



**Organizator:** SST Rogacz Sp. z o.o.  
**Data:** 2023-05-06  
**Miejsce:** Świętochłowice  
**Dystans:** 10.2 km

## ROGATA DYCHA

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik              | Numer | Klub | Kategoria | Mkat | Czas netto 10.2km | Czas brutto 10.2km | Różn              | Tempo min/km | Tempo km/h   |
|-----|-----------------------|-------|------|-----------|------|-------------------|--------------------|-------------------|--------------|--------------|
| 1   | CHOJNOWSKI Sebastian  | 68    |      | M-30      | 1    | 00:53:14.00       | 00:53:14.00        |                   | 5:13         | 11.5 (100%)  |
| 2   | PRZYBYŁA Paweł        | 77    |      | M-30      | 2    | 00:54:48.00       | 00:54:48.00        | +00:01:34 (2.9%)  | 5:22         | 11.2 (97.4%) |
| 3   | NOWAK Michał          | 33    |      | M-20      | 1    | 00:57:12.00       | 00:57:12.00        | +00:03:58 (6.9%)  | 5:36         | 10.7 (93.0%) |
| 4   | GIBIEC Przemek        | 21    |      | M-30      | 3    | 01:00:57.00       | 01:00:57.00        | +00:07:43 (12.7%) | 5:58         | 10 (87.0%)   |
| 5   | SZCZYPEK Wojciech     | 17    |      | M-20      | 2    | 01:01:16.00       | 01:01:16.00        | +00:08:02 (13.1%) | 6:00         | 10 (87.0%)   |
| 6   | PRNOBIS Marek         | 29    |      | M-40      | 1    | 01:01:40.00       | 01:01:40.00        | +00:08:26 (13.7%) | 6:02         | 9.9 (86.1%)  |
| 7   | BUŁKA Mateusz         | 52    |      | M-40      | 2    | 01:02:05.00       | 01:02:05.00        | +00:08:51 (14.3%) | 6:05         | 9.9 (86.1%)  |
| 8   | ZDĄBŁARZ Marcin       | 7     |      | M-40      | 3    | 01:02:23.00       | 01:02:23.00        | +00:09:09 (14.7%) | 6:06         | 9.8 (85.2%)  |
| 9   | KUŚMIERSKI Michał     | 55    |      | M-40      | 4    | 01:03:10.00       | 01:03:10.00        | +00:09:56 (15.7%) | 6:11         | 9.7 (84.3%)  |
| 10  | NOSALIK Marek         | 24    |      | M-50      | 1    | 01:03:52.00       | 01:03:52.00        | +00:10:38 (16.6%) | 6:15         | 9.6 (83.5%)  |
| 11  | MATECKI Tomasz        | 80    |      | M-40      | 5    | 01:04:13.00       | 01:04:13.00        | +00:10:59 (17.1%) | 6:17         | 9.5 (82.6%)  |
| 12  | MASIARCZYK Rufin      | 75    |      | M-40      | 6    | 01:04:19.00       | 01:04:19.00        | +00:11:05 (17.2%) | 6:18         | 9.5 (82.6%)  |
| 13  | LASKOWSKI Tomasz      | 20    |      | M-40      | 7    | 01:04:37.00       | 01:04:37.00        | +00:11:23 (17.6%) | 6:20         | 9.5 (82.6%)  |
| 14  | JEZERSKI Marek        | 11    |      | M-40      | 8    | 01:04:47.00       | 01:04:47.00        | +00:11:33 (17.8%) | 6:21         | 9.4 (81.7%)  |
| 15  | ADAMCZYK-NOWAK Beata  | 6     |      | K-40      | 1    | 01:06:11.00       | 01:06:11.00        | +00:12:57 (19.6%) | 6:29         | 9.2 (80.0%)  |
