

# RAJD PIESZY Z BRZOZY

B4SPORT

**Wydarzenie:** GRAMY DLA WOŚP - BIEG & RAJD PIESZY  
**Organizator:** Stowarzyszenie Rowerowa Brzoza  
**Data:** 2025-01-26  
**Miejsce:** Nowa Wieś Wielka  
**Dystans:** 15.3 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik                     | Numer      | Klub | Kategoria | Mkat | Czas netto 16km    | Czas brutto 16km   | Różn              | Tempo min/km | Tempo km/h  |
|-----|------------------------------|------------|------|-----------|------|--------------------|--------------------|-------------------|--------------|-------------|
| 1   | <b>KRAJNIK Jacek</b>         | <b>1</b>   |      | M56+      | 1    | <b>01:48:18.00</b> | <b>01:48:18.00</b> |                   | 6:46         | 8.9 (100%)  |
| 2   | <b>KUSA Piotr</b>            | <b>116</b> |      | M36-45    | 1    | <b>01:48:25.00</b> | <b>01:48:25.00</b> | +00:00:07 (0.1%)  | 6:46         | 8.9 (100%)  |
| 3   | <b>WÓDKOWSKI Łukasz</b>      | <b>175</b> |      | M35       | 1    | <b>01:49:05.00</b> | <b>01:49:05.00</b> | +00:00:47 (0.7%)  | 6:49         | 8.8 (98.9%) |
| 4   | <b>STAFIEJ Wojciech</b>      | <b>61</b>  |      | M46-55    | 1    | <b>01:53:11.00</b> | <b>01:53:11.00</b> | +00:04:53 (4.3%)  | 7:04         | 8.5 (95.5%) |
| 5   | <b>LEWANDOWSKA Renata</b>    | <b>92</b>  |      | K46-55    | 1    | <b>01:58:40.00</b> | <b>01:58:40.00</b> | +00:10:22 (8.7%)  | 7:25         | 8.1 (91.0%) |
| 6   | <b>KUSA Karolina</b>         | <b>98</b>  |      | K36-45    | 1    | <b>01:58:47.00</b> | <b>01:58:47.00</b> | +00:10:29 (8.8%)  | 7:25         | 8.1 (91.0%) |
| 7   | <b>SZUMSKI Piotr</b>         | <b>54</b>  |      | M46-55    | 2    | <b>02:01:40.00</b> | <b>02:01:40.00</b> | +00:13:22 (11.0%) | 7:36         | 7.9 (88.8%) |
| 8   | <b>LUDWINIAK Bogdan</b>      | <b>80</b>  |      | M56+      | 2    | <b>02:02:32.00</b> | <b>02:02:32.00</b> | +00:14:14 (11.6%) | 7:39         | 7.8 (87.6%) |
| 9   | <b>KŁOS Katarzyna</b>        | <b>52</b>  |      | K46-55    | 2    | <b>02:04:03.00</b> | <b>02:04:03.00</b> | +00:15:45 (12.7%) | 7:45         | 7.7 (86.5%) |
| 10  | <b>GACKOWSKA Daria</b>       | <b>143</b> |      | K36-45    | 2    | <b>02:04:45.00</b> | <b>02:04:45.00</b> | +00:16:27 (13.2%) | 7:47         | 7.7 (86.5%) |
| 11  | <b>AŁADOWICZ Marcin</b>      | <b>45</b>  |      | M46-55    | 3    | <b>02:05:07.00</b> | <b>02:05:07.00</b> | +00:16:49 (13.4%) | 7:49         | 7.7 (86.5%) |
| 12  | <b>AŁADOWICZ Anna</b>        | <b>44</b>  |      | K36-45    | 3    | <b>02:05:54.00</b> | <b>02:05:54.00</b> | +00:17:36 (14.0%) | 7:52         | 7.6 (85.4%) |
| 13  | <b>STAWNIAK Karol</b>        | <b>76</b>  |      | M56+      | 3    | <b>02:05:57.00</b> | <b>02:05:57.00</b> | +00:17:39 (14.0%) | 7:52         | 7.6 (85.4%) |
| 14  | <b>SOSINSKI Marcin</b>       | <b>144</b> |      | M36-45    | 2    | <b>02:06:59.00</b> | <b>02:06:59.00</b> | +00:18:41 (14.7%) | 7:56         | 7.6 (85.4%) |
