



ROLL & RUN :: ROLKI SZYBKIE

B4SPORT

Wydarzenie: Roll & Run Stalno 2019
Organizator: KrisMedia Krzysztof Skiera
Data: 2019-04-06
Miejsce: Stalno
Dystans: 21 km

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 5.25km	Finish_All 10.5km	Finish_All 15.75km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	SOLGA Mateusz	267	AZS AWF KATOWICE	M30	1	00:09:14	00:18:49	00:28:23	00:38:05.20	00:38:05.20		1:48	33.1 (100%)
2	FLEJSZER Łukasz	6	U.K.S. ZWOLEŃ-TEAM	M30	2	00:09:15	00:18:49	00:28:23	00:38:06.60	00:38:06.60	+00:00:01 (0.1%)	1:48	33.1 (100%)
3	IGNASZAK Michał	33	PLICHWYŚCIG.PL	M30	3	00:09:24	00:19:08	00:28:56	00:38:43.10	00:38:43.10	+00:00:37 (1.6%)	1:50	32.5 (98.2%)
4	WALICH Maciej	280		M30	4	00:09:24	00:19:08	00:28:56	00:38:43.20	00:38:43.20	+00:00:38 (1.6%)	1:50	32.5 (98.2%)
5	KOC Marcin	34	TOLLA SPEED TEAM TORUŃ	M40	1	00:09:23	00:19:08	00:28:56	00:38:43.30	00:38:43.30	+00:00:38 (1.6%)	1:50	32.5 (98.2%)
6	BUKOWSKI Maciej	1		M30	5	00:09:24	00:19:09	00:28:56	00:38:44.45	00:38:44.45	+00:00:39 (1.7%)	1:50	32.5 (98.2%)
7	DUDA Marcin	31	ROLLA SPEED TEAM	M30	6	00:09:14	00:19:09	00:28:55	00:38:49.00	00:38:49.00	+00:00:43 (1.9%)	1:50	32.5 (98.2%)
8	CHOJNACKI Mateusz	25	UKS ZWOLEŃ TEAM	M20	1	00:09:55	00:20:22	00:30:47	00:40:49.80	00:40:49.80	+00:02:44 (6.7%)	1:56	30.9 (93.4%)
9	GAWEŁ Rafał	219	AZS AWF KATOWICE	M20	2	00:10:01	00:20:30	00:30:47	00:41:00.60	00:41:00.60	+00:02:55 (7.1%)	1:57	30.7 (92.7%)
10	BOGUSŁAWSKI Karol	210	PLICHWYSCIG.PL	M20	3	00:10:02	00:20:29	00:30:47	00:41:06.00	00:41:06.00	+00:03:00 (7.3%)	1:57	30.7 (92.7%)
11	ANDRZEJEWSKI Piotr	26	4SKATING	M40	2	00:10:03	00:20:29	00:30:48	00:41:06.25	00:41:06.25	+00:03:01 (7.3%)	1:57	30.7 (92.7%)
12	ŁABINOWICZ Szymon	38	TWISTER TRÓJMIASTO	M20	4	00:10:04	00:20:30	00:30:47	00:41:16.80	00:41:16.80	+00:03:11 (7.7%)	1:57	30.5 (92.1%)
13	CHOJECKI Dariusz	2		M50	1	00:10:04	00:20:30	00:30:47	00:41:26.00	00:41:26.00	+00:03:20 (8.1%)	1:58	30.4 (91.8%)
14	KSENIAK Tomasz	243	TWISTER TRÓJMIASTO	M40	3	00:10:26	00:20:48	00:31:50	00:42:21.80	00:42:21.80	+00:04:16 (10.1%)	2:01	29.8 (90.0%)
15	PIELECH Piotr	257	LEGIA WARSZAWA MASTERS	M40	4	00:10:03	00:20:32	00:31:35	00:42:26.50	00:42:26.50	+00:04:21 (10.3%)	2:01	29.7 (89.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 5.25km	Finish_All 10.5km	Finish_All 15.75km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 21km	brutto 21km			
16	CIBOROWSKI Sebastian	4	SENASPORT PISZ	M40	5	00:10:26	00:20:48	00:31:39	00:42:29.95	00:42:29.95	+00:04:24 (10.4%)	2:01	29.7 (89.7%)
