

# RAJD NORDIC WALKING

B4SPORT

**Organiser:** Urząd Miejski w Okonku  
**Date:** 2015-07-19  
**Place:** Okonek  
**Distance:** 21,1 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Start time	5.3km	10.6km	15.9km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
1	<b>APPEL Jerzy</b>	<b>218</b>	GOSIR OSIELSKO		1	00:00:18	00:41:54	01:27:44	02:13:28				8:23	7.1 (100%)
2	<b>LENARTOWICZ Stanisław</b>	<b>213</b>	KS DERBY STARA ŁUBIANKA		2	00:00:17	00:38:56	01:22:29				+	7:46	7.7 (108.5%)
3	<b>CHODOR Bogusław</b>	<b>214</b>			3	00:00:17	00:39:32					+	7:27	8 (112.7%)
4	<b>KUŁAKOWSKI Eugeniusz</b>	<b>196</b>			4	00:00:22	00:42:14					+00:00:20	7:58	7.5 (105.6%)
5	<b>GONCZARKO Wioleta</b>	<b>205</b>			5	00:00:17	00:42:17					+00:00:23	7:58	7.5 (105.6%)
6	<b>KĄCKOWSKA Beata</b>	<b>210</b>	JEZIORKI - AKTYWNA WIEŚ		6	00:00:18	00:42:17					+00:00:23	7:58	7.5 (105.6%)
7	<b>LASOTA Alicja</b>	<b>195</b>			7	00:00:17	00:42:19					+00:00:25	7:59	7.5 (105.6%)
8	<b>CHODOR Maria</b>	<b>215</b>			8	00:00:16	00:42:20					+00:00:26	7:59	7.5 (105.6%)
9	<b>SZOT Krystyna</b>	<b>208</b>			9	00:00:17	00:44:26					+00:02:32	8:23	7.2 (101.4%)
10	<b>ADAMCZUK Iwona</b>	<b>203</b>			10	00:00:17	00:44:55					+00:03:01	8:28	7.1 (100%)
11	<b>PROZOROWICZ-ZABROCKA Katarzyna</b>	<b>220</b>			11	00:00:19	00:45:22					+00:03:28	8:33	7 (98.6%)
12	<b>BORATYŃSKA Iwona</b>	<b>206</b>			12	00:00:19	00:45:22					+00:03:28	8:33	7 (98.6%)
13	<b>CZEKAŁA Jan</b>	<b>202</b>	GMINA OKONEK		13	00:00:19	00:45:45					+00:03:51	8:37	7 (98.6%)
14	<b>MADAJCZAK Stanisław</b>	<b>212</b>			14	00:00:22	00:46:32					+00:04:38	8:46	6.8 (95.8%)
15	<b>KUŁAKOWSKA Barbara</b>	<b>192</b>			15	00:00:21	00:46:45					+00:04:51	8:49	6.8 (95.8%)
16	<b>TOMCZYK Agata</b>	<b>207</b>			16	00:00:20	00:46:50					+00:04:56	8:50	6.8 (95.8%)
17	<b>ZALESKA Ewa</b>	<b>201</b>	GMINA OKONEK		17	00:00:19	00:46:52					+00:04:58	8:50	6.8 (95.8%)
18	<b>KĄCKOWSKI Marek</b>	<b>211</b>	JEZIORKI - AKTYWNA WIEŚ		18	00:00:19	00:48:16					+00:06:22	9:06	6.6 (93.0%)
19	<b>GÓRA Wiktoria</b>	<b>194</b>			19	00:00:21	00:48:21					+00:06:27	9:07	6.6 (93.0%)
20	<b>MILACHOWSKA Agnieszka</b>	<b>209</b>			20	00:00:18	01:02:50					+00:20:56	11:51	5.1 (71.8%)

Total 20 results.