



# RUN BUDLEX FOR WOMEN

B4SPORT

**Organizator:** Green House / Budlex  
**Data:** 2016-04-24  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ŻAL Jolanta	8	PARKRUN BYDGOSZCZ	K30	1	00:00:02	00:20:13.45	00:20:15.55		4:02	14.8
2	WUJEK Magdalena	214		K30	2	00:00:02	00:20:26.60	00:20:28.80	+00:00:13	4:05	14.7
3	WIŚNIEWSKA Marcjanna	109		K20	1	00:00:02	00:20:51.50	00:20:53.50	+00:00:38	4:10	14.4
4	GACKOWSKA Katarzyna	67	TKKF KOLEJARZ BYDGOSZCZ	K20	2	00:00:02	00:21:17.75	00:21:19.75	+00:01:04	4:15	14.1
5	WRÓBLEWSKA Dagmara	23	TKKF KOLEJARZ	K30	3	00:00:01	00:21:23.95	00:21:25.20	+00:01:10	4:16	14
6	URBAŃSKA Ewa	27	TRISPACE	K40	1	00:00:01	00:21:47.70	00:21:49.30	+00:01:34	4:21	13.8
7	SZWEDA Mirosława	50		K30	4	00:00:03	00:21:59.15	00:22:02.20	+00:01:45	4:23	13.6
8	SMAŻYK Ewelina	343	RUN BYDGOSZCZ	K30	5	00:00:02	00:22:12.00	00:22:14.50	+00:01:58	4:26	13.5
9	STASZKIEWICZ Lucyna	108	STASHKY TEAM	K40	2	00:00:02	00:22:19.05	00:22:21.80	+00:02:05	4:27	13.4
10	OLSZEWSKA Adrianna	35		K20	3	00:00:03	00:22:20.70	00:22:23.85	+00:02:07	4:28	13.4
11	KRANZ Magdalena	244	BYDGOSKIE OKONIE	K20	4	00:00:02	00:22:21.85	00:22:23.95	+00:02:08	4:28	13.4
12	JAROCKA Beata	113	NIEZRZESZONA	K30	6	00:00:07	00:22:27.05	00:22:34.55	+00:02:13	4:29	13.4
13	JAKUBOWSKA Paulina	401	BIL BIEGA	K20	5	00:00:28	00:22:27.20	00:22:55.35	+00:02:13	4:29	13.4
14	SCHULZ Milena	25		K30	7	00:00:03	00:22:32.35	00:22:35.80	+00:02:18	4:30	13.3
15	CZAPLEWSKA Agnieszka	125	KB ŁAPKA	K30	8	00:00:05	00:22:40.10	00:22:45.30	+00:02:26	4:32	13.2
16	KOLANOWSKA Magdalena	95		K20	6	00:00:08	00:22:44.15	00:22:52.25	+00:02:30	4:32	13.2
17	ŚWIATOWY Daria	210		K20	7	00:00:09	00:22:48.20	00:22:57.60	+00:02:34	4:33	13.2
18	NOWACKA Gabriela	58		K50	1	00:00:06	00:23:07.35	00:23:14.00	+00:02:53	4:37	13
19	ŁUCKA Anna	66		K40	3	00:00:15	00:23:26.10	00:23:42.00	+00:03:12	4:41	12.8
20	GACKOWSKA Beata	101	TKKF KOLEJARZ BYDGOSZCZ	K40	4	00:00:01	00:23:28.00	00:23:29.90	+00:03:14	4:41	12.8
21	MAZANOWSKA Ewa	11	RUN-PASJA	K30	9	00:00:03	00:23:28.50	00:23:32.15	+00:03:15	4:41	12.8
22	MARKOWSKA Maja	292		K20	8	00:00:17	00:23:34.60	00:23:52.15	+00:03:21	4:43	12.7
23	SZULC Małgorzata	98		K30	10	00:00:02	00:23:35.05	00:23:37.45	+00:03:21	4:43	12.7
24	GRABOWSKA Irena	256		K40	5	00:00:02	00:23:53.45	00:23:56.30	+00:03:40	4:46	12.6
25	ZWIĄZEK Hanka	255		K20	9	00:00:17	00:24:01.20	00:24:18.90	+00:03:47	4:48	12.5
26	MEGER Aleksandra	336		K20	10	00:00:09	00:24:07.60	00:24:17.10	+00:03:54	4:49	12.4
27	HULEWICZ Elżbieta	285		K40	6	00:00:18	00:24:08.50	00:24:26.65	+00:03:55	4:49	12.4
28	KUBIS Sylwia	344		K40	7	00:00:01	00:24:09.50	00:24:11.05	+00:03:56	4:50	12.4
29	SOSIŃSKA Izabela	118		K30	11	00:00:06	00:24:10.40	00:24:16.90	+00:03:56	4:50	12.4
30	KULPEKSZA Karolina	91		K30	12	00:00:06	00:24:12.40	00:24:18.50	+00:03:58	4:50	12.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
31	<b>MALCZEWSKA Patrycja</b>	<b>337</b>		K20	11	00:00:09	<b>00:24:13.60</b>	<b>00:24:23.30</b>	+00:04:00	4:50	12.4
32	<b>BANACH Anna</b>	<b>152</b>		K20	12	00:00:05	<b>00:24:18.75</b>	<b>00:24:24.60</b>	+00:04:05	4:51	12.3
33	<b>SZYMAŃSKA Agata</b>	<b>196</b>		K30	13	00:00:07	<b>00:24:22.15</b>	<b>00:24:29.90</b>	+00:04:08	4:52	12.3
34	<b>POTRZEBOWSKA Agata</b>	<b>72</b>	1985	K30	14	00:00:03	<b>00:24:24.05</b>	<b>00:24:27.90</b>	+00:04:10	4:52	12.3
35	<b>STAWARSKA Elżbieta</b>	<b>87</b>		K30	15	00:00:06	<b>00:24:35.65</b>	<b>00:24:41.75</b>	+00:04:22	4:55	12.2
36	<b>WĄSOWSKA Katarzyna</b>	<b>212</b>		K30	16	00:00:03	<b>00:24:35.90</b>	<b>00:24:39.00</b>	+00:04:22	4:55	12.2
37	<b>MRUK-HORODECKA Kornelia</b>	<b>238</b>		K30	17	00:00:13	<b>00:24:37.00</b>	<b>00:24:50.45</b>	+00:04:23	4:55	12.2
38	<b>WIŚNIEWSKA Karina</b>	<b>426</b>	RUN BYDGOSZCZ	K20	13	00:00:04	<b>00:24:37.70</b>	<b>00:24:42.20</b>	+00:04:24	4:55	12.2
39	<b>DERING Hanna</b>	<b>230</b>		K30	18	00:00:10	<b>00:24:41.40</b>	<b>00:24:51.70</b>	+00:04:27	4:56	12.2
40	<b>MAGDZIARZ Katarzyna</b>	<b>293</b>		K30	19	00:00:25	<b>00:24:41.50</b>	<b>00:25:07.35</b>	+00:04:28	4:56	12.1
