

# RAJD JASTROWIECKI

B4SPORT

**Wydarzenie:** Mistrzostwa Polski Nordic Walking w Maratonie  
**Organizator:** PFNW; Urząd Miasta i Gminy Jastrowie  
**Data:** 2018-04-07  
**Miejsce:** Jastrowie  
**Dystans:** 5.3 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas netto 5.3km	Różn	Tempo min/km	Tempo km/h
1	<b>WOROCH Roman</b>	<b>293</b>	METRACO POLKOWICE					<b>00:35:41.70</b>		6:43	8.9 (100%)
2	<b>DEJA Wojciech</b>	<b>253</b>						<b>00:36:00.65</b>	+00:00:18 (0.9%)	6:47	8.8 (98.9%)
3	<b>GIERSZEWSKI Arkadiusz</b>	<b>675</b>						<b>00:37:41.10</b>	+00:01:59 (5.3%)	7:06	8.4 (94.4%)
4	<b>KLARKOWSKI Bogdan</b>	<b>697</b>	ELBLĄDZKIE WŁÓCZYKIJE					<b>00:39:17.60</b>	+00:03:35 (9.2%)	7:24	8.1 (91.0%)
5	<b>STACHOWICZ Marcin</b>	<b>689</b>	BŁĘKITNI NW DZIEMIANY					<b>00:39:46.85</b>	+00:04:05 (10.3%)	7:30	8 (89.9%)
6	<b>BARTCZAK Mirosława</b>	<b>662</b>						<b>00:44:29.50</b>	+00:08:47 (19.8%)	8:23	7.1 (79.8%)
7	<b>TURZYŃSKA-STOPA Maria</b>	<b>691</b>	BŁĘKITNI NW DZIEMIANY					<b>00:44:30.40</b>	+00:08:48 (19.8%)	8:23	7.1 (79.8%)
8	<b>DZIEDZIEWICZ Natalia</b>	<b>256</b>						<b>00:44:31.45</b>	+00:08:49 (19.8%)	8:23	7.1 (79.8%)
9	<b>KRYŚKIEWICZ Janina</b>	<b>673</b>						<b>00:46:30.05</b>	+00:10:48 (23.2%)	8:46	6.8 (76.4%)
10	<b>RACŁAWSKA Joanna</b>	<b>686</b>	AMATORKA					<b>00:46:30.75</b>	+00:10:49 (23.3%)	8:46	6.8 (76.4%)
11	<b>SZOT Joanna</b>	<b>99</b>						<b>00:46:33.80</b>	+00:10:52 (23.3%)	8:47	6.8 (76.4%)
12	<b>PROJS Sabina</b>	<b>683</b>						<b>00:46:35.25</b>	+00:10:53 (23.4%)	8:47	6.8 (76.4%)
13	<b>PRZYPOLSKA Anna</b>	<b>684</b>	KIJOWE SIOSTRY					<b>00:46:36.00</b>	+00:10:54 (23.4%)	8:47	6.8 (76.4%)
14	<b>MAJERAN Iwona</b>	<b>696</b>						<b>00:46:36.25</b>	+00:10:54 (23.4%)	8:47	6.8 (76.4%)
15	<b>KASZANIA Karol</b>	<b>670</b>						<b>00:46:50.65</b>	+00:11:08 (23.8%)	8:50	6.8 (76.4%)
16	<b>KOWALCZUK Aleksandra</b>	<b>672</b>	KIJOWE SIOSTRY					<b>00:46:57.00</b>	+00:11:15 (24.0%)	8:51	6.8 (76.4%)
17	<b>HAWETO Janina</b>	<b>667</b>						<b>00:47:11.70</b>	+00:11:30 (24.4%)	8:54	6.7 (75.3%)
18	<b>WOROCH Jolanta</b>	<b>692</b>						<b>00:47:36.25</b>	+00:11:54 (25.0%)	8:58	6.7 (75.3%)
19	<b>WĄGROWSKA Izabela</b>	<b>695</b>						<b>00:47:54.30</b>	+00:12:12 (25.5%)	9:02	6.6 (74.2%)