| 15  | <b>GRYSIAK Magdalena</b>     | <b>101</b> |      | K35       | 1    | <b>02:10:55.00</b> | <b>02:10:55.00</b> | +00:22:37 (17.3%) | 8:10         | 7.3 (82.0%) |
| 16  | <b>LEPER Paulina</b>         | <b>84</b>  |      | K35       | 2    | <b>02:10:58.00</b> | <b>02:10:58.00</b> | +00:22:40 (17.3%) | 8:11         | 7.3 (82.0%) |
| 17  | <b>BŁOCHOWIAK Radosław</b>   | <b>85</b>  |      | M35       | 2    | <b>02:11:01.00</b> | <b>02:11:01.00</b> | +00:22:43 (17.3%) | 8:11         | 7.3 (82.0%) |
| 18  | <b>ZACHAREK Patryk</b>       | <b>157</b> |      | M35       | 3    | <b>02:11:05.00</b> | <b>02:11:05.00</b> | +00:22:47 (17.4%) | 8:11         | 7.3 (82.0%) |
| 19  | <b>KRAJNIK Emilia</b>        | <b>20</b>  |      | K46-55    | 3    | <b>02:11:40.00</b> | <b>02:11:40.00</b> | +00:23:22 (17.7%) | 8:13         | 7.3 (82.0%) |
| 20  | <b>KUGLARZ Justuna</b>       | <b>79</b>  |      | K46-55    | 4    | <b>02:15:31.00</b> | <b>02:15:31.00</b> | +00:27:13 (20.1%) | 8:28         | 7.1 (79.8%) |
| 21  | <b>BARANOWSKA Aleksandra</b> | <b>64</b>  |      | K35       | 3    | <b>02:17:18.00</b> | <b>02:17:18.00</b> | +00:29:00 (21.1%) | 8:34         | 7 (78.7%)   |
| 22  | <b>BRZYCKA Ewa</b>           | <b>172</b> |      | K46-55    | 5    | <b>02:19:13.00</b> | <b>02:19:13.00</b> | +00:30:55 (22.2%) | 8:42         | 6.9 (77.5%) |
| 23  | <b>WIŚNIEWSKA Elżbieta</b>   | <b>7</b>   |      | K56+      | 1    | <b>02:19:20.00</b> | <b>02:19:20.00</b> | +00:31:02 (22.3%) | 8:42         | 6.9 (77.5%) |
| 24  | <b>CEGIELSKI Maciej</b>      | <b>67</b>  |      | M46-55    | 4    | <b>02:20:19.00</b> | <b>02:20:19.00</b> | +00:32:01 (22.8%) | 8:46         | 6.8 (76.4%) |
| 25  | <b>WIZNER Krzysztof</b>      | <b>171</b> |      | M46-55    | 5    | <b>02:20:24.00</b> | <b>02:20:24.00</b> | +00:32:06 (22.9%) | 8:46         | 6.8 (76.4%) |
| 26  | <b>PACZKOWSKA Ewa</b>        | <b>6</b>   |      | K46-55    | 6    | <b>02:21:13.00</b> | <b>02:21:13.00</b> | +00:32:55 (23.3%) | 8:49         | 6.8 (76.4%) |
| 27  | <b>KRUPA Izabela</b>         | <b>63</b>  |      | K35       | 4    | <b>02:21:24.00</b> | <b>02:21:24.00</b> | +00:33:06 (23.4%) | 8:50         | 6.8 (76.4%) |
| 28  | <b>PACHUT Patrycja</b>       | <b>153</b> |      | K35       | 5    | <b>02:27:51.00</b> | <b>02:27:51.00</b> | +00:39:33 (26.8%) | 9:14         | 6.5 (73.0%) |
| 29  | <b>CHABEL Ewa</b>            | <b>149</b> |      | K56+      | 2    | <b>02:27:59.00</b> | <b>02:27:59.00</b> | +00:39:41 (26.8%) | 9:14         | 6.5 (73.0%) |

| Msc | Zawodnik                     | Numer      | Klub | Kategoria | Mkat | Czas netto 16km    | Czas brutto 16km   | Różn              | Tempo min/km | Tempo km/h  |
