



ROLL & RUN :: BIEG GŁÓWNY

B4SPORT

Wydarzenie: Roll & Run Stolno 2018
Organizator: Stowarzyszenie Podejmij Wyzwanie
Data: 2018-04-14
Miejsce: Stolno
Dystans: 7,5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	KOTŁOWSKI Bartosz	312	KOTŁOWSKI RUN TEAM	M20	1	00:25:39.80	00:25:42.55		3:25	17.5 (100%)
2	LUTOWSKI Wojciech	255	TKKF KOLEJARZ BYDGOSZCZ	M30	1	00:28:15.25	00:28:17.85	+00:02:35 (9.1%)	3:46	15.9 (90.9%)
3	KANIEWSKI Błażej	295	KB CZARNE WILKI	M30	2	00:29:30.15	00:29:33.15	+00:03:50 (13.0%)	3:56	15.3 (87.4%)
4	KWIATKOWSKI Daniel	311	KOTŁOWSKI RUN TEAM	M20	2	00:30:33.95	00:30:37.65	+00:04:55 (16.1%)	4:04	14.7 (84.0%)
5	RYMER Jakub	310	KOTŁOWSKI RUN TEAM	M30	3	00:31:17.55	00:31:20.95	+00:05:38 (18.0%)	4:10	14.4 (82.3%)
6	MUSS Aleksander	323	ACE OF SPADES	M40	1	00:31:36.00	00:31:40.30	+00:05:57 (18.8%)	4:12	14.2 (81.1%)
7	JEŻEWSKI Łukasz	304		M30	4	00:32:01.25	00:32:04.60	+00:06:22 (19.9%)	4:16	14.1 (80.6%)
8	BUKOWSKI Maciej	214	SPORT4LIFE INOWROCLAW	M30	5	00:32:49.10	00:32:53.55	+00:07:11 (21.8%)	4:22	13.7 (78.3%)
9	FLEJSZER Łukasz	221	U.K.S. ZWOLEŃ-TEAM	M30	6	00:32:52.00	00:32:55.00	+00:07:12 (21.9%)	4:22	13.7 (78.3%)
10	WINIARSKI Grzegorz	273	THE RUNNERS ŚWIECIE	M30	7	00:33:18.15	00:33:21.40	+00:07:38 (22.9%)	4:26	13.5 (77.1%)
11	IWICKI Paweł	328	KLINIKA TRIATHLONU	M20	3	00:33:23.20	00:33:26.45	+00:07:43 (23.1%)	4:27	13.5 (77.1%)
12	GRZENKOWITZ Dariusz	303		M40	2	00:33:25.45	00:33:31.00	+00:07:48 (23.3%)	4:27	13.5 (77.1%)
13	ŻAK Emil	238	AMAZING LIFE SPORT AND TRAVEL	M20	4	00:33:29.45	00:33:33.30	+00:07:50 (23.4%)	4:28	13.4 (76.6%)
14	KARAŚ Tomasz	215	LEGIA WARSZAWA MASTERS	M30	8	00:33:27.75	00:33:34.65	+00:07:52 (23.4%)	4:27	13.4 (76.6%)
15	STRĘCIWILK Tomasz	292	BWM	M30	9	00:33:43.20	00:33:47.65	+00:08:05 (23.9%)	4:29	13.3 (76.0%)
16	WILKIEWICZ Radek	269	CITY PARKING GROUP	M40	3	00:33:48.10	00:33:53.95	+00:08:11 (24.2%)	4:30	13.3 (76.0%)
17	GRZYWIŃSKI Grzegorz	298	RUN BYDOSZCZ	M40	4	00:33:54.45	00:34:03.50	+00:08:20 (24.5%)	4:31	13.3 (76.0%)
18	TALMA Łukasz	314	DRUŻYNA SZPIKU	M20	5	00:34:00.75	00:34:05.50	+00:08:22 (24.6%)	4:32	13.2 (75.4%)
19	HOŁDA Paweł	309	VOLCANO	M30	10	00:34:06.25	00:34:06.25	+00:08:23 (24.6%)	4:32	13.2 (75.4%)
20	KADOW Ryszard	324	TRISPACE	M40	5	00:34:05.30	00:34:10.40	+00:08:27 (24.8%)	4:32	13.2 (75.4%)
