM

B4SPORT



**Wydarzenie:** Przehyba Trail  
**Organizator:** FUNDACJA MAŁOPOLSKA BIEGA  
**Data:** 2024-10-05  
**Miejsce:** Gołkowice Górne  
**Dystans:** 23 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik                     | Numer     | Klub                           | Kategoria | Mkat | Miedzyczas_Przehyba<br>12.5km | Czas<br>netto<br>23km | Czas<br>brutto<br>23km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|------------------------------|-----------|--------------------------------|-----------|------|-------------------------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 1   | <b>MIROSZKA Krzysztof</b>    | <b>46</b> |                                | M18-29    | 1    | 01:01:09                      | <b>01:50:27.00</b>    | <b>01:50:27.00</b>     |                   | 4:48            | 12.5 (100%)   |
| 2   | <b>CHAJDAS Mateusz</b>       | <b>21</b> | ROGELLI                        | M30-39    | 1    | 01:06:01                      | <b>01:57:18.00</b>    | <b>01:57:18.00</b>     | +00:06:51 (5.8%)  | 5:06            | 11.8 (94.4%)  |
| 3   | <b>CHLIPAŁA Bartłomiej</b>   | <b>26</b> | MKL BRYGADA BESKIDÓW NOWY SĄCZ | M18-29    | 2    | 01:11:37                      | <b>02:02:03.00</b>    | <b>02:02:03.00</b>     | +00:11:36 (9.5%)  | 5:18            | 11.3 (90.4%)  |
| 4   | <b>CHROBACZYŃSKI Rafał</b>   | <b>41</b> |                                | M30-39    | 2    | 01:11:43                      | <b>02:06:01.00</b>    | <b>02:06:01.00</b>     | +00:15:34 (12.4%) | 5:28            | 11 (88.0%)    |
| 5   | <b>SUCHWAŁKO Adam</b>        | <b>25</b> | TRENINGDLABIEGACZY             | M30-39    | 3    | 01:14:32                      | <b>02:13:09.00</b>    | <b>02:13:09.00</b>     | +00:22:42 (17.0%) | 5:47            | 10.4 (83.2%)  |
| 6   | <b>KRAJNIEWSKI Krzysztof</b> | <b>12</b> |                                | M30-39    | 4    | 01:22:41                      | <b>02:27:21.00</b>    | <b>02:27:21.00</b>     | +00:36:54 (25.0%) | 6:24            | 9.4 (75.2%)   |
| 7   | <b>PUCHAŁA Bartłomiej</b>    | <b>18</b> |                                | M18-29    | 3    | 01:23:53                      | <b>02:29:53.00</b>    | <b>02:29:53.00</b>     | +00:39:26 (26.3%) | 6:31            | 9.2 (73.6%)   |
| 8   | <b>WILCZYŃSKA Paulina</b>    | <b>19</b> | MKL BRYGADA BESKIDÓW           | K18-29    | 1    | 01:23:36                      | <b>02:29:56.00</b>    | <b>02:29:56.00</b>     | +00:39:29 (26.3%) | 6:31            | 9.2 (73.6%)   |
| 9   | <b>PAWEŁEK Paulina</b>       | <b>45</b> | MAREK WNĘK TEAM                | K30-39    | 1    | 01:25:36                      | <b>02:33:32.00</b>    | <b>02:33:32.00</b>     | +00:43:05 (28.1%) | 6:40            | 9 (72.0%)     |
| 10  | <b>SOBSTEL Przemek</b>       | <b>16</b> | WINCYJ SPRZĘTU NIŻ TALENTU     | M40-49    | 1    | 01:30:26                      | <b>02:45:30.00</b>    | <b>02:45:30.00</b>     | +00:55:03 (33.3%) | 7:11            | 8.3 (66.4%)   |
| 11  | <b>MERCHUT Krzysztof</b>     | <b>11</b> |                                | M30-39    | 5    | 01:25:25                      | <b>02:45:45.00</b>    | <b>02:45:45.00</b>     | +00:55:18 (33.4%) | 7:12            | 8.3 (66.4%)   |