41	<b>PRZEKWAŚIŃSKA Anna</b>	<b>297</b>		K30	20	00:00:25	<b>00:24:41.60</b>	<b>00:25:07.55</b>	+00:04:28	4:56	12.1
42	<b>ANDRZEJEWSKA Agnieszka</b>	<b>103</b>	ZS 19	K30	21	00:00:12	<b>00:24:45.75</b>	<b>00:24:58.65</b>	+00:04:32	4:57	12.1
43	<b>ALEKSY Aleksandra</b>	<b>184</b>	X LO TORUŃ	K20	14	00:00:01	<b>00:24:46.15</b>	<b>00:24:48.10</b>	+00:04:32	4:57	12.1
44	<b>DZIEDZIC Agnieszka</b>	<b>120</b>		K30	22	00:00:07	<b>00:24:56.25</b>	<b>00:25:03.40</b>	+00:04:42	4:59	12
45	<b>FUJARSKA Agata</b>	<b>388</b>		K20	15	00:00:09	<b>00:25:01.10</b>	<b>00:25:10.15</b>	+00:04:47	5:00	12
46	<b>JAWORSKA Aleksandra</b>	<b>334</b>		K20	16	00:00:03	<b>00:25:01.35</b>	<b>00:25:05.00</b>	+00:04:47	5:00	12
47	<b>MOLENDĄ Patrycja</b>	<b>203</b>	KLINIKA TRIATHLONU	K20	17	00:00:16	<b>00:25:01.90</b>	<b>00:25:18.40</b>	+00:04:48	5:00	12
47	<b>PRZYBYLSKA Karolina</b>	<b>201</b>	KLINIKA TRIATHLONU	K20	18	00:00:16	<b>00:25:01.90</b>	<b>00:25:18.40</b>	+00:04:48	5:00	12
49	<b>MICHNA Joanna</b>	<b>195</b>		K40	8	00:00:25	<b>00:25:02.80</b>	<b>00:25:28.45</b>	+00:04:49	5:00	12
50	<b>KŁOS Ewelina</b>	<b>389</b>	ASTORIA	K20	19	00:00:01	<b>00:25:03.40</b>	<b>00:25:04.50</b>	+00:04:49	5:00	12
51	<b>KOLANOWSKA Grażyna</b>	<b>94</b>		K50	2	00:00:09	<b>00:25:14.35</b>	<b>00:25:23.45</b>	+00:05:00	5:02	11.9
52	<b>JĘDRZEJEWSKA Joanna</b>	<b>200</b>		K20	20	00:00:20	<b>00:25:19.20</b>	<b>00:25:39.80</b>	+00:05:05	5:03	11.8
53	<b>PRUS Karolina</b>	<b>68</b>		K40	9	00:00:30	<b>00:25:23.95</b>	<b>00:25:54.60</b>	+00:05:10	5:04	11.8
54	<b>DULIŃSKA Dorota</b>	<b>102</b>	TRISPACE	K40	10	00:00:13	<b>00:25:26.90</b>	<b>00:25:40.35</b>	+00:05:13	5:05	11.8
55	<b>WŁODARCZYK Olga</b>	<b>364</b>		K20	21	00:00:25	<b>00:25:29.55</b>	<b>00:25:55.05</b>	+00:05:16	5:06	11.8
56	<b>BOULGE Beata</b>	<b>374</b>		K40	11	00:00:02	<b>00:25:34.80</b>	<b>00:25:37.40</b>	+00:05:21	5:07	11.7
57	<b>DĄBROWSKA Aneta</b>	<b>317</b>		K30	23	00:00:21	<b>00:25:37.00</b>	<b>00:25:58.00</b>	+00:05:23	5:07	11.7
58	<b>LUBIŃSKA-BORGULA Iwona</b>	<b>396</b>		K40	12	00:00:20	<b>00:25:37.25</b>	<b>00:25:57.90</b>	+00:05:23	5:07	11.7
59	<b>KULBAKA Sylwia</b>	<b>127</b>		K30	24	00:00:27	<b>00:25:40.30</b>	<b>00:26:08.05</b>	+00:05:26	5:08	11.7
60	<b>STACHYRA Monika</b>	<b>331</b>	ATOMÓWKI	K20	22	00:00:21	<b>00:25:40.50</b>	<b>00:26:02.30</b>	+00:05:27	5:08	11.7
61	<b>ZAŁĘCKA Renata</b>	<b>99</b>		K30	25	00:00:03	<b>00:25:44.55</b>	<b>00:25:47.95</b>	+00:05:31	5:08	11.7
62	<b>SZMATUŁA Elżbieta</b>	<b>153</b>		K20	23	00:00:24	<b>00:25:47.30</b>	<b>00:26:12.05</b>	+00:05:33	5:09	11.6
63	<b>JACHIMOWSKA Malwina</b>	<b>143</b>		K20	24	00:00:24	<b>00:25:47.45</b>	<b>00:26:12.05</b>	+00:05:34	5:09	11.6
64	<b>RASZKOWSKA Klaudia</b>	<b>158</b>		K20	25	00:00:23	<b>00:25:47.95</b>	<b>00:26:11.80</b>	+00:05:34	5:09	11.6
65	<b>PRZYBYŁA Agata</b>	<b>139</b>		K20	26	00:00:24	<b>00:25:49.35</b>	<b>00:26:13.50</b>	+00:05:35	5:09	11.6
66	<b>ZYGMUNT Aneta</b>	<b>26</b>		K20	27	00:00:17	<b>00:25:49.90</b>	<b>00:26:07.25</b>	+00:05:36	5:10	11.6
67	<b>PORAZIŃSKA Viktoria</b>	<b>299</b>		K40	13	00:00:01	<b>00:25:54.15</b>	<b>00:25:55.60</b>	+00:05:40	5:10	11.6
68	<b>AFELT Luiza</b>	<b>338</b>		K20	28	00:00:24	<b>00:25:55.25</b>	<b>00:26:20.20</b>	+00:05:41	5:11	11.6
69	<b>GROBELNA Angelika</b>	<b>79</b>		K40	14	00:00:11	<b>00:25:58.75</b>	<b>00:26:09.85</b>	+00:05:45	5:11	11.6
70	<b>ĆWIKLIŃSKA Anna</b>	<b>273</b>	KLONIKTEAM	K30	26	00:00:10	<b>00:26:00.80</b>	<b>00:26:11.30</b>	+00:05:47	5:12	11.5
71	<b>CHYŁKA Agata</b>	<b>129</b>		K20	29	00:00:07	<b>00:26:02.70</b>	<b>00:26:09.70</b>	+00:05:49	5:12	11.5
72	<b>GADOMSKA Maria</b>	<b>104</b>	RUN BYDGOSZCZ	K60	1	00:00:03	<b>00:26:03.00</b>	<b>00:26:06.40</b>	+00:05:49	5:12	11.5
73	<b>RIVAT Anna</b>	<b>395</b>		K30	27	00:00:04	<b>00:26:04.30</b>	<b>00:26:08.60</b>	+00:05:50	5:12	11.5
74	<b>NUNZEK Agnieszka</b>	<b>227</b>		K40	15	00:00:07	<b>00:26:06.35</b>	<b>00:26:14.25</b>	+00:05:52	5:13	11.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
75	<b>GOLON</b> Marlena	<b>106</b>		K40	16	00:00:08	<b>00:26:07.55</b>	<b>00:26:15.95</b>	+00:05:54	5:13	11.5
