

# ROLL & RUN :: ROLKI FITNESS

B4SPORT

**Wydarzenie:** Roll & Run Bydgoszcz 2018  
**Organizator:** KrisMedia Krzysztof Skiera  
**Data:** 2018-09-08  
**Miejsce:** Bydgoszcz  
**Dystans:** 7 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_Rol 3.4km	Finish_Rol 3.6km	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
1	<b>FLEJSZER Łukasz</b>	<b>57</b>	U.K.S. ZWOLEŃ-TEAM	M30	1	00:07:02	00:07:27	<b>00:14:45.15</b>	<b>00:14:45.15</b>		2:06	28.5 (100%)
2	<b>KOSMAŁA Mateusz</b>	<b>21</b>	KS JASTRZĘBIE BYDGOSZCZ	M20	1	00:08:22	00:08:51	<b>00:16:58.80</b>	<b>00:16:59.70</b>	+00:02:14 (13.2%)	2:25	24.7 (86.7%)
3	<b>GLUGLA Mariusz</b>	<b>52</b>		M40	1	00:08:20	00:08:50	<b>00:16:59.30</b>	<b>00:17:01.70</b>	+00:02:16 (13.4%)	2:25	24.7 (86.7%)
4	<b>HEINRICH Marcin</b>	<b>74</b>	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M30	2	00:08:22	00:08:52	<b>00:17:17.75</b>	<b>00:17:18.55</b>	+00:02:33 (14.8%)	2:28	24.3 (85.3%)
5	<b>KRAJNIK Jacek</b>	<b>35</b>	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M40	2	00:08:22	00:08:52	<b>00:17:27.80</b>	<b>00:17:29.30</b>	+00:02:44 (15.6%)	2:29	24 (84.2%)
6	<b>KWIATKOWSKI Łukasz</b>	<b>10</b>	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M30	3	00:08:23	00:08:53	<b>00:17:50.50</b>	<b>00:17:51.00</b>	+00:03:05 (17.4%)	2:33	23.5 (82.5%)
7	<b>GRUBCZYŃSKI Dariusz</b>	<b>47</b>		M40	3	00:08:50	00:09:22	<b>00:18:31.10</b>	<b>00:18:32.60</b>	+00:03:47 (20.4%)	2:38	22.7 (79.6%)
8	<b>BRONIECKI Błażej</b>	<b>38</b>	ROLLERBLADING SCHOOL	M30	4	00:08:48	00:09:21	<b>00:18:32.70</b>	<b>00:18:35.25</b>	+00:03:50 (20.6%)	2:39	22.6 (79.3%)
9	<b>GOLIK Kacper</b>	<b>9</b>		M19	1	00:09:06	00:09:35	<b>00:19:20.10</b>	<b>00:19:25.20</b>	+00:04:40 (24.0%)	2:45	21.7 (76.1%)
10	<b>MAREK Sławek</b>	<b>40</b>		M30	5	00:08:59	00:09:30	<b>00:19:30.55</b>	<b>00:19:31.45</b>	+00:04:46 (24.4%)	2:47	21.5 (75.4%)
11	<b>LOOSE Łukasz</b>	<b>25</b>	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M20	2	00:09:58	00:10:30	<b>00:20:57.75</b>	<b>00:20:58.95</b>	+00:06:13 (29.7%)	2:59	20 (70.2%)
12	<b>KRAJNIK Hubert</b>	<b>37</b>		M19	2	00:09:56	00:10:29	<b>00:21:10.40</b>	<b>00:21:13.55</b>	+00:06:28 (30.5%)	3:01	19.8 (69.5%)
13	<b>SKOWROŃSKI Piotr</b>	<b>19</b>		M40	4	00:09:54	00:10:30	<b>00:21:15.70</b>	<b>00:21:21.30</b>	+00:06:36 (30.9%)	3:02	19.7 (69.1%)
