



ROLL & RUN :: ROLKI SZYBKIE

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Roll & Run Bydgoszcz 2017
Stowarzyszenie Podejmij Wyzwanie
2017-09-02
Bydgoszcz
20 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All										Czas		Tempo min/km	Tempo km/h	
						3.4km	3.6km	7km	7.2km	10.6km	10.8km	14.2km	14.4km	17.8km	18km	21.4km	21.4km			Różn
1	MILER Lukasz	186	PLICHWYSCIG.PL/ROLL4LIFE	M30	1	00:05:52	00:06:25	00:12:12	00:12:43	00:18:29	00:19:03	00:24:38	00:25:14	00:30:47	00:31:23	00:37:04.75	00:37:08.00		1:43	34.6 (100%)
2	KRYNICKI Maciej	204	PLICHWYSCIG.PL/ROLL4LIFE	M20	1	00:05:53	00:06:26	00:12:11	00:12:43	00:18:30	00:19:04	00:24:40	00:25:14	00:30:49	00:31:23	00:37:06.15	00:37:08.30	+00:00:00 (0.0%)	1:44	34.6 (100%)
3	WALICH Maciej	183	PLICHWYSCIG.PL/ROLL4LIFE	M20	2	00:05:53	00:06:25	00:12:12	00:12:44	00:18:31	00:19:05	00:24:40	00:25:16	00:30:49	00:31:25	00:37:06.55	00:37:08.35	+00:00:00 (0.0%)	1:44	34.6 (100%)
4	ŚLAŃSKI Piotr	176	GIŻYCKIE STOWARZYSZENIE ŁYŹWIARSKIE CZARNE PANTERY	M20	3	00:05:53	00:06:26	00:12:26	00:12:59	00:18:53	00:19:28	00:25:10	00:25:42	00:31:36	00:32:07	00:37:57.60	00:37:59.35	+00:00:51 (2.3%)	1:46	33.8 (97.7%)
5	FLEJSZER Łukasz	194	U.K.S. ZWOLEŃ-TEAM	M30	2	00:05:53	00:06:26	00:12:26	00:12:59	00:18:53	00:19:27	00:25:11	00:25:42	00:31:36	00:32:08	00:38:01.65	00:38:03.15	+00:00:55 (2.4%)	1:46	33.8 (97.7%)
6	CHOJECKI Dariusz	216	ONIA TEAM	M50	1	00:05:52	00:06:25	00:12:24	00:12:58	00:18:51	00:19:27	00:25:12	00:25:42	00:31:34	00:32:06	00:38:04.05	00:38:07.90	+00:00:59 (2.6%)	1:46	33.7 (97.4%)
7	BUKOWSKI Maciej	214	SPORT4LIFE	M30	3	00:05:53	00:06:26	00:12:26	00:12:59	00:18:52	00:19:27	00:25:22	00:25:57	00:32:01	00:32:35	00:38:38.85	00:38:40.90	+00:01:32 (4.0%)	1:48	33.2 (96.0%)
8	ZIÓŁKOWSKI Julian	215	STOWARZYSZENIE WROTKARSKIE 'GDAŃSKIE LWY'	M50	2	00:05:53	00:06:27	00:12:26	00:12:57	00:18:53	00:19:27	00:25:21	00:25:57	00:32:01	00:32:34	00:38:47.60	00:38:51.25	+00:01:43 (4.4%)	1:48	33.1 (95.7%)
9	KOC Marcin	182	ROLLA SPEED TEAM	M40	1	00:05:52	00:06:26	00:12:25	00:12:57	00:19:04	00:19:40	00:25:55	00:26:30	00:32:42	00:33:18	00:39:18.05	00:39:21.75	+00:02:13 (5.7%)	1:50	32.7 (94.5%)
10	WRÓBEL Antoni	100		M60+	1	00:05:54	00:06:28	00:12:30	00:13:02	00:19:05	00:19:40	00:25:54	00:26:30	00:32:43	00:33:18	00:39:21.65	00:39:24.90	+00:02:16 (5.8%)	1:50	32.6 (94.2%)
11	SOCZOMSKI Mirosław	201	EDI TEAM ZGORZELEC	M50	3	00:05:53	00:06:27	00:12:28	00:13:01	00:19:04	00:19:40	00:25:55	00:26:31	00:32:43	00:33:18	00:39:22.10	00:39:25.85	+00:02:17 (5.8%)	1:50	32.6 (94.2%)
