

# PUCHAR REGIONALNY NORDIC WALKING - BIAŁY BÓR 2020 - 10 KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Event:** PUCHAR REGIONALNY NORDIC WALKING - BIAŁY BÓR 2020  
**Organiser:** Biały Bór  
**Date:** 2020-09-20  
**Place:** Biały Bór  
**Distance:** 10 km



Classification: M50-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Laps_5km 5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	<b>CZŁAPSKI Krzysztof</b>	<b>212</b>	NW CZŁAPSKI TEAM	M50-59	1			00:32:45	<b>01:06:42.55</b>		6:40	9 (100%)
2	<b>RADECKI Artur</b>	<b>268</b>	CHODZĄCY BIAŁYSTOK	M50-59	2			00:33:13	<b>01:08:06.75</b>	+00:01:24 (2.1%)	6:48	8.8 (97.8%)
3	<b>KLIMCZAK Adam</b>	<b>227</b>	GOSADI NORDIC TEAM	M50-59	3			00:33:26	<b>01:08:17.60</b>	+00:01:35 (2.3%)	6:49	8.8 (97.8%)
4	<b>KUŚMIEREK Jan</b>	<b>236</b>	BŁĘKITNI NW DZIEMIANY	M50-59	4			00:34:21	<b>01:08:38.00</b>	+00:01:55 (2.8%)	6:51	8.7 (96.7%)
5	<b>ŚWISŁOCKI Bogdan</b>	<b>279</b>	FACE NORDIC WALKING TEAM	M50-59	5			00:34:32	<b>01:09:51.30</b>	+00:03:08 (4.5%)	6:59	8.6 (95.6%)
6	<b>KROMSKI Paweł</b>	<b>232</b>	NORDIC WALKING KIEKRZ POLAND	M50-59	6			00:35:27	<b>01:11:24.30</b>	+00:04:41 (6.6%)	7:08	8.4 (93.3%)
7	<b>FRANCZAK Dariusz</b>	<b>217</b>	NW CZŁAPSKI TEAM	M50-59	7			00:36:40	<b>01:14:28.30</b>	+00:07:45 (10.4%)	7:26	8.1 (90.0%)
8	<b>KRIGER Roman</b>	<b>231</b>	SERCE NORDICA WŁOCŁAWEK	M50-59	8			00:38:33	<b>01:16:52.15</b>	+00:10:09 (13.2%)	7:41	7.8 (86.7%)
9	<b>KACZMAREK Jarek</b>	<b>222</b>	SERCE NORDICA WŁOCŁAWEK	M50-59	9			00:38:47	<b>01:17:17.30</b>	+00:10:34 (13.7%)	7:43	7.8 (86.7%)
10	<b>PALUCH Paweł</b>	<b>261</b>	AVOCADO WELLNESS CLUB	M50-59	10			00:40:29	<b>01:21:53.45</b>	+00:15:10 (18.5%)	8:11	7.3 (81.1%)
11	<b>MÓRAWSKI Sławomir</b>	<b>250</b>	TORUŃ - IDZIEMY BEZ RYZYKA	M50-59	11			00:46:46	<b>01:35:28.15</b>	+00:28:45 (30.1%)	9:32	6.3 (70.0%)

Total 11 results.