



ROLL & RUN :: BIEG GŁÓWNY

B4SPORT

Wydarzenie: Roll & Run Stolno 2017
Organizator: Stowarzyszenie Podejmij Wyzwanie
Data: 2017-04-08
Miejsce: Stolno
Dystans: 7,5 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	TUCZYŃSKI Sylwester Leon	258	BYDGOSKIE OKONIE	M20	1	00:28:06.95	00:28:08.25		3:44	16 (100%)
2	NIEDZIAŁKOWSKI Patryk	234	BYDGOSKIE OKONIE	M20	2	00:28:50.40	00:28:52.00	+00:00:43 (2.5%)	3:50	15.6 (97.5%)
3	KOLMAJER Rafał	206	RUN BYDGOSZCZ	M30	1	00:28:55.30	00:28:57.50	+00:00:49 (2.8%)	3:51	15.6 (97.5%)
4	ŁAZ Kamil	220	RUN BYDGOSZCZ	M30	2	00:29:15.35	00:29:16.95	+00:01:08 (3.9%)	3:54	15.4 (96.3%)
5	KWIATKOWSKI Robert	273		M30	3	00:29:20.35	00:29:21.70	+00:01:13 (4.2%)	3:54	15.3 (95.6%)
6	LIBERA Maksymilian	217	BYDGOSKIE OKONIE	M20	3	00:29:28.05	00:29:29.65	+00:01:21 (4.6%)	3:55	15.3 (95.6%)
7	KWIATKOWSKI Damian	215	RUN BYDGOSZCZ	M20	4	00:29:41.15	00:29:43.55	+00:01:35 (5.3%)	3:57	15.2 (95.0%)
8	RETECKI Krzysztof	243	BOGMAR/PRESTO OSTROMECKO	M40	1	00:30:03.05	00:30:05.15	+00:01:56 (6.5%)	4:00	15 (93.8%)
9	JAGODZIŃSKI Mateusz	194	BYDGOSKIE OKONIE	M20	5	00:30:14.00	00:30:16.05	+00:02:07 (7.0%)	4:01	14.9 (93.1%)
10	JANUS Dawid	272	THE RUNNERS ŚWIECIE	M30	4	00:30:24.10	00:30:27.35	+00:02:19 (7.6%)	4:03	14.8 (92.5%)
11	DYJACH Robert	183		M20	6	00:31:35.75	00:31:38.75	+00:03:30 (11.1%)	4:12	14.2 (88.8%)
12	BUKOWSKI Maciej	293	SPORT4LIFE	M30	5	00:31:35.40	00:31:39.65	+00:03:31 (11.1%)	4:12	14.2 (88.8%)
13	KRYNICKI Maciej	304	PLICHWYŚCIG.PL / ROLL4LIFE	M20	7	00:31:37.50	00:31:41.35	+00:03:33 (11.2%)	4:13	14.2 (88.8%)
14	GRALIK Jędrzej	191	BYDGOSKIE OKONIE	M20	8	00:32:08.90	00:32:14.55	+00:04:06 (12.7%)	4:17	14 (87.5%)
15	JEŻEWSKI Łukasz	200		M30	6	00:32:35.85	00:32:38.10	+00:04:29 (13.8%)	4:20	13.8 (86.3%)
16	OLKOWSKI Jurek	236	THE RUNNERS ŚWIECIE	M60+	1	00:33:06.65	00:33:08.30	+00:05:00 (15.1%)	4:24	13.6 (85.0%)
17	CIBOROWSKI Bastian	297	KS SEBA-SPORT PISZ	M20	9	00:33:09.85	00:33:13.40	+00:05:05 (15.3%)	4:25	13.6 (85.0%)
18	WOŹNIAKOWSKA Agata	267	RUN BYDGOSZCZ	K30	1	00:33:12.45	00:33:15.40	+00:05:07 (15.4%)	4:25	13.5 (84.4%)
19	TACZKOWSKI Mateusz	255	DECATHLON TEAM FORDON	M20	10	00:33:32.15	00:33:37.85	+00:05:29 (16.3%)	4:28	13.4 (83.8%)
20	GRADOWSKI Piotrek	300	LEGIA WARSZAWA MASTERS	M30	7	00:33:37.15	00:33:40.90	+00:05:32 (16.5%)	4:28	13.4 (83.8%)
21	MARCHLEWSKI Kamil	229		M30	8	00:33:46.45	00:33:48.95	+00:05:40 (16.8%)	4:30	13.3 (83.1%)