12	DOBRYŃSKI Mateusz	111	PLICHWYSCIG.PL/ROLL4LIFE	M20	4	00:05:48	00:06:21	00:12:30	00:13:02	00:19:06	00:19:42	00:25:57	00:26:33	00:32:44	00:33:20	00:39:24.85	00:39:26.45	+00:02:18 (5.9%)	1:50	32.6 (94.2%)
13	MALISZEWSKI Zdzisław	170	GIŻYCKIE STOWARZYSZENIE ŁYŹWIARSKIE CZARNE PANTERY	M60+	2	00:05:56	00:06:29	00:13:03	00:13:40	00:19:06	00:19:42	00:25:56	00:26:31	00:32:43	00:33:19	00:39:24.10	00:39:27.00	+00:02:19 (5.9%)	1:50	32.6 (94.2%)
14	CIBOROWSKI Sebastian	223	SEBA-SPORT PISZ	M40	2	00:05:55	00:06:27	00:12:28	00:12:59	00:18:56	00:19:28	00:25:35	00:26:11	00:32:44	00:33:20	00:39:24.40	00:39:27.35	+00:02:19 (5.9%)	1:50	32.6 (94.2%)
15	MAZUREK Wiesław	154		M40	3	00:05:54	00:06:27	00:12:31	00:13:03	00:19:05	00:19:40	00:25:55	00:26:31	00:32:42	00:33:17	00:39:39.50	00:39:43.00	+00:02:35 (6.5%)	1:51	32.4 (93.6%)
16	KWIATKOWSKI Radosław	184	K.S. JASTRZĘBIE BYDGOSZCZ/MORIW GRUDZIĄDZ	M30	4	00:05:55	00:06:29	00:12:29	00:13:03	00:19:39	00:20:17	00:26:46	00:27:22	00:33:46	00:34:24	00:40:44.75	00:40:46.55	+00:03:38 (8.9%)	1:54	31.5 (91.0%)
17	SACZUK Wojciech	153	TWISTER TRÓJMIASTO	M50	4	00:05:54	00:06:30	00:12:31	00:13:09	00:19:38	00:20:17	00:26:43	00:27:21	00:33:46	00:34:23	00:40:44.40	00:40:47.00	+00:03:39 (8.9%)	1:54	31.5 (91.0%)
18	ŁABINOWICZ Piotr	188		M40	4	00:05:52	00:06:28	00:12:29	00:13:04	00:19:35	00:20:14	00:26:41	00:27:17	00:33:43	00:34:20	00:40:42.00	00:40:47.20	+00:03:39 (9.0%)	1:54	31.5 (91.0%)
19	SLIWINSKI Henryk	149	ROLLA SPEED TEAM	M60+	3	00:05:54	00:06:30	00:12:30	00:13:03	00:19:05	00:19:40	00:26:25	00:27:05	00:33:45	00:34:22	00:41:14.50	00:41:18.20	+00:04:10 (10.1%)	1:55	31.1 (89.9%)
20	BAKOWSKI Radosław	106	PLICHWYSCIG.PL/ROLL4LIFE 2	M30	5	00:05:54	00:06:28	00:12:35	00:13:10	00:19:59	00:20:35	00:27:19	00:27:54	00:34:50	00:35:27	00:42:14.40	00:42:18.25	+00:05:10 (12.2%)	1:58	30.4 (87.9%)
21	SZCZEPAŃSKI Adam	168	STOWARZYSZENIE WROTKARSKIE 'GDAŃSKIE LWY'	M20	5	00:06:12	00:06:49	00:13:27	00:14:05	00:20:46	00:21:27	00:28:05	00:28:43	00:35:21	00:35:56	00:42:24.65	00:42:29.45	+00:05:21 (12.6%)	1:58	30.3 (87.6%)
22	CHOMIAK Mariusz	167	X-TRAINER	M40	5	00:05:55	00:06:28	00:12:32	00:13:09	00:19:59	00:20:35	00:27:19	00:28:01	00:35:22	00:35:58	00:42:26.20	00:42:30.00	+00:05:22 (12.6%)	1:59	30.2 (87.3%)
23	KWIATKOWSKI Łukasz	128	K.S. JASTRZĘBIE BYDGOSZCZ/MORIW GRUDZIĄDZ	M30	6	00:06:12	00:06:50	00:13:27	00:14:04	00:20:47	00:21:27	00:28:07	00:28:44	00:35:21	00:35:57	00:42:26.55	00:42:30.20	+00:05:22 (12.6%)	1:59	30.2 (87.3%)