14	<b>GOŁATA Bogusław</b>	<b>34</b>		M50	1	00:10:21	00:10:54	<b>00:21:35.05</b>	<b>00:21:39.85</b>	+00:06:54 (31.9%)	3:05	19.5 (68.4%)
15	<b>BIELERZEWSKI Krzysztof</b>	<b>27</b>		M20	3	00:10:28	00:11:01	<b>00:21:51.70</b>	<b>00:21:55.30</b>	+00:07:10 (32.7%)	3:07	19.2 (67.4%)
16	<b>SKIERA Goran</b>	<b>41</b>	KRISMEDIA TEAM	M19	3	00:10:15	00:10:50	<b>00:21:55.90</b>	<b>00:22:01.85</b>	+00:07:16 (33.0%)	3:08	19.1 (67.0%)
17	<b>WIŚNIEWSKI Piotr</b>	<b>39</b>		M20	4	00:10:46	00:11:22	<b>00:22:35.65</b>	<b>00:22:37.90</b>	+00:07:52 (34.8%)	3:13	18.6 (65.3%)
18	<b>GWIZDAŁA Paweł</b>	<b>64</b>	K.S. JASTRZĘBIE BYDGOSZCZ	M40	5	00:10:43	00:11:24	<b>00:22:57.20</b>	<b>00:23:01.00</b>	+00:08:15 (35.9%)	3:16	18.3 (64.2%)
19	<b>GOLIK Tomasz</b>	<b>8</b>		M40	6	00:10:37	00:11:14	<b>00:23:19.80</b>	<b>00:23:24.45</b>	+00:08:39 (37.0%)	3:20	18 (63.2%)
20	<b>PAWŁOWSKI Adam</b>	<b>67</b>	DECATHLON FORDON TEAM	M20	5	00:10:45	00:11:24	<b>00:23:30.40</b>	<b>00:23:36.70</b>	+00:08:51 (37.5%)	3:21	17.9 (62.8%)
21	<b>RODZIK Mateusz</b>	<b>56</b>	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M19	4	00:11:36	00:12:16	<b>00:23:59.35</b>	<b>00:24:02.30</b>	+00:09:17 (38.6%)	3:25	17.5 (61.4%)
22	<b>RODZIK Jacek</b>	<b>55</b>	JASTRZĘBIE BYDGOSZCZ	M40	7	00:11:26	00:12:04	<b>00:24:18.25</b>	<b>00:24:21.40</b>	+00:09:36 (39.4%)	3:28	17.3 (60.7%)
23	<b>USZOK Remigiusz</b>	<b>75</b>		M19	5	00:10:58	00:11:39	<b>00:25:53.40</b>	<b>00:25:57.00</b>	+00:11:11 (43.2%)	3:42	16.2 (56.8%)
24	<b>KOBYLIŃSKI Mateusz</b>	<b>23</b>		M19	6	00:12:39	00:13:20	<b>00:26:06.80</b>	<b>00:26:15.60</b>	+00:11:30 (43.8%)	3:43	16.1 (56.5%)
25	<b>MAĆKO Krzysztof</b>	<b>3</b>		M40	8	00:12:47	00:13:31	<b>00:26:38.25</b>	<b>00:26:45.65</b>	+00:12:00 (44.9%)	3:48	15.8 (55.4%)
26	<b>FRANKÓW Łukasz</b>	<b>17</b>		M30	6	00:12:37	00:13:20	<b>00:26:46.85</b>	<b>00:26:50.60</b>	+00:12:05 (45.0%)	3:49	15.7 (55.1%)
27	<b>KOŁODZIEJ Piotr</b>	<b>43</b>	KRISMEDIA TEAM	M30	7	00:15:33	00:16:29	<b>00:31:02.05</b>	<b>00:31:12.40</b>	+00:16:27 (52.7%)	4:26	13.5 (47.4%)
28	<b>GAŚSIOROWSKI Dariusz</b>	<b>62</b>		M30	8	00:14:56	00:15:53	<b>00:31:04.15</b>	<b>00:31:14.95</b>	+00:16:29 (52.8%)	4:26	13.5 (47.4%)
29	<b>BOROWSKI Rafał</b>	<b>68</b>		M40	9	00:22:18	00:23:35	<b>00:45:11.40</b>	<b>00:45:14.85</b>	+00:30:29 (67.4%)	6:27	9.3 (32.6%)

Znaleziono 29 wynik(ów)