



# ROLL & RUN :: BIEG GŁÓWNY

B4SPORT

**Wydarzenie:** Roll & Run Bydgoszcz 2017  
**Organizator:** Stowarzyszenie Podejmij Wyzwanie  
**Data:** 2017-09-02  
**Miejsce:** Bydgoszcz  
**Dystans:** 8 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 3.4km	Finish_All 3.6km	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
1	<b>SZENK Marta</b>	<b>432</b>		K30	1	00:11:38	00:12:30	<b>00:24:17.35</b>	<b>00:24:19.60</b>		3:28	17.3 (100%)
2	<b>WOŹNIAKOWSKA Agata</b>	<b>298</b>	RUN BYDGOSZCZ	K30	2	00:12:49	00:13:44	<b>00:26:39.00</b>	<b>00:26:42.35</b>	+00:02:22 (8.9%)	3:48	15.8 (91.3%)
3	<b>MITKOWSKA Natalia</b>	<b>218</b>		K30	3	00:14:12	00:15:17	<b>00:29:58.15</b>	<b>00:30:01.95</b>	+00:05:42 (19.0%)	4:16	14 (80.9%)
4	<b>TATULIŃSKA Aleksandra</b>	<b>431</b>	RUN BYDGOSZCZ 2	K30	4	00:14:25	00:15:30	<b>00:30:01.85</b>	<b>00:30:05.05</b>	+00:05:45 (19.1%)	4:17	14 (80.9%)
5	<b>LEŚNIEWICZ Danuta</b>	<b>211</b>	MINIONSSPEEDTEAM	K30	5	00:15:09	00:16:17	<b>00:31:43.80</b>	<b>00:31:48.35</b>	+00:07:28 (23.5%)	4:32	13.2 (76.3%)
6	<b>ETTINGER Justyna</b>	<b>260</b>	RUN BYDGOSZCZ 2	K30	6	00:15:37	00:16:45	<b>00:32:32.40</b>	<b>00:32:37.85</b>	+00:08:18 (25.4%)	4:38	12.9 (74.6%)
7	<b>BEDNAREK Marta</b>	<b>397</b>	CZARNE STOPY.SM	K30	7	00:15:41	00:16:51	<b>00:32:56.80</b>	<b>00:33:02.75</b>	+00:08:43 (26.4%)	4:42	12.7 (73.4%)
8	<b>BŁAŻEJAK Krzysztofa`</b>	<b>430</b>	RUN BYDGOSZCZ 3	K30	8	00:15:49	00:16:55	<b>00:32:48.55</b>	<b>00:33:03.05</b>	+00:08:43 (26.4%)	4:41	12.8 (74.0%)
9	<b>KOSCIOWSKA Agnieszka</b>	<b>202</b>	ZICO RACING SPEED TEAM	K30	9	00:15:45	00:16:59	<b>00:33:28.20</b>	<b>00:33:31.55</b>	+00:09:11 (27.4%)	4:46	12.5 (72.3%)
10	<b>CZYŻEWSKA Anna</b>	<b>272</b>		K30	10	00:16:14	00:17:26	<b>00:34:11.40</b>	<b>00:34:15.05</b>	+00:09:55 (29.0%)	4:53	12.3 (71.1%)
11	<b>POTRZEBOWSKA Agata</b>	<b>255</b>	DEAF	K30	11	00:17:04	00:18:17	<b>00:34:42.05</b>	<b>00:34:51.50</b>	+00:10:31 (30.2%)	4:57	12.1 (69.9%)
12	<b>BOROWIAK Dominika</b>	<b>434</b>		K30	12	00:17:21	00:18:27	<b>00:35:14.80</b>	<b>00:35:25.05</b>	+00:11:05 (31.3%)	5:02	11.9 (68.8%)
13	<b>SIEWERT Hanna</b>	<b>380</b>		K30	13	00:16:53	00:18:07	<b>00:35:19.90</b>	<b>00:35:35.10</b>	+00:11:15 (31.6%)	5:02	11.9 (68.8%)
14	<b>PIŃSKA Sylwia</b>	<b>274</b>	INOWROCŁAW BIEGA	K30	14	00:17:21	00:18:36	<b>00:35:44.45</b>	<b>00:35:57.80</b>	+00:11:38 (32.4%)	5:06	11.8 (68.2%)
15	<b>JELEŃ Agnieszka</b>	<b>292</b>	VEGE RUNNERS	K30	15	00:16:50	00:18:06	<b>00:35:55.85</b>	<b>00:36:07.20</b>	+00:11:47 (32.7%)	5:08	11.7 (67.6%)
16	<b>BIERNACKA Anna</b>	<b>265</b>		K30	16	00:16:49	00:18:06	<b>00:36:26.60</b>	<b>00:36:30.15</b>	+00:12:10 (33.4%)	5:12	11.5 (66.5%)
17	<b>GIŻA Wioletta</b>	<b>361</b>	POLONIA BYDGOSZCZ SLA	K30	17	00:17:34	00:18:52	<b>00:36:45.70</b>	<b>00:36:55.95</b>	+00:12:36 (34.1%)	5:15	11.4 (65.9%)
