

PUCHAR GÓRNEGO ŚLĄSKA NORDIC WALKING 2020 – 5 KM - KOBIETY

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: PUCHAR GÓRNEGO ŚLĄSKA NORDIC WALKING 2020
Organiser: Tarnowskie Góry
Date: 2020-10-04
Place: Tarnowskie Góry
Distance: 5 km



Classification: K40-44

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Net time 5km	Gap	Pace min/km	Pace km/h
1	KĘDZIERSKA Agnieszka	190	KIJKOWE TRZEMESZNO	K40-44	1			00:34:45.45		6:57	8.6 (100%)
2	SITTEK Agnieszka	430		K40-44	2			00:35:20.50	+00:00:35 (1.7%)	7:04	8.5 (98.8%)
3	KWECZKA-JANECZEK Anna	343	NORDIC TEAM CZĘSTOCHOWA	K40-44	3	1		00:35:58.45	+00:01:13 (3.4%)	7:11	8.3 (96.5%)
4	MALINOWSKA Monika	366	LKS ZANTYR SZTUM	K40-44	4	1		00:36:02.85	+00:01:17 (3.6%)	7:12	8.3 (96.5%)
5	TAISNER Aleksandra	470	NORDIC TEAM RUDA ŚLĄSKA	K40-44	5			00:36:38.20	+00:01:52 (5.1%)	7:19	8.2 (95.3%)
6	MACHOWSKA-LAZAR Agnieszka	513	TARNOGÓRSKIE ŁAZĘGI	K40-44	6			00:37:45.80	+00:03:00 (8.0%)	7:33	7.9 (91.9%)
7	SŁUPIANEK Sonia	431	KATOWICKI NORDIC WALKING	K40-44	7			00:37:58.40	+00:03:12 (8.5%)	7:35	7.9 (91.9%)
8	WAŻNA Joanna	497	KLUB NORDIC WALKING SPRING HORYNIEC-ZDRÓJ	K40-44	8	1		00:38:03.85	+00:03:18 (8.7%)	7:36	7.9 (91.9%)
9	TROJSZCZAK Joanna	479		K40-44	9	1		00:38:12.50	+00:03:27 (9.0%)	7:38	7.9 (91.9%)
10	SOMIAK Marta	437	NORDICUS STRZYBNICA	K40-44	10			00:38:38.30	+00:03:52 (10.0%)	7:43	7.8 (90.7%)
11	BUDZYŃSKA Magdalena	214		K40-44	11			00:39:15.00	+00:04:29 (11.4%)	7:51	7.6 (88.4%)
12	REDISZ Anna	423		K40-44	12	1		00:39:28.55	+00:04:43 (12.0%)	7:53	7.6 (88.4%)
13	DĘBOSZ Sylwia	231		K40-44	13			00:40:20.80	+00:05:35 (13.9%)	8:04	7.4 (86.0%)
14	STACHOWIAK Magdalena	442		K40-44	14			00:40:26.80	+00:05:41 (14.1%)	8:05	7.4 (86.0%)

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15	KUŚMIEREK Beata	340	BŁĘKITNI NW DZIEMIANY	K40-44	15			00:40:27.85	+00:05:42 (14.1%)	8:05	7.4 (86.0%)
16	GĄSEWICZ-FILIPIAK Agnieszka	253	NORDICUS STRZYBNICA	K40-44	16			00:40:34.70	+00:05:49 (14.3%)	8:06	7.4 (86.0%)
17	KIRSZ Mariola	302	NORDICUS STRZYBNICA	K40-44	17			00:40:44.40	+00:05:58 (14.7%)	8:08	7.4 (86.0%)
18	CAŁKA-PRYSZCZ Agata	216		K40-44	18			00:41:59.00	+00:07:13 (17.2%)	8:23	7.1 (82.6%)
19	BRZEZINA Magdalena	213	NORDICUS STRZYBNICA	K40-44	19			00:43:45.35	+00:08:59 (20.6%)	8:45	6.9 (80.2%)
20	CZAICKA Agnieszka	223	TARNOGÓRSKIE ŁAZĘGI	K40-44	20			00:44:08.55	+00:09:23 (21.3%)	8:49	6.8 (79.1%)
21	BIELAWSKA Elwira	201	SONSIEDZI TEAM	K40-44	21			00:44:33.00	+00:09:47 (22.0%)	8:54	6.7 (77.9%)

Total 21 results.