|-----|------------------------------|------------|------|-----------|------|--------------------|--------------------|-------------------|--------------|-------------|
| 30  | <b>CZYŻ Justyna</b>          | <b>173</b> |      | K46-55    | 7    | <b>02:28:02.00</b> | <b>02:28:02.00</b> | +00:39:44 (26.8%) | 9:15         | 6.5 (73.0%) |
| 31  | <b>ANDRZEJEWSKA Joanna</b>   | <b>154</b> |      | K46-55    | 8    | <b>02:28:28.00</b> | <b>02:28:28.00</b> | +00:40:10 (27.1%) | 9:16         | 6.5 (73.0%) |
| 32  | <b>WOLSKA Ewa</b>            | <b>95</b>  |      | K36-45    | 4    | <b>02:28:34.00</b> | <b>02:28:34.00</b> | +00:40:16 (27.1%) | 9:17         | 6.5 (73.0%) |
| 33  | <b>ZIĘTEK Ewelina</b>        | <b>108</b> |      | K36-45    | 5    | <b>02:28:38.00</b> | <b>02:28:38.00</b> | +00:40:20 (27.1%) | 9:17         | 6.5 (73.0%) |
| 34  | <b>POCIOT Małgorzata</b>     | <b>93</b>  |      | K35       | 6    | <b>02:29:10.00</b> | <b>02:29:10.00</b> | +00:40:52 (27.4%) | 9:19         | 6.4 (71.9%) |
| 35  | <b>DZIKOWSKA Paulina</b>     | <b>168</b> |      | K36-45    | 6    | <b>02:29:54.00</b> | <b>02:29:54.00</b> | +00:41:36 (27.8%) | 9:22         | 6.4 (71.9%) |
| 36  | <b>DZIKOWSKI Krzysztof</b>   | <b>169</b> |      | M46-55    | 6    | <b>02:29:58.00</b> | <b>02:29:58.00</b> | +00:41:40 (27.8%) | 9:22         | 6.4 (71.9%) |
| 37  | <b>ZMUDZIŃSKA Magdalena</b>  | <b>87</b>  |      | K36-45    | 7    | <b>02:30:31.00</b> | <b>02:30:31.00</b> | +00:42:13 (28.0%) | 9:24         | 6.4 (71.9%) |
| 38  | <b>GAWORZEWSKA Paulina</b>   | <b>170</b> |      | K35       | 7    | <b>02:30:35.00</b> | <b>02:30:35.00</b> | +00:42:17 (28.1%) | 9:24         | 6.4 (71.9%) |
| 39  | <b>MELKA Wioleta</b>         | <b>72</b>  |      | K36-45    | 8    | <b>02:30:41.00</b> | <b>02:30:41.00</b> | +00:42:23 (28.1%) | 9:25         | 6.4 (71.9%) |
| 40  | <b>RADZIEJEWSKA Grażyna</b>  | <b>27</b>  |      | K56+      | 3    | <b>02:30:45.00</b> | <b>02:30:45.00</b> | +00:42:27 (28.2%) | 9:25         | 6.4 (71.9%) |
| 41  | <b>RADZIEJEWSKI Mariusz</b>  | <b>28</b>  |      | M56+      | 4    | <b>02:30:51.00</b> | <b>02:30:51.00</b> | +00:42:33 (28.2%) | 9:25         | 6.4 (71.9%) |
| 42  | <b>WALCZAK Beata</b>         | <b>26</b>  |      | K46-55    | 9    | <b>02:30:54.00</b> | <b>02:30:54.00</b> | +00:42:36 (28.2%) | 9:25         | 6.4 (71.9%) |
| 43  | <b>KALISKA Lidia</b>         | <b>141</b> |      | K46-55    | 10   | <b>02:30:57.00</b> | <b>02:30:57.00</b> | +00:42:39 (28.3%) | 9:26         | 6.4 (71.9%) |
| 44  | <b>BULKA Agata</b>           | <b>114</b> |      | K46-55    | 11   | <b>02:31:02.00</b> | <b>02:31:02.00</b> | +00:42:44 (28.3%) | 9:26         | 6.4 (71.9%) |
| 45  | <b>BULKA Adam</b>            | <b>115</b> |      | M36-45    | 3    | <b>02:31:06.00</b> | <b>02:31:06.00</b> | +00:42:48 (28.3%) | 9:26         | 6.4 (71.9%) |
