



# PYRZYCKA SZYBKA DYCHA - 10 KM

B4SPORT

**Wydarzenie:** Pyrzycka Szybka Dycha FIEGE  
**Organizator:** Stowarzyszenie K2 Partners  
**Data:** 2022-03-21  
**Miejsce:** Polska  
**Dystans:** 10 km

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	<b>SZYMANOWICZ Mariusz</b>	<b>48</b>	CHARTY CHARTOWO/DRUŻYNA SZPIKU	M 40	1	00:00:00	<b>10,0 KM</b>	+00:00:00	4:13	14.2 (100%)
2	<b>BOJKO Marek</b>	<b>3</b>		M 50	1	00:00:00	<b>10,0 KM</b>	+00:02:13	4:26	13.5 (95.1%)
3	<b>ZATAJ Igor</b>	<b>50</b>	KB MANIAC/CHARTY CHARTOWO	M 40	2	00:00:00	<b>10,0 KM</b>	+00:03:54	4:37	13 (91.5%)
4	<b>DOMAŃSKI Henryk</b>	<b>69</b>		M 60	1	00:00:00	<b>10,0 KM</b>	+00:04:30	4:40	12.8 (90.1%)
5	<b>JASTAK Paweł</b>	<b>67</b>		M 40	3	00:00:00	<b>10,0 KM</b>	+00:05:28	4:46	12.6 (88.7%)
6	<b>POLANSKI Jerzy</b>	<b>37</b>	FANTOM KARTUZY	M 40	4	00:00:00	<b>10,0 KM</b>	+00:06:35	4:53	12.3 (86.6%)
7	<b>SEMENIUK Igor</b>	<b>60</b>	SEMENIUK INTERIOR DESIGN	M 40	5	00:00:00	<b>10,0 KM</b>	+00:06:47	4:54	12.2 (85.9%)
8	<b>CZYŻ Adam</b>	<b>18</b>		M 40	6	00:00:00	<b>10,0 KM</b>	+00:07:14	4:57	12.1 (85.2%)
9	<b>DZIEKOŃSKA Agnieszka</b>	<b>32</b>	SOBOTNI BIEGACZE ŚWINOUJŚCIE	K 40	1	00:00:00	<b>10,0 KM</b>	+00:07:34	4:59	12 (84.5%)
10	<b>STALKA Przemek</b>	<b>33</b>	SOBOTNI BIEGACZE ŚWINOUJŚCIE	M 40	7	00:00:00	<b>10,0 KM</b>	+00:08:33	5:04	11.8 (83.1%)
11	<b>SIENIUC Maciej</b>	<b>61</b>		M 30	1	00:00:00	<b>10,0 KM</b>	+00:08:56	5:07	11.7 (82.4%)
12	<b>STALMACH Damian</b>	<b>13</b>	LECYMY DURŚ	M 40	8	00:00:00	<b>10,0 KM</b>	+00:09:24	5:10	11.6 (81.7%)
13	<b>ZABOROWSKI Tomasz</b>	<b>54</b>		M 30	2	00:00:00	<b>10,0 KM</b>	+00:10:28	5:16	11.4 (80.3%)
14	<b>SZACH Andrzej</b>	<b>22</b>		M 40	9	00:00:00	<b>10,0 KM</b>	+00:10:55	5:19	11.3 (79.6%)
15	<b>ZAJAC Przemysław</b>	<b>15</b>		M 40	10	00:00:00	<b>10,0 KM</b>	+00:10:59	5:19	11.3 (79.6%)
16	<b>ZIELONKA Wiesław</b>	<b>70</b>	PACCOR-POLSKA	M 60	2	00:00:00	<b>10,0 KM</b>	+00:11:37	5:23	11.1 (78.2%)
17	<b>GRABOWICZ Paweł</b>	<b>43</b>		M 40	11	00:00:00	<b>10,0 KM</b>	+00:12:20	5:27	11 (77.5%)
18	<b>ŁAPAC Beata</b>	<b>59</b>		K 30	1	00:00:00	<b>10,0 KM</b>	+00:12:39	5:29	10.9 (76.8%)
19	<b>SZEWCZYK Tomasz</b>	<b>6</b>	AKCJA MOTYWACJA	M 50	2	00:00:00	<b>10,0 KM</b>	+00:12:49	5:30	10.9 (76.8%)
20	<b>HASIAK Aleksander</b>	<b>35</b>		M 50	3	00:00:00	<b>10,0 KM</b>	+00:13:35	5:35	10.7 (75.4%)
21	<b>PIETRAŚ Arkadiusz</b>	<b>39</b>		M 30	3	00:00:00	<b>10,0 KM</b>	+00:14:50	5:42	10.5 (73.9%)
22	<b>SIENKIEWICZ-KRAMEK Agnieszka</b>	<b>55</b>		K 40	2	00:00:00	<b>10,0 KM</b>	+00:15:22	5:45	10.4 (73.2%)
23	<b>PASZKIEWICZ Sandra</b>	<b>58</b>		K 30	2	00:00:00	<b>10,0 KM</b>	+00:15:31	5:46	10.4 (73.2%)
24	<b>HYLLA Mateusz</b>	<b>41</b>		M 30	4	00:00:00	<b>10,0 KM</b>	+00:15:45	5:48	10.3 (72.5%)
25	<b>GODZIUK Roman</b>	<b>7</b>		M 60	3	00:00:00	<b>10,0 KM</b>	+00:15:56	5:49	10.3 (72.5%)
26	<b>JAŁOWSKI Marcin</b>	<b>20</b>	BIEGAM BO LUBIĘ LASY BOGDANIECKIE	M 30	5	00:00:00	<b>10,0 KM</b>	+00:16:03	5:49	10.3 (72.5%)
