

PRZEHYBA TRAIL - 43KM

B4SPORT



Wydarzenie: Przehyba Trail
Organizator: FUNDACJA MAŁOPOLSKA BIEGA
Data: 2023-09-30
Miejsce: Gołkowice Górne
Dystans: 43 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	32.5km	Czas netto 43km	Czas brutto 43km	Różn	Tempo min/km	Tempo km/h
1	TARASEK Dariusz	432	SEVEN7	M40-49	1	03:13:56	04:08:55.00	04:08:55.00		5:47	10.4 (100%)
2	KIK Iwona	409	TERVEL MOUNTAIN RUNNER	K30-39	1	03:30:37	04:33:31.00	04:33:31.00	+00:24:36 (9.0%)	6:21	9.4 (90.4%)
3	TOKARSKI Szymon	433		M30-39	1	03:30:46	04:41:19.00	04:41:19.00	+00:32:24 (11.5%)	6:32	9.2 (88.5%)
4	MALINA Michał	420	HUTNIK RUN	M30-39	2	04:00:52	05:06:38.00	05:06:38.00	+00:57:43 (18.8%)	7:07	8.4 (80.8%)
5	KOKOSZKA Zygmunt	410	VEGE RUNNERS	M40-49	2	03:52:05	05:12:48.00	05:12:48.00	+01:03:53 (20.4%)	7:16	8.2 (78.8%)
6	PYCIA Adam	428		M50-59	1	04:00:49	05:15:37.00	05:15:37.00	+01:06:42 (21.1%)	7:20	8.2 (78.8%)
7	KOWALSKI Łukasz	413	PHILLIPS-MEDISIZE POLAND	M40-49	3	03:58:45	05:22:13.00	05:22:13.00	+01:13:18 (22.7%)	7:29	8 (76.9%)
8	KRZYŻANOWSKI Łukasz	416	HUTNIK RUN	M30-39	3	04:02:15	05:24:10.00	05:24:10.00	+01:15:15 (23.2%)	7:32	8 (76.9%)
9	WENCEL Paweł	439		M40-49	4	01:34:46	05:32:53.00	05:32:53.00	+01:23:58 (25.2%)	7:44	7.8 (75.0%)
10	SEKMAN Tomasz	429		M40-49	5	04:31:14	05:58:44.00	05:58:44.00	+01:49:49 (30.6%)	8:20	7.2 (69.2%)
11	SOJKOWSKI Piotr	431	4FUN TRIATHLON / NAJMOWICZ TRIATHLON	M40-49	6	04:54:28	06:20:31.00	06:20:31.00	+02:11:36 (34.6%)	8:50	6.8 (65.4%)
12	TUSIŃSKA Aleksandra	435		K30-39	2	05:25:23	06:42:35.00	06:42:35.00	+02:33:40 (38.2%)	9:21	6.4 (61.5%)
13	ŁYSCARZ Józef	418	100 MARATHON CLUB POLSKA	M40-49	7	05:29:57	07:00:30.00	07:00:30.00	+02:51:35 (40.8%)	9:46	6.1 (58.7%)
14	GINTER Grzegorz	404	AZS COLLEGIUM MEDICUM UJ	M30-39	4	05:31:01	07:05:25.00	07:05:25.00	+02:56:30 (41.5%)	9:53	6.1 (58.7%)
15	KOSTKOWSKI Kazimierz	412		M50-59	2	05:21:55	07:11:12.00	07:11:12.00	+03:02:17 (42.3%)	10:01	6 (57.7%)
16	ZARĘBSKI Grzegorz	441	DUMINKA	M30-39	5	05:12:25	07:14:35.00	07:14:35.00	+03:05:40 (42.7%)	10:06	5.9 (56.7%)
17	JASIAK Karol	408	ZEFKA RUNNERS	M30-39	6	05:44:31	07:19:02.00	07:19:02.00	+03:10:07 (43.3%)	10:12	5.9 (56.7%)
18	ĆWIERTNIA Krzysztof	402	AKMB PĘDZIWIATR GLIWICE	M60+	1	05:21:51	07:19:33.00	07:19:33.00	+03:10:38 (43.4%)	10:13	5.9 (56.7%)
19	PODGÓRSKA Jola	427		K40-49	1	05:32:01	07:21:07.00	07:21:07.00	+03:12:12 (43.6%)	10:15	5.8 (55.8%)
20	JAKUBCZYK Piotr	407	PARKRUN KĘDZIERZYN-KOŻŁE	M40-49	8	05:32:04	07:21:11.00	07:21:11.00	+03:12:16 (43.6%)	10:15	5.8 (55.8%)
21	CZACHOWSKI Michał	401	ŻWAWĘ ŻÓŁWIE	M50-59	3	05:54:35	07:24:01.00	07:24:01.00	+03:15:06 (43.9%)	10:19	5.8 (55.8%)
22	MEUS Martyna	422		K30-39	3	05:49:18	07:24:48.00	07:24:48.00	+03:15:53 (44.0%)	10:20	5.8 (55.8%)
23	OSTROWSKA Natalia	425		K30-39	4	05:49:13	07:24:59.00	07:24:59.00	+03:16:04 (44.1%)	10:20	5.8 (55.8%)
24	WALCZAK Dariusz	438	OLKUSZBIEGA	M50-59	4	05:48:56	07:32:19.00	07:32:19.00	+03:23:24 (45.0%)	10:31	5.7 (54.8%)
25	MADEYSKI Tomasz	419		M40-49	9	05:57:43	07:34:11.00	07:34:11.00	+03:25:16 (45.2%)	10:33	5.7 (54.8%)
26	HANGIEL Urszula	406	ŻWAWĘ ŻÓŁWIE	K40-49	2	05:54:32	07:34:30.00	07:34:30.00	+03:25:35 (45.2%)	10:34	5.7 (54.8%)
27	SŁOWIK Grzegorz	430	ZEFKA RUNNERS	M40-49	10		07:35:14.00	07:35:14.00	+03:26:19 (45.3%)	10:35	5.7 (54.8%)

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28	TROJNAR Daniel	434		M30-39	7	05:59:28	07:38:14.00	07:38:14.00	+03:29:19 (45.7%)	10:39	5.6 (53.8%)
29	WADOWSKI Marcin	437	OLKUSZBIEGA.PL	M50-59	5	06:29:31	08:44:53.00	08:44:53.00	+04:35:58 (52.6%)	12:12	4.9 (47.1%)
30	KRZYSZTONEK Grzegorz	415	OLKUSZBIEGA.PL	M50-59	6	06:29:37	08:44:56.00	08:44:56.00	+04:36:01 (52.6%)	12:12	4.9 (47.1%)
31	ADAMCZYK Jan	400	GORLICKA GRUPA BIEGOWA	M60+	2	06:29:41	08:58:07.00	08:58:07.00	+04:49:12 (53.7%)	12:30	4.8 (46.2%)
DNC	MAREK Darek	421	#RÓBSWOJE / SCARPA TEAM	M30-39			02:18:20.00	02:18:20.00		0:00	18.7 (179.8%)

Znaleziono 32 wynik(ów)