| 46  | <b>CZECHOWSKA Grażyna</b>    | <b>128</b> |      | K46-55    | 12   | <b>02:34:25.00</b> | <b>02:34:25.00</b> | +00:46:07 (29.9%) | 9:39         | 6.2 (69.7%) |
| 47  | <b>ARENDT Paweł</b>          | <b>13</b>  |      | M46-55    | 7    | <b>02:34:31.00</b> | <b>02:34:31.00</b> | +00:46:13 (29.9%) | 9:39         | 6.2 (69.7%) |
| 48  | <b>CZECHOWSKI Adam</b>       | <b>109</b> |      | M56+      | 5    | <b>02:34:34.00</b> | <b>02:34:34.00</b> | +00:46:16 (29.9%) | 9:39         | 6.2 (69.7%) |
| 49  | <b>MUSIAŁ Artur</b>          | <b>199</b> |      | M46-55    | 8    | <b>02:35:21.00</b> | <b>02:35:21.00</b> | +00:47:03 (30.3%) | 9:42         | 6.2 (69.7%) |
| 50  | <b>ZALEWSKA Żaneta</b>       | <b>42</b>  |      | K46-55    | 13   | <b>02:35:25.00</b> | <b>02:35:25.00</b> | +00:47:07 (30.3%) | 9:42         | 6.2 (69.7%) |
| 51  | <b>KUGLER Edyta</b>          | <b>21</b>  |      | K56+      | 4    | <b>02:35:28.00</b> | <b>02:35:28.00</b> | +00:47:10 (30.3%) | 9:43         | 6.2 (69.7%) |
| 52  | <b>ROHDE Danuta</b>          | <b>137</b> |      | K46-55    | 14   | <b>02:36:51.00</b> | <b>02:36:51.00</b> | +00:48:33 (31.0%) | 9:48         | 6.1 (68.5%) |
| 53  | <b>SZMYD Joanna</b>          | <b>24</b>  |      | K46-55    | 15   | <b>02:37:39.00</b> | <b>02:37:39.00</b> | +00:49:21 (31.3%) | 9:51         | 6.1 (68.5%) |
| 54  | <b>ARENDT Marlena</b>        | <b>14</b>  |      | K46-55    | 16   | <b>02:37:43.00</b> | <b>02:37:43.00</b> | +00:49:25 (31.3%) | 9:51         | 6.1 (68.5%) |
| 55  | <b>SZMYD Artur</b>           | <b>25</b>  |      | M46-55    | 9    | <b>02:37:47.00</b> | <b>02:37:47.00</b> | +00:49:29 (31.4%) | 9:51         | 6.1 (68.5%) |
| 56  | <b>SZTORC Oskar</b>          | <b>193</b> |      | M35       | 4    | <b>02:37:56.00</b> | <b>02:37:56.00</b> | +00:49:38 (31.4%) | 9:52         | 6.1 (68.5%) |
| 57  | <b>FELCZYKOWSKA Wiktoria</b> | <b>194</b> |      | K35       | 8    | <b>02:38:01.00</b> | <b>02:38:01.00</b> | +00:49:43 (31.5%) | 9:52         | 6.1 (68.5%) |
| 58  | <b>SZTORC Patryk</b>         | <b>190</b> |      | M35       | 5    | <b>02:38:07.00</b> | <b>02:38:07.00</b> | +00:49:49 (31.5%) | 9:52         | 6.1 (68.5%) |
| 59  | <b>ROCHOWIAK Dawid</b>       | <b>88</b>  |      | M35       | 6    | <b>02:38:33.00</b> | <b>02:38:33.00</b> | +00:50:15 (31.7%) | 9:54         | 6.1 (68.5%) |
| 60  | <b>ROCHOWIAK Kamila</b>      | <b>89</b>  |      | K35       | 9    | <b>02:38:36.00</b> | <b>02:38:36.00</b> | +00:50:18 (31.7%) | 9:54         | 6.1 (68.5%) |
| 61  | <b>PAPIERNIK Zbigniew</b>    | <b>90</b>  |      | M46-55    | 10   | <b>02:38:39.00</b> | <b>02:38:39.00</b> | +00:50:21 (31.7%) | 9:54         | 6.1 (68.5%) |
| 62  | <b>PAPIERNIK Angelika</b>    | <b>91</b>  |      | K46-55    | 17   | <b>02:38:41.00</b> | <b>02:38:41.00</b> | +00:50:23 (31.8%) | 9:55         | 6 (67.4%)   |