| 16  | PANCERZ Mariusz       | 59    |      | M-40      | 9    | 01:06:58.00       | 01:06:58.00        | +00:13:44 (20.5%) | 6:33         | 9.1 (79.1%)  |
| 17  | RADOMSKI Zbigniew     | 44    |      | M-60      | 1    | 01:07:36.00       | 01:07:36.00        | +00:14:22 (21.3%) | 6:37         | 9.1 (79.1%)  |
| 18  | KOZOWICZ Paweł        | 76    |      | M-30      | 4    | 01:07:40.00       | 01:07:40.00        | +00:14:26 (21.3%) | 6:38         | 9 (78.3%)    |
| 19  | PAWLUSIAK Łukasz      | 74    |      | M-40      | 10   | 01:08:36.00       | 01:08:36.00        | +00:15:22 (22.4%) | 6:43         | 8.9 (77.4%)  |
| 20  | MARCISZ Mariusz       | 79    |      | M-40      | 11   | 01:09:07.00       | 01:09:07.00        | +00:15:53 (23.0%) | 6:46         | 8.9 (77.4%)  |
| 21  | WYSOCKI Tomasz        | 47    |      | M-40      | 12   | 01:09:22.00       | 01:09:22.00        | +00:16:08 (23.3%) | 6:48         | 8.8 (76.5%)  |
| 22  | TONIAK Filip          | 38    |      | M-30      | 5    | 01:09:32.00       | 01:09:32.00        | +00:16:18 (23.4%) | 6:49         | 8.8 (76.5%)  |
| 23  | KIEC Mateusz          | 43    |      | M-20      | 3    | 01:09:46.00       | 01:09:46.00        | +00:16:32 (23.7%) | 6:50         | 8.8 (76.5%)  |
| 24  | KOSTKOWICZ Bartłomiej | 73    |      | M-40      | 13   | 01:09:57.00       | 01:09:57.00        | +00:16:43 (23.9%) | 6:51         | 8.7 (75.7%)  |
| 25  | CZAPIEWSKI Dariusz    | 72    |      | M-30      | 6    | 01:10:02.00       | 01:10:02.00        | +00:16:48 (24.0%) | 6:51         | 8.7 (75.7%)  |
| 26  | KLONOWICZ Stanisław   | 50    |      | M-50      | 2    | 01:10:07.00       | 01:10:07.00        | +00:16:53 (24.1%) | 6:52         | 8.7 (75.7%)  |
| 27  | BIENIECKA Anna        | 23    |      | K-40      | 2    | 01:10:09.00       | 01:10:09.00        | +00:16:55 (24.1%) | 6:52         | 8.7 (75.7%)  |

| Msc | Zawodnik                | Numer | Klub | Kategoria | Mkat | Czas netto 10.2km | Czas brutto 10.2km | Różn              | Tempo min/km | Tempo km/h  |
|-----|-------------------------|-------|------|-----------|------|-------------------|--------------------|-------------------|--------------|-------------|
| 28  | WYSOCKA Agnieszka       | 48    |      | K-40      | 3    | 01:10:43.00       | 01:10:43.00        | +00:17:29 (24.7%) | 6:55         | 8.7 (75.7%) |
| 29  | KWAŚNY Marcin           | 31    |      | M-40      | 14   | 01:11:32.00       | 01:11:32.00        | +00:18:18 (25.6%) | 7:00         | 8.6 (74.8%) |
| 30  | MORAWIEC Krzysztof      | 51    |      | M-40      | 15   | 01:11:45.00       | 01:11:45.00        | +00:18:31 (25.8%) | 7:02         | 8.5 (73.9%) |
| 31  | ADAMUS-KOWALIK Justyna  | 60    |      | K-40      | 4    | 01:13:15.00       | 01:13:15.00        | +00:20:01 (27.3%) | 7:10         | 8.4 (73.0%) |
| 32  | TONIAK Kornel           | 40    |      | M-20      | 4    | 01:14:10.00       | 01:14:10.00        | +00:20:56 (28.2%) | 7:16         | 8.3 (72.2%) |