27	<b>JABŁOŃSKI Wojciech</b>	<b>51</b>		M 50	4	00:00:00	<b>10,0 KM</b>	+00:16:58	5:55	10.1 (71.1%)
28	<b>HASIAK Katarzyna</b>	<b>36</b>		K 50	1	00:00:00	<b>10,0 KM</b>	+00:17:11	5:56	10.1 (71.1%)
29	<b>ROJEK Stanisław</b>	<b>23</b>		M 50	5	00:00:00	<b>10,0 KM</b>	+00:17:48	6:00	10 (70.4%)
30	<b>LESZCZYŃSKA Marlena</b>	<b>24</b>		K 40	3	00:00:00	<b>10,0 KM</b>	+00:17:48	6:00	10 (70.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
31	<b>MACKIEWICZ Ewelina</b>	<b>57</b>		K 30	3	00:00:00	<b>10,0 KM</b>	+00:18:44	6:06	9.8 (69.0%)
32	<b>TOMASZKIEWICZ Marek</b>	<b>19</b>		M 50	6	00:00:00	<b>10,0 KM</b>	+00:18:58	6:07	9.8 (69.0%)
33	<b>TROJNAR Krzysztof</b>	<b>65</b>	KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M 60	4	00:00:00	<b>10,0 KM</b>	+00:19:01	6:07	9.8 (69.0%)
34	<b>REINHOLZ Elżbieta</b>	<b>10</b>		K 40	4	00:00:00	<b>10,0 KM</b>	+00:19:05	6:08	9.8 (69.0%)
35	<b>GĘBSKI Mieczysław</b>	<b>66</b>		M 60	5	00:00:00	<b>10,0 KM</b>	+00:19:23	6:09	9.7 (68.3%)
36	<b>PODKAŃSKI Krzysztof</b>	<b>1</b>		M 50	7	00:00:00	<b>10,0 KM</b>	+00:20:07	6:14	9.6 (67.6%)
37	<b>FURMAŃSKI Marcin</b>	<b>2</b>		M 30	6	00:00:00	<b>10,0 KM</b>	+00:22:13	6:26	9.3 (65.5%)
38	<b>GAWROŃSKA Angelika</b>	<b>56</b>		K 30	4	00:00:00	<b>10,0 KM</b>	+00:23:29	6:34	9.1 (64.1%)
39	<b>PODOBIŃSKI Krzysztof</b>	<b>38</b>	POGOŃ SZCZECIN	M 30	7	00:00:00	<b>10,0 KM</b>	+00:23:41	6:35	9.1 (64.1%)
40	<b>OJDOWSKI Leon</b>	<b>29</b>		M 50	8	00:00:00	<b>10,0 KM</b>	+00:24:11	6:38	9 (63.4%)
41	<b>ROSZAK Henryk</b>	<b>31</b>	KOMPANIA PIWOWARSKA	M 50	9	00:00:00	<b>10,0 KM</b>	+00:24:57	6:43	8.9 (62.7%)
42	<b>GENDERA Bartosz</b>	<b>14</b>		M 40	12	00:00:00	<b>10,0 KM</b>	+00:25:06	6:44	8.9 (62.7%)
43	<b>ZEMANKIEWICZ Łukasz</b>	<b>68</b>	KANAŁ 6AM	M 40	13	00:00:00	<b>10,0 KM</b>	+00:26:22	6:51	8.7 (61.3%)
44	<b>BATOR Zbigniew</b>	<b>44</b>		M 60	6	00:00:00	<b>10,0 KM</b>	+00:27:06	6:56	8.6 (60.6%)
45	<b>PRZYBYŁAK Paweł</b>	<b>25</b>		M 50	10	00:00:00	<b>10,0 KM</b>	+00:27:17	6:57	8.6 (60.6%)
46	<b>PAJKOWSKI Mirosław</b>	<b>21</b>		M 50	11	00:00:00	<b>10,0 KM</b>	+00:28:01	7:01	8.5 (59.9%)
47	<b>URBAN Henryk</b>	<b>42</b>	ROCK70RUNNER	M 60	7	00:00:00	<b>10,0 KM</b>	+00:28:24	7:04	8.5 (59.9%)
48	<b>MOLSKA Małgorzata</b>	<b>52</b>	OSP KŁODAWA	K 50	2	00:00:00	<b>10,0 KM</b>	+00:30:55	7:19	8.2 (57.7%)
49	<b>MAZUR Michał</b>	<b>49</b>		M 40	14	00:00:00	<b>10,0 KM</b>	+00:43:34	8:35	7 (49.3%)
50	<b>HAMERSKI Artur</b>	<b>27</b>		M 40	15	00:00:00	<b>10,0 KM</b>	+00:46:32	8:52	6.8 (47.9%)
51	<b>STEMPIŃSKA Elżbieta</b>	<b>46</b>		K 50	3	00:00:00	<b>10,0 KM</b>	+01:10:09	11:14	5.3 (37.3%)
52	<b>STEMPIŃSKI Paweł</b>	<b>47</b>		M 30	8	00:00:00	<b>10,0 KM</b>	+01:11:04	11:20	5.3 (37.3%)
53	<b>STASZEWSKA Agata</b>	<b>4</b>		K 40	5	00:00:00	<b>10,0 KM</b>	+01:13:40	11:35	5.2 (36.6%)
54	<b>LITWINIAK Izabela</b>	<b>5</b>		K 40	6	00:00:00	<b>10,0 KM</b>	+01:14:04	11:38	5.2 (36.6%)
55	<b>TROJNAR Jarosław</b>	<b>62</b>	KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M 30	9	00:00:00	<b>10,0 KM</b>	+01:20:18	12:15	4.9 (34.5%)

Znaleziono 55 wynik(ów)