21	NAGOW Michał	256	DRUŻYNA PIERŚCIENIA	M40	6	00:34:12.60	00:34:17.85	+00:08:35 (25.0%)	4:33	13.2 (75.4%)
22	CIBOROWSKI Sebastian	229	SEBA SPORT PISZ	M40	7	00:34:17.50	00:34:21.15	+00:08:38 (25.2%)	4:34	13.1 (74.9%)
23	SZARMACH Stanisław	320	THE RUNNERS ŚWIECIE	M60+	1	00:35:05.15	00:35:09.45	+00:09:26 (26.9%)	4:40	12.8 (73.1%)
24	NIEDBALSKI Grzegorz	277	RUN BYDGOSZCZ	M60+	2	00:35:05.95	00:35:11.60	+00:09:29 (26.9%)	4:40	12.8 (73.1%)
25	ZIÓŁKOWSKI Julian	235		M50	1	00:35:12.55	00:35:16.10	+00:09:33 (27.1%)	4:41	12.8 (73.1%)
26	BONAS Maciej	289	KRISMEDIA	M20	6	00:35:18.55	00:35:21.45	+00:09:38 (27.3%)	4:42	12.7 (72.6%)
27	CZAJKOWSKA Sylwia	291	FOTOJOKER	K40	1	00:35:27.10	00:35:30.40	+00:09:47 (27.6%)	4:43	12.7 (72.6%)
28	DULSKI Tadeusz	257	DULSKI TEAM	M40	8	00:35:37.80	00:35:43.15	+00:10:00 (28.0%)	4:45	12.6 (72.0%)
29	SOCZOMSKI Mirosław	213	EDI TEAM ZGORZELEC	M50	2	00:35:54.90	00:36:00.15	+00:10:17 (28.6%)	4:47	12.5 (71.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 7.5km	brutto 7.5km			
30	RUDOL Sebastiana	326		M40	9	00:36:30.75	00:36:34.35	+00:10:51 (29.7%)	4:52	12.3 (70.3%)
31	BLACHOWSKI Waldemar	317	BLASZKI TEAM	M30	11	00:36:40.95	00:36:45.90	+00:11:03 (30.1%)	4:53	12.3 (70.3%)
32	CIBOROWSKA Aneta	228	SEBA SPORT PISZ	K40	2	00:36:43.90	00:36:46.80	+00:11:04 (30.1%)	4:53	12.3 (70.3%)
33	WAWRZYNIAK Michał	227		M20	7	00:36:44.00	00:36:48.45	+00:11:05 (30.2%)	4:53	12.3 (70.3%)
34	PARASZKA Łukasz	220		M30	12	00:36:43.25	00:36:49.85	+00:11:07 (30.2%)	4:53	12.3 (70.3%)
35	GORDON Roman	281	RUN BYDGOSZCZ	M60+	3	00:36:47.65	00:36:56.50	+00:11:13 (30.4%)	4:54	12.2 (69.7%)
36	LASKOWSKI Dariusz	254	BRAK	M40	10	00:37:04.30	00:37:11.95	+00:11:29 (30.9%)	4:56	12.1 (69.1%)
37	MITKOWSKA Natalia	231		K30	1	00:37:11.00	00:37:14.00	+00:11:31 (31.0%)	4:57	12.1 (69.1%)
38	WAWRZYNIAK Dawid	316	DRUŻYNA PIERŚCIENIA	M30	13	00:37:19.25	00:37:27.85	+00:11:45 (31.4%)	4:58	12.1 (69.1%)
39	ZIOBRO Marek	322		M30	14	00:37:24.15	00:37:30.75	+00:11:48 (31.5%)	4:59	12 (68.6%)
40	STYKAŁA Magdalena	294		K40	3	00:37:30.25	00:37:37.35	+00:11:54 (31.7%)	5:00	12 (68.6%)
41	SZARMACH Kacper	321	THE RUNNERS ŚWIECIE	M20	8	00:38:20.90	00:38:25.85	+00:12:43 (33.1%)	5:06	11.7 (66.9%)