22	KARAŚ Tomasz	301	LEGIA WARSZAWA MASTERS	M30	9	00:33:47.95	00:33:53.00	+00:05:44 (17.0%)	4:30	13.3 (83.1%)
23	SZARMACH Stanisław	249		M60+	2	00:34:12.20	00:34:14.10	+00:06:05 (17.8%)	4:33	13.2 (82.5%)
24	ZIÓŁKOWSKI Julian	318	STOWARZYSZENIE WROTKARSKIE GDAŃSKIE LWY	M50	1	00:34:59.85	00:35:02.35	+00:06:54 (19.7%)	4:40	12.9 (80.6%)
25	CHOJECKI Dariusz	294		M50	2	00:35:05.65	00:35:08.35	+00:07:00 (19.9%)	4:40	12.8 (80.0%)
26	ZNAJDEK Piotr	319	SPORT4LIFE BULLSHITTEAM	M30	10	00:35:08.75	00:35:13.10	+00:07:04 (20.1%)	4:41	12.8 (80.0%)
27	BONAS Maciej	274		M20	11	00:35:11.80	00:35:14.50	+00:07:06 (20.2%)	4:41	12.8 (80.0%)
28	TELEJKO Łukasz	256	ROLL&RUN TEAM	M20	12	00:35:11.40	00:35:14.80	+00:07:06 (20.2%)	4:41	12.8 (80.0%)
29	CIBOROWSKI Sebastian	296	KS SEBA-SPORT PISZ	M40	2	00:35:14.70	00:35:18.15	+00:07:09 (20.3%)	4:42	12.8 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
30	JAGODZIŃSKA Magdalena	193	BYDGOSKIE OKONIE	K20	1	00:35:17.65	00:35:23.65	+00:07:15 (20.5%)	4:42	12.8 (80.0%)
31	DULSKI Tadeusz	182		M40	3	00:35:25.80	00:35:28.70	+00:07:20 (20.7%)	4:43	12.7 (79.4%)
32	MACIEJCZYK Łukasz	310	STOWARZYSZENIE WROTKARSKIE GDAŃSKIE LWY	M30	11	00:35:29.45	00:35:37.45	+00:07:29 (21.0%)	4:43	12.7 (79.4%)
33	DRZYMALSKI Rafał	181		M30	12	00:35:37.10	00:35:39.50	+00:07:31 (21.1%)	4:44	12.6 (78.8%)
34	SOCZOMSKI Mirosław	314	EDI TEAM ZGORZELEC	M50	3	00:35:36.85	00:35:40.70	+00:07:32 (21.1%)	4:44	12.6 (78.8%)
35	NIEDBALSKI Grzegorz	233	RUN BYDGOSZCZ II	M50	4	00:35:37.45	00:35:43.95	+00:07:35 (21.3%)	4:44	12.6 (78.8%)
36	GAŚSIOROWSKI Robert	188	RUN BYDGOSZCZ II	M40	4	00:35:36.70	00:35:44.85	+00:07:36 (21.3%)	4:44	12.6 (78.8%)
37	ZAGOŹDŻON Piotr	269	RUN BYDGOSZCZ II	M40	5	00:35:46.10	00:35:52.40	+00:07:44 (21.6%)	4:46	12.6 (78.8%)
38	KRZYŻANOWSKI Robert	213	ANDRO	M40	6	00:35:59.95	00:36:05.20	+00:07:56 (22.0%)	4:48	12.5 (78.1%)
39	BORAWSKA Anna	173	MAŁA LADY PANK BIEGAM DLA SIEBIE	K40	1	00:36:25.30	00:36:30.40	+00:08:22 (22.9%)	4:51	12.4 (77.5%)
40	CYL Dawid	179	RUN BYDGOSZCZ II	M30	13	00:36:43.85	00:36:48.65	+00:08:40 (23.6%)	4:53	12.3 (76.9%)
41	SZCZEPAŃSKI Adam	315	STOWARZYSZENIE WROTKARSKIE GDAŃSKIE LWY	M20	13	00:36:43.45	00:36:51.80	+00:08:43 (23.7%)	4:53	12.3 (76.9%)
42	STĘPSKI Marek	246		M40	7	00:36:52.70	00:36:55.95	+00:08:47 (23.8%)	4:54	12.2 (76.3%)
43	WAWRZYŃIAK Michał	316		M20	14	00:36:51.85	00:36:58.85	+00:08:50 (23.9%)	4:54	12.2 (76.3%)
44	KAWALEC Sebastian	203	KEBAB VS BURGER	M30	14	00:36:57.65	00:37:00.50	+00:08:52 (24.0%)	4:55	12.2 (76.3%)