24	KOSCIOWSKA Agnieszka	202	ZICO RACING SPEED TEAM	K30	1	00:06:11	00:06:50	00:13:25	00:14:05	00:20:45	00:21:25	00:28:06	00:28:43	00:35:22	00:35:58	00:42:26.35	00:42:30.50	+00:05:22 (12.6%)	1:58	30.3 (87.6%)
25	WESOŁOWSKI Krzysztof	121	K.S. JASTRZĘBIE BYDGOSZCZ/MORIW GRUDZIĄDZ	M40	6	00:06:11	00:06:50	00:13:28	00:14:05	00:20:46	00:21:26	00:28:07	00:28:44	00:35:21	00:35:58	00:42:27.45	00:42:30.95	+00:05:22 (12.7%)	1:59	30.2 (87.3%)
26	STANISZEWSKI Jarosław	117	TR STARBLADE	M40	7	00:06:04	00:06:42	00:13:17	00:13:56	00:20:45	00:21:25	00:28:06	00:28:43	00:35:20	00:35:56	00:42:26.35	00:42:31.85	+00:05:23 (12.7%)	1:58	30.3 (87.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish										Czas		Różn	Tempo min/km	Tempo km/h
						All	All	All	All	All	All	All	All	All	All	All	netto			
						3.4km	3.6km	7km	7.2km	10.6km	10.8km	14.2km	14.4km	17.8km	18km	21.4km	21.4km			
27	MAJORCZYK Katarzyna	119	PLICHWYSCIG.PL/ROLL4LIFE 2	K20	1	00:06:11	00:06:48	00:13:25	00:14:04	00:20:45	00:21:25	00:28:06	00:28:43	00:35:21	00:35:57	00:42:28.65	00:42:33.55	+00:05:25 (12.7%)	1:59	30.2 (87.3%)
28	PARASZKA Łukasz	207		M30	7	00:06:26	00:07:01	00:13:45	00:14:22	00:21:04	00:21:42	00:28:43	00:29:22	00:36:20	00:37:00	00:43:36.05	00:43:43.00	+00:06:35 (15.1%)	2:02	29.4 (85.0%)
29	ŚLAŚKI Piotr	139	GIŻYCKIE STOWARZYSZENIE ŁYŻWIARSKIE CZARNE PANTERY	M40	8	00:06:21	00:06:58	00:13:46	00:14:24	00:21:08	00:21:45	00:28:44	00:29:24	00:36:22	00:37:02	00:43:43.40	00:43:48.00	+00:06:40 (15.2%)	2:02	29.4 (85.0%)
30	KOCHAŃSKI Andrzej	157	TWISTER TRÓJMIASTO / PASSOSPORT.PL	M40	9	00:06:17	00:06:54	00:13:42	00:14:20	00:21:04	00:21:41	00:28:43	00:29:21	00:36:20	00:36:59	00:43:43.30	00:43:50.85	+00:06:42 (15.3%)	2:02	29.4 (85.0%)
31	SADOWSKI Wojciech	212	AMATOR	M50	5	00:06:27	00:07:02	00:13:44	00:14:22	00:21:05	00:21:42	00:28:43	00:29:22	00:36:20	00:36:59	00:43:50.90	00:43:56.90	+00:06:48 (15.5%)	2:02	29.3 (84.7%)
32	FILIPIAK Ernest	140	PLICHWYSCIG.PL/ROLL4LIFE 2	M40	10	00:06:46	00:07:30	00:14:18	00:14:57	00:21:46	00:22:27	00:29:31	00:30:11	00:37:22	00:38:02	00:44:46.85	00:44:50.55	+00:07:42 (17.2%)	2:05	28.7 (82.9%)
33	SZMYT Rafał	126	PLICHWYSCIG.PL/ROLL4LIFE 2	M20	6	00:06:43	00:07:18	00:14:15	00:14:53	00:21:46	00:22:25	00:29:28	00:30:06	00:37:20	00:37:59	00:44:45.40	00:44:50.80	+00:07:42 (17.2%)	2:05	28.7 (82.9%)
34	SZYSZKA Hubert	155	ZICO RACING SPEED TEAM	M40	11	00:06:33	00:07:16	00:14:11	00:14:51	00:21:42	00:22:22	00:29:25	00:30:05	00:37:10	00:37:49	00:44:44.10	00:44:51.00	+00:07:43 (17.2%)	2:05	28.7 (82.9%)
