

Wydarzenie: PZLA Mistrzostwa Polski w Biegu Górskim
Organizator: Fundacja Strefa Przygód
Data: 2024-04-19
Miejsce: Szczawnica
Dystans: 6.5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Czas netto 6.5km	Czas brutto 6.5km	Różn	Tempo min/km	Tempo km/h
1	TABOR Dominik	4043	SBG SALCO NIEPOŁOMICE	M20	1	MP	00:39:59.40	00:40:00.65		6:09	9.8 (100%)
2	OLEJNIK Michał	12	WKS GRUNWALD POZNAŃ	M30	1	MP	00:40:06.95	00:40:07.90	+00:00:07 (0.3%)	6:10	9.7 (99.0%)
3	LEPIARZ Sylwester	91	LKB RUDNIK	M30	2	MP	00:40:38.55	00:40:39.80	+00:00:39 (1.6%)	6:15	9.6 (98.0%)
4	JAŚTAŁ Piotr	4110	LKB RUDNIK	M30	3	MP	00:44:36.20	00:44:36.95	+00:04:36 (10.3%)	6:51	8.7 (88.8%)
5	DUDA Karol	82	BLACK HAT PRO WARSZAWA	M30	4	MP	00:45:01.85	00:45:04.75	+00:05:04 (11.2%)	6:55	8.7 (88.8%)
6	KUROPATWA Gabriel	19	SBG SALCO NIEPOŁOMICE	M20	2	MP	00:45:53.35	00:45:54.30	+00:05:53 (12.8%)	7:03	8.5 (86.7%)
7	SOBAS Jacek	75	AZS KU POLITECHNIKI OPOLSKIEJ OPOLE	M30	5	MP	00:46:24.65	00:46:26.00	+00:06:25 (13.8%)	7:08	8.4 (85.7%)
8	KUNZ Marcin	4106	KS VERTICAL RYTRO	M20	3	MP	00:46:25.70	00:46:27.65	+00:06:27 (13.9%)	7:08	8.4 (85.7%)
9	CELIŃSKA Anna	4030	KS SPRINT BIELSKO-BIAŁA	K40	1	MP	00:46:37.75	00:46:40.20	+00:06:39 (14.3%)	7:10	8.4 (85.7%)
10	STARŻYŃSKI Andrzej	4112	LKB RUDNIK	M30	6	MP	00:47:41.30	00:47:42.60	+00:07:41 (16.1%)	7:20	8.2 (83.7%)
11	RYNKOWSKI Bartosz	4102	LKS ZANTYR SZTUM	M30	7	MP	00:47:59.40	00:48:01.10	+00:08:00 (16.7%)	7:22	8.1 (82.7%)
12	BUCZEK Paweł	13	SPLA TYCHY	M30	8	MP	00:48:38.05	00:48:39.90	+00:08:39 (17.8%)	7:28	8 (81.6%)
13	SENDOR Piotr	29	SKL SUCHA BESKIDZKA	M40	1	MP	00:49:05.35	00:49:07.50	+00:09:06 (18.6%)	7:33	7.9 (80.6%)
14	MASŁOWSKA Martyna	20	ULKS BYSTRZYCA KŁODZKA	K30	1	MP	00:49:55.15	00:49:57.00	+00:09:56 (19.9%)	7:40	7.8 (79.6%)
15	FICNER Anna	97	MKS SIECHNICE	K30	2	MP	00:49:58.75	00:50:02.00	+00:10:01 (20.0%)	7:41	7.8 (79.6%)
16	MACIEJOWSKI Damian	63	KS SPRINT BIELSKO-BIAŁA	M30	9	MP	00:51:04.05	00:51:06.35	+00:11:05 (21.7%)	7:51	7.6 (77.6%)
17	MAZAN Beata	31	KKB MOSIR KROSNO	K30	3	MP	00:51:34.95	00:51:38.15	+00:11:37 (22.5%)	7:56	7.6 (77.6%)
18	STELMACH Dominika	4042	RK ATHLETICS WARSZAWA	K40	2	MP	00:51:48.20	00:51:49.95	+00:11:49 (22.8%)	7:58	7.5 (76.5%)
19	KOCOŃ Justyna	16	MKS ŻYWIEC	K20	1	MP	00:53:04.20	00:53:06.85	+00:13:06 (24.7%)	8:09	7.3 (74.5%)
20	MAJEWSKA Agata	4	MKS SIECHNICE	K40	3	MP	00:55:27.35	00:55:30.50	+00:15:29 (27.9%)	8:31	7 (71.4%)
21	DŁUGOSZ-STĘPNIAK Agnieszka	65	MKS UNIA HRUBIESZÓW	K30	4	MP	00:55:39.05	00:55:41.20	+00:15:40 (28.2%)	8:33	7 (71.4%)
22	OBSTÓJ Karolina	74	AZS KU POLITECHNIKI OPOLSKIEJ OPOLE	K30	5	MP	00:55:55.30	00:55:57.90	+00:15:57 (28.5%)	8:36	7 (71.4%)
23	KOTLARZ Dawid	40	KS LIMANOWA FORREST	M20	4	MP	00:57:05.95	00:57:07.90	+00:17:07 (30.0%)	8:46	6.8 (69.4%)
24	OGÓREK Monika	80	MKL BRYGADA BESKIDÓW NOWY SĄCZ	K20	2	MP	00:57:20.50	00:57:20.50	+00:17:19 (30.2%)	8:49	6.8 (69.4%)
25	FERET Kamila	89	KRT JELENIA GÓRA	K20	3	MP	00:57:45.55	00:57:45.55	+00:17:44 (30.7%)	8:53	6.8 (69.4%)
26	HOŁOWATY Renata	64	KS KOMUNALNI SANOK	K30	6	MP	00:57:53.20	00:57:57.95	+00:17:57 (31.0%)	8:54	6.7 (68.4%)
27	ŻÓŁTAK Anna	4037	LKS ŻELAZNY OPCZNO RUNNING TEAM	K20	4	MP	00:59:57.40	01:00:00.55	+00:19:59 (33.3%)	9:13	6.5 (66.3%)
28	WOŁOSZYN Antoni	4034	KS SPRINTERZY.COM KRAKÓW	M20	5	MP	01:00:18.65	01:00:24.20	+00:20:23 (33.8%)	9:16	6.5 (66.3%)