17	CHARUBIN Sławomir	213	ZICO RACING SPEED TEAM	M50	2	00:10:03	00:20:32	00:31:33	00:42:47.45	00:42:47.45	+00:04:42 (11.0%)	2:02	29.5 (89.1%)
18	ZIÓLKOWSKI Julian	20	STOWARZYSZENIE WROTKARSKIE GDAŃSKIE LWY	M50	3	00:10:25	00:20:59	00:32:18	00:43:35.60	00:43:35.60	+00:05:30 (12.6%)	2:04	28.9 (87.3%)
19	JARKIEWICZ Marcin	227	LEGIA WARSZAWA MASTERS	M50	4	00:10:03	00:20:54	00:32:18	00:43:37.10	00:43:37.10	+00:05:31 (12.7%)	2:04	28.9 (87.3%)
20	SLIWINSKI Henryk	49		M60+	1	00:10:45	00:21:32	00:32:43	00:43:41.10	00:43:41.10	+00:05:35 (12.8%)	2:04	28.8 (87.0%)
21	KOSZAŁKA Andrzej	36		M30	7	00:10:25	00:21:32	00:32:43	00:43:41.20	00:43:41.20	+00:05:36 (12.8%)	2:04	28.8 (87.0%)
22	DEUS Grzegorz	30		M40	6	00:10:45	00:21:33	00:32:45	00:43:41.65	00:43:41.65	+00:05:36 (12.8%)	2:04	28.8 (87.0%)
23	KABZA Grzegorz	229	SKATE2CITY	M50	5	00:10:47	00:21:33	00:32:45	00:43:43.05	00:43:43.05	+00:05:37 (12.9%)	2:04	28.8 (87.0%)
24	KOSMALA Mateusz	234	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M20	5	00:10:01	00:20:49	00:32:45	00:43:47.85	00:43:47.85	+00:05:42 (13.0%)	2:05	28.8 (87.0%)
25	WARCHOŁ Łukasz	281	WSR POLSKATER	M30	8	00:10:26	00:21:32	00:32:44	00:44:05.70	00:44:05.70	+00:06:00 (13.6%)	2:05	28.6 (86.4%)
26	ZDANCEWICZ Paweł	290	LEGIA WARSZAWA MASTERS	M40	7	00:10:37	00:21:40	00:33:31	00:44:40.45	00:44:40.45	+00:06:35 (14.7%)	2:07	28.2 (85.2%)
27	MĄDROSZYK Dawid	42	SKATE2CITY	M30	9	00:10:47	00:21:47	00:33:30	00:44:42.60	00:44:42.60	+00:06:37 (14.8%)	2:07	28.2 (85.2%)
28	WRÓBEL Antoni	51		M60+	2	00:10:46	00:21:55	00:33:31	00:44:43.30	00:44:43.30	+00:06:38 (14.8%)	2:07	28.2 (85.2%)
29	KOSCIOWSKA Agnieszka	9		K30	1	00:10:47	00:21:56	00:33:31	00:44:45.20	00:44:45.20	+00:06:40 (14.9%)	2:07	28.2 (85.2%)
30	STĘPIEŃ Magdalena	272	SKATE2CITY	K30	2	00:10:48	00:21:56	00:33:52	00:45:16.75	00:45:16.75	+00:07:11 (15.9%)	2:09	27.8 (84.0%)
31	SAPIJASZKO Łukasz	48	LEGIA WARSZAWA MASTERS	M40	8	00:10:26	00:21:54	00:33:53	00:45:21.70	00:45:21.70	+00:07:16 (16.0%)	2:09	27.8 (84.0%)
32	KARAŚ Dominika	8	LEGIA WARSZAWA MASTERS	K30	3	00:10:53	00:22:19	00:33:56	00:45:25.55	00:45:25.55	+00:07:20 (16.2%)	2:09	27.7 (83.7%)
32	HACKERT Marek	225	ROLLER CHOJNICE	M50	6	00:11:00	00:22:20	00:33:56	00:45:25.55	00:45:25.55	+00:07:20 (16.2%)	2:09	27.7 (83.7%)
34	MENET Krystian	251	SKATE2CITY	M40	9	00:10:53	00:22:19	00:33:56	00:45:27.00	00:45:27.00	+00:07:21 (16.2%)	2:09	27.7 (83.7%)
35	KWIATKOWSKI Łukasz	245	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M30	10	00:10:44	00:21:56	00:33:53	00:45:42.65	00:45:42.65	+00:07:37 (16.7%)	2:10	27.6 (83.4%)
