



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

**BIEG WOLNOŚCI**  
Stowarzyszenie Pozytywni z Pasją  
2024-08-11  
Jastrowie  
5 km

## RAJD NORDIC WALKING

B4SPORT



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	JAKIMIEC Tadeusz	113	KLUB SPORTOWY HUSARIA SZCZECINEK	OPEN -M	1	00:33:32.09		6:42	8.9 (100%)
2	PYREK Krzysztof	204	1 RBLOG	OPEN -M	2	00:34:03.96	+00:00:31 (1.6%)	6:48	8.8 (98.9%)
3	KŁUNDUKOWSKA Paulina	136	POZYTYWNI Z PASJĄ	OPEN -K	1	00:38:02.04	+00:04:29 (11.8%)	7:36	7.9 (88.8%)
4	PRZYPOLSKI Miłosz	203	KIJOWE SIOSTRY I BRAT	OPEN -M	3	00:38:40.54	+00:05:08 (13.3%)	7:44	7.8 (87.6%)
5	MROZICKI Andrzej	180	POKÓJ NA ŚWIECIE	OPEN -M	4	00:38:46.32	+00:05:14 (13.5%)	7:45	7.7 (86.5%)
6	PAWŁOWSKI Michał	194	POZYTYWNI Z PASJĄ	OPEN -M	5	00:40:28.21	+00:06:56 (17.1%)	8:05	7.4 (83.1%)
7	RATKA Michał	210		OPEN -M	6	00:40:59.54	+00:07:27 (18.2%)	8:11	7.3 (82.0%)
8	BUDNIAK Karolina	83		OPEN -K	2	00:41:11.16	+00:07:39 (18.6%)	8:14	7.3 (82.0%)
9	BRONOWICKA Angelika	81		OPEN -K	3	00:41:17.25	+00:07:45 (18.8%)	8:15	7.3 (82.0%)
10	LENARTOWICZ Stanisław	166		OPEN -M	7	00:41:36.11	+00:08:04 (19.4%)	8:19	7.2 (80.9%)
11	CEDZYŃSKA Regina	86		OPEN -K	4	00:42:50.53	+00:09:18 (21.7%)	8:34	7 (78.7%)
12	BANACZYK Piotr	71	LILL SPORT	OPEN -M	8	00:42:58.04	+00:09:25 (22.0%)	8:35	7 (78.7%)
13	KUKLIŃSKA Joanna	158	METROŻERCY	OPEN -K	5	00:42:59.66	+00:09:27 (22.0%)	8:35	7 (78.7%)
14	KOZŁOWSKI Piotr	147	KLUB SPORTOWY HUSARIA SZCZECINEK	OPEN -M	9	00:43:27.86	+00:09:55 (22.8%)	8:41	6.9 (77.5%)
15	SZCZYGIEŁ Sławomir	235		OPEN -M	10	00:43:57.66	+00:10:25 (23.7%)	8:47	6.8 (76.4%)
16	POCZEKAJŁO Agnieszka	199		OPEN -K	6	00:44:46.42	+00:11:14 (25.1%)	8:57	6.7 (75.3%)
17	WÓDECKA Dorota	258		OPEN -K	7	00:45:21.72	+00:11:49 (26.1%)	9:04	6.6 (74.2%)
18	KILIJAŃSKA Ewa	131		OPEN -K	8	00:45:50.97	+00:12:18 (26.9%)	9:10	6.5 (73.0%)
19	JAKUBOWSKA Weronika	114		OPEN -K	9	00:46:33.37	+00:13:01 (28.0%)	9:18	6.4 (71.9%)
20	SZCZYGIEŁ Leszek	236		OPEN -M	11	00:46:36.84	+00:13:04 (28.1%)	9:19	6.4 (71.9%)
21	REWAJ Maria	211		OPEN -K	10	00:46:41.16	+00:13:09 (28.2%)	9:20	6.4 (71.9%)
22	PAWŁOWSKA Anna	193		OPEN -K	11	00:47:09.48	+00:13:37 (28.9%)	9:25	6.4 (71.9%)
23	BEZULSKA Anna	79		OPEN -K	12	00:47:15.67	+00:13:43 (29.0%)	9:27	6.3 (70.8%)
24	SADOWSKA Marta Ula	217	FOTECZKI ULECZKI	OPEN -K	13	00:47:17.60	+00:13:45 (29.1%)	9:27	6.3 (70.8%)
25	BIADON Agnieszka	80		OPEN -K	14	00:48:39.76	+00:15:07 (31.1%)	9:43	6.2 (69.7%)
