



ROLL & RUN :: BIEG GŁÓWNY

B4SPORT

Wydarzenie: Roll & Run Stolno 2018
Organizator: Stowarzyszenie Podejmij Wyzwanie
Data: 2018-04-14
Miejsce: Stolno
Dystans: 7,5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	LUTOWSKI Wojciech	255	TKKF KOLEJARZ BYDGOSZCZ	M30	1	00:28:15.25	00:28:17.85		3:46	15.9 (100%)
2	KANIEWSKI Błażej	295	KB CZARNE WILKI	M30	2	00:29:30.15	00:29:33.15	+00:01:15 (4.2%)	3:56	15.3 (96.2%)
3	RYMER Jakub	310	KOTŁOWSKI RUN TEAM	M30	3	00:31:17.55	00:31:20.95	+00:03:03 (9.7%)	4:10	14.4 (90.6%)
4	JEŻEWSKI Łukasz	304		M30	4	00:32:01.25	00:32:04.60	+00:03:46 (11.8%)	4:16	14.1 (88.7%)
5	BUKOWSKI Maciej	214	SPORT4LIFE INOWROCŁAW	M30	5	00:32:49.10	00:32:53.55	+00:04:35 (14.0%)	4:22	13.7 (86.2%)
6	FLEJSZER Łukasz	221	U.K.S. ZWOLEŃ-TEAM	M30	6	00:32:52.00	00:32:55.00	+00:04:37 (14.0%)	4:22	13.7 (86.2%)
7	WINIARSKI Grzegorz	273	THE RUNNERS ŚWIECIE	M30	7	00:33:18.15	00:33:21.40	+00:05:03 (15.2%)	4:26	13.5 (84.9%)
8	KARAŚ Tomasz	215	LEGIA WARSZAWA MASTERS	M30	8	00:33:27.75	00:33:34.65	+00:05:16 (15.7%)	4:27	13.4 (84.3%)
9	STRĘCIWILK Tomasz	292	BWM	M30	9	00:33:43.20	00:33:47.65	+00:05:29 (16.3%)	4:29	13.3 (83.6%)
10	HOŁDA Paweł	309	VOLCANO	M30	10	00:34:06.25	00:34:06.25	+00:05:48 (17.0%)	4:32	13.2 (83.0%)
11	BLACHOWSKI Waldemar	317	BLASZKI TEAM	M30	11	00:36:40.95	00:36:45.90	+00:08:28 (23.0%)	4:53	12.3 (77.4%)
12	PARASZKA Łukasz	220		M30	12	00:36:43.25	00:36:49.85	+00:08:32 (23.2%)	4:53	12.3 (77.4%)
13	WAWRZYNIAK Dawid	316	DRUŻYNA PIERŚCIENIA	M30	13	00:37:19.25	00:37:27.85	+00:09:10 (24.5%)	4:58	12.1 (76.1%)
14	ZIOBRO Marek	322		M30	14	00:37:24.15	00:37:30.75	+00:09:12 (24.6%)	4:59	12 (75.5%)
15	SOBCZAK Krzysztof	260	K SKIERA CLUB	M30	15	00:38:23.85	00:38:33.00	+00:10:15 (26.6%)	5:07	11.7 (73.6%)
16	PYTYŃSKI Arkadiusz	262	GRUDZIĄDZKA FIT MAMA	M30	16	00:38:42.85	00:38:47.65	+00:10:29 (27.1%)	5:09	11.6 (73.0%)
17	OKOŃSKI Piort	287		M30	17	00:40:10.80	00:40:10.80	+00:11:52 (29.6%)	5:21	11.2 (70.4%)
18	NIEWIAROWSKI Jarosław	212	BIEGIEM PO PIWO	M30	18	00:40:17.05	00:40:23.05	+00:12:05 (29.9%)	5:22	11.2 (70.4%)
19	DOBEK Rafal	275		M30	19	00:43:02.55	00:43:11.00	+00:14:53 (34.5%)	5:44	10.5 (66.0%)
20	BRAĞIEL Jakub	299	VEGE RUNNERS	M30	20	00:45:30.30	00:45:40.70	+00:17:22 (38.1%)	6:04	9.9 (62.3%)
21	PARTYKA Łukasz	330		M30	21	00:47:08.15	00:47:16.90	+00:18:59 (40.2%)	6:17	9.5 (59.7%)
22	MARKOWSKI Łukasz	259	RUN 4 FUN	M30	22	00:49:21.70	00:49:27.80	+00:21:09 (42.8%)	6:34	9.1 (57.2%)

Znaleziono 22 wynik(ów)