35	SIERPOWSKI Zbigniew	109	PLICHWYSCIG.PL/ROLL4LIFE 3	M30	8	00:06:12	00:06:55	00:14:17	00:14:59	00:21:48	00:22:27	00:29:32	00:30:11	00:37:22	00:38:02	00:44:47.00	00:44:51.30	+00:07:43 (17.2%)	2:05	28.7 (82.9%)
36	BRYCHCY Artur	192	SKATE2CITY	M30	9	00:06:31	00:07:09	00:14:08	00:14:46	00:21:45	00:22:25	00:29:27	00:30:07	00:37:11	00:37:50	00:44:45.85	00:44:51.40	+00:07:43 (17.2%)	2:05	28.7 (82.9%)
37	LEMMLE Krzysztof	158	JABRA RT FRIENDS	M40	12	00:06:35	00:07:13	00:14:05	00:14:44	00:21:45	00:22:23	00:29:27	00:30:07	00:37:13	00:37:51	00:44:49.35	00:44:54.40	+00:07:46 (17.3%)	2:05	28.7 (82.9%)
38	MITKOWSKA Natalia	218		K30	2	00:06:38	00:07:13	00:14:02	00:14:43	00:21:45	00:22:24	00:29:27	00:30:06	00:37:10	00:37:48	00:44:46.85	00:44:54.80	+00:07:46 (17.3%)	2:05	28.7 (82.9%)
39	NOREK Adrian	175	PLICHWYSCIG.PL/ROLL4LIFE 3	M30	10	00:06:41	00:07:17	00:14:12	00:14:51	00:21:44	00:22:25	00:29:28	00:30:07	00:37:14	00:37:52	00:44:55.30	00:45:01.30	+00:07:53 (17.5%)	2:05	28.6 (82.7%)
40	PIKULSKI Grzegorz	98	K.S. JASTRZĘBIE BYDGOSZCZ/MORIW GRUDZIĄDZ	M40	13	00:06:10	00:06:48	00:13:25	00:14:04	00:20:44	00:21:24	00:28:10	00:28:48	00:36:27	00:37:09	00:44:58.00	00:45:03.55	+00:07:55 (17.6%)	2:06	28.6 (82.7%)
41	LORKOWSKI Jan	129	ROLLA SPEED TEAM	M60+	4	00:06:44	00:07:21	00:14:14	00:14:53	00:21:45	00:22:26	00:29:31	00:30:10	00:37:17	00:37:58	00:45:00.30	00:45:05.70	+00:07:57 (17.7%)	2:06	28.5 (82.4%)
42	SOSNOWSKI Paweł	165	WILCZKI GDAŃSKIE	M30	11	00:06:51	00:07:35	00:14:32	00:15:09	00:22:16	00:22:52	00:30:23	00:30:59	00:38:29	00:39:08	00:46:08.60	00:46:18.40	+00:09:10 (19.8%)	2:09	27.8 (80.3%)
43	DUBIAŁ Rafał	205	ZICO RACING SPEED TEAM	M40	14	00:05:54	00:06:28	00:12:32	00:13:22	00:20:47	00:21:26	00:28:06	00:28:44	00:39:02	00:39:42	00:46:34.30	00:46:37.30	+00:09:29 (20.4%)	2:10	27.6 (79.8%)
44	KOWALSKI Marek	148	TWISTER TRÓJMIASTO	M60+	5	00:07:04	00:07:46	00:15:08	00:15:49	00:23:15	00:23:55	00:31:19	00:32:00	00:39:19	00:40:01	00:46:56.05	00:47:01.15	+00:09:53 (21.0%)	2:11	27.4 (79.2%)
45	WOJCIECHOWSKI Michał	166	NIEZORGANIZOWANY	M40	15	00:06:53	00:07:36	00:15:00	00:15:43	00:23:14	00:23:56	00:31:18	00:32:00	00:39:19	00:40:02	00:46:55.35	00:47:01.55	+00:09:53 (21.0%)	2:11	27.4 (79.2%)
46	PRZYBYŚLAWSKA Paulina	138		K20	2	00:06:40	00:07:18	00:14:22	00:15:00	00:22:38	00:23:15	00:31:16	00:31:56	00:39:20	00:40:03	00:46:57.45	00:47:01.75	+00:09:53 (21.0%)	2:11	27.3 (78.9%)