45	GORDON Roman	190	RUN BYDGOSZCZ III	M60+	3	00:37:15.90	00:37:22.75	+00:09:14 (24.7%)	4:58	12.1 (75.6%)
46	WŁODARCZYK Olga	275		K20	2	00:37:16.60	00:37:24.65	+00:09:16 (24.8%)	4:58	12.1 (75.6%)
47	STYKAŁA Magdalena	247		K40	2	00:37:25.35	00:37:30.80	+00:09:22 (25.0%)	4:59	12 (75.0%)
48	ZIOBRO Marek	271		M30	15	00:37:29.00	00:37:34.45	+00:09:26 (25.1%)	4:59	12 (75.0%)
49	PARASZKA Łukasz	313		M30	16	00:37:50.25	00:37:53.70	+00:09:45 (25.7%)	5:02	11.9 (74.4%)
50	CIBOROWSKA Aneta	295	KS SEBA-SPORT PISZ	K40	3	00:37:54.60	00:37:57.40	+00:09:49 (25.9%)	5:03	11.9 (74.4%)
51	FAJKIEL Kamila	185		K20	3	00:37:51.25	00:37:57.75	+00:09:49 (25.9%)	5:02	11.9 (74.4%)
52	SOBCZAK Krzysztof	245	ROLL&RUN TEAM	M30	17	00:37:54.90	00:38:02.60	+00:09:54 (26.0%)	5:03	11.9 (74.4%)
53	KIERZKOWSKI Patryk	204		M20	15	00:38:14.55	00:38:19.10	+00:10:10 (26.6%)	5:06	11.8 (73.8%)
54	SZNAJDER Seweryn	252	RUN BYDGOSZCZ III	M30	18	00:38:22.00	00:38:30.40	+00:10:22 (26.9%)	5:06	11.7 (73.1%)
55	FELD Maciej	299		M60+	4	00:38:31.60	00:38:35.00	+00:10:26 (27.1%)	5:08	11.7 (73.1%)
56	GIERSZEWSKA Grażyna	189		K40	4	00:38:28.75	00:38:35.75	+00:10:27 (27.1%)	5:07	11.7 (73.1%)
57	LAUDAŃSKI Paweł	216		M40	8	00:38:26.40	00:38:37.90	+00:10:29 (27.2%)	5:07	11.7 (73.1%)
58	WOJCIECHOWSKI Grzegorz	264		M20	16	00:38:31.50	00:38:40.00	+00:10:31 (27.2%)	5:08	11.7 (73.1%)
59	ŁEPEK Teresa	222		K20	4	00:38:35.90	00:38:40.85	+00:10:32 (27.3%)	5:08	11.7 (73.1%)
60	PIÓRKOWSKA Paulina	240		K20	5	00:38:40.75	00:38:44.15	+00:10:35 (27.4%)	5:09	11.6 (72.5%)
61	KARAŚ Dominika	320	LEGIA WARSZAWA MASTERS	K30	2	00:38:43.45	00:38:47.70	+00:10:39 (27.5%)	5:09	11.6 (72.5%)
62	SLIWINSKI Henryk		ROLLA SPEED TEAM	M60+	5	00:39:09.15	00:39:13.80	+00:11:05 (28.3%)	5:13	11.5 (71.9%)
63	KOPROWICZ Katarzyna	209	THE RUNNERS ŚWIECIE	K40	5	00:39:10.80	00:39:16.85	+00:11:08 (28.4%)	5:13	11.5 (71.9%)
64	KWIATKOWSKI Łukasz	305	GENERON MORIW GRUDZIĄDZ	M30	19	00:39:14.45	00:39:20.40	+00:11:12 (28.5%)	5:14	11.5 (71.9%)
65	MITKOWSKA Natalia	312		K30	3	00:39:23.00	00:39:29.55	+00:11:21 (28.8%)	5:15	11.4 (71.3%)
66	JANOWICZ Honorata	195	OPALENICKI KLUB BIEGACZA	K20	6	00:39:29.50	00:39:36.10	+00:11:27 (28.9%)	5:16	11.4 (71.3%)
67	SZARMACH Kacper	250	BIEGAJ Z WSL	M20	17	00:39:41.55	00:39:50.60	+00:11:42 (29.4%)	5:17	11.3 (70.6%)
68	KWIATKOWSKI Radosław	306	GENERON MORIW GRUDZIĄDZ	M30	20	00:39:47.20	00:39:52.65	+00:11:44 (29.4%)	5:18	11.3 (70.6%)
