



ROLL & RUN :: ROLKI PÓŁMARATON

B4SPORT

Wydarzenie: Roll&Run Stolno
Organizator: Stowarzyszenie Life Balance Place
Data: 2023-05-13
Miejsce: Stolno
Dystans: 21 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5.25km	10.5km	15.75km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	CIBOROWSKI Sebastian	69	KS SEBA-SPORT PISZ	M50	1	00:00:00	00:09:44	00:19:36	00:29:51	00:39:45.10	00:39:45.75		1:53	31.7 (100%)
2	WARCHOŁ Łukasz	171	LEGIA WARSZAWA	M40	2	00:00:01	00:09:43	00:19:54	00:29:51	00:39:44.40	00:39:45.90	+ (0.0%)	1:53	31.7 (100%)
3	KSENIAK Tomasz	68	ROLL4ALL	M40	1	00:00:02	00:09:42	00:19:53	00:29:50	00:39:43.70	00:39:46.00	+ (-0.1%)	1:53	31.7 (100%)
4	CHOJNACKI Mateusz	179	UKS ZWOLEŃ TEAM	M20	1	00:00:02	00:09:43	00:19:54	00:30:47	00:41:24.70	00:41:26.70	+00:01:39 (4.0%)	1:58	30.4 (95.9%)
5	PARASZKA Łukasz	52	MINIONSSPEEDTEAM	M30	1	00:00:03	00:09:42	00:20:01	00:31:13	00:41:45.65	00:41:48.70	+00:02:00 (4.8%)	1:59	30.2 (95.3%)
6	WOŹNICKI Paweł	50	SPEEDSKATING ŁÓDŹ- GATTA	M50	2	00:00:01	00:09:50	00:20:18	00:31:15	00:41:49.45	00:41:50.95	+00:02:04 (5.0%)	1:59	30.1 (95.0%)
7	MYDLARSKI Jarek	170	ROLL4ALL	M40	3	00:00:02	00:09:43	00:20:02	00:32:10	00:43:21.40	00:43:23.65	+00:03:36 (8.3%)	2:03	29.1 (91.8%)
8	CHOJECKI Dariusz	58	ROLLTEAM	M50	3	00:00:02	00:09:48	00:20:36	00:32:09	00:43:22.80	00:43:25.75	+00:03:37 (8.4%)	2:03	29.1 (91.8%)
9	ZDANCEWICZ Paweł	160	LEGIA WARSZAWA MASTERS	M40	4	00:00:02	00:10:08	00:21:17	00:32:33	00:43:40.75	00:43:42.85	+00:03:55 (9.0%)	2:04	28.9 (91.2%)
10	PIETRZAK Adrian	168	UKS SPARTA GRODZISK MAZOWIECKI	M30	2	00:00:02	00:09:59	00:21:16	00:32:34	00:43:54.85	00:43:57.40	+00:04:09 (9.5%)	2:05	28.7 (90.5%)
11	CIBOROWSKI Itan	70	KS SEBA-SPORT PISZ	M20	2	00:00:02	00:10:08	00:21:47	00:33:50	00:44:51.35	00:44:53.65	+00:05:06 (11.4%)	2:08	28.1 (88.6%)
12	ZIÓŁKOWSKI Julian	51		M50	4	00:00:05	00:10:10	00:21:43	00:33:29	00:44:56.60	00:45:02.20	+00:05:11 (11.6%)	2:08	28 (88.3%)
13	KASPROWICZ Daniel	151	PLICHWYSCIG.PL	M40	5	00:00:01	00:10:29	00:22:07	00:33:51	00:45:11.95	00:45:13.65	+00:05:26 (12.1%)	2:09	27.9 (88.0%)
14	SOBCZYŃSKI Bartosz	183		M40	6	00:00:05	00:11:02	00:22:40	00:34:18	00:45:37.00	00:45:42.20	+00:05:51 (12.9%)	2:10	27.6 (87.1%)
15	PRAJSNAR Paweł	63	SPEEDING TURTLES	M30	3	00:00:03	00:11:05	00:22:35	00:34:19	00:45:38.00	00:45:41.45	+00:05:52 (12.9%)	2:10	27.6 (87.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5.25km	10.5km	15.75km	Czas		Różn	Tempo min/km	Tempo km/h
										netto 21km	brutto 21km			
16	MAZUREK Wiesław	71		M50	5	00:00:03	00:10:27	00:22:32	00:34:19	00:45:43.50	00:45:47.20	+00:05:58 (13.1%)	2:10	27.6 (87.1%)
17	STANKIEWICZ Jerzy	177	LEGIA WARSZAWA	M50	6	00:00:02	00:10:36	00:22:15	00:33:58	00:45:44.20	00:45:46.95	+00:05:59 (13.1%)	2:10	27.6 (87.1%)