76	<b>JADCZAK</b> Katarzyna	<b>237</b>		K30	28	00:00:06	<b>00:26:12.75</b>	<b>00:26:18.75</b>	+00:05:59	5:14	11.5
77	<b>KOCHAŃSKA</b> Joanna	<b>105</b>		K30	29	00:00:08	<b>00:26:13.90</b>	<b>00:26:22.60</b>	+00:06:00	5:14	11.4
78	<b>WYLANGOWSKA</b> Joanna	<b>188</b>		K30	30	00:00:23	<b>00:26:15.30</b>	<b>00:26:38.50</b>	+00:06:01	5:15	11.4
79	<b>FAC</b> Dorota	<b>414</b>		K30	31	00:00:15	<b>00:26:19.40</b>	<b>00:26:35.30</b>	+00:06:05	5:16	11.4
80	<b>JANOWSKA</b> Urszula	<b>64</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	K40	17	00:00:17	<b>00:26:21.00</b>	<b>00:26:38.90</b>	+00:06:07	5:16	11.4
81	<b>JANICKA</b> Aneta	<b>356</b>		K20	30	00:00:15	<b>00:26:22.40</b>	<b>00:26:37.95</b>	+00:06:08	5:16	11.4
82	<b>BRZYKCY</b> Karolina	<b>310</b>		K30	32	00:00:27	<b>00:26:29.60</b>	<b>00:26:56.70</b>	+00:06:16	5:17	11.3
83	<b>TELMAN</b> Gabriela	<b>148</b>		K20	31	00:00:21	<b>00:26:38.65</b>	<b>00:27:00.40</b>	+00:06:25	5:19	11.3
84	<b>DOBUCKA</b> Katarzyna	<b>162</b>	CHONAROWER.PL	K20	32	00:00:16	<b>00:26:39.55</b>	<b>00:26:55.85</b>	+00:06:26	5:19	11.3
85	<b>IGLEWSKA</b> Dominika	<b>191</b>		K30	33	00:00:03	<b>00:26:41.35</b>	<b>00:26:45.05</b>	+00:06:27	5:20	11.2
86	<b>MORZYŃSKA</b> Monika	<b>421</b>		K20	33	00:00:05	<b>00:26:42.85</b>	<b>00:26:48.20</b>	+00:06:29	5:20	11.2
87	<b>SIEWERT</b> Hanna	<b>228</b>		K30	34	00:00:25	<b>00:26:48.40</b>	<b>00:27:13.80</b>	+00:06:34	5:21	11.2
88	<b>PYTLIK</b> Agnieszka	<b>154</b>	---	K20	34	00:00:03	<b>00:26:49.55</b>	<b>00:26:53.35</b>	+00:06:36	5:22	11.2
89	<b>WOJTANOWICZ</b> Beata	<b>65</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	K50	3	00:00:18	<b>00:26:49.90</b>	<b>00:27:08.50</b>	+00:06:36	5:22	11.2
90	<b>KRASIŃSKA</b> Katarzyna	<b>29</b>		K30	35	00:00:08	<b>00:26:50.15</b>	<b>00:26:58.50</b>	+00:06:36	5:22	11.2
91	<b>NIKOŁAJEW</b> Monika	<b>156</b>		K30	36	00:00:02	<b>00:26:53.05</b>	<b>00:26:55.15</b>	+00:06:39	5:22	11.2
92	<b>GÓRSKA</b> Joanna	<b>319</b>		K30	37	00:00:14	<b>00:26:56.25</b>	<b>00:27:10.50</b>	+00:06:42	5:23	11.1
93	<b>POLACKA</b> Jadwiga	<b>376</b>		K40	18	00:00:17	<b>00:27:00.10</b>	<b>00:27:17.95</b>	+00:06:46	5:24	11.1
94	<b>MAJERSKA</b> Beata	<b>352</b>		K40	19	00:00:03	<b>00:27:07.10</b>	<b>00:27:10.50</b>	+00:06:53	5:25	11.1
95	<b>SZUFLITA</b> Iwona	<b>263</b>		K40	20	00:00:12	<b>00:27:08.70</b>	<b>00:27:21.15</b>	+00:06:55	5:25	11
96	<b>RÓŻAŃSKA</b> Jowanka	<b>402</b>	BYDGOSZCZ TRIATHLON TEAM	K40	21	00:00:03	<b>00:27:09.45</b>	<b>00:27:12.60</b>	+00:06:56	5:25	11
97	<b>CYCKOWSKA</b> Karolina	<b>254</b>		K30	38	00:00:12	<b>00:27:13.55</b>	<b>00:27:26.20</b>	+00:07:00	5:26	11
98	<b>PLISZCZYŃSKA</b> Joanna	<b>21</b>		K40	22	00:00:03	<b>00:27:14.85</b>	<b>00:27:18.80</b>	+00:07:01	5:27	11
99	<b>OŹGA</b> Agnieszka	<b>360</b>		K20	35	00:00:05	<b>00:27:18.95</b>	<b>00:27:24.00</b>	+00:07:05	5:27	11
100	<b>TACZYŃSKA</b> Paulina	<b>288</b>		K20	36	00:00:34	<b>00:27:22.75</b>	<b>00:27:57.05</b>	+00:07:09	5:28	11
101	<b>GRYŃ-MAŚLIJ</b> Kasia	<b>202</b>		K30	39	00:00:22	<b>00:27:25.65</b>	<b>00:27:47.85</b>	+00:07:12	5:29	10.9
102	<b>ANDRZEJEWSKA</b> Monika	<b>266</b>		K30	40	00:00:12	<b>00:27:27.55</b>	<b>00:27:40.00</b>	+00:07:14	5:29	10.9
103	<b>CYRKŁAF</b> Anna	<b>287</b>		K30	41	00:00:04	<b>00:27:31.25</b>	<b>00:27:36.00</b>	+00:07:17	5:30	10.9
104	<b>WYSOTA</b> Gabriela	<b>215</b>		K20	37	00:00:11	<b>00:27:32.10</b>	<b>00:27:43.90</b>	+00:07:18	5:30	10.9
105	<b>SULSKA</b> Marta	<b>246</b>		K30	42	00:00:15	<b>00:27:39.40</b>	<b>00:27:55.20</b>	+00:07:25	5:32	10.8
106	<b>PAPROCKA</b> Małgorzata	<b>47</b>		K40	23	00:00:03	<b>00:27:42.55</b>	<b>00:27:45.65</b>	+00:07:29	5:32	10.8
107	<b>KONOPCZYŃSKA</b> Kamila	<b>408</b>		K40	24	00:00:04	<b>00:27:44.00</b>	<b>00:27:48.55</b>	+00:07:30	5:32	10.8
108	<b>KARWECKA</b> Krystyna	<b>253</b>		K50	4	00:00:12	<b>00:27:44.65</b>	<b>00:27:57.20</b>	+00:07:31	5:33	10.8
109	<b>ANDRZEJEWSKA</b> Kamila	<b>265</b>		K20	38	00:00:12	<b>00:27:45.35</b>	<b>00:27:57.70</b>	+00:07:31	5:33	10.8
