

# PUCHAR GÓRNEGO ŚLĄSKA NORDIC WALKING 2020 – 10 KM

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Event:** PUCHAR GÓRNEGO ŚLĄSKA NORDIC WALKING 2020  
**Organiser:** Urząd Miasta Tarnowskie Góry  
**Date:** 2020-10-04  
**Place:** Tarnowskie Góry  
**Distance:** 10 km



Classification: K50-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Laps_5km 5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	<b>KOŁODZIEJ Joanna</b>	<b>12</b>	MALINOWE GWIAZDY	K50-59	1			00:32:54	<b>01:06:40.75</b>		6:40	9 (100%)
2	<b>JĘDRASIAK Renata</b>	<b>13</b>	KS METRACO POLKOWICE	K50-59	2	2		00:33:19	<b>01:07:32.70</b>	+00:00:51 (1.3%)	6:45	8.9 (98.9%)
3	<b>MUSIATOWICZ Aleksandra</b>	<b>16</b>	PASJA NORDIC WALKING	K50-59	3			00:35:04	<b>01:11:07.20</b>	+00:04:26 (6.2%)	7:06	8.4 (93.3%)
4	<b>KAMIŃSKA Beata</b>	<b>63</b>	NORDIC TEAM CZĘSTOCHOWA	K50-59	4			00:36:54	<b>01:14:46.00</b>	+00:08:05 (10.8%)	7:28	8 (88.9%)
5	<b>BOŃCZYSZYN Bożena</b>	<b>23</b>	POLIPACK TEAM GWE	K50-59	5			00:38:00	<b>01:16:22.00</b>	+00:09:41 (12.7%)	7:38	7.9 (87.8%)
6	<b>FRANCZAK Anna</b>	<b>39</b>	NW CZŁAPSKI TEAM	K50-59	6			00:39:00	<b>01:18:12.50</b>	+00:11:31 (14.7%)	7:49	7.7 (85.6%)
7	<b>GANSINIEC Kazimiera</b>	<b>43</b>	CIDRY LOTAJOM	K50-59	7			00:39:58	<b>01:19:44.70</b>	+00:13:03 (16.4%)	7:58	7.5 (83.3%)
8	<b>KUTA Marta</b>	<b>74</b>	KUR-TEAM	K50-59	8			00:40:02	<b>01:20:24.60</b>	+00:13:43 (17.1%)	8:02	7.5 (83.3%)
9	<b>PACYNA Danuta</b>	<b>104</b>		K50-59	9			00:41:59	<b>01:21:08.45</b>	+00:14:27 (17.8%)	8:06	7.4 (82.2%)
10	<b>EWERTOWSKA Ewa</b>	<b>37</b>	NORDIC WALKING KIEKRZ POLAND	K50-59	10			00:40:07	<b>01:21:17.85</b>	+00:14:37 (18.0%)	8:07	7.4 (82.2%)
11	<b>WŁODARCZYK Małgorzata</b>	<b>151</b>		K50-59	11			00:41:56	<b>01:24:18.75</b>	+00:17:38 (20.9%)	8:25	7.1 (78.9%)
12	<b>HOŁECKA Beata</b>	<b>52</b>	Z KIJKAMI PO ZDROWIE	K50-59	12			00:41:57	<b>01:25:19.45</b>	+00:18:38 (21.9%)	8:31	7 (77.8%)
13	<b>CZEMPIK Kornelia</b>	<b>27</b>	MALINOWE GWIAZDY	K50-59	13			00:39:05	<b>01:25:31.70</b>	+00:18:50 (22.0%)	8:33	7 (77.8%)
14	<b>TRAUTMANN Bogusia</b>	<b>139</b>	OFIARY KAMIEŃCA	K50-59	14			00:44:20	<b>01:29:05.35</b>	+00:22:24 (25.2%)	8:54	6.7 (74.4%)
15	<b>DUDEK Beata</b>	<b>34</b>	LECZYMY DURŚ	K50-59	15			00:45:54	<b>01:33:26.35</b>	+00:26:45 (28.6%)	9:20	6.4 (71.1%)
16	<b>DROZD Krystyna</b>	<b>30</b>	CIDRY LOTAJOM	K50-59	16			00:45:57	<b>01:33:29.60</b>	+00:26:48 (28.7%)	9:20	6.4 (71.1%)
	<b>ROMAŃSKA Katarzyna</b>	<b>113</b>		K50-59				00:49:56 DNF	<b>DNF</b>		-	- (0.0%)

Total 17 results.