36	SOSNOWSKI Paweł	268		M30	11	00:12:10	00:23:27	00:35:29	00:46:39.70	00:46:39.70	+00:08:34 (18.4%)	2:13	27 (81.6%)
37	KASPROWICZ Daniel	230	PLICHWYSCIG.PL	M40	10	00:11:09	00:22:41	00:34:59	00:46:50.55	00:46:50.55	+00:08:45 (18.7%)	2:13	26.9 (81.3%)
38	SZYSZKA Hubert	277	ZICO RACING SPEED TEAM/ SWW MALTA	M40	11	00:11:09	00:22:51	00:35:18	00:47:05.00	00:47:05.00	+00:08:59 (19.1%)	2:14	26.8 (81.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All	Finish_All	Finish_All	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						5.25km	10.5km	15.75km	21km	21km			
38	SIERPOWSKI Zbigniew	264	PLICHWYSCIG.PL	M40	12	00:11:33	00:23:06	00:35:28	00:47:05.00	00:47:05.00	+00:08:59 (19.1%)	2:14	26.8 (81.0%)
40	KARAŚ Tomasz	7	LEGIA WARSZAWA MASTERS	M30	12	00:11:44	00:23:27	00:35:29	00:47:08.90	00:47:08.90	+00:09:03 (19.2%)	2:14	26.7 (80.7%)
41	ZOREMBA Jan	52	AZS AWF KATOWICERT	M60+	3	00:11:35	00:23:19	00:35:27	00:47:17.65	00:47:17.65	+00:09:12 (19.5%)	2:15	26.6 (80.4%)
42	WÓJCIK Tomasz	50	MAKALU TEAM	M40	13	00:11:10	00:23:19	00:35:27	00:47:17.95	00:47:17.95	+00:09:12 (19.5%)	2:15	26.6 (80.4%)
43	WOŹNICKI Paweł	19	SPEEDSKATINGLDZ	M50	7	00:11:34	00:23:20	00:35:28	00:47:18.05	00:47:18.05	+00:09:12 (19.5%)	2:15	26.6 (80.4%)
44	ŁABINOWICZ Piotr	37	TWISTER TRÓJMIASTO	M40	14	00:10:47	00:22:12	00:35:11	00:47:58.00	00:47:58.00	+00:09:52 (20.6%)	2:17	26.3 (79.5%)
45	BĄCZYK Tadeusz	208	ROSTARZEWO	M30	13	00:11:35	00:23:20	00:35:27	00:48:13.35	00:48:13.35	+00:10:08 (21.0%)	2:17	26.1 (78.9%)
46	PARASZKA Łukasz	14	MINIONS SPEED TEAM	M30	14	00:11:54	00:24:14	00:36:43	00:48:24.85	00:48:24.85	+00:10:19 (21.3%)	2:18	26 (78.5%)
47	SAPIJASZKO Marta	47	LEGIA WARSZAWA MASTERS	K30	4	00:11:36	00:23:52	00:36:33	00:48:25.80	00:48:25.80	+00:10:20 (21.4%)	2:18	26 (78.5%)
48	PARTYKA Natalia	15	ZICO RACING SPEED TEAM	K30	5	00:11:36	00:23:52	00:36:33	00:48:29.00	00:48:29.00	+00:10:23 (21.4%)	2:18	26 (78.5%)
49	DUBIAŁ Rafał	215	ZICO RACING SPEED TEAM	M40	15	00:11:35	00:24:24	00:37:07	00:49:06.20	00:49:06.20	+00:11:01 (22.4%)	2:20	25.7 (77.6%)
49	WOJCIECHOWSKI Michał	287		M40	16	00:12:26	00:24:41	00:37:07	00:49:06.20	00:49:06.20	+00:11:01 (22.4%)	2:20	25.7 (77.6%)
51	MAJEWSKI Piotr	40	SKATE2CITY	M60+	4	00:12:06	00:24:24	00:36:45	00:49:12.05	00:49:12.05	+00:11:06 (22.6%)	2:20	25.6 (77.3%)
52	URYZAJ Karolina	279	SKATE2CITY	K40	1	00:12:07	00:24:24	00:36:45	00:49:12.55	00:49:12.55	+00:11:07 (22.6%)	2:20	25.6 (77.3%)
53	KRAJNIK Jacek	238		M50	8	00:12:07	00:24:37	00:37:07	00:49:32.80	00:49:32.80	+00:11:27 (23.1%)	2:21	25.4 (76.7%)