| 33  | FILIPIAK Hieronim       | 3     |      | M-40      | 16   | 01:14:29.00       | 01:14:29.00        | +00:21:15 (28.5%) | 7:18         | 8.2 (71.3%) |
| 34  | FUCZIK Małgorzata       | 70    |      | K-40      | 5    | 01:14:51.00       | 01:14:51.00        | +00:21:37 (28.9%) | 7:20         | 8.2 (71.3%) |
| 35  | NOWAK Justyna           | 32    |      | K-40      | 6    | 01:15:27.00       | 01:15:27.00        | +00:22:13 (29.4%) | 7:23         | 8.1 (70.4%) |
| 36  | BANDURA Marcelli        | 58    |      | M-50      | 3    | 01:16:41.00       | 01:16:41.00        | +00:23:27 (30.6%) | 7:31         | 8 (69.6%)   |
| 37  | KUBIAK Marcin           | 46    |      | M-40      | 17   | 01:16:49.00       | 01:16:49.00        | +00:23:35 (30.7%) | 7:31         | 8 (69.6%)   |
| 38  | BRONCEL Piotr           | 30    |      | M-50      | 4    | 01:17:40.00       | 01:17:40.00        | +00:24:26 (31.5%) | 7:36         | 7.9 (68.7%) |
| 39  | LASKOWSKA Katarzyna     | 78    |      | K-40      | 7    | 01:19:10.00       | 01:19:10.00        | +00:25:56 (32.8%) | 7:45         | 7.7 (67.0%) |
| 40  | RING Rafał              | 39    |      | M-40      | 18   | 01:20:06.00       | 01:20:06.00        | +00:26:52 (33.5%) | 7:51         | 7.6 (66.1%) |
| 41  | PELC Tomasz             | 41    |      | M-40      | 19   | 01:22:28.00       | 01:22:28.00        | +00:29:14 (35.4%) | 8:05         | 7.4 (64.3%) |
| 42  | FRĄC Dariusz            | 18    |      | M-40      | 20   | 01:23:19.00       | 01:23:19.00        | +00:30:05 (36.1%) | 8:10         | 7.3 (63.5%) |
| 43  | KOWALSKI Krzysztof      | 10    |      | M-50      | 5    | 01:23:46.00       | 01:23:46.00        | +00:30:32 (36.5%) | 8:12         | 7.3 (63.5%) |
| 44  | MACIOŁ Sebastian        | 34    |      | M-40      | 21   | 01:25:16.00       | 01:25:16.00        | +00:32:02 (37.6%) | 8:21         | 7.2 (62.6%) |
| 45  | ŚWIERSZCZ Kamil         | 56    |      | M-30      | 7    | 01:25:20.00       | 01:25:20.00        | +00:32:06 (37.6%) | 8:21         | 7.2 (62.6%) |
| 46  | PIĘKOŚ Monika           | 5     |      | K-40      | 8    | 01:25:57.00       | 01:25:57.00        | +00:32:43 (38.1%) | 8:25         | 7.1 (61.7%) |
| 47  | ŠVACH Janusz            | 28    |      | M-40      | 22   | 01:26:43.00       | 01:26:43.00        | +00:33:29 (38.6%) | 8:30         | 7.1 (61.7%) |
| 48  | PABIAN Agnieszka        | 8     |      | K-50      | 1    | 01:27:30.00       | 01:27:30.00        | +00:34:16 (39.2%) | 8:34         | 7 (60.9%)   |
| 49  | CZULAK Jarosław         | 49    |      | M-50      | 6    | 01:28:37.00       | 01:28:37.00        | +00:35:23 (39.9%) | 8:41         | 6.9 (60.0%) |
| 50  | WENGLORZ Wojciech       | 54    |      | M-20      | 5    | 01:30:26.00       | 01:30:26.00        | +00:37:12 (41.1%) | 8:51         | 6.8 (59.1%) |
| 51  | SIDORCZUK-KUMOSA Dorota | 27    |      | K-40      | 9    | 01:32:39.00       | 01:32:39.00        | +00:39:25 (42.5%) | 9:05         | 6.6 (57.4%) |
