



ROLL & RUN :: BIEG GŁÓWNY

B4SPORT

Wydarzenie: Roll & Run Stalno 2019
Organizator: KrisMedia Krzysztof Skiera
Data: 2019-04-06
Miejsce: Stalno
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	RONOWSKI Mateusz	353	MATKINRUN	M20	1	00:18:45.85	00:18:45.85		3:45	16 (100%)
2	TUCZYŃSKI Sylwester Leon	360	BYDGOSKIE OKONIE	M20	2	00:18:59.65	00:18:59.65	+00:00:13 (1.2%)	3:47	15.8 (98.8%)
3	ŁAZ Kamil	332	BYDGOSKIE OKONIE	M30	1	00:19:11.85	00:19:11.85	+00:00:26 (2.3%)	3:50	15.6 (97.5%)
4	KENSIK Rafał	84	RUN PASJA	M30	2	00:19:17.95	00:19:17.95	+00:00:32 (2.8%)	3:51	15.6 (97.5%)
5	DYJACH Robert	317	SCHUMACHER TEAM BYDGOSZCZ	M30	3	00:19:27.50	00:19:27.50	+00:00:41 (3.6%)	3:53	15.4 (96.3%)
6	RETECKI Krzysztof	350	BOGMAR / PRESTO	M40	1	00:19:47.85	00:19:47.85	+00:01:02 (5.2%)	3:57	15.2 (95.0%)
7	PRENDECKI Marcin	96	PRENDKI TRI	M40	2	00:19:56.20	00:19:56.20	+00:01:10 (5.9%)	3:59	15.1 (94.4%)
8	KARNECKI Rafał	323	THE RUNNERS ŚWIECIE	M30	4	00:20:05.70	00:20:05.70	+00:01:19 (6.6%)	4:01	14.9 (93.1%)
9	BĄCZKOWSKI Sławomir	301	V RUNNER	M30	5	00:20:20.10	00:20:20.10	+00:01:34 (7.7%)	4:04	14.8 (92.5%)
10	BUKOWSKI Maciej	1		M30	6	00:20:27.10	00:20:27.10	+00:01:41 (8.3%)	4:05	14.7 (91.9%)
11	DYJACH Piotr	316	SCHUMACHER TEAM BYDGOSZCZ	M20	3	00:20:30.35	00:20:30.35	+00:01:44 (8.5%)	4:06	14.6 (91.3%)
12	PRZYBYLSKI Bartek	99		M30	7	00:20:33.65	00:20:33.65	+00:01:47 (8.7%)	4:06	14.6 (91.3%)
13	HOŁDA Paweł	321		M30	8	00:20:55.00	00:20:55.00	+00:02:09 (10.3%)	4:11	14.3 (89.4%)
14	NĘDZA Łukasz	368		M20	4	00:21:02.00	00:21:02.00	+00:02:16 (10.8%)	4:12	14.3 (89.4%)
15	KĄŁEK Artur	82	KLINIKA TRIATHLONU BYDGOSZCZ	M40	3	00:21:03.60	00:21:03.60	+00:02:17 (10.9%)	4:12	14.3 (89.4%)
16	PRENDECKI Rafał	97	PRENDKI TRI	M30	9	00:21:05.40	00:21:05.40	+00:02:19 (11.0%)	4:13	14.2 (88.8%)
17	KUC Bartosz	329	SCHUMACHER TEAM BYDGOSZCZ	M30	10	00:21:15.75	00:21:15.75	+00:02:29 (11.7%)	4:15	14.1 (88.1%)
18	CANO Luis	71	REFUGEE TEAM	M40	4	00:21:35.50	00:21:35.50	+00:02:49 (13.1%)	4:19	13.9 (86.9%)
19	PRZEWŁOCKI Jakub	98	KLINIKA TRIATHLONU BYDGOSZCZ	M30	11	00:21:37.90	00:21:37.90	+00:02:52 (13.3%)	4:19	13.9 (86.9%)
20	MALICKI Łukasz	88	KLINIKA TRIATHLONU BYDGOSZCZ	M30	12	00:21:42.65	00:21:42.65	+00:02:56 (13.6%)	4:20	13.8 (86.3%)