| 12  | <b>ZĄBECKI Wojciech</b>      | <b>37</b> |                                | M40-49    | 2    | 01:31:50                      | <b>02:46:07.00</b>    | <b>02:46:07.00</b>     | +00:55:40 (33.5%) | 7:13            | 8.3 (66.4%)   |
| 13  | <b>WOŹNIAK Tomasz</b>        | <b>4</b>  |                                | M30-39    | 6    | 01:30:19                      | <b>02:51:02.00</b>    | <b>02:51:02.00</b>     | +01:00:35 (35.4%) | 7:26            | 8.1 (64.8%)   |
| 14  | <b>ZYGMUNT Marcin</b>        | <b>43</b> |                                | M40-49    | 3    | 01:32:43                      | <b>02:51:49.00</b>    | <b>02:51:49.00</b>     | +01:01:22 (35.7%) | 7:28            | 8 (64.0%)     |
| 15  | <b>SŁOWIK Daniel</b>         | <b>7</b>  | GANG ZAKRĘCONYCH MASTERSÓW     | M30-39    | 7    | 01:41:34                      | <b>02:59:18.00</b>    | <b>02:59:18.00</b>     | +01:08:51 (38.4%) | 7:47            | 7.7 (61.6%)   |
| 16  | <b>ZIELIŃSKI Kacper</b>      | <b>42</b> |                                | M18-29    | 4    | 01:41:10                      | <b>03:05:54.00</b>    | <b>03:05:54.00</b>     | +01:15:27 (40.6%) | 8:04            | 7.4 (59.2%)   |
| 17  | <b>CZEKAŁSKI Wojciech</b>    | <b>10</b> |                                | M18-29    | 5    | 01:44:53                      | <b>03:08:52.00</b>    | <b>03:08:52.00</b>     | +01:18:25 (41.5%) | 8:12            | 7.3 (58.4%)   |
| 18  | <b>FALARZ Daria</b>          | <b>44</b> |                                | K18-29    | 2    | 01:44:13                      | <b>03:10:34.00</b>    | <b>03:10:34.00</b>     | +01:20:07 (42.0%) | 8:17            | 7.2 (57.6%)   |
| 19  | <b>NOWAK Anna</b>            | <b>17</b> | #KOKOSZANEL#TEAM               | K50-59    | 1    | 01:44:20                      | <b>03:13:59.00</b>    | <b>03:13:59.00</b>     | +01:23:32 (43.1%) | 8:26            | 7.1 (56.8%)   |
| 20  | <b>SETLAK Aleksander</b>     | <b>23</b> | SZERPOWIE NADZIEI              | M30-39    | 8    | 01:44:27                      | <b>03:15:18.00</b>    | <b>03:15:18.00</b>     | +01:24:51 (43.4%) | 8:29            | 7.1 (56.8%)   |
| 21  | <b>HOŁOBUT Marcin</b>        | <b>36</b> |                                | M30-39    | 9    | 01:48:53                      | <b>03:23:23.00</b>    | <b>03:23:23.00</b>     | +01:32:56 (45.7%) | 8:50            | 6.8 (54.4%)   |
| 22  | <b>WNUK Mirek</b>            | <b>32</b> |                                | M50-59    | 1    | 01:54:02                      | <b>03:29:50.00</b>    | <b>03:29:50.00</b>     | +01:39:23 (47.4%) | 9:07            | 6.6 (52.8%)   |
| 23  | <b>SZAREK Robert</b>         | <b>30</b> |                                | M50-59    | 2    | 01:49:59                      | <b>03:30:03.00</b>    | <b>03:30:03.00</b>     | +01:39:36 (47.4%) | 9:07            | 6.6 (52.8%)   |
| 24  | <b>BUSZCZYK Paweł</b>        | <b>24</b> |                                | M30-39    | 10   | 01:49:24                      | <b>03:30:06.00</b>    | <b>03:30:06.00</b>     | +01:39:39 (47.4%) | 9:08            | 6.6 (52.8%)   |