| 52  | KRAS Patrycja           | 4     |      | K-30      | 1    | 01:35:58.00       | 01:35:58.00        | +00:42:44 (44.5%) | 9:24         | 6.4 (55.7%) |
| 53  | STOCHLA Małgorzata      | 22    |      | K-40      | 10   | 01:36:23.00       | 01:36:23.00        | +00:43:09 (44.8%) | 9:26         | 6.3 (54.8%) |
| 54  | SKIBICKA Małgorzata     | 14    |      | K-40      | 11   | 01:38:49.00       | 01:38:49.00        | +00:45:35 (46.1%) | 9:41         | 6.2 (53.9%) |
| 55  | SKIBICKI Krzysztof      | 15    |      | M-50      | 7    | 01:38:51.00       | 01:38:51.00        | +00:45:37 (46.1%) | 9:41         | 6.2 (53.9%) |
| 56  | KOWALCZYK Anna          | 71    |      | K-30      | 2    | 01:39:03.00       | 01:39:03.00        | +00:45:49 (46.3%) | 9:42         | 6.2 (53.9%) |
| 57  | WIŚNIEWSKI Jacek        | 37    |      | M-50      | 8    | 01:43:08.00       | 01:43:08.00        | +00:49:54 (48.4%) | 10:06        | 5.9 (51.3%) |
| 58  | KAIM Iwona              | 16    |      | K-40      | 12   | 01:43:23.00       | 01:43:23.00        | +00:50:09 (48.5%) | 10:08        | 5.9 (51.3%) |
| 59  | WAICKI Michał           | 61    |      | M-50      | 9    | 01:44:13.00       | 01:44:13.00        | +00:50:59 (48.9%) | 10:13        | 5.9 (51.3%) |
| 60  | DOMARADZKA Ewa          | 69    |      | K-40      | 13   | 01:46:31.00       | 01:46:31.00        | +00:53:17 (50.0%) | 10:26        | 5.7 (49.6%) |
| 61  | JAROSZ Maciej           | 19    |      | M-40      | 23   | 01:48:11.00       | 01:48:11.00        | +00:54:57 (50.8%) | 10:36        | 5.7 (49.6%) |
| 62  | SZAJEWSKA Agnieszka     | 26    |      | K-40      | 14   | 02:01:44.00       | 02:01:44.00        | +01:08:30 (56.3%) | 11:56        | 5 (43.5%)   |
| 63  | WIŚNIEWSKA Zuzanna      | 57    |      | K-40      | 15   | 02:04:54.00       | 02:04:54.00        | +01:11:40 (57.4%) | 12:14        | 4.9 (42.6%) |
| 64  | KUMOSA Marcin           | 25    |      | M-40      | 24   | 02:06:04.00       | 02:06:04.00        | +01:12:50 (57.8%) | 12:21        | 4.9 (42.6%) |
| 65  | SZKAMRUK Janusz         | 13    |      | M-60      | 2    | 02:10:42.00       | 02:10:42.00        | +01:17:28 (59.3%) | 12:48        | 4.7 (40.9%) |
| 66  | SZKAMRUK Małgorzata     | 42    |      | K-40      | 16   | 02:11:33.00       | 02:11:33.00        | +01:18:19 (59.5%) | 12:53        | 4.7 (40.9%) |
| 67  | BURCZAK Anna            | 36    |      | K-30      | 3    | 02:12:45.00       | 02:12:45.00        | +01:19:31 (59.9%) | 13:00        | 4.6 (40.0%) |
| 68  | POBOŻY Katarzyna        | 35    |      | K-30      | 4    | 02:12:47.00       | 02:12:47.00        | +01:19:33 (59.9%) | 13:01        | 4.6 (40.0%) |
| 69  | SZKAMRUK Bogusława      | 12    |      | K-60      | 1    | 02:19:17.00       | 02:19:17.00        | +01:26:03 (61.8%) | 13:39        | 4.4 (38.3%) |