69	BŁAŻEJAK Krzysztofa	172	RUN BYDGOSZCZ III	K30	4	00:39:48.50	00:39:54.85	+00:11:46 (29.5%)	5:18	11.3 (70.6%)
70	NOWAK Adam	263	RUN BYDGOSZCZ III	M40	9	00:40:01.60	00:40:10.35	+00:12:02 (30.0%)	5:20	11.2 (70.0%)
71	RYBARCZYK Dominika	244	DECATHLON TEAM FORDON	K20	7	00:40:10.50	00:40:17.05	+00:12:08 (30.2%)	5:21	11.2 (70.0%)
72	STYKAŁA Adrianna	248		K20	8	00:40:26.55	00:40:33.40	+00:12:25 (30.6%)	5:23	11.1 (69.4%)
73	SIUDA Rafał	186	RUN BYDGOSZCZ IV	M40	10	00:39:42.20	00:40:46.30	+00:12:38 (31.0%)	5:17	11.3 (70.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
74	CHILIŃSKA Eryk	309	SEBA-SPORT PISZ	M20	18	00:40:56.55	00:41:13.00	+00:13:04 (31.7%)	5:27	11 (68.8%)
75	LEŚNIEWICZ Danuta	307	MINIONS SPEED TEAM	K30	5	00:41:13.25	00:41:18.40	+00:13:10 (31.9%)	5:29	10.9 (68.1%)
76	WOJTYSICH Szymon	277	BYDGOSKIE OKONIE	M20	19	00:41:34.20	00:41:42.05	+00:13:33 (32.5%)	5:32	10.8 (67.5%)
77	JEŻEWSKA Edyta	199		K20	9	00:41:34.95	00:41:43.90	+00:13:35 (32.6%)	5:32	10.8 (67.5%)
78	CHILIŃSKA Agnieszka	223	KS SEBA-SPORT PISZ	K40	6	00:41:47.60	00:41:58.70	+00:13:50 (33.0%)	5:34	10.8 (67.5%)
79	MOSKAL Marta	232		K20	10	00:41:59.95	00:42:09.90	+00:14:01 (33.3%)	5:36	10.7 (66.9%)
80	KUŁAKOWSKA Anna	214	ANDRO	K30	6	00:42:06.95	00:42:12.30	+00:14:04 (33.3%)	5:36	10.7 (66.9%)
81	ETTINGER Justyna	184	RUN BYDGOSZCZ IV	K30	7	00:42:02.25	00:42:12.50	+00:14:04 (33.3%)	5:36	10.7 (66.9%)
82	CIESIÓŁKA Angelika	178	RUN BYDGOSZCZ IV	K30	8	00:43:02.50	00:43:13.15	+00:15:04 (34.9%)	5:44	10.5 (65.6%)
83	SZUMLAS Marcin	254	#SZUMITEAM	M30	21	00:43:13.40	00:43:20.70	+00:15:12 (35.1%)	5:45	10.4 (65.0%)
84	ZDROJKOWSKA Joanna	270	RUN BYDGOSZCZ IV	K50	1	00:43:17.75	00:43:24.85	+00:15:16 (35.2%)	5:46	10.4 (65.0%)
85	MALATYŃSKA Barbara	225		K40	7	00:43:25.50	00:43:35.45	+00:15:27 (35.5%)	5:47	10.4 (65.0%)
86	DOBEK Rafal	180		M30	22	00:43:36.95	00:43:46.20	+00:15:37 (35.7%)	5:48	10.3 (64.4%)
87	WASILEWSKA Martyna	261		K30	9	00:43:44.45	00:43:54.50	+00:15:46 (35.9%)	5:49	10.3 (64.4%)
88	LUBIEJEWSKA Wioletta	219		K40	8	00:43:50.50	00:43:56.25	+00:15:48 (36.0%)	5:50	10.3 (64.4%)
89	TELEJKO Zbigniew	257	ROLL&RUN TEAM	M40	11	00:43:55.00	00:44:00.25	+00:15:52 (36.1%)	5:51	10.2 (63.8%)
90	WASILEWSKA Agata	262		K30	10	00:43:51.45	00:44:01.75	+00:15:53 (36.1%)	5:50	10.3 (64.4%)
91	BRÓŹDZIAK Katarzyna	176		K40	9	00:44:01.50	00:44:07.05	+00:15:58 (36.2%)	5:52	10.2 (63.8%)
92	GADOMSKA Maria	187	RUN BYDGOSZCZ V	K60+	1	00:44:03.35	00:44:10.95	+00:16:02 (36.3%)	5:52	10.2 (63.8%)