| 25  | <b>ZAKRZEWSKA Anna</b>       | <b>40</b> |                                | K40-49    | 1    | 01:49:30                      | <b>03:31:28.00</b>    | <b>03:31:28.00</b>     | +01:41:01 (47.8%) | 9:11            | 6.5 (52.0%)   |
| 26  | <b>LENART Marzena</b>        | <b>27</b> |                                | K40-49    | 2    | 01:50:05                      | <b>03:31:30.00</b>    | <b>03:31:30.00</b>     | +01:41:03 (47.8%) | 9:11            | 6.5 (52.0%)   |
| 27  | <b>CHEŁSTOWSKA Bożena</b>    | <b>22</b> | #KOKOSZANEL#TEAM               | K40-49    | 3    | 01:50:09                      | <b>03:40:37.00</b>    | <b>03:40:37.00</b>     | +01:50:10 (49.9%) | 9:35            | 6.3 (50.4%)   |

| Msc | Zawodnik                | Numer     | Klub                | Kategoria | Mkat | Miedzyczas_Przehyba<br>12.5km | Czas<br>netto<br>23km | Czas<br>brutto<br>23km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-------------------------|-----------|---------------------|-----------|------|-------------------------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 28  | <b>DZIENNIK Olga</b>    | <b>31</b> |                     | K30-39    | 2    | 01:52:17                      | <b>03:46:08.00</b>    | <b>03:46:08.00</b>     | +01:55:41 (51.2%) | 9:49            | 6.1 (48.8%)   |
| 29  | <b>LIZOŃ Mariola</b>    | <b>29</b> |                     | K30-39    | 3    | 01:53:58                      | <b>03:49:07.00</b>    | <b>03:49:07.00</b>     | +01:58:40 (51.8%) | 9:57            | 6 (48.0%)     |
| 30  | <b>SUKIENNIK Żaneta</b> | <b>14</b> | BISTI               | K40-49    | 4    | 02:01:16                      | <b>03:49:56.00</b>    | <b>03:49:56.00</b>     | +01:59:29 (52.0%) | 9:59            | 6 (48.0%)     |
| 31  | <b>BISTUŁA Marcin</b>   | <b>13</b> | BISTI               | M40-49    | 4    | 02:01:13                      | <b>03:51:57.00</b>    | <b>03:51:57.00</b>     | +02:01:30 (52.4%) | 10:05           | 5.9 (47.2%)   |
| 32  | <b>KOZIOŁ Ewa</b>       | <b>47</b> | RUNPROGRESS.PL TEAM | K40-49    | 5    | 02:05:38                      | <b>03:54:35.00</b>    | <b>03:54:35.00</b>     | +02:04:08 (52.9%) | 10:11           | 5.9 (47.2%)   |
| 33  | <b>LISZKA Agata</b>     | <b>28</b> | GOLISZKI            | K40-49    | 6    | 02:03:35                      | <b>04:03:32.00</b>    | <b>04:03:32.00</b>     | +02:13:05 (54.6%) | 10:35           | 5.7 (45.6%)   |
| 34  | <b>KUBALA Mariusz</b>   | <b>39</b> |                     | M30-39    | 11   | 02:25:17                      | <b>04:32:31.00</b>    | <b>04:32:31.00</b>     | +02:42:04 (59.5%) | 11:50           | 5.1 (40.8%)   |
| 35  | <b>GROTYŃSKI Maciej</b> | <b>34</b> | BRAK                | M30-39    | 12   | 02:25:14                      | <b>04:32:33.00</b>    | <b>04:32:33.00</b>     | +02:42:06 (59.5%) | 11:51           | 5.1 (40.8%)   |
| 36  | <b>SMORAĞ Katarzyna</b> | <b>20</b> |                     | K30-39    | 4    | 02:34:47                      | <b>04:37:04.00</b>    | <b>04:37:04.00</b>     | +02:46:37 (60.1%) | 12:02           | 5 (40.0%)     |
| 37  | <b>CICHOŃ Agnieszka</b> | <b>38</b> |                     | K50-59    | 2    | 02:09:11                      | <b>04:50:33.00</b>    | <b>04:50:33.00</b>     | +03:00:06 (62.0%) | 12:37           | 4.7 (37.6%)   |

Znaleziono 37 wynik(ów)