



ROLL & RUN :: ROLKI FITNESS

B4SPORT

Wydarzenie: Roll & Run Bydgoszcz 2017
Organizator: Stowarzyszenie Podejmij Wyzwanie
Data: 2017-09-02
Miejsce: Bydgoszcz
Dystans: 8 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 3.4km	Finish_All 3.6km	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
1	FLEJSZER Łukasz	43	U.K.S. ZWOLEŃ-TEAM	Mężczyźni	1	00:06:01	00:06:31	00:12:58.25	00:12:59.55		1:37	37 (100%)
2	KWIATKOWSKI Łukasz	74	K.S. JASTRZĘBIE BYDGOSZCZ	Mężczyźni	2	00:07:26	00:08:04	00:15:38.00	00:15:38.80	+00:02:39 (17.0%)	1:57	30.7 (83.0%)
3	GRUBCZYNSKI Dariusz	7		Mężczyźni	3	00:07:33	00:08:12	00:15:39.15	00:15:41.30	+00:02:41 (17.2%)	1:57	30.7 (83.0%)
4	JUNKA Karolina	22	K.S. JASTRZĘBIE BYDGOSZCZ	Kobiety	1	00:07:25	00:08:04	00:15:39.75	00:15:42.45	+00:02:42 (17.3%)	1:57	30.6 (82.7%)
5	MAREK Sławomir	42	SOLECCY BIEGACZE	Mężczyźni	4	00:07:29	00:08:10	00:16:01.35	00:16:02.65	+00:03:03 (19.0%)	2:00	30 (81.1%)
6	HEINRICH Marcin	29	K.S. JASTRZĘBIE BYDGOSZCZ	Mężczyźni	5	00:07:24	00:08:04	00:16:15.10	00:16:16.25	+00:03:16 (20.1%)	2:01	29.5 (79.7%)
7	GRZECHULSKI Wojciech	69	WOLNY ELEKTRON	Mężczyźni	6	00:07:47	00:08:26	00:16:31.10	00:16:33.55	+00:03:34 (21.5%)	2:03	29.1 (78.6%)
8	KRAJNIK Jacek	18		Mężczyźni	7	00:07:49	00:08:31	00:16:35.00	00:16:36.85	+00:03:37 (21.8%)	2:04	28.9 (78.1%)
9	FELD Maciej	67	BZ WBK RUNNERS TEAM	Mężczyźni	8	00:08:24	00:09:11	00:17:33.65	00:17:38.80	+00:04:39 (26.4%)	2:11	27.4 (74.1%)
10	ZAMIATOWSKA Kinga	31	ROLL&RUN KRISMEDIATEAM	Kobiety	2	00:08:27	00:09:14	00:17:49.00	00:17:51.75	+00:04:52 (27.3%)	2:13	26.9 (72.7%)
11	KULCZYŃSKA Joanna	2		Kobiety	3	00:08:30	00:09:13	00:17:58.55	00:18:00.50	+00:05:00 (27.9%)	2:14	26.7 (72.2%)
12	PANEK-FRYC Karolina	14		Kobiety	4	00:08:28	00:09:10	00:18:13.20	00:18:14.25	+00:05:14 (28.8%)	2:16	26.3 (71.1%)
13	GWIZDAŁA Paweł	58	AMATOR	Mężczyźni	9	00:08:24	00:09:12	00:18:23.50	00:18:27.75	+00:05:28 (29.6%)	2:17	26.1 (70.5%)
14	CHABERSKI Michał	61		Mężczyźni	10	00:08:45	00:09:28	00:19:08.90	00:19:14.55	+00:06:15 (32.5%)	2:23	25.1 (67.8%)
15	LEWANDOWSKI Bogusław	78		Mężczyźni	11	00:09:01	00:09:49	00:19:17.95	00:19:20.00	+00:06:20 (32.8%)	2:24	24.9 (67.3%)
16	GOLIK Tomasz	13		Mężczyźni	12	00:09:03	00:09:48	00:19:21.65	00:19:26.75	+00:06:27 (33.2%)	2:25	24.8 (67.0%)
17	GRUDZIŃSKA Joanna	57		Kobiety	5	00:09:33	00:10:19	00:19:38.40	00:19:42.50	+00:06:42 (34.1%)	2:27	24.4 (65.9%)