93	LIZUT Krzysztof	308	TR STARBLADE	M50	5	00:44:12.10	00:44:14.30	+00:16:06 (36.4%)	5:53	10.2 (63.8%)
94	MATUSZEWSKA Monika	230		K30	11	00:44:16.65	00:44:26.00	+00:16:17 (36.7%)	5:54	10.2 (63.8%)
95	MATUSZEWSKI Tomasz	231		M30	23	00:44:16.75	00:44:26.20	+00:16:17 (36.7%)	5:54	10.2 (63.8%)
96	OŻGA Agnieszka	238		K20	11	00:44:28.95	00:44:39.55	+00:16:31 (37.0%)	5:55	10.1 (63.1%)
97	KOSCIOWSKA Agnieszka	303		K30	12	00:44:39.20	00:44:43.35	+00:16:35 (37.1%)	5:57	10.1 (63.1%)
98	HOŁDA Jerzy	192		M60+	6	00:45:10.80	00:45:21.25	+00:17:13 (38.0%)	6:01	10 (62.5%)
99	PROKOPOWICZ Agnieszka	241		K30	13	00:45:16.70	00:45:25.30	+00:17:17 (38.1%)	6:02	9.9 (61.9%)
100	KONOPIŃSKA Agnieszka	208	RUN BYDGOSZCZ V	K30	14	00:45:20.15	00:45:28.30	+00:17:20 (38.1%)	6:02	9.9 (61.9%)
101	PIETRASZAK Tomasz	239	RUN BYDGOSZCZ V	M40	12	00:45:24.80	00:45:33.65	+00:17:25 (38.2%)	6:03	9.9 (61.9%)
102	ZAGOR Agnieszka	268		K40	10	00:45:44.65	00:45:54.00	+00:17:45 (38.7%)	6:06	9.8 (61.3%)
103	KOWALSKA Karolina	210	DECATHLON TEAM FORDON	K20	12	00:46:08.95	00:46:15.50	+00:18:07 (39.2%)	6:09	9.8 (61.3%)
104	JARZĄB Joanna	197		K30	15	00:47:02.80	00:47:07.25	+00:18:59 (40.3%)	6:16	9.6 (60.0%)
105	OCHMAŃSKI Radosław	235		M40	13	00:47:43.30	00:47:55.65	+00:19:47 (41.3%)	6:21	9.4 (58.8%)
106	LORKOWSKA Beata	218	RUN BYDGOSZCZ V	K40	11	00:47:58.75	00:48:05.05	+00:19:56 (41.5%)	6:23	9.4 (58.8%)
107	RANISZEWSKI Mikołaj	276		M20	20	00:48:25.35	00:48:32.35	+00:20:24 (42.0%)	6:27	9.3 (58.1%)
108	CIESIELSKA Oktawia	177	ROLL&RUN TEAM	K20	13	00:49:02.65	00:49:10.05	+00:21:01 (42.8%)	6:32	9.2 (57.5%)
109	ŁEPEK Małgorzata	221		K30	16	00:49:15.90	00:49:20.65	+00:21:12 (43.0%)	6:34	9.1 (56.9%)
110	MADEJ Paula	224		K20	14	00:49:30.65	00:49:38.10	+00:21:29 (43.3%)	6:36	9.1 (56.9%)
111	KACZMAREK Anna	202		K30	17	00:49:36.80	00:49:51.95	+00:21:43 (43.6%)	6:36	9.1 (56.9%)
112	WARACZEWSKI Paweł	260		M30	24	00:49:38.85	00:49:52.45	+00:21:44 (43.6%)	6:37	9.1 (56.9%)
113	SZUMLAS Anna	253	#SZUMITEAM	K30	18	00:53:18.00	00:53:18.00	+00:25:09 (47.2%)	7:06	8.4 (52.5%)
114	MALCZEWSKA Mirka	226	SPORT FAKTORY	K60+	2	00:54:17.90	00:54:29.80	+00:26:21 (48.4%)	7:14	8.3 (51.9%)
115	JAROCKA Halina	196		K20	15	01:01:38.80	01:01:48.25	+00:33:40 (54.5%)	8:13	7.3 (45.6%)
116	MAŁAWA Kasia	227	BENEFITKSO	K20	16	01:02:36.75	01:02:49.85	+00:34:41 (55.2%)	8:20	7.2 (45.0%)
	KONIAIEV Volodymyr	207	RUN BYDGOSZCZ V	M30		DNF	DNF	-	-	-(0.0%)

Znaleziono 117 wynik(ów)