110	<b>KUGACZ</b> Aneta	<b>347</b>	RUN BYDGOSZCZ	K30	43	00:00:23	<b>00:27:47.55</b>	<b>00:28:10.95</b>	+00:07:34	5:33	10.8
111	<b>CISZEWSKA</b> Emilia	<b>187</b>	-	K30	44	00:00:13	<b>00:27:47.70</b>	<b>00:28:01.35</b>	+00:07:34	5:33	10.8
112	<b>PODOSEK</b> Magdalena	<b>419</b>		K30	45	00:00:09	<b>00:27:50.85</b>	<b>00:28:00.75</b>	+00:07:37	5:34	10.8
113	<b>SYKUTERA-WOŹNIAK</b> Agnieszka	<b>325</b>		K40	25	00:00:07	<b>00:27:57.15</b>	<b>00:28:04.15</b>	+00:07:43	5:35	10.7
114	<b>NIEZGÓDKA</b> Anna	<b>92</b>		K30	46	00:00:06	<b>00:27:57.35</b>	<b>00:28:03.35</b>	+00:07:43	5:35	10.7
115	<b>JĘDRYSZKA</b> Ewa	<b>286</b>		K40	26	00:00:06	<b>00:27:57.65</b>	<b>00:28:04.15</b>	+00:07:44	5:35	10.7
116	<b>PIECYK-CZAJA</b> Sonia	<b>275</b>		K30	47	00:00:23	<b>00:28:04.45</b>	<b>00:28:28.30</b>	+00:07:51	5:37	10.7
117	<b>KRUSIK</b> Aleksandra	<b>393</b>		K20	39	00:00:02	<b>00:28:04.65</b>	<b>00:28:06.85</b>	+00:07:51	5:36	10.7
118	<b>JANCZARSKA</b> Beata	<b>136</b>	BUDLEX	K40	27	00:00:10	<b>00:28:08.35</b>	<b>00:28:18.35</b>	+00:07:54	5:37	10.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
119	<b>PALUSZKIEWICZ Kamila</b>	<b>353</b>		K30	48	00:00:21	<b>00:28:09.85</b>	<b>00:28:31.30</b>	+00:07:56	5:38	10.7
120	<b>PŁACZKOWSKA Magdalena</b>	<b>359</b>		K30	49	00:00:10	<b>00:28:10.30</b>	<b>00:28:21.10</b>	+00:07:56	5:38	10.6
121	<b>KRÓL Karolina</b>	<b>407</b>		K20	40	00:00:06	<b>00:28:10.50</b>	<b>00:28:16.80</b>	+00:07:57	5:38	10.7
122	<b>TOKARCZYK Marysia</b>	<b>311</b>		K20	41	00:00:27	<b>00:28:12.65</b>	<b>00:28:40.05</b>	+00:07:59	5:38	10.6
123	<b>RATAJCZAK Natalia</b>	<b>276</b>		K20	42	00:00:34	<b>00:28:14.05</b>	<b>00:28:48.60</b>	+00:08:00	5:38	10.6
124	<b>GIŻA Wioletta</b>	<b>174</b>		K30	50	00:00:03	<b>00:28:14.15</b>	<b>00:28:17.95</b>	+00:08:00	5:38	10.6
125	<b>STRÓŻYK Grażyna</b>	<b>213</b>		K20	43	00:00:18	<b>00:28:15.10</b>	<b>00:28:33.25</b>	+00:08:01	5:39	10.6
126	<b>WAWRZY尼亚K Karolina</b>	<b>358</b>		K30	51	00:00:11	<b>00:28:16.50</b>	<b>00:28:27.50</b>	+00:08:03	5:39	10.6
127	<b>RUSAK Paulina</b>	<b>193</b>		K20	44	00:00:16	<b>00:28:17.00</b>	<b>00:28:33.25</b>	+00:08:03	5:39	10.6
128	<b>DUTKIEWICZ Urszula</b>	<b>281</b>	TKKF KOLEJARZ BYDGOSZCZ	K30	52	00:00:04	<b>00:28:17.10</b>	<b>00:28:22.05</b>	+00:08:03	5:39	10.6
129	<b>GACKOWSKA Kinga</b>	<b>318</b>		K20	45	00:00:27	<b>00:28:17.90</b>	<b>00:28:45.50</b>	+00:08:04	5:39	10.6
130	<b>BURCHARDT Mirka</b>	<b>308</b>	RWT WBYDGOSZCZY	K60	2	00:00:16	<b>00:28:18.45</b>	<b>00:28:35.15</b>	+00:08:05	5:39	10.6
131	<b>CZECZINSKA Pamela</b>	<b>157</b>		K20	46	00:00:15	<b>00:28:18.60</b>	<b>00:28:33.70</b>	+00:08:05	5:39	10.6
132	<b>PŁACZKOWSKA Justyna</b>	<b>371</b>	WEEKENDOWY BIEGACZ	K20	47	00:00:22	<b>00:28:19.40</b>	<b>00:28:42.20</b>	+00:08:05	5:40	10.6
133	<b>GOLIMOWSKA Anna</b>	<b>166</b>		K30	53	00:00:17	<b>00:28:21.50</b>	<b>00:28:38.90</b>	+00:08:08	5:40	10.6
134	<b>NALEWALSKA Justyna</b>	<b>15</b>		K20	48	00:00:24	<b>00:28:23.55</b>	<b>00:28:48.30</b>	+00:08:10	5:40	10.6
135	<b>DAŃCZUK Agnieszka</b>	<b>2</b>		K40	28	00:00:05	<b>00:28:25.25</b>	<b>00:28:30.50</b>	+00:08:11	5:41	10.6
136	<b>JANKOWSKA Agnieszka</b>	<b>403</b>		K30	54	00:00:06	<b>00:28:30.20</b>	<b>00:28:36.80</b>	+00:08:16	5:42	10.5
137	<b>BALCERAK Agnieszka</b>	<b>242</b>		K20	49	00:00:06	<b>00:28:31.75</b>	<b>00:28:37.95</b>	+00:08:18	5:42	10.5
138	<b>BASZANOWSKA Sylwia</b>	<b>216</b>		K40	29	00:00:07	<b>00:28:31.80</b>	<b>00:28:39.30</b>	+00:08:18	5:42	10.5
139	<b>RYDELSKA Kinga</b>	<b>320</b>		K40	30	00:00:10	<b>00:28:33.15</b>	<b>00:28:43.65</b>	+00:08:19	5:42	10.5
140	<b>PIPOWSKA Michalina</b>	<b>241</b>		K20	50	00:00:13	<b>00:28:33.20</b>	<b>00:28:46.40</b>	+00:08:19	5:42	10.5
141	<b>ZAPAŁOWSKA Joanna</b>	<b>354</b>		K20	51	00:00:25	<b>00:28:37.35</b>	<b>00:29:02.85</b>	+00:08:23	5:43	10.5
142	<b>RASSALSKA Roma</b>	<b>5</b>		K30	55	00:00:13	<b>00:28:44.10</b>	<b>00:28:57.10</b>	+00:08:30	5:44	10.4
143	<b>PRZYBYLSKA Paulina</b>	<b>133</b>		K30	56	00:00:19	<b>00:28:44.40</b>	<b>00:29:03.60</b>	+00:08:30	5:44	10.4