42	SOBCZAK Krzysztof	260	K SKIERA CLUB	M30	15	00:38:23.85	00:38:33.00	+00:12:50 (33.3%)	5:07	11.7 (66.9%)
43	MACHOWSKI Michał	222	ROLLSCHOOL WARSZAWA	M20	9	00:38:37.40	00:38:42.95	+00:13:00 (33.6%)	5:08	11.7 (66.9%)
44	PYTYŃSKA Izabela	261	GRUDZIĄDZKA FIT MAMA	K30	2	00:38:42.60	00:38:47.05	+00:13:04 (33.7%)	5:09	11.6 (66.3%)
45	PYTYŃSKI Arkadiusz	262	GRUDZIĄDZKA FIT MAMA	M30	16	00:38:42.85	00:38:47.65	+00:13:05 (33.7%)	5:09	11.6 (66.3%)
46	CHILIŃSKA Agnieszka	293	SEBA-SPORT PISZ	K40	4	00:39:15.85	00:39:20.95	+00:13:38 (34.7%)	5:14	11.5 (65.7%)
47	CHILIŃSKI Eryk	230	SEBA-SPORT PISZ	M20	10	00:39:21.00	00:39:24.00	+00:13:41 (34.7%)	5:14	11.4 (65.1%)
48	KUŻMA Anna	253	THE RUNNERS ŚWIECIE	K40	5	00:39:28.80	00:39:32.70	+00:13:50 (35.0%)	5:15	11.4 (65.1%)
49	LEŚNIEWICZ Danuta	218	MINIONSSPEEDTEAM	K30	3	00:39:35.05	00:39:42.35	+00:13:59 (35.3%)	5:16	11.4 (65.1%)
50	DUBIAŁ Rafał	226	ZICO RACING SPEED TEAM	M40	11	00:40:00.20	00:40:05.35	+00:14:22 (35.9%)	5:20	11.3 (64.6%)
51	OKOŃSKI Piort	287		M30	17	00:40:10.80	00:40:10.80	+00:14:28 (36.0%)	5:21	11.2 (64.0%)
52	PACZUSKI Jarosław	223	LEGIA WARSZAWA MASTERS	M50	3	00:40:14.00	00:40:17.00	+00:14:34 (36.2%)	5:21	11.2 (64.0%)
53	NIEMIAROWSKI Jarosław	212	BIEGIEM PO PIWO	M30	18	00:40:17.05	00:40:23.05	+00:14:40 (36.3%)	5:22	11.2 (64.0%)
54	CHARUBIN Sławomir	234	SEBASPORT PISZ	M50	4	00:40:32.05	00:40:35.75	+00:14:53 (36.7%)	5:24	11.1 (63.4%)
55	RUDOL Magdalena	325	RUN PASJA	K40	6	00:40:32.30	00:40:36.50	+00:14:53 (36.7%)	5:24	11.1 (63.4%)
56	SZNAJDER Seweryn	315	DRUŻYNA PIERŚCIENIA	M40	12	00:40:33.35	00:40:42.50	+00:14:59 (36.8%)	5:24	11.1 (63.4%)
57	KRÓWKA Rafał	290		M20	11	00:40:40.15	00:40:44.30	+00:15:01 (36.9%)	5:25	11.1 (63.4%)
58	WITEK Grzegorz	225		M50	5	00:41:20.40	00:41:26.80	+00:15:44 (38.0%)	5:30	10.9 (62.3%)
59	JEŻEWSKA Edyta	305		K20	1	00:41:36.65	00:41:40.80	+00:15:58 (38.3%)	5:32	10.8 (61.7%)
60	DZIEŻA Roma	279	RUN BYDGOSZCZ	K40	7	00:41:47.70	00:41:55.95	+00:16:13 (38.7%)	5:34	10.8 (61.7%)
61	ZIÓŁKOWSKA Katarzyna	329		K20	2	00:41:58.40	00:41:58.40	+00:16:15 (38.7%)	5:35	10.7 (61.1%)
62	WOJCIECHOWSKI Grzegorz	263	ATOS BYDGOSZCZ	M20	12	00:41:54.50	00:42:02.10	+00:16:19 (38.8%)	5:35	10.7 (61.1%)
63	MARKOWSKA Anna	258		K30	4	00:42:03.15	00:42:09.20	+00:16:26 (39.0%)	5:36	10.7 (61.1%)