| 63  | <b>PIONTEK Elżbieta</b>      | <b>96</b>  |      | K56+      | 5    | <b>02:38:49.00</b> | <b>02:38:49.00</b> | +00:50:31 (31.8%) | 9:55         | 6 (67.4%)   |
| 64  | <b>TKACZUK Jolanta</b>       | <b>97</b>  |      | K56+      | 6    | <b>02:38:52.00</b> | <b>02:38:52.00</b> | +00:50:34 (31.8%) | 9:55         | 6 (67.4%)   |
| 65  | <b>BŁACHUT Piotr</b>         | <b>147</b> |      | M56+      | 6    | <b>02:38:55.00</b> | <b>02:38:55.00</b> | +00:50:37 (31.9%) | 9:55         | 6 (67.4%)   |
| 66  | <b>BŁACHUT Edyta</b>         | <b>148</b> |      | K46-55    | 18   | <b>02:38:59.00</b> | <b>02:38:59.00</b> | +00:50:41 (31.9%) | 9:56         | 6 (67.4%)   |
| 67  | <b>SZTORC Joanna</b>         | <b>191</b> |      | K46-55    | 19   | <b>02:39:06.00</b> | <b>02:39:06.00</b> | +00:50:48 (31.9%) | 9:56         | 6 (67.4%)   |
| 68  | <b>SZTORC Piotr</b>          | <b>192</b> |      | M56+      | 7    | <b>02:39:15.00</b> | <b>02:39:15.00</b> | +00:50:57 (32.0%) | 9:57         | 6 (67.4%)   |
| 69  | <b>BOŻEK Katarzyna</b>       | <b>196</b> |      | Kobiety   | 1    | <b>02:39:19.00</b> | <b>02:39:19.00</b> | +00:51:01 (32.0%) | 9:57         | 6 (67.4%)   |
| 70  | <b>BOŻEK Mariusz</b>         | <b>195</b> |      | Mężczyźni | 1    | <b>02:39:24.00</b> | <b>02:39:24.00</b> | +00:51:06 (32.1%) | 9:57         | 6 (67.4%)   |
| 71  | <b>KĄKOLEWSKA Justyna</b>    | <b>18</b>  |      | K46-55    | 20   | <b>02:41:19.00</b> | <b>02:41:19.00</b> | +00:53:01 (32.9%) | 10:04        | 6 (67.4%)   |
| 72  | <b>PIK Barbara</b>           | <b>4</b>   |      | K56+      | 7    | <b>02:41:42.00</b> | <b>02:41:42.00</b> | +00:53:24 (33.0%) | 10:06        | 5.9 (66.3%) |
| 73  | <b>PIK Bogusław</b>          | <b>5</b>   |      | M56+      | 8    | <b>02:41:48.00</b> | <b>02:41:48.00</b> | +00:53:30 (33.1%) | 10:06        | 5.9 (66.3%) |

| Msc | Zawodnik                          | Numer      | Klub | Kategoria | Mkat | Czas netto 16km    | Czas brutto 16km   | Różn              | Tempo min/km | Tempo km/h  |
|-----|-----------------------------------|------------|------|-----------|------|--------------------|--------------------|-------------------|--------------|-------------|
| 74  | <b>PAWLAK Piotr</b>               | <b>164</b> |      | M36-45    | 4    | <b>02:44:27.00</b> | <b>02:44:27.00</b> | +00:56:09 (34.1%) | 10:16        | 5.8 (65.2%) |
| 75  | <b>PAWLAK Natalia</b>             | <b>163</b> |      | K35       | 10   | <b>02:44:30.00</b> | <b>02:44:30.00</b> | +00:56:12 (34.2%) | 10:16        | 5.8 (65.2%) |
| 76  | <b>SUSZEK Arleta</b>              | <b>133</b> |      | K56+      | 8    | <b>02:44:55.00</b> | <b>02:44:55.00</b> | +00:56:37 (34.3%) | 10:18        | 5.8 (65.2%) |
| 77  | <b>SCHIEWE Irena</b>              | <b>126</b> |      | K56+      | 9    | <b>02:45:01.00</b> | <b>02:45:01.00</b> | +00:56:43 (34.4%) | 10:18        | 5.8 (65.2%) |