47	ABRAM Bogumił	103	GIŻYCKIE STOWARZYSZENIE ŁYŻWIARSKIE CZARNE PANTERY	M50	6	00:06:50	00:07:31	00:14:57	00:15:40	00:23:11	00:23:52	00:31:16	00:31:56	00:39:17	00:39:58	00:46:55.70	00:47:02.30	+00:09:54 (21.1%)	2:11	27.4 (79.2%)
48	ZAJĄCZKOWSKA Beata	169	GIŻYCKIE STOWARZYSZENIE ŁYŻWIARSKIE CZARNE PANTERY 2	K50	1	00:06:53	00:07:33	00:14:59	00:15:41	00:23:13	00:23:53	00:31:18	00:32:00	00:39:19	00:40:00	00:46:57.25	00:47:02.50	+00:09:54 (21.1%)	2:11	27.3 (78.9%)
49	KASPROWICZ Daniel	92		M40	16	00:06:52	00:07:41	00:15:02	00:15:41	00:23:14	00:23:55	00:31:19	00:32:00	00:39:18	00:40:01	00:46:56.95	00:47:05.40	+00:09:57 (21.1%)	2:11	27.3 (78.9%)
50	FLIS Krzysztof	93	AMATOR	M50	7	00:06:50	00:07:32	00:14:57	00:15:39	00:23:11	00:23:52	00:31:17	00:31:59	00:39:16	00:40:01	00:47:00.85	00:47:07.15	+00:09:59 (21.2%)	2:11	27.3 (78.9%)
51	GOŁECKA Bożena	105	ROLLA SPEED TEAM	K50	2	00:06:49	00:07:30	00:15:01	00:15:43	00:23:16	00:23:56	00:31:17	00:31:56	00:39:19	00:40:01	00:47:04.05	00:47:07.55	+00:09:59 (21.2%)	2:11	27.3 (78.9%)
52	PRIEBE Jacek	123	PLICHWYSCIG.PL/ROLL4LIFE 3	M50	8	00:06:36	00:07:18	00:14:10	00:14:54	00:21:51	00:22:35	00:30:30	00:31:15	00:39:12	00:39:56	00:47:07.55	00:47:12.00	+00:10:04 (21.3%)	2:12	27.2 (78.6%)
53	FILIPKOWSKI Mariusz	112	JABRA RT FRIENDS	M40	17	00:06:51	00:07:32	00:14:59	00:15:40	00:23:13	00:23:53	00:31:14	00:31:58	00:39:18	00:40:01	00:47:07.35	00:47:13.50	+00:10:05 (21.4%)	2:12	27.3 (78.9%)
54	CIBOROWSKA Aneta	222	SEBA-SPORT PISZ	K40	1	00:06:54	00:07:36	00:15:01	00:15:44	00:23:16	00:23:59	00:31:21	00:32:04	00:39:21	00:40:04	00:47:08.95	00:47:13.85	+00:10:05 (21.4%)	2:12	27.2 (78.6%)
55	STANKIEWICZ Anna	125	GIŻYCKIE STOWARZYSZENIE ŁYŻWIARSKIE CZARNE PANTERY 2	K50	3	00:06:50	00:07:31	00:14:56	00:15:39	00:23:10	00:23:52	00:31:16	00:31:58	00:39:16	00:39:59	00:47:07.70	00:47:14.95	+00:10:06 (21.4%)	2:12	27.3 (78.9%)
56	STANISZEWSKA Kasia	220		K40	2	00:07:07	00:07:55	00:15:13	00:16:01	00:23:16	00:24:05	00:31:18	00:32:05	00:39:26	00:40:16	00:47:40.00	00:47:40.00	+00:10:32 (22.1%)	2:13	26.9 (77.7%)
57	SURMA Balbina	217		K20	3	00:06:53	00:07:37	00:15:00	00:15:45	00:23:13	00:23:56	00:31:20	00:32:04	00:39:45	00:40:30	00:48:12.15	00:48:18.30	+00:11:10 (23.1%)	2:15	26.6 (76.9%)
58	MACIEJEWSKI Marian	131		M60+	6	00:07:35	00:08:20	00:15:57	00:16:40	00:24:23	00:25:04	00:32:33	00:33:18	00:40:59	00:41:41	00:49:12.80	00:49:21.50	+00:12:13 (24.8%)	2:17	26.1 (75.4%)
59	KRYSIAK Robert	208		M40	18	00:07:47	00:08:30	00:16:06	00:16:47	00:24:27	00:25:08	00:32:50	00:33:32	00:41:24	00:42:05	00:50:03.60	00:50:14.25	+00:13:06 (26.1%)	2:20	25.6 (74.0%)