144	<b>DYLEWSKA Marta</b>	<b>56</b>	PĄCZKI	K40	31	00:00:21	<b>00:28:45.30</b>	<b>00:29:06.60</b>	+00:08:31	5:45	10.4
145	<b>RASSALSKA-KAUSA Jola</b>	<b>6</b>		K30	57	00:00:13	<b>00:28:46.20</b>	<b>00:28:59.35</b>	+00:08:32	5:45	10.4
146	<b>KLUGIEWICZ Dorota</b>	<b>119</b>		K40	32	00:00:13	<b>00:28:46.85</b>	<b>00:29:00.45</b>	+00:08:33	5:45	10.4
147	<b>RYBICKA Anna</b>	<b>282</b>		K30	58	00:00:17	<b>00:28:48.40</b>	<b>00:29:05.40</b>	+00:08:34	5:45	10.4
148	<b>RZEPECKA Katarzyna</b>	<b>300</b>		K30	59	00:00:01	<b>00:28:48.95</b>	<b>00:28:50.55</b>	+00:08:35	5:45	10.4
149	<b>SMAGAGOWSKA Anna</b>	<b>284</b>		K20	52	00:00:18	<b>00:28:49.20</b>	<b>00:29:08.10</b>	+00:08:35	5:46	10.4
150	<b>DUDZIAK Elżbieta</b>	<b>149</b>		K30	60	00:00:14	<b>00:28:49.30</b>	<b>00:29:04.05</b>	+00:08:35	5:46	10.4
151	<b>JELEŃ Agnieszka</b>	<b>81</b>	VEGE RUNNERS	K30	61	00:00:24	<b>00:28:49.95</b>	<b>00:29:14.10</b>	+00:08:36	5:46	10.4
152	<b>POROŻYŃSKA Ewa</b>	<b>323</b>		K20	53	00:00:08	<b>00:28:52.05</b>	<b>00:29:00.40</b>	+00:08:38	5:46	10.4
153	<b>BAKOWSKA Marta</b>	<b>340</b>	IRON LADIES/ CROSSFIT BYDGOSZCZ	K30	62	00:00:18	<b>00:28:53.50</b>	<b>00:29:12.15</b>	+00:08:40	5:46	10.4
154	<b>ŻUCHELKOWSKA Agata</b>	<b>434</b>		K30	63	00:00:04	<b>00:28:54.05</b>	<b>00:28:58.60</b>	+00:08:40	5:46	10.4
155	<b>PIKUL Ewa</b>	<b>180</b>		K20	54	00:00:06	<b>00:28:54.25</b>	<b>00:29:00.65</b>	+00:08:40	5:46	10.4
156	<b>NYBAK Beata</b>	<b>186</b>		K30	64	00:00:13	<b>00:28:56.25</b>	<b>00:29:09.95</b>	+00:08:42	5:47	10.4
157	<b>CHRÓŚCIŃSKA Justyna</b>	<b>197</b>		K20	55	00:00:21	<b>00:28:57.20</b>	<b>00:29:18.70</b>	+00:08:43	5:47	10.4
158	<b>WEŁNIŃSKA Aleksandra</b>	<b>146</b>		K20	56	00:00:04	<b>00:29:01.15</b>	<b>00:29:05.35</b>	+00:08:47	5:48	10.3
159	<b>GROCHOWALSKA Marzena</b>	<b>236</b>		K30	65	00:00:31	<b>00:29:01.40</b>	<b>00:29:32.85</b>	+00:08:47	5:48	10.3
160	<b>WIŚNIEWSKA-KRAWIEC Beata</b>	<b>430</b>		K40	33	00:00:23	<b>00:29:03.05</b>	<b>00:29:26.30</b>	+00:08:49	5:48	10.3
161	<b>MIKLER Aleksandra</b>	<b>427</b>		K20	57	00:00:22	<b>00:29:07.45</b>	<b>00:29:29.70</b>	+00:08:54	5:49	10.3
162	<b>KONIECZNA Kasia</b>	<b>332</b>		K20	58	00:00:07	<b>00:29:08.90</b>	<b>00:29:16.85</b>	+00:08:55	5:49	10.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
163	ZABIEŁŁO Kamila	169		K30	66	00:00:07	00:29:09.75	00:29:17.45	+00:08:56	5:50	10.3
164	ŁOŚ Katarzyna	377		K50	5	00:00:21	00:29:09.95	00:29:31.30	+00:08:56	5:50	10.3
165	ZAJĄKAŁA Małgorzata	346		K40	34	00:00:09	00:29:10.50	00:29:19.60	+00:08:57	5:50	10.3
166	AUGUSTYNOWICZ Aurelia	1	RWT W BYDGOSZCZY	K40	35	00:00:18	00:29:11.55	00:29:29.70	+00:08:58	5:50	10.3
167	CZARNECKA Izabela	289		K20	59	00:00:18	00:29:15.95	00:29:34.60	+00:09:02	5:51	10.3
168	SIEMIENIEC Violetta	122		K40	36	00:00:02	00:29:16.50	00:29:19.35	+00:09:03	5:51	10.2
169	CZYŻEWSKA Justyna	155		K30	67	00:00:16	00:29:17.30	00:29:34.10	+00:09:03	5:51	10.2
170	KOWALSKA Aleksandra	312		K40	37	00:00:26	00:29:21.45	00:29:47.65	+00:09:08	5:52	10.2
171	KACZMAREK Anita	278		K40	38	00:00:12	00:29:23.70	00:29:36.00	+00:09:10	5:52	10.2
172	KOŻUCH Agnieszka	387		K20	60	00:00:17	00:29:26.05	00:29:43.30	+00:09:12	5:53	10.2
173	STIMMA Anna	375		K40	39	00:00:32	00:29:33.15	00:30:05.50	+00:09:19	5:54	10.2
174	CEMKE Magdalena	264		K20	61	00:00:18	00:29:33.40	00:29:52.35	+00:09:19	5:54	10.1
175	LEWANDOWSKA Joanna	345		K40	40	00:00:09	00:29:34.00	00:29:43.20	+00:09:20	5:54	10.1
176	BRĄGIEL Anna	28	VEGE RUNNERS	K30	68	00:00:29	00:29:40.55	00:30:10.45	+00:09:27	5:56	10.1
177	STELMACH Agata	225		K20	62	00:00:14	00:29:43.20	00:29:57.75	+00:09:29	5:56	10.1
178	GÓRSKA Małgorzata	291		K20	63	00:00:14	00:29:43.25	00:29:57.80	+00:09:29	5:56	10.1
179	JURUS Jolanta	20	PARKRUN	K50	6	00:00:02	00:29:43.60	00:29:46.15	+00:09:30	5:56	10.1
180	TUBISZ Agnieszka	175		K30	69	00:00:27	00:29:46.00	00:30:13.95	+00:09:32	5:57	10.1
181	WÓJT Monika	134		K30	70	00:00:19	00:29:46.15	00:30:05.75	+00:09:32	5:57	10.1
182	DOMŻALSKA Sławomira	351		K40	41	00:00:24	00:29:47.50	00:30:11.70	+00:09:34	5:57	10.1