| 78  | <b>GACKOWSKA Iwona</b>            | <b>145</b> |      | K46-55    | 21   | <b>02:45:06.00</b> | <b>02:45:06.00</b> | +00:56:48 (34.4%) | 10:19        | 5.8 (65.2%) |
| 79  | <b>LODA Bożena</b>                | <b>66</b>  |      | K46-55    | 22   | <b>02:46:02.00</b> | <b>02:46:02.00</b> | +00:57:44 (34.8%) | 10:22        | 5.8 (65.2%) |
| 80  | <b>FERTYKOWSKA Joanna</b>         | <b>29</b>  |      | K46-55    | 23   | <b>02:46:05.00</b> | <b>02:46:05.00</b> | +00:57:47 (34.8%) | 10:22        | 5.8 (65.2%) |
| 81  | <b>WIŚNIEWSKI Zbigniew</b>        | <b>200</b> |      | M56+      | 9    | <b>02:46:26.00</b> | <b>02:46:26.00</b> | +00:58:08 (34.9%) | 10:24        | 5.8 (65.2%) |
| 82  | <b>JEKEL Jacek</b>                | <b>82</b>  |      | M46-55    | 11   | <b>02:46:50.00</b> | <b>02:46:50.00</b> | +00:58:32 (35.1%) | 10:25        | 5.8 (65.2%) |
| 83  | <b>OWCZARZAK Alina</b>            | <b>81</b>  |      | K46-55    | 24   | <b>02:46:52.00</b> | <b>02:46:52.00</b> | +00:58:34 (35.1%) | 10:25        | 5.8 (65.2%) |
| 84  | <b>SZARAFINSKI Jarosław</b>       | <b>71</b>  |      | M46-55    | 12   | <b>02:46:59.00</b> | <b>02:46:59.00</b> | +00:58:41 (35.1%) | 10:26        | 5.7 (64.0%) |
| 85  | <b>MAŁECKA Paulina</b>            | <b>161</b> |      | K35       | 11   | <b>02:47:10.00</b> | <b>02:47:10.00</b> | +00:58:52 (35.2%) | 10:26        | 5.7 (64.0%) |
| 86  | <b>MICHAŁOWSKA Katarzyna</b>      | <b>167</b> |      | K36-45    | 9    | <b>02:47:18.00</b> | <b>02:47:18.00</b> | +00:59:00 (35.3%) | 10:27        | 5.7 (64.0%) |
| 87  | <b>GLIWIŃSKA Agata</b>            | <b>165</b> |      | K46-55    | 25   | <b>02:47:24.00</b> | <b>02:47:24.00</b> | +00:59:06 (35.3%) | 10:27        | 5.7 (64.0%) |
| 88  | <b>PACHOCKA Agata</b>             | <b>162</b> |      | K36-45    | 10   | <b>02:47:27.00</b> | <b>02:47:27.00</b> | +00:59:09 (35.3%) | 10:27        | 5.7 (64.0%) |
| 89  | <b>CHWIAŁKOWSKA Joanna</b>        | <b>12</b>  |      | K46-55    | 26   | <b>02:48:38.00</b> | <b>02:48:38.00</b> | +01:00:20 (35.8%) | 10:32        | 5.7 (64.0%) |
| 90  | <b>DERKOWSKI Michał</b>           | <b>11</b>  |      | M56+      | 10   | <b>02:48:43.00</b> | <b>02:48:43.00</b> | +01:00:25 (35.8%) | 10:32        | 5.7 (64.0%) |
| 91  | <b>DULĘBA Mikołaj</b>             | <b>186</b> |      | M36-45    | 5    | <b>02:49:24.00</b> | <b>02:49:24.00</b> | +01:01:06 (36.1%) | 10:35        | 5.7 (64.0%) |
| 92  | <b>SEKLECKI Rafał</b>             | <b>22</b>  |      | M46-55    | 13   | <b>02:52:28.00</b> | <b>02:52:28.00</b> | +01:04:10 (37.2%) | 10:46        | 5.6 (62.9%) |
| 93  | <b>SEKLECKA Kasia</b>             | <b>23</b>  |      | K46-55    | 27   | <b>02:52:31.00</b> | <b>02:52:31.00</b> | +01:04:13 (37.2%) | 10:46        | 5.6 (62.9%) |
| 94  | <b>SZELIGA Kasia</b>              | <b>94</b>  |      | K46-55    | 28   | <b>02:53:44.00</b> | <b>02:53:44.00</b> | +01:05:26 (37.7%) | 10:51        | 5.5 (61.8%) |