20	<b>BIAŁAS Ewa</b>	<b>281</b>						<b>00:47:58.35</b>	+00:12:16 (25.6%)	9:03	6.6 (74.2%)
21	<b>ROSA Bogumiła</b>	<b>694</b>						<b>00:47:59.60</b>	+00:12:17 (25.6%)	9:03	6.6 (74.2%)
22	<b>KOWALCZUK Maria</b>	<b>671</b>	KIJOWE SIOSTRY					<b>00:48:00.25</b>	+00:12:18 (25.6%)	9:03	6.6 (74.2%)
23	<b>PAWŁOWSKI Antoni</b>	<b>682</b>						<b>00:48:42.45</b>	+00:13:00 (26.7%)	9:11	6.5 (73.0%)
24	<b>POLACZEK Oskar</b>	<b>289</b>						<b>00:48:44.00</b>	+00:13:02 (26.8%)	9:11	6.5 (73.0%)
25	<b>AUGUSTYNIAK Dominik</b>	<b>257</b>						<b>00:48:49.80</b>	+00:13:08 (26.9%)	9:12	6.5 (73.0%)
26	<b>BIELIŃSKI Roman</b>	<b>663</b>						<b>00:48:53.10</b>	+00:13:11 (27.0%)	9:13	6.5 (73.0%)
27	<b>PRZYPOLSKI Miłosz</b>	<b>685</b>	KIJOWY BRAT					<b>00:48:54.60</b>	+00:13:12 (27.0%)	9:13	6.5 (73.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas netto 5.3km	Różn	Tempo min/km	Tempo km/h
28	<b>ROLA Szymon</b>	<b>284</b>						<b>00:49:15.45</b>	+00:13:33 (27.5%)	9:17	6.5 (73.0%)
29	<b>TAMKOWSKI Antoni</b>	<b>260</b>						<b>00:49:15.80</b>	+00:13:34 (27.5%)	9:17	6.5 (73.0%)
30	<b>NOWICKI Maciej</b>	<b>286</b>						<b>00:49:25.20</b>	+00:13:43 (27.8%)	9:19	6.4 (71.9%)
31	<b>NOWICKI Mateusz</b>	<b>294</b>						<b>00:49:25.85</b>	+00:13:44 (27.8%)	9:19	6.4 (71.9%)
32	<b>WOJTCZAK Ewelina</b>	<b>693</b>						<b>00:50:10.50</b>	+00:14:28 (28.9%)	9:28	6.3 (70.8%)
33	<b>SOLIWODA Edyta</b>	<b>687</b>						<b>00:50:11.50</b>	+00:14:29 (28.9%)	9:28	6.3 (70.8%)
34	<b>SOLIWODA-WOJTIUK Beata</b>	<b>688</b>						<b>00:50:17.10</b>	+00:14:35 (29.0%)	9:29	6.3 (70.8%)
35	<b>KUŚMIEREK Beata</b>	<b>677</b>	BŁĘKITNI NW DZIEMIANY					<b>00:50:35.40</b>	+00:14:53 (29.4%)	9:32	6.3 (70.8%)
36		<b>700</b>						<b>00:50:37.55</b>	+00:14:55 (29.5%)	9:33	6.3 (70.8%)
37	<b>ŚWIĘCIASZEK Teresa</b>	<b>690</b>						<b>00:50:42.00</b>	+00:15:00 (29.6%)	9:33	6.3 (70.8%)
38	<b>KUCHARSKA Julianna</b>	<b>674</b>						<b>00:51:01.25</b>	+00:15:19 (30.0%)	9:37	6.2 (69.7%)
39	<b>ANISEROWICZ Piotr</b>	<b>288</b>						<b>00:51:30.00</b>	+00:15:48 (30.7%)	9:43	6.2 (69.7%)
40	<b>WAJCHT Kacper</b>	<b>291</b>						<b>00:51:31.80</b>	+00:15:50 (30.7%)	9:43	6.2 (69.7%)
41	<b>WSZOŁA Michał</b>	<b>296</b>						<b>00:51:44.65</b>	+00:16:02 (31.0%)	9:45	6.1 (68.5%)