18	<b>RICHERT Teresa</b>	<b>245</b>	STOLNO TEAM	K30	18	00:17:57	00:19:13	<b>00:36:48.05</b>	<b>00:37:00.10</b>	+00:12:40 (34.3%)	5:15	11.4 (65.9%)
19	<b>MATUSZEWSKA Monika</b>	<b>251</b>		K30	19	00:17:22	00:18:40	<b>00:36:49.00</b>	<b>00:37:01.70</b>	+00:12:42 (34.3%)	5:15	11.4 (65.9%)
20	<b>BIERNAT Magdalena</b>	<b>295</b>	SPORT4LIFE	K30	20	00:18:08	00:19:24	<b>00:36:55.50</b>	<b>00:37:03.95</b>	+00:12:44 (34.4%)	5:16	11.4 (65.9%)
21	<b>ZAORSKA Marta</b>	<b>402</b>		K30	21	00:18:04	00:19:38	<b>00:37:03.35</b>	<b>00:37:13.55</b>	+00:12:53 (34.7%)	5:17	11.3 (65.3%)
22	<b>ARNISTA Julia</b>	<b>433</b>		K30	22	00:17:05	00:18:26	<b>00:37:34.70</b>	<b>00:37:41.05</b>	+00:13:21 (35.4%)	5:22	11.2 (64.7%)
23	<b>ZALECH Barbara</b>	<b>273</b>		K30	23	00:17:52	00:19:13	<b>00:38:04.20</b>	<b>00:38:15.35</b>	+00:13:55 (36.4%)	5:26	11 (63.6%)
24	<b>KISIELEWSKA Aleksandra</b>	<b>405</b>		K30	24	00:18:04	00:19:38	<b>00:38:30.55</b>	<b>00:38:41.15</b>	+00:14:21 (37.1%)	5:30	10.9 (63.0%)
25	<b>JAWORSKA Monika</b>	<b>303</b>	BIEGAJĄCE CIACHA	K30	25	00:18:24	00:19:48	<b>00:39:00.90</b>	<b>00:39:08.55</b>	+00:14:48 (37.9%)	5:34	10.8 (62.4%)
26	<b>MIŁKOWSKA Monika</b>	<b>264</b>	MONIA BAND	K30	26	00:19:02	00:20:22	<b>00:39:00.10</b>	<b>00:39:12.45</b>	+00:14:52 (38.0%)	5:34	10.8 (62.4%)
27	<b>TOKARSKA Alicja</b>	<b>336</b>	VEGE RUNNERS	K30	27	00:18:55	00:20:15	<b>00:39:05.25</b>	<b>00:39:15.85</b>	+00:14:56 (38.0%)	5:35	10.7 (61.8%)
28	<b>SOBCZAK Anna</b>	<b>399</b>	CZARNE STOPY.SM	K30	28	00:19:19	00:20:42	<b>00:39:31.20</b>	<b>00:39:43.45</b>	+00:15:23 (38.8%)	5:38	10.6 (61.3%)
29	<b>PIÓRKOWSKA Aga</b>	<b>356</b>		K30	29	00:18:05	00:19:23	<b>00:39:34.95</b>	<b>00:39:45.90</b>	+00:15:26 (38.8%)	5:39	10.6 (61.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 3.4km	Finish_All 3.6km	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
30	<b>WESOŁOWSKA Aleksandra</b>	<b>237</b>		K30	30	00:19:15	00:20:40	<b>00:40:04.55</b>	<b>00:40:19.40</b>	+00:15:59 (39.7%)	5:43	10.5 (60.7%)
31	<b>MIKOŁAJCZAK Aleksandra</b>	<b>331</b>	SOLECCY BIEGACZE	K30	31	00:19:11	00:20:44	<b>00:41:42.75</b>	<b>00:41:51.75</b>	+00:17:32 (41.9%)	5:57	10.1 (58.4%)
32	<b>ROSOŁOWICZ Kamila</b>	<b>238</b>		K30	32	00:19:42	00:21:13	<b>00:42:56.30</b>	<b>00:43:11.60</b>	+00:18:52 (43.7%)	6:08	9.8 (56.6%)
33	<b>BŁASZKIEWICZ Marzena</b>	<b>323</b>		K30	33	00:19:53	00:21:33	<b>00:43:57.30</b>	<b>00:44:05.45</b>	+00:19:45 (44.8%)	6:16	9.6 (55.5%)
34	<b>ZIELIŃSKA Justyna</b>	<b>329</b>	SOLECCY BIEGACZE	K30	34	00:20:16	00:22:00	<b>00:48:46.75</b>	<b>00:48:46.75</b>	+00:24:27 (50.1%)	6:58	8.6 (49.7%)
	<b>ROMMEL Małgorzata</b>	<b>413</b>	OBI TEAM	K30		00:22:07 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 35 wynik(ów)