| 95  | <b>KOWALSKA Joanna</b>            | <b>62</b>  |      | K36-45    | 11   | <b>02:54:28.00</b> | <b>02:54:28.00</b> | +01:06:10 (37.9%) | 10:54        | 5.5 (61.8%) |
| 96  | <b>BOROWIAK Magdalena</b>         | <b>15</b>  |      | K36-45    | 12   | <b>02:54:32.00</b> | <b>02:54:32.00</b> | +01:06:14 (37.9%) | 10:54        | 5.5 (61.8%) |
| 97  | <b>KUPER Justyna</b>              | <b>48</b>  |      | K36-45    | 13   | <b>02:55:27.00</b> | <b>02:55:27.00</b> | +01:07:09 (38.3%) | 10:57        | 5.5 (61.8%) |
| 98  | <b>KUPER Mariusz</b>              | <b>49</b>  |      | M36-45    | 6    | <b>02:55:29.00</b> | <b>02:55:29.00</b> | +01:07:11 (38.3%) | 10:58        | 5.5 (61.8%) |
| 99  | <b>WIŚNIEWSKI Radosław</b>        | <b>111</b> |      | M35       | 7    | <b>02:55:33.00</b> | <b>02:55:33.00</b> | +01:07:15 (38.3%) | 10:58        | 5.5 (61.8%) |
| 100 | <b>ZBROJEWSKA Daria</b>           | <b>182</b> |      | K35       | 12   | <b>02:56:22.00</b> | <b>02:56:22.00</b> | +01:08:04 (38.6%) | 11:01        | 5.4 (60.7%) |
| 101 | <b>CHLAŚCIAK Patrcja</b>          | <b>136</b> |      | K35       | 13   | <b>02:57:19.00</b> | <b>02:57:19.00</b> | +01:09:01 (38.9%) | 11:04        | 5.4 (60.7%) |
| 102 | <b>BOROWIAK Alicja</b>            | <b>135</b> |      | K35       | 14   | <b>02:57:23.00</b> | <b>02:57:23.00</b> | +01:09:05 (38.9%) | 11:05        | 5.4 (60.7%) |
| 103 | <b>BIALIK-PIESZAK Anna</b>        | <b>155</b> |      | K36-45    | 14   | <b>02:57:32.00</b> | <b>02:57:32.00</b> | +01:09:14 (39.0%) | 11:05        | 5.4 (60.7%) |
| 104 | <b>LATOSIŃSKI Leszek</b>          | <b>156</b> |      | M56+      | 11   | <b>02:57:36.00</b> | <b>02:57:36.00</b> | +01:09:18 (39.0%) | 11:06        | 5.4 (60.7%) |
| 105 | <b>SKOWRONSKI Łukasz</b>          | <b>184</b> |      | M35       | 8    | <b>02:59:20.00</b> | <b>02:59:20.00</b> | +01:11:02 (39.6%) | 11:12        | 5.4 (60.7%) |
| 106 | <b>ZBROJEWSKA Michelle</b>        | <b>183</b> |      | K35       | 15   | <b>02:59:42.00</b> | <b>02:59:42.00</b> | +01:11:24 (39.7%) | 11:13        | 5.3 (59.6%) |
| 107 | <b>ZBROJEWSKA Joanna</b>          | <b>150</b> |      | K46-55    | 29   | <b>02:59:48.00</b> | <b>02:59:48.00</b> | +01:11:30 (39.8%) | 11:14        | 5.3 (59.6%) |
| 108 | <b>ZBROJEWSKI Tomasz</b>          | <b>152</b> |      | M46-55    | 14   | <b>02:59:52.00</b> | <b>02:59:52.00</b> | +01:11:34 (39.8%) | 11:14        | 5.3 (59.6%) |
| 109 | <b>STRZYŻOWSKA Monika</b>         | <b>138</b> |      | K46-55    | 30   | <b>03:00:10.00</b> | <b>03:00:10.00</b> | +01:11:52 (39.9%) | 11:15        | 5.3 (59.6%) |
| 110 | <b>WITKIEWICZ-ŁUKASZEK Sandra</b> | <b>139</b> |      | K35       | 16   | <b>03:00:14.00</b> | <b>03:00:14.00</b> | +01:11:56 (39.9%) | 11:15        | 5.3 (59.6%) |