21	KRZEŚNIAK Wojciech	328		M30	13	00:21:57.90	00:21:57.90	+00:03:12 (14.6%)	4:23	13.7 (85.6%)
22	CIBOROWSKI Sebastian	4	SENASPORT PISZ	M40	5	00:22:10.40	00:22:10.40	+00:03:24 (15.4%)	4:26	13.5 (84.4%)
23	DULSKI Tadeusz	315	SP 8 GRUDZIĄDZ	M50	1	00:22:20.30	00:22:20.30	+00:03:34 (16.0%)	4:28	13.4 (83.8%)
24	FLEJSZER Łukasz	6	U.K.S. ZWOLEŃ-TEAM	M30	14	00:22:23.25	00:22:23.25	+00:03:37 (16.2%)	4:28	13.4 (83.8%)
25	WERNER Michał	108	ŁABISZYN RUNNERS	M20	5	00:22:24.25	00:22:24.25	+00:03:38 (16.2%)	4:28	13.4 (83.8%)
26	KACZYŃSKI Rafał	110	CHOŁE KŁÓLIKI	M30	15	00:22:27.30	00:22:27.30	+00:03:41 (16.4%)	4:29	13.4 (83.8%)
27	NOWICKI Leszek	12		M50	2	00:22:30.50	00:22:30.50	+00:03:44 (16.6%)	4:30	13.3 (83.1%)
28	PIEKARSKI Paweł	94		M20	6	00:22:44.10	00:22:44.10	+00:03:58 (17.5%)	4:32	13.2 (82.5%)
29	BANACH Jan	64	KLINIKA TRIATHLONU	M20	7	00:22:49.40	00:22:49.40	+00:04:03 (17.8%)	4:33	13.1 (81.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
30	BĄKOWSKI Mikołaj	65		M40	6	00:22:53.10	00:22:53.10	+00:04:07 (18.0%)	4:34	13.1 (81.9%)
31	NIEDBALSKI Grzegorz	338	RUN BYDGOSZCZ	M60+	1	00:22:54.10	00:22:54.10	+00:04:08 (18.1%)	4:34	13.1 (81.9%)
32	KNEPKA Piotr	86	TRITEAM ŚWIECIE	M30	16	00:23:01.40	00:23:01.40	+00:04:15 (18.5%)	4:36	13 (81.3%)
33	PARASZKA Łukasz	14	MINIONS SPEED TEAM	M30	17	00:23:02.30	00:23:02.30	+00:04:16 (18.6%)	4:36	13 (81.3%)
34	BRAŹKIEWICZ Rafał	307	MTB FORDON	M40	7	00:23:13.35	00:23:13.35	+00:04:27 (19.2%)	4:38	12.9 (80.6%)
35	BONAS Maciej	68	ROLL&RUN	M20	8	00:23:16.40	00:23:16.40	+00:04:30 (19.4%)	4:39	12.9 (80.6%)
36	REPCZYŃSKI Tomasz	349		M20	9	00:23:22.90	00:23:22.90	+00:04:37 (19.7%)	4:40	12.8 (80.0%)
37	KARAŚ Tomasz	7	LEGIA WARSZAWA MASTERS	M30	18	00:23:41.60	00:23:41.60	+00:04:55 (20.8%)	4:44	12.7 (79.4%)
38	CZAJKA Mateusz	72	LUKS OLIMP	M30	19	00:23:43.55	00:23:43.55	+00:04:57 (20.9%)	4:44	12.6 (78.8%)
39	ZIÓŁKOWSKI Julian	20	STOWARZYSZENIE WROTKARSKIE GDAŃSKIE LWY	M50	3	00:23:49.05	00:23:49.05	+00:05:03 (21.2%)	4:45	12.6 (78.8%)
40	PARTYKA Łukasz	93		M40	8	00:24:03.60	00:24:03.60	+00:05:17 (22.0%)	4:48	12.5 (78.1%)
41	CHOJNACKI Mateusz	25	UKS ZWOLEŃ TEAM	M20	10	00:24:07.00	00:24:07.00	+00:05:21 (22.2%)	4:49	12.4 (77.5%)