54	PRZYBYŚLAWSKA Paulina	46	UKS ZWOLEŃ TEAM	K20	1	00:11:35	00:23:55	00:36:43	00:49:42.25	00:49:42.25	+00:11:37 (23.4%)	2:22	25.4 (76.7%)
55	KOZŁOWSKA Karolina	237	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	K40	2	00:12:21	00:24:43	00:37:26	00:50:07.40	00:50:07.40	+00:12:02 (24.0%)	2:23	25.1 (75.8%)
56	GOŁECKA Bożena	32	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	K50	1	00:12:19	00:24:41	00:37:23	00:50:07.90	00:50:07.90	+00:12:02 (24.0%)	2:23	25.1 (75.8%)
57	NOREK Miłosz	252	SKATE2CITY	M50	9	00:12:19	00:24:42	00:37:23	00:50:08.20	00:50:08.20	+00:12:03 (24.0%)	2:23	25.1 (75.8%)
58	FLIS Krzysztof	218	AMATOR	M50	10	00:12:42	00:25:23	00:38:26	00:51:02.05	00:51:02.05	+00:12:56 (25.4%)	2:25	24.7 (74.6%)
59	SURMA Balbina	18		K20	2	00:12:29	00:25:19	00:38:27	00:51:25.85	00:51:25.85	+00:13:20 (25.9%)	2:26	24.5 (74.0%)
60	KRZYŻANOWSKI Jarosław	241		M50	11	00:12:10	00:24:38	00:38:04	00:51:25.90	00:51:25.90	+00:13:20 (25.9%)	2:26	24.5 (74.0%)
61	EBERTOWSKI Michał	216		M30	15	00:12:49	00:25:47	00:38:52	00:51:45.25	00:51:45.25	+00:13:40 (26.4%)	2:27	24.3 (73.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 5.25km	Finish_All 10.5km	Finish_All 15.75km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 21km	brutto 21km			
62	KOSIEDOWSKI Patryk	233	AKADEMIA SPORTOWEGO ROZWOJU NATALII CZERWONKI	M30	16	00:12:48	00:25:43	00:39:14	00:52:35.60	00:52:35.60	+00:14:30 (27.6%)	2:30	24 (72.5%)
63	PRIEBE Jacek	45	PLICHWYSCIG.PL	M50	12	00:12:26	00:25:19	00:39:04	00:52:38.65	00:52:38.65	+00:14:33 (27.7%)	2:30	23.9 (72.2%)
64	LEŚNIEWICZ Danuta	11	MINIONSSPEEDTEAM	K30	6	00:12:43	00:25:25	00:39:03	00:52:41.80	00:52:41.80	+00:14:36 (27.7%)	2:30	23.9 (72.2%)
65	KONIC-KOSMALA Katarzyna	232		K20	3	00:12:43	00:25:42	00:39:15	00:52:59.75	00:52:59.75	+00:14:54 (28.1%)	2:31	23.8 (71.9%)
66	BRYCHCY Artur	211	GRODZISK WIELKOPOLSKI	M40	17	00:12:42	00:25:58	00:39:27	00:52:59.90	00:52:59.90	+00:14:54 (28.1%)	2:31	23.8 (71.9%)
67	CHMAL Damian	214	AKADEMIA SPORTOWEGO ROZWOJU NATALII CZERWONKI	M40	18	00:12:49	00:26:04	00:39:42	00:53:23.90	00:53:23.90	+00:15:18 (28.7%)	2:32	23.6 (71.3%)
68	HILLER Marta	226		K20	4	00:13:03	00:26:30	00:40:36	00:54:18.80	00:54:18.80	+00:16:13 (29.9%)	2:35	23.2 (70.1%)
69	KRYSTEK Dariusz	240		M30	17	00:12:43	00:26:38	00:40:37	00:54:19.10	00:54:19.10	+00:16:13 (29.9%)	2:35	23.2 (70.1%)
70	RADOMSKI Radosław	260	PLICH WYŚCIG	M40	19	00:12:30	00:26:30	00:40:36	00:54:19.20	00:54:19.20	+00:16:14 (29.9%)	2:35	23.2 (70.1%)