64	KOSCIOWSKA Agnieszka	237		K30	5	00:42:44.95	00:42:50.65	+00:17:08 (40.0%)	5:42	10.5 (60.0%)
65	GOŁATA Ewa	297	BYŁ INOWROCŁAW	K50	1	00:42:55.00	00:43:01.90	+00:17:19 (40.3%)	5:43	10.5 (60.0%)
66	DOBEC Rafal	275		M30	19	00:43:02.55	00:43:11.00	+00:17:28 (40.5%)	5:44	10.5 (60.0%)
67	ŁABINOWICZ Szymon	233	TWISTER	M20	13	00:43:19.00	00:43:22.00	+00:17:39 (40.7%)	5:46	10.4 (59.4%)
68	CHRZANOWSKA Cecylia	296	AKTYWNE LISEWO	K50	2	00:43:27.35	00:43:31.05	+00:17:48 (40.9%)	5:47	10.4 (59.4%)
69	RICHERT Teresa	288		K30	6	00:43:48.30	00:43:55.60	+00:18:13 (41.5%)	5:50	10.3 (58.9%)
70	STASZOK Katarzyna	217	ROLL4LIFE	K30	7	00:44:32.00	00:44:36.45	+00:18:53 (42.4%)	5:56	10.1 (57.7%)
71	MAGDOWSKA Agnieszka	265		K30	8	00:44:47.60	00:44:53.25	+00:19:10 (42.7%)	5:58	10 (57.1%)
72	BRĄGIEL Jakub	299	VEGE RUNNERS	M30	20	00:45:30.30	00:45:40.70	+00:19:58 (43.7%)	6:04	9.9 (56.6%)
73	MIŁKOWSKA Monika	278	RUN BYDGOSZCZ	K40	8	00:46:18.05	00:46:26.50	+00:20:43 (44.6%)	6:10	9.7 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
74	MORCZYŃSKA Katarzyna	251	GRUDZIĄDZKA FIT MAMA	K20	3	00:46:30.05	00:46:36.95	+00:20:54 (44.8%)	6:12	9.7 (55.4%)
75	BRĄGIEL Anna	300	VEGE RUNNERS	K30	9	00:46:29.10	00:46:39.65	+00:20:57 (44.9%)	6:11	9.7 (55.4%)
76	PARTYKA Natalia	232	ZICO RACING SPEED TEAM	K30	10	00:47:07.20	00:47:15.40	+00:21:32 (45.6%)	6:16	9.6 (54.9%)
77	PARTYKA Łukasz	330		M30	21	00:47:08.15	00:47:16.90	+00:21:34 (45.6%)	6:17	9.5 (54.3%)
78	ANZEL Dorota	270	SP MOKRE	K40	9	00:47:34.75	00:47:40.30	+00:21:57 (46.1%)	6:20	9.5 (54.3%)
79	ZDROJEWSKA (SAWICKA) Sylwia	308		K30	11	00:47:56.50	00:48:03.70	+00:22:21 (46.5%)	6:23	9.4 (53.7%)
80	MARKOWSKI Łukasz	259	RUN 4 FUN	M30	22	00:49:21.70	00:49:27.80	+00:23:45 (48.0%)	6:34	9.1 (52.0%)
81	LIZUT Krzysztof	211	TR STARBLADE	M50	6	00:51:27.70	00:51:33.70	+00:25:51 (50.1%)	6:51	8.7 (49.7%)
82	RODZIŃSKA Anita	266		K50	3	00:52:37.10	00:52:43.70	+00:27:01 (51.2%)	7:00	8.6 (49.1%)
83	LORKOWSKA Beata	313	RUN BYDGOSZCZ	K40	10	00:53:11.55	00:53:19.75	+00:27:37 (51.8%)	7:05	8.5 (48.6%)
84	MOSKAL Marta	283		K20	4	00:53:57.90	00:54:08.05	+00:28:25 (52.5%)	7:11	8.3 (47.4%)
85	NIEMCZYK Ula	252	KRISMEDIA TEAM	K30	12	00:54:00.75	00:54:08.55	+00:28:26 (52.5%)	7:12	8.3 (47.4%)

Znaleziono 85 wynik(ów)