| 111 | <b>JANIK Mariusz</b>              | <b>9</b>   |      | M46-55    | 15   | <b>03:02:57.00</b> | <b>03:02:57.00</b> | +01:14:39 (40.8%) | 11:26        | 5.2 (58.4%) |
| 112 | <b>ZIELINSKA Agnieszka</b>        | <b>146</b> |      | K46-55    | 31   | <b>03:03:01.00</b> | <b>03:03:01.00</b> | +01:14:43 (40.8%) | 11:26        | 5.2 (58.4%) |
| 113 | <b>SKONIECKA Agnieszka</b>        | <b>8</b>   |      | K46-55    | 32   | <b>03:03:03.00</b> | <b>03:03:03.00</b> | +01:14:45 (40.8%) | 11:26        | 5.2 (58.4%) |
| 114 | <b>OJRZANOWSKI Rafał</b>          | <b>10</b>  |      | M46-55    | 16   | <b>03:03:07.00</b> | <b>03:03:07.00</b> | +01:14:49 (40.9%) | 11:26        | 5.2 (58.4%) |
| 115 | <b>KAMIŃSKI Marek</b>             | <b>127</b> |      | M56+      | 12   | <b>03:03:11.00</b> | <b>03:03:11.00</b> | +01:14:53 (40.9%) | 11:26        | 5.2 (58.4%) |
| 116 | <b>SZYMANDERA Łukasz</b>          | <b>30</b>  |      | M36-45    | 7    | <b>03:04:41.00</b> | <b>03:04:41.00</b> | +01:16:23 (41.4%) | 11:32        | 5.2 (58.4%) |
| 117 | <b>KOWALSKA Aneta</b>             | <b>31</b>  |      | K46-55    | 33   | <b>03:04:45.00</b> | <b>03:04:45.00</b> | +01:16:27 (41.4%) | 11:32        | 5.2 (58.4%) |

| Msc | Zawodnik                   | Numer      | Klub | Kategoria | Mkat | Czas netto 16km    | Czas brutto 16km   | Różn              | Tempo min/km | Tempo km/h  |
|-----|----------------------------|------------|------|-----------|------|--------------------|--------------------|-------------------|--------------|-------------|
| 118 | <b>LEWANDOWSKA Jadwiga</b> | <b>70</b>  |      | K56+      | 10   | <b>03:04:48.00</b> | <b>03:04:48.00</b> | +01:16:30 (41.4%) | 11:33        | 5.2 (58.4%) |
| 119 | <b>DULĘBA Maria</b>        | <b>187</b> |      | K46-55    | 34   | <b>03:05:35.00</b> | <b>03:05:35.00</b> | +01:17:17 (41.6%) | 11:35        | 5.2 (58.4%) |
| 120 | <b>DULĘBA Marlena</b>      | <b>185</b> |      | K46-55    | 35   | <b>03:05:38.00</b> | <b>03:05:38.00</b> | +01:17:20 (41.7%) | 11:36        | 5.2 (58.4%) |
| 121 | <b>SKONIECKA Ewelina</b>   | <b>56</b>  |      | K35       | 17   | <b>03:05:54.00</b> | <b>03:05:54.00</b> | +01:17:36 (41.7%) | 11:37        | 5.2 (58.4%) |
| 122 | <b>KOWAL Danuta</b>        | <b>177</b> |      | K56+      | 11   | <b>03:11:17.00</b> | <b>03:11:17.00</b> | +01:22:59 (43.4%) | 11:57        | 5 (56.2%)   |
| 123 | <b>WYDRAN Dorota</b>       | <b>174</b> |      | K56+      | 12   | <b>03:11:25.00</b> | <b>03:11:25.00</b> | +01:23:07 (43.4%) | 11:57        | 5 (56.2%)   |
| 124 | <b>MURAWSKA Małgorzata</b> | <b>166</b> |      | K56+      | 13   | <b>03:25:15.00</b> | <b>03:25:15.00</b> | +01:36:57 (47.2%) | 12:49        | 4.7 (52.8%) |
| 125 | <b>DULĘBA Grzegorz</b>     | <b>188</b> |      | M36-45    | 8    | <b>03:25:20.00</b> | <b>03:25:20.00</b> | +01:37:02 (47.3%) | 12:50        | 4.7 (52.8%) |

Znaleziono 125 wynik(ów)