183	SIEDLECKA Ewa	271		K60	3	00:00:13	00:29:51.05	00:30:04.85	+00:09:37	5:58	10.1
184	CZESZUMSKA Karolina	209		K30	71	00:00:19	00:29:54.15	00:30:13.65	+00:09:40	5:58	10
185	KANAREK Marta	243		K30	72	00:00:29	00:29:56.55	00:30:25.55	+00:09:43	5:59	10
186	NAPIÓRKOWSKA Ewa	231		K50	7	00:00:10	00:29:56.95	00:30:07.35	+00:09:43	5:59	10
187	MARĆ Klara	233		K20	64	00:00:08	00:30:01.60	00:30:10.45	+00:09:48	6:00	10
188	MRÓWCZYŃSKA Aleksandra	302		K40	42	00:00:12	00:30:12.90	00:30:25.55	+00:09:59	6:02	9.9
189	KISIEL Katarzyna	429		K40	43	00:00:11	00:30:13.55	00:30:24.90	+00:10:00	6:02	9.9
190	KORSAK Violetta	365		K50	8	00:00:12	00:30:15.60	00:30:27.90	+00:10:02	6:03	9.9
191	DEPKA Agnieszka	126		K30	73	00:00:27	00:30:16.55	00:30:43.95	+00:10:03	6:03	9.9
192	JAGODZIŃSKA Paulina	435		K30	74	00:00:29	00:30:16.95	00:30:46.65	+00:10:03	6:03	9.9
193	WIATROWSKA Katarzyna	280		K30	75	00:00:12	00:30:20.90	00:30:32.95	+00:10:07	6:04	9.9
194	MELLEMAN Anna	144		K20	65	00:00:04	00:30:27.05	00:30:31.50	+00:10:13	6:05	9.9
195	PŁUCIENNIK Joanna	100		K40	44	00:00:21	00:30:28.05	00:30:49.05	+00:10:14	6:05	9.8
196	BILON-MOLENDA Alicja	37		K30	76	00:00:19	00:30:28.40	00:30:47.70	+00:10:14	6:05	9.8
197	SZALA Monika	4		K30	77	00:00:27	00:30:32.10	00:31:00.00	+00:10:18	6:06	9.8
198	PIASECKA Alina	283		K30	78	00:00:19	00:30:33.20	00:30:52.90	+00:10:19	6:06	9.8
199	SUDOŁ Karolina	417	LIMONKA TEAM	K30	79	00:00:08	00:30:36.70	00:30:45.45	+00:10:23	6:07	9.8
200	OLEK Agnieszka	194	BUDLEX	K30	80	00:00:27	00:30:37.65	00:31:04.85	+00:10:24	6:07	9.8
201	GABRYSZEWSKA Sonia	252		K20	66	00:00:29	00:30:38.50	00:31:07.80	+00:10:25	6:07	9.8
202	DĘBCZYŃSKA Agnieszka	177		K40	45	00:00:11	00:30:39.70	00:30:51.35	+00:10:26	6:08	9.8
203	CZYZEWSKA Bernadeta	190		K30	81	00:00:15	00:30:40.40	00:30:56.30	+00:10:26	6:08	9.8
204	LEWANDOWSKA Katarzyna	410		K30	82	00:00:10	00:30:43.60	00:30:54.30	+00:10:30	6:08	9.8
205	LEWANDOWSKA Katarzyna	301		K20	67	00:00:15	00:30:44.85	00:31:00.00	+00:10:31	6:09	9.8
206	PERTEK Joanna	132		K20	68	00:00:04	00:30:46.05	00:30:50.20	+00:10:32	6:09	9.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
207	MARĆ Agnieszka	232		K40	46	00:00:08	00:30:51.40	00:31:00.35	+00:10:37	6:10	9.7
208	LIPIEC Agnieszka	36		K20	69	00:00:23	00:30:51.75	00:31:15.45	+00:10:38	6:10	9.7
209	MAGDZIARZ Monika	424		K40	47	00:00:21	00:30:59.30	00:31:20.90	+00:10:45	6:11	9.7
210	MALCZEWSKA Mirka	355	SPORT FAKTORY	K50	9	00:00:24	00:31:03.15	00:31:27.45	+00:10:49	6:12	9.7
211	PASERA Teresa	339		K40	48	00:00:07	00:31:03.55	00:31:11.05	+00:10:50	6:12	9.7
212	BOGDZINSKA Beata	404		K20	70	00:00:23	00:31:05.45	00:31:29.15	+00:10:52	6:13	9.6
213	MUSIAŁ Elwira	83	BYDGOSZCZ TRIATHLON TEAM	K40	49	00:00:14	00:31:07.85	00:31:22.55	+00:10:54	6:13	9.6
214	KRZYŻAŃSKA Pola	84	BYDGOSZCZ TRIATHLON TEAM	K20	71	00:00:14	00:31:08.80	00:31:22.85	+00:10:55	6:13	9.6
215	GRODZKA Maja	399		K20	72	00:00:16	00:31:11.45	00:31:28.20	+00:10:58	6:14	9.6
216	BIEGAŁA Renata	422		K50	10	00:00:22	00:31:11.85	00:31:34.35	+00:10:58	6:14	9.6
217	TOPCZEWSKA Bożena	316		K30	83	00:00:20	00:31:13.35	00:31:33.75	+00:10:59	6:14	9.6
218	WAWERKA Aleksandra	290		K20	73	00:00:04	00:31:18.55	00:31:23.45	+00:11:05	6:15	9.6
219	GRZEGOREK Paulina	211		K30	84	00:00:29	00:31:20.15	00:31:49.20	+00:11:06	6:16	9.6
220	PUZEWICZ Izabela	274		K40	50	00:00:21	00:31:24.80	00:31:46.70	+00:11:11	6:17	9.5
221	IDLER Aneta	18		K30	85	00:00:20	00:31:28.15	00:31:48.45	+00:11:14	6:17	9.5
222	MRÓWCZYŃSKA Agnieszka	413		K30	86	00:00:07	00:31:29.90	00:31:37.65	+00:11:16	6:18	9.5
223	AUGUSTYNOWICZ Natalia	3	GIMNAZJUM NR 32 W BYDGOSZCZY	K20	74	00:00:16	00:31:33.00	00:31:49.75	+00:11:19	6:18	9.5
224	DROGOWSKA Anetta	16		K40	51	00:00:19	00:31:37.80	00:31:57.60	+00:11:24	6:19	9.5
225	PRZYBYSZ Teresa	33		K30	87	00:00:10	00:31:39.30	00:31:50.25	+00:11:25	6:20	9.5
226	KRUSZKA Anita	326		K40	52	00:00:07	00:31:49.65	00:31:56.95	+00:11:36	6:21	9.4
227	MAŚLOCH Beata	173	BUDLEX	K40	53	00:00:26	00:31:50.30	00:32:17.10	+00:11:36	6:22	9.4
228	CHŁOPECKA Iwona	295		K40	54	00:00:25	00:31:53.10	00:32:18.20	+00:11:39	6:22	9.4