60	LEŚNIEWICZ Danuta	211	MINIONSSPEEDTEAM	K30	3	00:07:31	00:08:09	00:16:08	00:16:49	00:24:53	00:25:32	00:33:41	00:34:24	00:42:50	00:43:31	00:51:26.75	00:51:34.25	+00:14:26 (28.0%)	2:24	25 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish										Czas		Różn	Tempo min/km	Tempo km/h
						3.4km	3.6km	7km	7.2km	10.6km	10.8km	14.2km	14.4km	17.8km	18km	netto 21.4km	brutto 21.4km			
61	HILLER Marta	160	LOK&ROLL	K20	4	00:07:32	00:08:12	00:16:09	00:16:50	00:24:54	00:25:33	00:33:43	00:34:25	00:42:51	00:43:33	00:51:35.80	00:51:42.50	+00:14:34 (28.2%)	2:24	24.9 (72.0%)
62	WALOSIK Piotr	163	PLICHWYSCIG.PL/ROLL4LIFE 3	M40	19	00:07:12	00:07:52	00:15:21	00:16:03	00:24:21	00:25:04	00:33:14	00:33:56	00:42:39	00:43:24	00:51:43.15	00:51:43.15	+00:14:35 (28.2%)	2:25	24.8 (71.7%)
63	MARCINIAK Tomasz	134		M30	12	00:07:30	00:08:11	00:16:09	00:16:49	00:24:58	00:25:35	00:34:01	00:34:42	00:43:34	00:44:16	00:53:13.40	00:53:21.25	+00:16:13 (30.4%)	2:29	24.1 (69.7%)
64	POTRZEBOWSKI Michał	174		M40	20	00:07:35	00:08:17	00:16:32	00:17:12	00:25:29	00:26:12	00:34:39	00:35:22	00:44:10	00:44:54	00:53:19.80	00:53:30.60	+00:16:22 (30.6%)	2:29	24.1 (69.7%)
65	SŁOWIK Arkadiusz	101	GIŻYCKIE STOWARZYSZENIE ŁYŻWIARSKIE CZARNE PANTERY 2	M50	9	00:07:48	00:08:48	00:17:10	00:18:01	00:26:18	00:27:09	00:35:23	00:36:15	00:44:27	00:45:20	00:53:41.85	00:53:50.90	+00:16:42 (31.0%)	2:30	23.9 (69.1%)
66	PATORA Jerzy	104	SKATE2CITY	M60+	7	00:07:19	00:08:09	00:16:09	00:17:01	00:25:32	00:26:19	00:34:42	00:35:31	00:44:13	00:45:06	00:53:44.85	00:53:52.80	+00:16:44 (31.1%)	2:30	23.9 (69.1%)
67	POLITOWICZ Remigiusz	136		M40	21	00:07:50	00:08:34	00:16:50	00:17:36	00:25:54	00:26:38	00:35:05	00:35:50	00:44:45	00:45:31	00:54:11.70	00:54:20.25	+00:17:12 (31.7%)	2:31	23.7 (68.5%)
68	DOPIERAŁA Magdalena	191	ONIA TEAM	K50	4	00:07:49	00:08:36	00:16:46	00:17:34	00:25:57	00:26:41	00:34:58	00:35:45	00:44:41	00:45:32	00:54:14.85	00:54:21.75	+00:17:13 (31.7%)	2:32	23.7 (68.5%)
69	WIATROWSKI Roman	113		M30	13	00:07:44	00:08:28	00:16:45	00:17:34	00:25:55	00:26:44	00:35:32	00:36:22	00:45:10	00:45:58	00:55:10.55	00:55:19.10	+00:18:11 (32.9%)	2:34	23.3 (67.3%)
70	RICHTER Sergiusz	173	GIŻYCKIE STOWARZYSZENIE ŁYŻWIARSKIE CZARNE PANTERY 2	M40	22	00:07:30	00:08:16	00:16:36	00:17:27	00:25:59	00:26:58	00:35:32	00:36:36	00:45:20	00:46:22	00:55:11.85	00:55:20.85	+00:18:12 (32.9%)	2:34	23.3 (67.3%)
71	ZAWADZKI Mieczysław	99	STARBLADE	M40	23	00:07:12	00:08:05	00:16:15	00:17:12	00:26:16	00:27:11	00:36:25	00:37:24	00:46:07	00:47:05	00:55:48.85	00:55:58.50	+00:18:50 (33.7%)	2:36	23 (66.5%)