18	CABANSKA Katarzyna	5	VITAPOL	Kobiety	6	00:09:47	00:10:38	00:20:19.90	00:20:22.25	+00:07:22 (36.2%)	2:32	23.6 (63.8%)
19	GRUDZIŃSKI Przemysław	55		Mężczyźni	13	00:09:07	00:09:52	00:20:21.70	00:20:26.40	+00:07:26 (36.4%)	2:32	23.6 (63.8%)
20	PILARCZYK Radosław	60	POBIEDZISKA	Mężczyźni	14	00:09:47	00:10:37	00:20:30.05	00:20:34.40	+00:07:34 (36.8%)	2:33	23.4 (63.2%)
21	MAĆKO Krzysztof	1	MAĆKI TEAM	Mężczyźni	15	00:09:40	00:10:37	00:20:31.80	00:20:36.95	+00:07:37 (37.0%)	2:33	23.4 (63.2%)
22	ADAM Daria	59	POBIEDZISKA	Kobiety	7	00:10:03	00:11:01	00:20:57.15	00:21:00.80	+00:08:01 (38.2%)	2:37	22.9 (61.9%)
23	OLEŚ Ewa	77		Kobiety	8	00:10:07	00:11:03	00:21:28.55	00:21:32.05	+00:08:32 (39.7%)	2:41	22.3 (60.3%)
24	SAWICKA Małgorzata	28		Kobiety	9	00:10:29	00:11:15	00:21:39.35	00:21:45.00	+00:08:45 (40.3%)	2:42	22.2 (60.0%)
25	ZIELIŃSKA Elżbieta	66	BYDGOSKI KLUB MORSÓW	Kobiety	10	00:10:38	00:11:32	00:21:53.85	00:21:56.70	+00:08:57 (40.8%)	2:44	21.9 (59.2%)
26	KASPROWICZ Małgorzata	12		Kobiety	11	00:11:13	00:12:11	00:21:51.90	00:22:02.30	+00:09:02 (41.0%)	2:44	22 (59.5%)
27	WIŚNIEWSKI Piotr	53		Mężczyźni	16	00:10:33	00:11:24	00:21:53.65	00:22:03.25	+00:09:03 (41.1%)	2:44	21.9 (59.2%)
28	BOGDANÓW Karolina	45		Kobiety	12	00:10:50	00:11:46	00:22:03.00	00:22:12.05	+00:09:12 (41.5%)	2:45	21.8 (58.9%)
29	NAREWSKA Alicja	72	WILCZKI GDAŃSKIE	Kobiety	13	00:10:37	00:11:29	00:22:14.10	00:22:18.80	+00:09:19 (41.8%)	2:46	21.6 (58.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 3.4km	Finish_All 3.6km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 8km	brutto 8km			
30	HODYL Joanna	56		Kobiety	14	00:10:59	00:11:46	00:22:11.50	00:22:18.95	+00:09:19 (41.8%)	2:46	21.6 (58.4%)
31	JASIENIECKI Piotr	76		Mężczyźni	17	00:11:14	00:12:12	00:22:33.55	00:22:42.25	+00:09:42 (42.8%)	2:49	21.3 (57.6%)
32	KWIATKOWSKA Natalia	51		Kobiety	15	00:10:22	00:11:13	00:22:41.50	00:22:45.90	+00:09:46 (42.9%)	2:50	21.2 (57.3%)
33	SZPRĘGLEWSKA Natalia	48		Kobiety	16	00:10:51	00:11:37	00:22:57.20	00:23:03.35	+00:10:03 (43.6%)	2:52	20.9 (56.5%)
34	WŁODARA Robert	75		Mężczyźni	18	00:10:48	00:11:38	00:23:16.20	00:23:20.65	+00:10:21 (44.3%)	2:54	20.6 (55.7%)
35	BIAŁY Barbara	50		Kobiety	17	00:11:04	00:11:52	00:23:28.35	00:23:35.40	+00:10:35 (44.9%)	2:56	20.5 (55.4%)
36	GRAŻKA Ewa	47		Kobiety	18	00:10:52	00:11:50	00:23:32.40	00:23:40.90	+00:10:41 (45.1%)	2:56	20.4 (55.1%)
37	MELLEME Anna	3		Kobiety	19	00:11:09	00:12:06	00:23:35.45	00:23:43.85	+00:10:44 (45.3%)	2:56	20.4 (55.1%)