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29	WILCZYŃSKA Paulina	4113	MKL BRYGADA BESKIDÓW NOWY SĄCZ	K20	5	MP	01:00:43.85	01:00:49.50	+00:20:48 (34.2%)	9:20	6.4 (65.3%)
30	SKALSKA Anna	11	MKS-MOSM BYTOM	K40	4	MP	01:01:27.40	01:01:30.05	+00:21:29 (34.9%)	9:27	6.3 (64.3%)
31	JACHIMOWSKI Jarosław	67	KS KOMUNALNI SANOK	M40	2	MP	01:03:49.55	01:03:54.80	+00:23:54 (37.4%)	9:49	6.1 (62.2%)
32	GŁÓWCZYK Piotr	4039	KS SPRINTERZY.COM KRAKÓW	M20	6	MP	01:06:30.80	01:06:35.25	+00:26:34 (39.9%)	10:13	5.9 (60.2%)
33	WOŹNIAK Oskar	4107	CKS BUDOWLANI CZĘSTOCHOWA	M20	7	MP	01:09:51.85	01:09:56.65	+00:29:56 (42.8%)	10:44	5.6 (57.1%)
34	TOROŃ Małgorzata	4105	KS SPRINTERZY.COM KRAKÓW	K20	6	MP	01:13:03.90	01:13:09.55	+00:33:08 (45.3%)	11:14	5.3 (54.1%)
35	GOLIŃSKA Natalia	94	KS SPRINTERZY.COM KRAKÓW	K20	7	MP	01:13:11.15	01:13:17.10	+00:33:16 (45.4%)	11:15	5.3 (54.1%)
36	ZARĘBA Jolanta	48	CWKS RESOVIA RZESZÓW	K50	1	MP	01:23:16.60	01:23:24.15	+00:43:23 (52.0%)	12:48	4.7 (48.0%)
37	OSZMAŁEK Agata	4111	RK ATHLETICS WARSZAWA	K30	7	MP	01:25:01.50	01:25:06.75	+00:45:06 (53.0%)	13:04	4.6 (46.9%)
	BALIGA Cezary	4115	SBG SALCO NIEPOŁOMICE	M20		MP	DNF	DNF	-	-	- (0.0%)

Znaleziono 38 wynik(ów)