229	ZIENKOWSKA Joanna	294		K40	55	00:00:25	00:31:53.30	00:32:18.35	+00:11:39	6:22	9.4
230	NOWAKOWSKA Sylwia	269		K30	88	00:00:29	00:31:57.45	00:32:27.15	+00:11:44	6:23	9.4
231	CIESIELSKA Alicja	42		K20	75	00:00:23	00:32:01.25	00:32:24.55	+00:11:47	6:24	9.4
232	NOWACKA Daria	59		K20	76	00:00:05	00:32:02.05	00:32:07.85	+00:11:48	6:24	9.4
233	MATUSZEWSKA Ewa	57		K20	77	00:00:05	00:32:02.20	00:32:07.70	+00:11:48	6:24	9.4
234	DOBRACKA Anna	163		K20	78	00:00:26	00:32:02.55	00:32:29.35	+00:11:49	6:24	9.4
235	SZRAM Magdalena	267		K20	79	00:00:26	00:32:02.95	00:32:29.50	+00:11:49	6:24	9.4
236	MELLER Anna	245		K20	80	00:00:26	00:32:03.15	00:32:29.35	+00:11:49	6:24	9.4
237	DOBRZAŃSKA Katarzyna	372	PARK HOTEL	K30	89	00:00:29	00:32:05.05	00:32:34.15	+00:11:51	6:25	9.4
238	SAMUL Ewa	114		K20	81	00:00:08	00:32:07.75	00:32:16.60	+00:11:54	6:25	9.3
239	ORZECHOWSKA Monika	182	PĄCZKI	K30	90	00:00:31	00:32:07.85	00:32:39.10	+00:11:54	6:25	9.3
240	MIKOŁAJCZAK Aleksandra	327		K30	91	00:00:07	00:32:09.30	00:32:16.90	+00:11:55	6:25	9.3
241	JANICKA Kamila	357		K20	82	00:00:15	00:32:09.35	00:32:24.35	+00:11:55	6:25	9.3
242	KRUEGER-PAWLOWSKI Isabella	80		K50	11	00:00:10	00:32:12.35	00:32:22.65	+00:11:58	6:26	9.3
243	NADOLNA Aurelia	223	WEEKENDOWY BIEGACZ	K30	92	00:00:23	00:32:15.50	00:32:38.60	+00:12:02	6:27	9.3
244	PIECZEK Izabela	385	STUDIO ZDROWIA BYDGOSZCZ	K40	56	00:00:11	00:32:17.75	00:32:28.80	+00:12:04	6:27	9.3
245	STAŃCZYK-KRANC Joanna	7		K30	93	00:00:19	00:32:18.80	00:32:38.00	+00:12:05	6:27	9.3
246	LIBERA Sabina	9	PARKRUN BYDGOSZCZ	K40	57	00:00:20	00:32:22.65	00:32:43.20	+00:12:09	6:28	9.3
247	NIEDBALSKA Oliwia	306		K20	83	00:00:27	00:32:26.25	00:32:53.30	+00:12:12	6:29	9.2
248	KUŚ Lidia	43		K40	58	00:00:10	00:32:26.90	00:32:37.00	+00:12:13	6:29	9.2
249	KANIEWSKA Asia	145		K30	94	00:00:28	00:32:48.60	00:33:17.05	+00:12:35	6:33	9.1
250	ZIELIŃSKA Ewa	380		K30	95	00:00:30	00:33:06.80	00:33:36.80	+00:12:53	6:37	9.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
251	<b>STRÓŻYŃSKA Gosia</b>	<b>333</b>		K40	59	00:00:17	<b>00:33:09.35</b>	<b>00:33:26.65</b>	+00:12:55	6:37	9
252	<b>OZTURK Klaudia</b>	<b>329</b>		K40	60	00:00:08	<b>00:33:18.25</b>	<b>00:33:26.60</b>	+00:13:04	6:39	9
253	<b>KOŚCIOŁOWSKA Anna</b>	<b>239</b>		K30	96	00:00:30	<b>00:33:18.65</b>	<b>00:33:49.45</b>	+00:13:05	6:39	9
254	<b>ŚWITAJ Wiktoria</b>	<b>250</b>	WTS ASTORIA	K20	84	00:00:01	<b>00:33:21.85</b>	<b>00:33:23.10</b>	+00:13:08	6:40	9
255	<b>GULCZ Karolina</b>	<b>251</b>	ASTORIA	K20	85	00:00:01	<b>00:33:22.10</b>	<b>00:33:23.10</b>	+00:13:08	6:40	9
256	<b>ROZALSKA Marta</b>	<b>170</b>	SUNFLOWER TEAM	K30	97	00:00:31	<b>00:33:26.40</b>	<b>00:33:57.85</b>	+00:13:12	6:41	9
257	<b>WESOŁOWSKA Karolina</b>	<b>179</b>		K30	98	00:00:31	<b>00:33:26.70</b>	<b>00:33:58.15</b>	+00:13:13	6:41	9
258	<b>WOJDYLAK-PIEKUT Beata</b>	<b>330</b>		K40	61	00:00:12	<b>00:33:27.20</b>	<b>00:33:40.10</b>	+00:13:13	6:41	9
259	<b>KORALEWSKA Milena</b>	<b>189</b>		K20	86	00:00:31	<b>00:33:30.05</b>	<b>00:34:01.80</b>	+00:13:16	6:42	9
260	<b>SONDEJ Agnieszka</b>	<b>423</b>		K30	99	00:00:05	<b>00:33:31.55</b>	<b>00:33:37.35</b>	+00:13:18	6:42	8.9
261	<b>SOBOCIŃSKA Marta</b>	<b>279</b>		K40	62	00:00:24	<b>00:33:34.00</b>	<b>00:33:58.75</b>	+00:13:20	6:42	8.9
262	<b>SMOLEŃ Joanna</b>	<b>361</b>	POCZTA POLSKA	K30	100	00:00:20	<b>00:33:34.80</b>	<b>00:33:55.65</b>	+00:13:21	6:43	8.9
263	<b>PAWLEWICZ Justyna</b>	<b>368</b>		K40	63	00:00:07	<b>00:33:35.50</b>	<b>00:33:42.50</b>	+00:13:22	6:43	8.9
264	<b>CIESIELSKA Oktawia</b>	<b>24</b>	DECATHLON FORDON TEAM	K20	87	00:00:15	<b>00:33:35.55</b>	<b>00:33:51.20</b>	+00:13:22	6:43	8.9
265	<b>SONTOWSKA Sylwia</b>	<b>367</b>		K30	101	00:00:07	<b>00:33:35.80</b>	<b>00:33:42.95</b>	+00:13:22	6:43	8.9
266	<b>KANTOWSKA Paulina</b>	<b>77</b>		K30	102	00:00:32	<b>00:33:36.10</b>	<b>00:34:08.60</b>	+00:13:22	6:43	8.9
267	<b>BŁACHEWICZ Magdalena</b>	<b>362</b>		K30	103	00:00:20	<b>00:33:40.10</b>	<b>00:34:00.20</b>	+00:13:26	6:44	8.9