42	<b>MIKOŁAJCZYK Krzysztof</b>	<b>679</b>						<b>00:51:52.25</b>	+00:16:10 (31.2%)	9:47	6.1 (68.5%)
43	<b>KULCZYCKI Jan</b>	<b>676</b>						<b>00:52:10.30</b>	+00:16:28 (31.6%)	9:50	6.1 (68.5%)
44	<b>PAWŁOWSKA Sylwia</b>	<b>681</b>						<b>00:53:39.50</b>	+00:17:57 (33.5%)	10:07	5.9 (66.3%)
45	<b>BARTOSZEWICZ Włodzimierz</b>	<b>259</b>	FACE NORDIC TEAM GDAŃSK					<b>00:53:40.50</b>	+00:17:58 (33.5%)	10:07	5.9 (66.3%)
46	<b>BARTOSZEWICZ Grażyna</b>	<b>258</b>	FACE NORDIC TEAM GDAŃSK					<b>00:53:40.75</b>	+00:17:59 (33.5%)	10:07	5.9 (66.3%)
47	<b>JESIONOWSKA Stanisława</b>	<b>254</b>						<b>00:53:41.15</b>	+00:17:59 (33.5%)	10:07	5.9 (66.3%)
48	<b>MILACHOWSKA Agnieszka</b>	<b>680</b>						<b>00:53:42.60</b>	+00:18:00 (33.5%)	10:08	5.9 (66.3%)
49	<b>FIURST-STECENKO Irena</b>	<b>666</b>						<b>00:54:34.35</b>	+00:18:52 (34.6%)	10:17	5.8 (65.2%)
50	<b>PACZYŃSKI Dawid</b>	<b>295</b>						<b>00:54:48.80</b>	+00:19:07 (34.9%)	10:20	5.8 (65.2%)
51	<b>ABRAMOWICZ Ewa</b>	<b>661</b>	KIJOWE SIOSTRY					<b>00:55:18.40</b>	+00:19:36 (35.5%)	10:26	5.8 (65.2%)
52	<b>DRAGAŃSKA Katarzyna</b>	<b>664</b>	KIJOWE SIOSTRY					<b>00:55:18.85</b>	+00:19:37 (35.5%)	10:26	5.7 (64.0%)
53	<b>FIURST Marcin</b>	<b>665</b>						<b>00:55:22.25</b>	+00:19:40 (35.5%)	10:26	5.7 (64.0%)
54	<b>MIKOŁAJCZYK Mariola</b>	<b>678</b>						<b>00:57:07.00</b>	+00:21:25 (37.5%)	10:46	5.6 (62.9%)
55	<b>JÓŻWIAK Dominik</b>	<b>668</b>	SERCE NORDICA WŁOCŁAWEK					<b>00:57:36.60</b>	+00:21:54 (38.0%)	10:52	5.5 (61.8%)
56	<b>JÓŻWIAK Łukasz</b>	<b>669</b>	SERCE NORDICA WŁOCŁAWEK					<b>00:57:37.20</b>	+00:21:55 (38.1%)	10:52	5.5 (61.8%)
57	<b>SITEK Bartłomiej</b>	<b>285</b>						<b>00:58:07.10</b>	+00:22:25 (38.6%)	10:57	5.5 (61.8%)
58	<b>GACA Grzegorz</b>	<b>287</b>						<b>01:01:34.55</b>	+00:25:52 (42.0%)	11:36	5.2 (58.4%)
59	<b>CIELAS Tymoteusz</b>	<b>282</b>						<b>01:01:34.75</b>	+00:25:53 (42.0%)	11:37	5.2 (58.4%)
60	<b>ZIELIŃSKI Jakub</b>	<b>283</b>						<b>01:01:36.10</b>	+00:25:54 (42.1%)	11:37	5.2 (58.4%)
61	<b>TRZOSKA Kacper</b>	<b>290</b>						<b>01:01:36.80</b>	+00:25:55 (42.1%)	11:37	5.2 (58.4%)
62	<b>SZKARŁAT Renata</b>	<b>3</b>						<b>01:10:22.15</b>	+00:34:40 (49.3%)	13:16	4.5 (50.6%)
63		<b>698</b>									(0.0%)

Znaleziono 63 wynik(ów)