72	JANOWIAK Anna	132	TR STARBLADE	K40	3	00:08:20	00:09:04	00:17:39	00:18:20	00:27:13	00:28:00	00:37:18	00:38:03	00:47:01	00:47:47	00:56:05.75	00:56:15.70	+00:19:07 (34.0%)	2:37	22.9 (66.2%)
73	LEMMLE Daria	159	JABRA RT FRIENDS	K20	5	00:07:49	00:08:34	00:16:46	00:17:34	00:25:57	00:26:45	00:35:48	00:36:38	00:46:33	00:47:19	00:56:55.90	00:57:03.30	+00:19:55 (34.9%)	2:39	22.6 (65.3%)
74	MARCHLIK Waldemar	172		M40	24	00:08:33	00:09:19	00:17:38	00:18:28	00:27:24	00:28:17	00:37:12	00:38:05	00:47:01	00:47:55	00:56:56.35	00:57:05.95	+00:19:57 (35.0%)	2:39	22.6 (65.3%)
75	LORKOWSKA Maria	108		K20	6	00:07:55	00:08:39	00:17:01	00:17:44	00:26:59	00:27:44	00:37:20	00:38:09	00:47:21	00:48:08	00:57:17.75	00:57:22.70	+00:20:14 (35.3%)	2:40	22.4 (64.7%)
76	POMORSKA Natalia	180		K30	4	00:08:19	00:09:09	00:17:59	00:18:46	00:28:04	00:28:52	00:38:09	00:38:58	00:48:03	00:48:52	00:57:37.65	00:57:46.85	+00:20:38 (35.7%)	2:41	22.3 (64.5%)
77	KOWALSKA Małgorzata	219		K40	4	00:09:07	00:09:57	00:19:09	00:19:56	00:28:46	00:29:37	00:38:41	00:39:28	00:48:23	00:49:08	00:57:44.70	00:57:55.40	+00:20:47 (35.9%)	2:41	22.2 (64.2%)
78	SIERPIŃSKI Adrian	181		M30	14	00:07:48	00:08:34	00:17:42	00:18:32	00:27:46	00:28:33	00:38:11	00:39:00	00:48:10	00:48:58	00:58:02.50	00:58:10.35	+00:21:02 (36.2%)	2:42	22.1 (63.9%)
79	KOSTAŃSKI Adam	213	BRODNICA BIEGA	M30	15	00:09:08	00:09:57	00:19:07	00:19:54	00:28:48	00:29:36	00:38:39	00:39:25	00:48:27	00:49:12	00:58:13.40	00:58:24.80	+00:21:16 (36.4%)	2:43	22.1 (63.9%)
80	GINTROWICZ Grażyna	179	SKATE2CITY	K40	5	00:08:28	00:09:14	00:18:14	00:19:01	00:28:09	00:28:57	00:38:11	00:39:00	00:48:10	00:49:00	00:58:23.25	00:58:33.80	+00:21:25 (36.6%)	2:43	22 (63.6%)
81	ANDREARCZYK Marcin	135	PLICHWYSCIG.PL/ROLL4LIFE	M30	16	00:06:00	00:06:40	00:14:22	00:15:17	00:24:12	00:25:00	00:36:28	00:37:22	00:46:29	00:50:13	00:58:39.50	00:58:47.15	+00:21:39 (36.8%)	2:44	21.9 (63.3%)
82	BANIA Zygmunt	151	KURSANT	M60+	8	00:08:27	00:09:11	00:18:30	00:19:17	00:28:36	00:29:22	00:38:49	00:39:34	00:48:42	00:49:29	00:58:48.05	00:58:52.20	+00:21:44 (36.9%)	2:44	21.8 (63.0%)
83	NAGÓRSKA Ania Maria	115		K30	5	00:08:36	00:09:29	00:18:55	00:19:50	00:28:48	00:29:38	00:38:44	00:39:37	00:48:35	00:49:29	00:58:48.80	00:58:56.60	+00:21:48 (37.0%)	2:44	21.8 (63.0%)
84	BANIA Szymon	150	KURSANT	M20	7	00:07:56	00:08:42	00:17:48	00:18:35	00:27:51	00:28:41	00:38:30	00:39:23	00:48:55	00:49:46	00:59:18.75	00:59:23.35	+00:22:15 (37.5%)	2:46	21.6 (62.4%)