268	<b>PIECZEK Alicja</b>	<b>386</b>	STUDIO ZDROWIA	K20	88	00:00:11	<b>00:33:41.45</b>	<b>00:33:52.80</b>	+00:13:28	6:44	8.9
269	<b>GAWRYCH Maria</b>	<b>383</b>		K20	89	00:00:05	<b>00:33:43.95</b>	<b>00:33:49.45</b>	+00:13:30	6:44	8.9
270	<b>NAWROCKA Martyna</b>	<b>112</b>		K20	90	00:00:09	<b>00:33:44.70</b>	<b>00:33:54.30</b>	+00:13:31	6:45	8.9
271	<b>MAKLAKIEWICZ Agnieszka</b>	<b>400</b>		K30	104	00:00:28	<b>00:33:46.95</b>	<b>00:34:15.60</b>	+00:13:33	6:45	8.9
272	<b>DORSZEWSKA Bożena</b>	<b>324</b>		K50	12	00:00:31	<b>00:34:08.55</b>	<b>00:34:39.80</b>	+00:13:55	6:49	8.8
273	<b>UMIŃSKA-BERG Joanna</b>	<b>31</b>	IRON LADIES/ CROSSFIT BYDGOSZCZ	K20	91	00:00:18	<b>00:34:14.60</b>	<b>00:34:33.30</b>	+00:14:01	6:51	8.8
274	<b>SZAŁAPSKA Monika</b>	<b>137</b>	BUDLEX	K30	105	00:00:27	<b>00:34:22.00</b>	<b>00:34:49.00</b>	+00:14:08	6:52	8.7
275	<b>CZYŻYCKA Beata</b>	<b>270</b>		K40	64	00:00:29	<b>00:34:26.75</b>	<b>00:34:56.35</b>	+00:14:13	6:53	8.7
276	<b>MATERNA Hanna</b>	<b>138</b>	BUDLEX	K40	65	00:00:26	<b>00:34:29.30</b>	<b>00:34:55.40</b>	+00:14:15	6:53	8.7
277	<b>BRYLEW-PŁOSZYŃSKA Dorota</b>	<b>412</b>	SKLEP PIWOSZA KORONOWO	K30	106	00:00:32	<b>00:34:30.45</b>	<b>00:35:02.50</b>	+00:14:17	6:54	8.7
278	<b>KLUCZYŃSKA Blanka</b>	<b>192</b>		K30	107	00:00:16	<b>00:34:34.70</b>	<b>00:34:50.80</b>	+00:14:21	6:54	8.7
279	<b>GAWRYCH Justyna</b>	<b>384</b>		K40	66	00:00:05	<b>00:34:49.40</b>	<b>00:34:54.75</b>	+00:14:35	6:57	8.6
280	<b>SZATKOWSKA Beata</b>	<b>248</b>		K50	13	00:00:30	<b>00:36:09.80</b>	<b>00:36:40.45</b>	+00:15:56	7:14	8.3
281	<b>ROGULSKA Ewelina</b>	<b>204</b>		K20	92	00:00:17	<b>00:36:30.75</b>	<b>00:36:48.30</b>	+00:16:17	7:18	8.2
282	<b>NYKA Monika</b>	<b>349</b>		K30	108	00:00:28	<b>00:36:38.70</b>	<b>00:37:07.20</b>	+00:16:25	7:19	8.2
283	<b>JANKOWSKA Roksana</b>	<b>397</b>		K20	93	00:00:14	<b>00:36:40.90</b>	<b>00:36:55.85</b>	+00:16:27	7:20	8.2
284	<b>POŁOMSKA Joanna</b>	<b>249</b>		K40	67	00:00:30	<b>00:37:10.10</b>	<b>00:37:40.45</b>	+00:16:56	7:26	8.1
285	<b>KUCZYŃSKA Małgorzata</b>	<b>321</b>		K30	109	00:00:26	<b>00:37:18.05</b>	<b>00:37:44.05</b>	+00:17:04	7:27	8
286	<b>NOWAKOWSKA Magda</b>	<b>363</b>		K40	68	00:00:20	<b>00:38:12.10</b>	<b>00:38:32.20</b>	+00:17:58	7:38	7.9
287	<b>LIPOWSKA Dorota</b>	<b>51</b>	PĄCZKI	K30	110	00:00:30	<b>00:38:21.30</b>	<b>00:38:52.00</b>	+00:18:07	7:40	7.8
288	<b>MERCHEL Violetta</b>	<b>247</b>	KLUB ZDROWIA	K40	69	00:00:22	<b>00:38:29.75</b>	<b>00:38:52.00</b>	+00:18:16	7:42	7.8
289	<b>LIPOWSKA Magdalena</b>	<b>52</b>	PĄCZKI	K40	70	00:00:30	<b>00:38:34.00</b>	<b>00:39:04.50</b>	+00:18:20	7:42	7.8
290	<b>BRZOZOWSKA Barbara</b>	<b>172</b>		K60	4	00:00:02	<b>00:39:27.60</b>	<b>00:39:29.70</b>	+00:19:14	7:53	7.6
291	<b>NOWAK Anna</b>	<b>218</b>		K30	111	00:00:10	<b>00:39:40.10</b>	<b>00:39:50.20</b>	+00:19:26	7:56	7.6
292	<b>JAGODZIŃSKA Katarzyna</b>	<b>425</b>		K30	112	00:00:21	<b>00:41:01.55</b>	<b>00:41:23.00</b>	+00:20:48	8:12	7.3
293	<b>PLICHTOWICZ Natalia</b>	<b>369</b>	WEEKENDOWY BIEGACZ	K20	94	00:00:23	<b>00:42:39.50</b>	<b>00:43:02.90</b>	+00:22:26	8:31	7
294	<b>PŁACZKOWSKA Magdalena</b>	<b>370</b>	WEEKENDOWY BIEGCZ	K50	14	00:00:23	<b>00:42:39.70</b>	<b>00:43:02.80</b>	+00:22:26	8:31	7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
295	<b>MAŃKOWSKA Ewa</b>	<b>411</b>		K30	113	00:00:11	<b>00:42:51.55</b>	<b>00:43:02.55</b>	+00:22:38	8:34	7
296	<b>ALEKSY Małgorzata</b>	<b>185</b>		K40	71	00:00:14	<b>00:43:00.70</b>	<b>00:43:14.80</b>	+00:22:47	8:36	7
297	<b>PLIT Klaudia</b>	<b>220</b>		K20	95	00:00:15	<b>00:43:44.25</b>	<b>00:43:59.55</b>	+00:23:30	8:44	6.9
297	<b>KOWALSKA Klaudia</b>	<b>217</b>		K20	96	00:00:15	<b>00:43:44.25</b>	<b>00:43:59.35</b>	+00:23:30	8:44	6.9
299	<b>WOJCIECHOWSKA Renata</b>	<b>13</b>		K30	114	00:00:17	<b>00:43:46.15</b>	<b>00:44:04.05</b>	+00:23:32	8:45	6.9
300	<b>PASZKOWSKA Katarzyna</b>	<b>14</b>		K30	115	00:00:17	<b>00:43:46.30</b>	<b>00:44:04.20</b>	+00:23:32	8:45	6.9
301	<b>MERCHEL Adrianna</b>	<b>322</b>		K20	97	00:00:22	<b>00:52:19.45</b>	<b>00:52:42.00</b>	+00:32:06	10:28	5.7

Znaleziono 301 wynik(ów)