71	ABRAM Bogumił	206	GSL CZARNE PANTERY	M60+	5	00:12:48	00:25:58	00:40:08	00:54:36.95	00:54:36.95	+00:16:31 (30.3%)	2:36	23.1 (69.8%)
72	STEFANIAK Wojciech	271	TWISTER TRÓJMIASTO	M60+	6	00:12:48	00:25:58	00:40:08	00:54:38.05	00:54:38.05	+00:16:32 (30.3%)	2:36	23.1 (69.8%)
73	MACIEJEWSKI Marian	39		M60+	7	00:13:29	00:27:11	00:41:09	00:55:49.65	00:55:49.65	+00:17:44 (31.8%)	2:39	22.6 (68.3%)
74	NOWICKI Leszek	12		M50	13	00:14:35	00:28:36	00:42:37	00:56:54.70	00:56:54.70	+00:18:49 (33.1%)	2:42	22.1 (66.8%)
75	WIATROWSKI Roman Wiatrowski	283		M40	20	00:13:54	00:27:46	00:42:33	00:57:14.00	00:57:14.00	+00:19:08 (33.5%)	2:43	22 (66.5%)
76	BOGUCKA Barbara	209	SKATE2CIYY	K40	3	00:13:54	00:28:13	00:42:54	00:57:49.20	00:57:49.20	+00:19:44 (34.1%)	2:45	21.8 (65.9%)
77	CIBOROWSKA Aneta	3		K40	4	00:15:14	00:29:53	00:44:16	00:58:22.45	00:58:22.45	+00:20:17 (34.8%)	2:46	21.6 (65.3%)
78	ROGALSKI Jarosław	261		M50	14	00:14:33	00:28:57	00:43:45	00:58:26.60	00:58:26.60	+00:20:21 (34.8%)	2:46	21.6 (65.3%)
79	MASŁOWSKI Aleksander	41	SOFTRONIC SKATE TEAM	M60+	8	00:13:42	00:28:08	00:43:29	00:59:04.15	00:59:04.15	+00:20:58 (35.5%)	2:48	21.3 (64.4%)
80	CHABERSKI Michał	212	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M40	21	00:14:30	00:29:19	00:44:43	00:59:29.60	00:59:29.60	+00:21:24 (36.0%)	2:49	21.2 (64.0%)
81	OSZCZYK Grzegorz	43	AMATOR	M60+	9	00:13:55	00:29:04	00:44:31	00:59:32.00	00:59:32.00	+00:21:26 (36.0%)	2:50	21.2 (64.0%)
82	JUNKA Małgorzata	228	K.S.JASTRZĘBIE BYDGOSZCZ	K40	5	00:14:30	00:29:20	00:44:44	00:59:56.50	00:59:56.50	+00:21:51 (36.5%)	2:51	21 (63.4%)
83	WŁODZIMIERZ Łubek	286	AMATOR	M60+	10	00:14:28	00:29:20	00:44:45	00:59:57.45	00:59:57.45	+00:21:52 (36.5%)	2:51	21 (63.4%)
84	KOSMALA Jan	235		M30	18	00:14:28	00:29:47	00:45:23	01:00:26.00	01:00:26.00	+00:22:20 (37.0%)	2:52	20.8 (62.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 5.25km	Finish_All 10.5km	Finish_All 15.75km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 21km	brutto 21km			
85	PLOTKOWSKI Roman	258		M40	22	00:14:58	00:30:36	00:46:40	01:02:19.75	01:02:19.75	+00:24:14 (38.9%)	2:58	20.2 (61.0%)
86	POMORSKA Natalia	259		K30	7	00:15:26	00:31:22	00:47:32	01:03:10.60	01:03:10.60	+00:25:05 (39.7%)	3:00	19.9 (60.1%)
87	BANIA Zygmunt	27	KURSANT	M60+	11	00:15:38	00:31:23	00:47:32	01:03:35.60	01:03:35.60	+00:25:30 (40.1%)	3:01	19.8 (59.8%)
88	KOWALSKA Michalina	10	SPORT ZDROWIE KONDYCJA	K20	5	00:16:03	00:31:46	00:47:52	01:04:03.90	01:04:03.90	+00:25:58 (40.5%)	3:03	19.7 (59.5%)
