



ROLL & RUN :: BIEG GŁÓWNY

B4SPORT

Wydarzenie: Roll & Run Bydgoszcz 2017
Organizator: Stowarzyszenie Podejmij Wyzwanie
Data: 2017-09-02
Miejsce: Bydgoszcz
Dystans: 8 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 3.4km	Finish_All 3.6km	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
1	BEDNARCZYK Adrian	385	1 POMORSKA BRYGADA LOGISTYCZNA	M30	1	00:10:57	00:11:46	00:23:06.40	00:23:08.45		3:18	18.2 (100%)
2	MOTOCZYŃSKI Wojciech	400	TKKF KOLEJARZ BYDGOSZCZ	M30	2	00:11:01	00:11:52	00:23:32.60	00:23:34.25	+00:00:25 (1.8%)	3:21	17.8 (97.8%)
3	ŁAZ Kamil	297	RUN BYDGOSZCZ	M30	3	00:11:34	00:12:25	00:23:49.90	00:23:51.55	+00:00:43 (3.0%)	3:24	17.6 (96.7%)
4	ŻAL Robert	299	SPÓJNIA BIAŁE BŁOTA	M30	4	00:11:37	00:12:30	00:24:34.95	00:24:37.65	+00:01:29 (6.0%)	3:30	17.1 (94.0%)
5	MAĆKOWSKI Maciej	346	MYŚLĘCINEK BDG	M30	5	00:11:53	00:12:45	00:25:16.35	00:25:16.35	+00:02:07 (8.4%)	3:36	16.6 (91.2%)
6	ŁĄCZNY Jarosław	421	BYDGOSKIE OKONIE	M30	6	00:12:01	00:12:54	00:25:22.70	00:25:25.15	+00:02:16 (9.0%)	3:37	16.5 (90.7%)
7	ROMANOWSKI Michał	306		M30	7	00:12:27	00:13:22	00:25:45.95	00:25:49.95	+00:02:41 (10.4%)	3:40	16.3 (89.6%)
8	BUKOWSKI Maciej	214	SPORT4LIFE	M30	8	00:12:28	00:13:26	00:26:30.95	00:26:35.55	+00:03:27 (13.0%)	3:47	15.8 (86.8%)
9	JUCHACZ Michał	275	DZIKI Z BALCZEWA/ POMAGAM.PL/MAGDALENA	M30	9	00:12:53	00:13:53	00:27:47.90	00:27:50.90	+00:04:42 (16.9%)	3:58	15.1 (83.0%)
10	SZAJBE Michał	395	CZARNE STOPY.SM	M30	10	00:13:47	00:14:47	00:28:02.10	00:28:07.45	+00:04:59 (17.7%)	4:00	15 (82.4%)
11	KOSTAŃSKI Adam	213	BRODNICA BIEGA	M30	11	00:14:11	00:15:12	00:28:47.35	00:28:51.65	+00:05:43 (19.8%)	4:06	14.6 (80.2%)
12	PARASZKA Łukasz	207		M30	12	00:13:54	00:15:00	00:28:48.40	00:28:52.35	+00:05:43 (19.9%)	4:07	14.6 (80.2%)
13	SOBCZAK Marcin	394	CZARNE STOPY.SM	M30	13	00:13:59	00:15:00	00:28:54.35	00:28:58.75	+00:05:50 (20.1%)	4:07	14.5 (79.7%)
14	GABRYCH Maciej	392	CZARNE STOPY.SM	M30	14	00:14:08	00:15:11	00:29:38.65	00:29:43.75	+00:06:35 (22.2%)	4:14	14.2 (78.0%)
15	OKOŃSKI Jarosław	335		M30	15	00:14:23	00:15:27	00:29:48.35	00:29:53.55	+00:06:45 (22.6%)	4:15	14.1 (77.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 3.4km	Finish_All 3.6km	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
16	KACZMAREK Sebastian	438		M30	16	00:14:13	00:15:17	00:29:58.35	00:30:01.85	+00:06:53 (22.9%)	4:16	14 (76.9%)
17	MAJCHRZAK Dawid	314	ZOSIA TEAM	M30	17	00:14:14	00:15:16	00:29:59.85	00:30:07.65	+00:06:59 (23.2%)	4:17	14 (76.9%)
