



## PUCHAR NORDIC WALKING - 10 KM

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Puchar Nordic Walking w Sercu Podhala  
Gmina Szaflary  
2021-10-16  
Szaflary  
10 km



Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	1.67km	3.3km	5km	6.67km	8.3km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>LABUS Marzena</b>	<b>13</b>	NORDIC SPORT 2021	K30-39	1	00:12:30	00:24:35	00:36:51	00:49:20	01:01:59	<b>01:14:22.60</b>		7:26	8.1 (100%)
2	<b>KOŃCZEWSKA Bożena</b>	<b>10</b>	BIESZCZADZKI KLUB NORDIC WALKING	K60-69	1	00:12:29	00:24:39	00:36:54	00:49:18	01:01:58	<b>01:14:23.05</b>	+00:00:00 (0.0%)	7:26	8.1 (100%)
3	<b>KĘDZIERSKA Karolina</b>	<b>9</b>	EKSPEDYCJA NORDIC TEAM SZCZECIN	K40-49	1	00:12:53	00:26:10	00:39:28	00:52:50	01:06:20	<b>01:19:46.15</b>	+00:05:23 (6.8%)	7:58	7.5 (92.6%)
4	<b>KORDOWSKA Bogusława</b>	<b>11</b>	LUX TORPEDA	K40-49	2	00:14:04	00:28:36	00:43:15	00:58:04	01:12:54	<b>01:27:32.05</b>	+00:13:09 (15.0%)	8:45	6.9 (85.2%)
5	<b>MARKS Dorota</b>	<b>15</b>	LECYMY DURŚ	K50-59	1	00:14:31	00:29:12	00:44:48	00:59:56	01:15:31	<b>01:31:14.30</b>	+00:16:51 (18.5%)	9:07	6.6 (81.5%)
6	<b>KALATA Ewa</b>	<b>7</b>		K40-49	3	00:15:40	00:30:56	00:46:21	01:02:48	01:18:54	<b>01:34:34.70</b>	+00:20:12 (21.4%)	9:27	6.3 (77.8%)
7	<b>BEDNARZ Bożena</b>	<b>23</b>		K30-39	2	00:15:08	00:30:53	00:46:58	01:02:55	01:18:51	<b>01:35:07.80</b>	+00:20:45 (21.8%)	9:30	6.3 (77.8%)
8	<b>GEMBUŚ Ewa</b>	<b>3</b>		K50-59	2	00:14:58	00:30:36	00:46:36	01:02:44	01:19:00	<b>01:35:27.55</b>	+00:21:04 (22.1%)	9:32	6.3 (77.8%)
9	<b>ROGALSKA Celina</b>	<b>18</b>		K60-69	2	00:17:02	00:34:27	00:52:08	01:09:55	01:27:57	<b>01:46:10.20</b>	+00:31:47 (29.9%)	10:37	5.7 (70.4%)
10	<b>BARABACH Danuta</b>	<b>2</b>		K60-69	3	00:17:38	00:36:32	00:56:14	01:15:43	01:35:00	<b>01:53:43.10</b>	+00:39:20 (34.6%)	11:22	5.3 (65.4%)
11	<b>FRANIK Aneta</b>	<b>46</b>	ŚLIMAKI	K40-49	4	00:18:05	00:37:44	00:57:48	01:18:21	01:38:51	<b>01:58:12.00</b>	+00:43:49 (37.1%)	11:49	5.1 (63.0%)

Znaleziono 11 wynik(ów)