89	RUSAK Bogdan	262		M60+	12	00:15:13	00:31:30	00:48:00	01:04:44.40	01:04:44.40	+00:26:39 (41.2%)	3:04	19.5 (58.9%)
90	PATORA Jerzy	255	SKATE2CITY	M60+	13	00:15:02	00:31:46	00:48:19	01:04:48.70	01:04:48.70	+00:26:43 (41.2%)	3:05	19.4 (58.6%)
91	KROKOSZYŃSKA-KAMOŃ Monika	239	NIEZRZESZONA	K40	6	00:16:51	00:33:07	00:49:16	01:06:00.50	01:06:00.50	+00:27:55 (42.3%)	3:08	19.1 (57.7%)
92	STANKIEWICZ Krzysztof	270		M40	23	00:14:47	00:31:21	00:49:15	01:07:20.00	01:07:20.00	+00:29:14 (43.4%)	3:12	18.7 (56.5%)
93	ŁUKAWSKI Damian	248	TURBOGROSZKI.RUN	M20	6	00:16:18	00:33:36	00:50:54	01:09:06.10	01:09:06.10	+00:31:00 (44.9%)	3:17	18.2 (55.0%)
94	SZREDER Mariola	276		K40	7	00:17:05	00:34:11	00:51:34	01:09:15.35	01:09:15.35	+00:31:10 (45.0%)	3:17	18.2 (55.0%)
95	OLEJNICZAK Alina	13		K30	8	00:17:55	00:35:24	00:53:38	01:10:55.85	01:10:55.85	+00:32:50 (46.3%)	3:22	17.8 (53.8%)
96	WOJTASZEK Roman	288		M60+	14	00:16:11	00:33:46	00:52:38	01:12:34.60	01:12:34.60	+00:34:29 (47.5%)	3:27	17.4 (52.6%)
97	NOWACKI Wojciech	253		M50	15	00:17:56	00:35:11	00:53:20	01:13:56.00	01:13:56.00	+00:35:50 (48.5%)	3:31	17 (51.4%)
98	SZOSTAKOWSKI Adam	275		M50	16	00:17:37	00:35:57	00:56:34	01:17:50.80	01:17:50.80	+00:39:45 (51.1%)	3:42	16.2 (48.9%)
99	NOWAKOWSKA Angelika	254		K30	9	00:19:30	00:38:50	00:59:05	01:19:11.70	01:19:11.70	+00:41:06 (51.9%)	3:46	15.9 (48.0%)
100	ŁOTOCKA Sylwia	247		K40	8	00:19:31	00:38:55	00:59:10	01:19:21.50	01:19:21.50	+00:41:16 (52.0%)	3:46	15.9 (48.0%)
101	MEIER Michelle	250		K20	6	00:19:34	00:38:53	00:59:10	01:19:21.85	01:19:21.85	+00:41:16 (52.0%)	3:46	15.9 (48.0%)
102	WILCZAK Teresa	285	SKATE2CITY	K60+	1	00:20:11	00:40:03	01:00:04	01:19:47.15	01:19:47.15	+00:41:41 (52.3%)	3:47	15.8 (47.7%)
103	SZOSTAKOWSKA Maria	274		K20	7	00:19:14	00:38:42	01:00:28	01:23:20.30	01:23:20.30	+00:45:15 (54.3%)	3:58	15.1 (45.6%)
104	BRZÓSKA Andrzej	29		M60+	15	00:18:24	00:37:50	01:00:15	01:30:17.80	01:30:17.80	+00:52:12 (57.8%)	4:17	14 (42.3%)
105	SOBCZYŃSKI Bartosz	266		M30	19	00:14:29	00:28:38	00:43:08			+00:14:45	2:44	21.9 (66.2%)
106	STRZAŁKOWSKI Andrzej	273		M50	17	00:13:54	00:27:46	00:56:16			+00:27:53	3:34	16.8 (50.8%)
107	WESOŁOWSKI Krzysztof	282		M40	24	00:11:41	00:25:53				+00:07:04	2:27	24.3 (73.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All 5.25km	Finish_All 10.5km	Finish_All 15.75km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
108	FILIPCZYK Joanna	5	OSTRÓDA RUNNERS	K40	9	00:19:37					+00:10:22	3:44	16.1 (48.6%)
109	KRZYŻANOWSKI Anna	242		K50	2	00:24:22					+00:15:07	4:38	12.9 (39.0%)

Znaleziono 109 wynik(ów)