26	PACAŁA Joanna	189		OPEN -K	15	00:49:23.05	+00:15:50 (32.1%)	9:52	6.1 (68.5%)
27	WOLSKA Beata	255		OPEN -K	16	00:49:24.18	+00:15:52 (32.1%)	9:52	6.1 (68.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
28	<b>KLIMOWSKA Grażyna</b>	<b>133</b>		OPEN -K	17	<b>00:49:51.32</b>	+00:16:19 (32.7%)	9:58	6 (67.4%)
29	<b>RZEPKA Julia</b>	<b>216</b>		OPEN -K	18	<b>00:51:26.45</b>	+00:17:54 (34.8%)	10:17	5.8 (65.2%)
30	<b>WIĄCEK Oliwia</b>	<b>250</b>		OPEN -K	19	<b>00:51:26.77</b>	+00:17:54 (34.8%)	10:17	5.8 (65.2%)
31	<b>HINZ Jessica</b>	<b>109</b>		OPEN -K	20	<b>00:51:27.25</b>	+00:17:55 (34.8%)	10:17	5.8 (65.2%)
32	<b>VETTER Aneta</b>	<b>244</b>		OPEN -K	21	<b>00:51:44.45</b>	+00:18:12 (35.2%)	10:20	5.8 (65.2%)
33	<b>WIDURSKA Agnieszka</b>	<b>251</b>		OPEN -K	22	<b>00:51:46.64</b>	+00:18:14 (35.2%)	10:21	5.8 (65.2%)
34	<b>KRZYWICKA Anna</b>	<b>153</b>		OPEN -K	23	<b>00:52:11.64</b>	+00:18:39 (35.7%)	10:26	5.7 (64.0%)
35	<b>ŁUGOWSKA Anna</b>	<b>170</b>	KIJOWE SIOSTRY I BRAT	OPEN -K	24	<b>00:52:13.75</b>	+00:18:41 (35.8%)	10:26	5.7 (64.0%)
36	<b>KOWALCZUK Maria</b>	<b>143</b>	KIJOWE SIOSTRY I BRAT	OPEN -K	25	<b>00:52:17.14</b>	+00:18:45 (35.9%)	10:27	5.7 (64.0%)
37	<b>KUTKOWSKA Elżbieta</b>	<b>100</b>		OPEN -K	26	<b>00:52:17.84</b>	+00:18:45 (35.9%)	10:27	5.7 (64.0%)
38	<b>KOŚNICKA Beata</b>	<b>95</b>		OPEN -K	27	<b>00:52:32.57</b>	+00:19:00 (36.2%)	10:30	5.7 (64.0%)
39	<b>CZECHOWSKA Joanna</b>	<b>90</b>		OPEN -K	28	<b>00:52:44.72</b>	+00:19:12 (36.4%)	10:32	5.7 (64.0%)
40	<b>FRĄCZEK Magdalena</b>	<b>223</b>		OPEN -K	29	<b>00:52:46.15</b>	+00:19:14 (36.4%)	10:33	5.7 (64.0%)
41	<b>RZEPKA Katarzyna</b>	<b>215</b>		OPEN -K	30	<b>00:52:46.70</b>	+00:19:14 (36.5%)	10:33	5.7 (64.0%)
42	<b>SZUDERA Zuzanna</b>	<b>224</b>		OPEN -K	31	<b>00:56:33.95</b>	+00:23:01 (40.7%)	11:18	5.3 (59.6%)
43	<b>HOSZOWSKA-SIORKIEWICZ Dorota</b>	<b>7</b>		OPEN -K	32	<b>00:56:36.57</b>	+00:23:04 (40.8%)	11:19	5.3 (59.6%)
44	<b>WIŚNIK Marcin</b>	<b>254</b>		OPEN -M	12	<b>00:56:36.87</b>	+00:23:04 (40.8%)	11:19	5.3 (59.6%)
45	<b>JEŻ Małgorzata</b>	<b>127</b>		OPEN -K	33	<b>00:56:37.41</b>	+00:23:05 (40.8%)	11:19	5.3 (59.6%)
46	<b>WIŚNIK Joanna</b>	<b>253</b>		OPEN -K	34	<b>00:56:37.50</b>	+00:23:05 (40.8%)	11:19	5.3 (59.6%)
47	<b>KOZŁOWSKA Emilia</b>	<b>146</b>		OPEN -K	35	<b>00:56:37.94</b>	+00:23:05 (40.8%)	11:19	5.3 (59.6%)
48	<b>PAWŁOWSKA Sylwia</b>	<b>192</b>	SOSW JASTROWIE	OPEN -K	36	<b>00:56:39.27</b>	+00:23:07 (40.8%)	11:19	5.3 (59.6%)

Znaleziono 48 wynik(ów)