85	PIEKOWSKI Dawid	164		M30	17	00:08:42	00:09:34	00:19:08	00:19:55	00:29:31	00:30:19	00:39:50	00:40:43	00:49:41	00:50:33	00:59:29.10	00:59:42.25	+00:22:34 (37.8%)	2:46	21.6 (62.4%)
86	JANKO-MIELCARSKA Ewa	118	KORONA WILANÓW	K50	5	00:08:22	00:09:08	00:18:02	00:18:49	00:28:13	00:29:00	00:39:01	00:39:52	00:49:43	00:50:31	01:00:23.60	01:00:30.20	+00:23:22 (38.6%)	2:49	21.3 (61.6%)
87	KOWALSKI Mirosław	122		M40	25	00:09:05	00:09:56	00:19:21	00:20:10	00:30:12	00:31:03	00:41:01	00:41:51	00:51:31	00:52:22	01:01:48.50	01:02:00.35	+00:24:52 (40.1%)	2:53	20.8 (60.1%)
88	WILCZAK Teresa	189		K60+	1	00:09:20	00:10:22	00:20:16	00:21:16	00:30:52	00:31:51	00:41:16	00:42:18	00:51:38	00:52:40	01:02:06.25	01:02:15.90	+00:25:07 (40.4%)	2:54	20.7 (59.8%)
89	GOŁĘBIEWSKI Hubert	102		M30	18	00:09:39	00:10:27	00:20:24	00:21:17	00:31:09	00:31:55	00:41:20	00:42:09	00:52:08	00:53:01	01:02:43.80	01:02:56.00	+00:25:48 (41.0%)	2:55	20.5 (59.2%)
90	BRZEZIŃSKA-GOŁĘBIEWSKA Katarzyna	120		K20	7	00:09:20	00:10:20	00:20:16	00:21:18	00:31:11	00:32:12	00:42:12	00:43:08	00:53:31	00:54:27	01:03:58.80	01:04:10.05	+00:27:02 (42.1%)	2:59	20.1 (58.1%)
91	RAKOWSKA Katarzyna	190		K20	8	00:07:31	00:08:10	00:16:08	00:16:49	00:24:53	00:25:33	00:33:59	00:34:41	00:43:30	01:02:05	01:10:21.05	01:10:28.35	+00:33:20 (47.3%)	3:17	18.3 (52.9%)
92	RUTKOWSKA Irena	94		K50	6	00:10:23	00:11:20	00:22:10	00:23:06	00:34:07	00:35:06	00:46:25	00:47:25	00:58:16	00:59:12	01:10:39.05	01:10:49.05	+00:33:41 (47.6%)	3:18	18.2 (52.6%)
93	ROGALIŃSKA Ewa	146	ROGALTEAM	K60+	2	00:11:53	00:13:10	00:25:09	00:26:19	00:38:10	00:39:20	00:51:50	00:53:10	01:05:53	01:07:07	01:19:19.05	01:19:31.70	+00:42:23 (53.3%)	3:42	16.2 (46.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Finish_All	Finish_All	Finish_All	Finish_All	Finish_All	Finish_All	Finish_All	Finish_All	Finish_All	Finish_All	Czas	Czas	Różn	Tempo	Tempo
						3.4km	3.6km	7km	7.2km	10.6km	10.8km	14.2km	14.4km	17.8km	18km	21.4km	21.4km			
94	STĘPKA Monika	178		K20	9	00:12:47	00:13:46	00:25:41	00:26:38	00:38:47	00:39:49	00:52:07	00:53:10	01:06:20	01:07:22	01:19:19.85	01:19:32.80	+00:42:24 (53.3%)	3:42	16.2 (46.8%)
95	STĘPKA Paweł	177		M30	19	00:12:44	00:13:44	00:25:41	00:26:41	00:38:47	00:39:49	00:52:03	00:53:08	01:06:18	01:07:21	01:19:19.75	01:19:32.85	+00:42:24 (53.3%)	3:42	16.2 (46.8%)
96	WOJTYSIAK Szymon	203	BYDGOSKIE OKONIE	M20	8	00:11:41	00:12:40	00:25:14	00:26:15	00:39:25	00:40:27	00:54:06	00:55:10	01:09:25	01:10:26	01:25:14.80	01:25:25.70	+00:48:17 (56.5%)	3:59	15.1 (43.6%)

Znaleziono 96 wynik(ów)