42	CZEPIEL Marcin	366		M20	11	00:24:47.15	00:24:47.15	+00:06:01 (24.3%)	4:57	12.1 (75.6%)
43	WOJCIECHOWSKI Grzegorz	362	ATOS BYDGOSZCZ	M20	12	00:24:53.30	00:24:53.30	+00:06:07 (24.6%)	4:58	12.1 (75.6%)
44	CHMURA Tomasz	308		M40	9	00:24:56.60	00:24:56.60	+00:06:10 (24.8%)	4:59	12 (75.0%)
45	POPOWSKI Zbigniew	345	RUN BYDGOSZCZ	M60+	2	00:25:22.85	00:25:22.85	+00:06:37 (26.1%)	5:04	11.8 (73.8%)
46	LONERT Marcin	331		M30	20	00:25:28.85	00:25:28.85	+00:06:43 (26.4%)	5:05	11.8 (73.8%)
47	WOŹNICKI Paweł	19	SPEEDSKATINGLDZ	M50	4	00:25:47.30	00:25:47.30	+00:07:01 (27.2%)	5:09	11.6 (72.5%)
48	GAŚSIOROWSKI Robert	79	RUN BYDGOSZCZ	M40	10	00:25:50.50	00:25:50.50	+00:07:04 (27.4%)	5:10	11.6 (72.5%)
49	DOBEK Rafal	314		M30	21	00:26:23.90	00:26:23.90	+00:07:38 (28.9%)	5:16	11.4 (71.3%)
50	AUTRIEB Maciej	62		M20	13	00:26:25.35	00:26:25.35	+00:07:39 (29.0%)	5:17	11.4 (71.3%)
51	BŁAŻEJEWSKI Dariusz	303	KLUB HDK ŚWIECIE	M50	5	00:26:39.95	00:26:39.95	+00:07:54 (29.6%)	5:19	11.3 (70.6%)
52	DEMBIŃSKI Piotr	75		M20	14	00:26:53.95	00:26:53.95	+00:08:08 (30.2%)	5:22	11.2 (70.0%)
53	DAMSKI Tadeusz	74		M60+	3	00:27:13.80	00:27:13.80	+00:08:27 (31.1%)	5:26	11 (68.8%)
54	CHOJECKI Dariusz	2		M50	6	00:27:29.95	00:27:29.95	+00:08:44 (31.8%)	5:29	10.9 (68.1%)
55	OKOŃSKI Piort	340		M30	22	00:27:59.00	00:27:59.00	+00:09:13 (32.9%)	5:35	10.7 (66.9%)
56	WYPORKIEWICZ Jerzy	109	KLINIKA TRIATHLONU	M50	7	00:28:24.50	00:28:24.50	+00:09:38 (33.9%)	5:40	10.6 (66.3%)
57	SOSIŃSKI Paweł	103	BEZPIECZNY OPERATOR	M30	23	00:28:42.65	00:28:42.65	+00:09:56 (34.6%)	5:44	10.5 (65.6%)
58	BAŁYS Łukasz	63	ŁABISZYN RUNNERS	M20	15	00:29:02.90	00:29:02.90	+00:10:17 (35.4%)	5:48	10.3 (64.4%)
59	MARKOWSKI Lukasz	336		M30	24	00:31:53.55	00:31:53.55	+00:13:07 (41.2%)	6:22	9.4 (58.8%)
60	PISZKALSKI Piotr	343	O.S.A. BUSHCRAFT GRUDZIĄDZ	M50	8	00:32:55.40	00:32:55.40	+00:14:09 (43.0%)	6:35	9.1 (56.9%)
61	HOŁDA Jerzy	80		M60+	4	00:32:56.50	00:32:56.50	+00:14:10 (43.0%)	6:35	9.1 (56.9%)
62	SOBCZAK Krzysztof	356	FORSPORT TEAM	M30	25	00:36:36.50	00:36:36.50	+00:17:50 (48.7%)	7:19	8.2 (51.3%)
63	CZAJKOWSKI Maciej	313		M20	16	00:37:24.80	00:37:24.80	+00:18:38 (49.8%)	7:28	8 (50.0%)

Znaleziono 63 wynik(ów)