38	CZACZYK Joanna	9	KOLEZENSKI	Kobiety	20	00:11:34	00:12:35	00:23:48.40	00:23:55.65	+00:10:56 (45.7%)	2:58	20.2 (54.6%)
38	SZYMCZYK Angelika	10	KOLEZENSKI	Kobiety	21	00:11:37	00:12:36	00:23:47.80	00:23:55.65	+00:10:56 (45.7%)	2:58	20.2 (54.6%)
40	SŁOMSKA Ilona	52		Kobiety	22	00:11:11	00:12:04	00:24:03.65	00:24:06.30	+00:11:06 (46.1%)	3:00	19.9 (53.8%)
41	WIATROWSKA Katarzyna	33		Kobiety	23	00:12:23	00:13:30	00:25:04.90	00:25:08.30	+00:12:08 (48.3%)	3:08	19.1 (51.6%)
42	RYBKA Magdalena	86		Kobiety	24	00:11:59	00:12:57	00:25:11.50	00:25:15.10	+00:12:15 (48.5%)	3:09	19 (51.4%)
43	KACZMAREK Anna	84	DECATHLON FORDON TEAM	Kobiety	25	00:11:29	00:12:25	00:25:14.90	00:25:21.75	+00:12:22 (48.8%)	3:09	19 (51.4%)
44	BĘŁWON Marta	49	ZOSIA TEAM	Kobiety	26	00:11:40	00:12:45	00:25:37.90	00:25:46.90	+00:12:47 (49.6%)	3:12	18.7 (50.5%)
45	SZYMCZYK Jarosław	11	KOLEŻEŃSKI	Mężczyźni	19	00:11:55	00:12:53	00:25:45.60	00:25:53.15	+00:12:53 (49.8%)	3:13	18.6 (50.3%)
46	RYCHTER-PODBORNA Sylwia	62		Kobiety	27	00:13:28	00:14:34	00:26:18.05	00:26:29.70	+00:13:30 (51.0%)	3:17	18.3 (49.5%)
47	NIEMCZYK Ula	4		Kobiety	28	00:12:34	00:14:11	00:26:46.05	00:26:58.55	+00:13:59 (51.8%)	3:20	17.9 (48.4%)
48	MAĆKO Angelika	8	MAĆKI TEAM	Kobiety	29	00:12:38	00:13:37	00:27:41.55	00:27:46.35	+00:14:46 (53.2%)	3:27	17.3 (46.8%)
49	SIEDLECKA Daria	85	DECATHLON FORDON TEAM	Kobiety	30	00:13:10	00:14:24	00:28:21.65	00:28:28.45	+00:15:28 (54.4%)	3:32	16.9 (45.7%)
50	WINIARSKA Paulina	39		Kobiety	31	00:12:53	00:14:02	00:28:58.55	00:29:03.40	+00:16:03 (55.3%)	3:37	16.6 (44.9%)
51	SYLWESTRZAK Marcin	79		Mężczyźni	20	00:13:36	00:14:51	00:29:23.45	00:29:33.55	+00:16:34 (56.0%)	3:40	16.3 (44.1%)
52	GACKOWSKI Artur	64		Mężczyźni	21	00:15:31	00:17:20	00:33:32.80	00:33:43.85	+00:20:44 (61.5%)	4:11	14.3 (38.6%)
52	STEINMETZ GACKOWSKA Małgorzata	63		Kobiety	32	00:15:35	00:17:21	00:33:32.05	00:33:43.85	+00:20:44 (61.5%)	4:11	14.3 (38.6%)
54	JANIAK Barbara	68		Kobiety	33	00:13:03	00:26:09	00:39:30.25	00:39:34.25	+00:26:34 (67.2%)	4:56	12.2 (33.0%)
55	LORKOWSKA Beata	87		Kobiety	34	00:16:46	00:18:20	00:41:24.60	00:41:28.85	+00:28:29 (68.7%)	5:10	11.6 (31.4%)
56	WOJTYSIAK Szymon	203	BYDGOSKIE OKONIE	Mężczyźni	22	00:43:23	00:45:58			+00:39:25	12:46	4.7 (12.7%)
57	SOCZOMSKI Mirosław	201	EDI TEAM ZGORZELEC	Mężczyźni	23	00:46:55				+00:40:52	13:47	4.3 (11.6%)
58	SADOWSKI Wojciech	212	AMATOR	Mężczyźni	24	00:48:17				+00:42:15	14:12	4.2 (11.4%)

Znaleziono 58 wynik(ów)