18	GOSZCZYŃSKI Wojciech	166	ROLLA SPEED TEAM	M40	7	00:00:03	00:10:52	00:22:36	00:34:19	00:45:46.10	00:45:49.10	+00:06:01 (13.1%)	2:10	27.5 (86.8%)
19	GRASZKA Bartosz	169	ROLL4ALL	M40	8	00:00:03	00:11:04	00:23:44	00:35:54	00:48:04.95	00:48:08.85	+00:08:19 (17.3%)	2:17	26.2 (82.6%)
20	TURSA Tomasz	173		M30	4	00:00:01	00:10:29	00:22:35	00:34:54	00:48:06.05	00:48:07.55	+00:08:20 (17.4%)	2:17	26.2 (82.6%)
21	KRAJNIK Jacek	155	SZYBKA ROLKA TEAM	M50	7	00:00:04	00:11:03	00:22:43	00:35:25	00:48:11.95	00:48:16.35	+00:08:26 (17.5%)	2:17	26.2 (82.6%)
22	ZALEWSKI Lesław	181		M30	5	00:00:04	00:11:42	00:24:22	00:37:22	00:49:52.05	00:49:56.55	+00:10:06 (20.3%)	2:22	25.3 (79.8%)
23	MAREK Sławomir	152		M30	6	00:00:05	00:12:09	00:24:40	00:37:28	00:50:14.40	00:50:19.90	+00:10:29 (20.9%)	2:23	25.1 (79.2%)
24	PRAJSNAR Robert	175	SPEEDING TURTLES	M50	8	00:00:04	00:12:13	00:24:41	00:37:30	00:50:21.30	00:50:25.40	+00:10:36 (21.1%)	2:23	25 (78.9%)
25	ITALIANO Romano	167	REAL MADRYT	M50	9	00:00:03	00:12:13	00:25:24	00:39:15	00:52:31.10	00:52:34.25	+00:12:46 (24.3%)	2:30	24 (75.7%)
26	ENGELBERG Łukasz	60	INVICTA POWER TEAM	M30	7	00:00:04	00:12:14	00:25:39	00:39:41	00:53:00.25	00:53:05.05	+00:13:15 (25.0%)	2:31	23.8 (75.1%)
27	WRÓBLEWSKI Jędrzej	64		M20	3	00:00:07	00:13:16	00:26:42	00:40:33	00:53:59.00	00:54:06.70	+00:14:13 (26.4%)	2:34	23.3 (73.5%)
28	MATUSZEWSKI Krzysztof	162		M60+	1	00:00:00	00:13:59	00:27:21	00:42:51	00:54:14.00	00:54:14.00	+00:14:28 (26.7%)	2:34	23.2 (73.2%)
29	SZUMLAS Arkadiusz	164	ZOLLER TECH/PROLUBE	M20	4	00:00:02	00:09:44	00:30:07	00:42:08	00:55:28.20	00:55:30.50	+00:15:43 (28.3%)	2:38	22.7 (71.6%)
30	DŹWIGAŁA Mirosław	163	BRAK	M60+	2	00:00:06	00:13:28	00:27:06	00:41:34	00:55:42.00	00:55:48.35	+00:15:56 (28.6%)	2:39	22.6 (71.3%)
31	ANDRZEJCZAK Damian	67		M20	5	00:00:08	00:13:14	00:26:46	00:41:47	00:56:17.70	00:56:26.20	+00:16:32 (29.4%)	2:40	22.4 (70.7%)
32	FILIPOWICZ Kamil	165	ZAJĄCE	M30	8	00:00:08	00:14:17	00:28:40	00:42:49	00:56:29.00	00:56:37.40	+00:16:43 (29.6%)	2:41	22.3 (70.3%)
33	MACIEJEWSKI Marian	150		M60+	3	00:00:07	00:13:54	00:28:14	00:42:49	00:57:41.90	00:57:49.05	+00:17:56 (31.1%)	2:44	21.8 (68.8%)
34	ŚPICA Dariusz	154	JASTRZĘBIE BYDGOSZCZ	M50	10	00:00:08	00:14:40	00:29:44	00:44:50	00:58:52.35	00:59:00.65	+00:19:07 (32.5%)	2:48	21.4 (67.5%)
35	BANIA Zygmunt	174	AMATOR	M60+	4	00:00:05	00:14:43	00:29:44	00:44:54	00:59:09.65	00:59:15.25	+00:19:24 (32.8%)	2:49	21.3 (67.2%)
36	OBREŃBSKI Patryk	59		M30	9	00:00:09	00:15:07	00:30:50	00:46:07	01:01:30.85	01:01:40.50	+00:21:45 (35.4%)	2:55	20.5 (64.7%)
37	KOSKO Cezary	182		M60+	5	00:00:05	00:15:47	00:33:41	00:50:39	01:10:24.10	01:10:29.10	+00:30:39 (43.5%)	3:21	17.9 (56.5%)
	ROGALSKI Sławomir	156	AMATOR	M50		DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 38 wynik(ów)