18	ŚWIATOWY Krystian	322	ŚLIMAKI BARCIN	M30	18	00:14:26	00:15:29	00:30:16.15	00:30:25.05	+00:07:16 (23.9%)	4:19	13.9 (76.4%)
19	KRÓL Rafał	446		M30	19	00:15:13	00:16:16	00:31:00.40	00:31:11.65	+00:08:03 (25.8%)	4:25	13.5 (74.2%)
20	WAWRZY尼亚K Dawid	347	RUN BYDGOSZCZ 2	M30	20	00:15:15	00:16:19	00:31:16.20	00:31:31.40	+00:08:22 (26.6%)	4:28	13.4 (73.6%)
21	SZEWCZYKOWSKI Grzegorz	232	BYDGOSKIE ŻÓŁWIE	M30	21	00:15:29	00:16:36	00:32:28.70	00:32:37.10	+00:09:28 (29.1%)	4:38	12.9 (70.9%)
22	GRUBCZYŃSKI Sławomir	371		M30	22	00:16:03	00:17:11	00:32:37.80	00:32:45.95	+00:09:37 (29.4%)	4:39	12.9 (70.9%)
23	CHRUPAŁA Rafał	326		M30	23	00:14:57	00:16:05	00:33:11.20	00:33:15.20	+00:10:06 (30.4%)	4:44	12.7 (69.8%)
24	JUSZCZAK Arur	448		M30	24	00:16:28	00:17:39	00:33:13.40	00:33:25.35	+00:10:16 (30.8%)	4:44	12.6 (69.2%)
25	STRYCZYŃSKI Marek	370	KLINIKA TRIATHLONU BYDGOSZCZ	M30	25	00:16:32	00:17:43	00:33:55.75	00:34:00.75	+00:10:52 (32.0%)	4:50	12.4 (68.1%)
26	GUŹDZIOŁ Jarek	425		M30	26	00:16:40	00:17:55	00:34:59.95	00:35:08.40	+00:11:59 (34.1%)	5:00	12 (65.9%)
27	KISIEL Krystian	233		M30	27	00:16:22	00:17:31	00:35:10.75	00:35:23.20	+00:12:14 (34.6%)	5:01	11.9 (65.4%)
28	WOSIK Radosław	449		M30	28	00:16:37	00:17:53	00:35:41.95	00:35:53.30	+00:12:44 (35.5%)	5:06	11.8 (64.8%)
29	RATAJ Krzysztof	360	POLONIA BYDGOSZCZ SLA	M30	29	00:16:48	00:18:05	00:35:59.75	00:36:09.45	+00:13:01 (36.0%)	5:08	11.7 (64.3%)
30	WOŁKIEWICZ Marcin	406		M30	30	00:16:50	00:18:11	00:36:31.60	00:36:40.05	+00:13:31 (36.9%)	5:13	11.5 (63.2%)
31	POTRZEBOWSKI Marek	256	TWIX83	M30	31	00:17:52	00:19:11	00:36:39.95	00:36:49.45	+00:13:41 (37.2%)	5:14	11.5 (63.2%)
32	JAWORSKI Tomasz	304	BIEGAJACE CIACHA	M30	32	00:18:25	00:19:48	00:39:00.85	00:39:08.75	+00:16:00 (40.9%)	5:34	10.8 (59.3%)
33	JANICKI Robert	257	RUN BYDGOSZCZ 3	M30	33	00:19:04	00:20:25	00:39:03.00	00:39:13.35	+00:16:04 (41.0%)	5:34	10.8 (59.3%)
34	BRZOZOWSKI Krzysztof	325	KLUBBEN TEAM	M30	34	00:19:43	00:21:05	00:39:29.60	00:39:43.00	+00:16:34 (41.7%)	5:38	10.6 (58.2%)
35	DANIELEK Adam	266	BIEGAM, ŻEBY SIĘ NIE SPOCIĆ!	M30	35	00:21:05	00:22:32	00:44:04.65	00:44:14.10	+00:21:05 (47.7%)	6:17	9.5 (52.2%)
36	JANZEN Dirk	373		M30	36	00:21:53	00:23:27	00:44:05.05	00:44:15.35	+00:21:06 (47.7%)	6:17	9.5 (52.2%)
	GURYN Wiktor	362	ZIELONY PELIKAN	M30		00:19:30 DNF	00:21:07 DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 37 wynik(ów)