



# ROLL & RUN :: ROLKI FITNESS

B4SPORT

**Event:** Roll & Run Bydgoszcz 2017  
**Organiser:** Stowarzyszenie Podejmij Wyzwanie  
**Date:** 2017-09-02  
**Place:** Bydgoszcz  
**Distance:** 8 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Classification: Mężczyźni

Place	Participant	Number	Club	Category	MCat	Finish_All 3.4km	Finish_All 3.6km	Net time 8km	Czas brutto 8km	Gap	Pace min/km	Pace km/h
1	<b>FLEJSZER Łukasz</b>	<b>43</b>	U.K.S. ZWOLEŃ-TEAM	Mężczyźni	1	00:06:01	00:06:31	<b>00:12:58.25</b>	<b>00:12:59.55</b>		1:37	37 (100%)
2	<b>KWIATKOWSKI Łukasz</b>	<b>74</b>	K.S. JASTRZĘBIE BYDGOSZCZ	Mężczyźni	2	00:07:26	00:08:04	<b>00:15:38.00</b>	<b>00:15:38.80</b>	+00:02:39 (17.0%)	1:57	30.7 (83.0%)
3	<b>GRUBCZYŃSKI Dariusz</b>	<b>7</b>		Mężczyźni	3	00:07:33	00:08:12	<b>00:15:39.15</b>	<b>00:15:41.30</b>	+00:02:41 (17.2%)	1:57	30.7 (83.0%)
4	<b>MAREK Sławomir</b>	<b>42</b>	SOLECCY BIEGACZE	Mężczyźni	4	00:07:29	00:08:10	<b>00:16:01.35</b>	<b>00:16:02.65</b>	+00:03:03 (19.0%)	2:00	30 (81.1%)
5	<b>HEINRICH Marcin</b>	<b>29</b>	K.S. JASTRZĘBIE BYDGOSZCZ	Mężczyźni	5	00:07:24	00:08:04	<b>00:16:15.10</b>	<b>00:16:16.25</b>	+00:03:16 (20.1%)	2:01	29.5 (79.7%)
6	<b>GRZECHULSKI Wojciech</b>	<b>69</b>	WOLNY ELEKTRON	Mężczyźni	6	00:07:47	00:08:26	<b>00:16:31.10</b>	<b>00:16:33.55</b>	+00:03:34 (21.5%)	2:03	29.1 (78.6%)
7	<b>KRAJNIK Jacek</b>	<b>18</b>		Mężczyźni	7	00:07:49	00:08:31	<b>00:16:35.00</b>	<b>00:16:36.85</b>	+00:03:37 (21.8%)	2:04	28.9 (78.1%)
8	<b>FELD Maciej</b>	<b>67</b>	BZ WBK RUNNERS TEAM	Mężczyźni	8	00:08:24	00:09:11	<b>00:17:33.65</b>	<b>00:17:38.80</b>	+00:04:39 (26.4%)	2:11	27.4 (74.1%)
9	<b>GWIZDAŁA Paweł</b>	<b>58</b>	AMATOR	Mężczyźni	9	00:08:24	00:09:12	<b>00:18:23.50</b>	<b>00:18:27.75</b>	+00:05:28 (29.6%)	2:17	26.1 (70.5%)
10	<b>CHABERSKI Michał</b>	<b>61</b>		Mężczyźni	10	00:08:45	00:09:28	<b>00:19:08.90</b>	<b>00:19:14.55</b>	+00:06:15 (32.5%)	2:23	25.1 (67.8%)
11	<b>LEWANDOWSKI Bogusław</b>	<b>78</b>		Mężczyźni	11	00:09:01	00:09:49	<b>00:19:17.95</b>	<b>00:19:20.00</b>	+00:06:20 (32.8%)	2:24	24.9 (67.3%)
12	<b>GOLIK Tomasz</b>	<b>13</b>		Mężczyźni	12	00:09:03	00:09:48	<b>00:19:21.65</b>	<b>00:19:26.75</b>	+00:06:27 (33.2%)	2:25	24.8 (67.0%)
13	<b>GRUDZIŃSKI Przemysław</b>	<b>55</b>		Mężczyźni	13	00:09:07	00:09:52	<b>00:20:21.70</b>	<b>00:20:26.40</b>	+00:07:26 (36.4%)	2:32	23.6 (63.8%)
14	<b>PILARCZYK Radosław</b>	<b>60</b>	POBIEDZISKA	Mężczyźni	14	00:09:47	00:10:37	<b>00:20:30.05</b>	<b>00:20:34.40</b>	+00:07:34 (36.8%)	2:33	23.4 (63.2%)
15	<b>MAĆKO Krzysztof</b>	<b>1</b>	MAĆKI TEAM	Mężczyźni	15	00:09:40	00:10:37	<b>00:20:31.80</b>	<b>00:20:36.95</b>	+00:07:37 (37.0%)	2:33	23.4 (63.2%)
16	<b>WIŚNIEWSKI Piotr</b>	<b>53</b>		Mężczyźni	16	00:10:33	00:11:24	<b>00:21:53.65</b>	<b>00:22:03.25</b>	+00:09:03 (41.1%)	2:44	21.9 (59.2%)
17	<b>JASIENIECKI Piotr</b>	<b>76</b>		Mężczyźni	17	00:11:14	00:12:12	<b>00:22:33.55</b>	<b>00:22:42.25</b>	+00:09:42 (42.8%)	2:49	21.3 (57.6%)
18	<b>WŁODARA Robert</b>	<b>75</b>		Mężczyźni	18	00:10:48	00:11:38	<b>00:23:16.20</b>	<b>00:23:20.65</b>	+00:10:21 (44.3%)	2:54	20.6 (55.7%)
19	<b>SZYMCZYK Jarosław</b>	<b>11</b>	KOLEŻEŃSKI	Mężczyźni	19	00:11:55	00:12:53	<b>00:25:45.60</b>	<b>00:25:53.15</b>	+00:12:53 (49.8%)	3:13	18.6 (50.3%)
20	<b>SYLWESTRZAK Marcin</b>	<b>79</b>		Mężczyźni	20	00:13:36	00:14:51	<b>00:29:23.45</b>	<b>00:29:33.55</b>	+00:16:34 (56.0%)	3:40	16.3 (44.1%)
21	<b>GACKOWSKI Artur</b>	<b>64</b>		Mężczyźni	21	00:15:31	00:17:20	<b>00:33:32.80</b>	<b>00:33:43.85</b>	+00:20:44 (61.5%)	4:11	14.3 (38.6%)
22	<b>WOJTYSIAK Szymon</b>	<b>203</b>	BYDGOSKIE OKONIE	Mężczyźni	22	00:43:23	00:45:58			+00:39:25	12:46	4.7 (12.7%)
23	<b>SOCZOMSKI Mirosław</b>	<b>201</b>	EDI TEAM ZGORZELEC	Mężczyźni	23	00:46:55				+00:40:52	13:47	4.3 (11.6%)
24	<b>SADOWSKI Wojciech</b>	<b>212</b>	AMATOR	Mężczyźni	24	00:48:17				+00:42:15	14:12	4.2 (11.4%)

Total 24 results.